

**VOCABULARY PROBLEMS' ANALYSIS OF NUTRITION  
FRESHMAN STUDENTS IN LEARNING ENGLISH FOR  
SPECIFIC PURPOSES**

**THESIS**

**BY**

**AULIA SAGITA RAHMI**

**1501241508**



**ANTASARI STATE ISLAMIC UNIVERSITY**

**BANJARMASIN**

**2021 A.D/1442**

**VOCABULARY PROBLEMS' ANALYSIS OF NUTRITION  
FRESHMAN STUDENTS IN LEARNING ENGLISH FOR  
SPECIFIC PURPOSES**

**AN UNDERGRADUATE THESIS**

**Presented to**

**Faculty of Tarbiyah and Teacher Training  
in Partial Fulfillment of the requirements**

**for the degree of Sarjana Pendidikan in English Language Education**

**by**

**Aulia Sagita Rahmi**

**1501241498**

**ANTASARI STATE ISLAMIC UNIVERSITY  
FACULTY OF TARBIYAH AND TEACHER TRAINING  
ENGLISH EDUCATION DEPARTMENT  
BANJARMASIN**

**2021**

## APPROVAL

Title : Vocabulary Problems' Analysis of Nutrition  
Freshman Students in Learning English for Specific  
Purposes  
Name : Aulia Sagita Rahmi  
SRN : 1501241498  
Faculty : Faculty of Tarbiyah and Teacher Training  
Program : Undergraduate Study (S-1)  
Department : English Education Department  
Academic Year : 2015  
Place / Date of Birth : Puruk Cahu, 07 September 1998  
Address : Jalan Bhayangkara rt. 05 rw. 02 nomor 37, Kelurahan  
Puruk Cahu, Kabupaten Murung Raya, Kalimantan  
Tengah

After being checked and revised, the thesis has been approved to be examined in front of the board of Examiners of Faculty of Tarbiyah and Teacher Training of UIN Antasari Banjarmasin.

Advisor  
Content and Research Methods



Drs. Saadilah  
12345678

Banjarmasin, 4 January 2021  
Advisor  
Language and Writing Technique



Sovia Rahmaniah, M.Pd

Acknowledge by  
Head of English Education Department  
Faculty of Tarbiyah and Teacher Training  
UIN Antasari Banjarmasin,



Hj. Nani Hizriani, MA  
NIP. 197711272003122001

## VALIDATION

Title : Vocabulary Problems' Analysis of Nutrition Freshman Students in Learning English for Specific Purposes  
Name : Aulia Sagita Rahmi SRN : 1501241498 has been examined by the board of thesis examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.  
Day : Monday  
Date : January 25, 2021  
Stated : UIN Antasari Banjarmasin  
Score : 81.1 (A)

Dean Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin



Prof. Dr. H. Juairiah, M.Pd  
NIM. 196001061986032004

## THE BOARD OF EXAMINERS :

Name	Signature
1. Drs. Saadilah, M.Pd (Chairperson)	
2. Hidayah Nor. M.Pd 3. (Member)	
4. Sovia Rahmaniah, M.Pd (Member)	

## SURAT PERNYATAAN KEASLIAN DOKUMEN

Saya yang bertandatangan di bawah ini:

Nama : Aulia Sagita Rahmi  
Tempat, Tanggal Lahir : Puruk Cahu, 07 September 1998  
NIM : 1501241498  
Jurusan : Tadris Bahasa Inggris  
Nomor WA/Telp. : 085651917674

Dengan ini menyatakan kepada Fakultas Tarbiyah dan Keguruan, bahwa dokumen-dokumen kelengkapan persyaratan pendaftaran Sidang Skripsi yang saya kirim adalah **BENAR** dan sesuai dengan **ASLI**. Adapun apabila dikemudian hari ditemukan bahwa dokumen tersebut **PALSU**, maka **SAYA BERSEDIA MENANGGUNG SANKSI YANG AKAN DIBERIKAN ATAS TINDAKAN PEMALSUAN DOKUMEN SESUAI KETENTUAN HUKUM YANG BERLAKU**.

Demikian surat pernyataan ini saya tanda-tangani dalam keadaan sadar tanpa tekanan dari siapapun juga.

Banjarmasin, 07 Januari 2021

Yang menyatakan,



Aulia Sagita Rahmi

## ABSTRACT

**Aulia Sagita Rahmi.** 2020. Vocabulary Problems' Analysis of Nutrition Freshman Students in Learning English for Specific Purposes. Advisors : (I) Drs. Saadilah, M.Pd. (II) Sovia Rahmaniah, M. Pd.

**Keyword :** Nutrition students, English for Specific Purposes, vocabulary problems

Nutrition students of Poltekkes Banjarmasin face vocabulary problems in learning English such as the difficulty of memorizing new strange words, the difficulty of uttering vocabulary, difficulty reading and translate word, the difficulty of writing a word, difficulty of using *to be* and *es/s*, lack of confidence, get nervous, not enough time to learn English in the class, the environment does not support, and lack of motivation.

The method of this study is Qualitative research. The purpose of this research is to found out the problem students faced in learning vocabulary and to analyze how students overcome the problems. The subject of this research is Nutrition fresh students of Poltekkes Banjarmasin. The data collected by interview and questionnaire.

Based on the research, the researcher found out what problem students faced in learning vocabulary and how they overcome each of the problems, namely hard to recognized and memorialized new word, the difficulty of reading and translating words, the difficulty in writing words, the difficulty in using *to be* and *s/es*, the difficulty of organizing words into another sentence, the environment did not support, lack of self-confidence, get nervous, there is no enough time, and lack of motivation, but the students also have the ways to overcome their problems such as constantly practicing, starting with simple sentences, and helping with the dictionary, make a note contained a list of vocabulary, reading English books, watch Youtube that using English, take an English course, listening to English song, playing international-basic video games, google translate, and share knowledge with friends.

## ABSTRAK

**Aulia Sagita Rahmi.** 2020. Vocabulary Problems' Analysis of Nutrition Freshman Students in Learning English for Specific Purposes. Pembimbing : (I) Drs. Saadilah, M.Pd. (II) Sovia Rahmaniah, M. Pd.

**Kata kunci** : Mahasiswa Ilmu Gizi, Bahasa Inggris untuk tujuan tertentu, masalah kosa kata

Mahasiswa jurusan Ilmu Gizi di Poltekkes Banjarmasin menghadapi masalah dalam mempelajari kosa kata bahasa Inggris seperti kesulitan mengingat kata baru yang asing, kesulitan mengucapkan kosa kata, kesulitan membaca dan menulis kata, kesulitan menggunakan *to be* dan *es/s*, kekurangan rasa percaya diri, mengalami gugup, tidak memiliki cukup waktu untuk belajar bahasa Inggris di kelas, lingkungan yang tidak mendukung, dan kurangnya motivasi belajar bahasa Inggris.

Metode yang digunakan dalam penelitian ini adalah penelitian kualitatif. Tujuan penelitian ini adalah untuk menemukan dan menganalisis permasalahan yang di hadapi oleh mahasiswa dalam mempelajari kosa kata bagaimana cara mahasiswa untuk mengatasi permasalahan tersebut. Subjek penelitian adalah mahasiswa baru Jurusan Ilmu Gizi Poltekkes Banjarmasin. Pengumpulan data dilakukan melalui wawancara dan observasi.

Berdasarkan penelitian, peneliti menemukan apa saja permasalahan mahasiswa dalam belajar kosa kata bahasa Inggris dan bagaimana mereka mengatasi setiap masalahnya, diantaranya yaitu, kesulitan membedakan dan menghafal kosa kata baru, kesulitan membaca dan menerjemahkan kata, kesulitan menulis kata, kesulitan menggunakan *to be* dan *s/es*, kesulitan menyusun kata menjadi kalimat, lingkungan yang tidak mendukung, kekurangan rasa percaya diri, terlalu gugup, tidak punya cukup waktu, kekurangan motivasi belajar bahasa Inggris, namun mahasiswa juga mempunyai cara untuk mengatasi masalah yang mereka hadapi seperti, terus menerus berlatih, mulai dari belajar kalimat sederhana, di bantu dengan kamus, membuat catatan berisi kosa kata, membaca buku berbahasa Inggris, menonton Youtube berbahasa Inggris, kursus bahasa Inggris, mendengarkan lagu berbahasa Inggris, memainkan *video games* berbasis Internasional, menggunakan google terjemahan, dan berbagi pengetahuan dengan sesama teman.

## **MOTTO**

**“Surely there is some ease after the ordeal.” –(Al-Insyirah : 6)**

**Carpe diem quam minimum credula postero-seize the day and place no trust in  
tomorrow—Horatius**

**In this world, there is no 100% good and 100% bad, just be yourself, be kind.**

**Be grateful. However, there is still a lot of good thing in life.--Sgt**

## **DEDICATION**

I dedicate this thesis for :

1. My beloved parents who always give me endless love, support in mentally spiritually, and materially, who always believe in me no matter what, during the time of study and the process of making this thesis.
2. Myself, thank you for fighting so hard and doing well.
3. My younger sister and younger brother, who always with me to support and become like ghost to me if I get tired, Rahmi Nur Safitri and Anas Hernawan.
4. Both of my advisors, Mr. Drs. Saadilah, M. Pd and Mrs. Sovia Rahmaniah, M. Pd, for the guidance and the instruction, without them I cant finishing this thesis.
5. All of classmate, USB 2015, and my team, Squash Delight, Raudah, S. Pd, and Ainun Jariyah, S.Pd, thank you for make me feel a lot of emotions and teach me about friendship, togetherness, teamwork, and many thing.
6. My housemate, who always cheer me up when I get down during making this thesis, Liska Miyati, Rahmi N. S and Aremayanti D.C.S
7. My bestfriend and sister-be-like, Inayah Berkah, S. Pd who always give me support and cheer me up during my hard time.
8. All of my anabul who always cheer me up and regale me with their conduct when I'm tired.
9. All of my friends in UIN Antasari Banjarmasin who have given me supports and love for completing my study.

## ACKNOWLEDGEMENT

بسم الله الرحمن الرحيم. الحمد لله رب العالمين. الصلاة والسلام على اشرف الأنبياء والمرسلين  
سيدنا ومولانا محمد وعلى آله وصحبه أجمعين. اما بعد

All praise to Allah the Almighty who has been giving me guidance till the researcher finished thesis entitled “Vocabulary Problems’ Analysis Of Nutrition Freshman Students In Learning English For Specific Purposes”. Peace and solution always be upon Prophet Muhammad P.B.U.H and all his friends who struggle for Allah. The researcher would like to express appreciation gratitude to:

1. Prof Dr. H. Juairiah, M.Pd as the Dean of Tarbiyah Faculty of Antasari State Islamic University and all the staffs for their help in the administrative matters.
2. Hj. Nani Hijriani, S,Pd, MA as the Head of English Education Department for the assistance and motivation.
3. The researcher’s thesis advisors, Drs Saadilah, M. Pd as the first advisor and Sovia Rahmaniah, M.Pd as the second advisor for the advice, help, suggestion, and correction.
4. The researcher’s Academic advisor, Dr. Saifudin Ahmad Husin, MA, for the guidance and encouragement.
5. All lectures and assistant of Tarbiyah and Teacher Training Faculty for the principle knowledge.
6. Poltteks Banjarmasin have been to license for doing the research there.
7. Library for the source and book for the theory to finish this thesis.

Finally, the writer hopes that this research will be useful for the next researcher. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Jumadil Awal, 20<sup>th</sup> 1442 A.H.

January, 4<sup>th</sup>,2021 A.D

The writer

## CONTENTS

<b>COVER PAGE .....</b>	<b>i</b>
<b>TITLE PAGE .....</b>	<b>ii</b>
<b>APPROVAL.....</b>	<b>ii</b>
<b>VALIDATION.....</b>	
<b>STATEMENT OF AUTHENTICITY .....</b>	<b>iv</b>
<b>ABSTRACT .....</b>	<b>v</b>
<b>ABSTRACT .....</b>	<b>vi</b>
<b>MOTTO .....</b>	<b>vii</b>
<b>DEDICATION.....</b>	<b>viii</b>
<b>ACKNOWLEDGMENT.....</b>	<b>ix</b>
<b>CONTENTS.....</b>	<b>xi</b>
<b>CHAPTER I: INTRODUCTION .....</b>	<b>1</b>
A. Background of Study.....	1
B. Research Question .....	4
C.Objective of Study .....	5
D. Significance of Study .....	5
E. Definition of Key Term .....	6
1. Nutrition' Students .....	6
2. The Science of Nutrition.....	6
3. ESP .....	6
4. Problems .....	6

5. Poltekkes Banjarmasin .....	6
<b>CHAPTER II: THEORITICAL REVIEW .....</b>	<b>7</b>
A. Theoretical Description.....	7
1. English for Specific Purposes.....	7
2. English for Medical Purposes.....	12
3. Problem and Limitation in Learning ESP.....	18
B. Review of Previous Studies .....	20
<b>CHAPTER III: RESEARCH METHOD.....</b>	<b>23</b>
A. Research Design .....	23
B. Research Setting .....	24
C. Subject and Object of the Study .....	25
D. Data Collecting Procedure.....	25
E. Technique of Data Collection .....	26
F. Data Analysis .....	27
<b>CHAPTER IV: FINDINGS AND DISCUSSION.....</b>	<b>30</b>
A. Findings .....	30
B. Discussion .....	40
<b>CHAPTER V: CLOSURE .....</b>	<b>44</b>
A. Conclusion.....	44
B. Suggestion .....	45
<b>REFERENCES.....</b>	<b>.....</b>

**APPENDICES .....**

**CURRICULUM VITAE.....**

## **List of Appendices**

- 1. Transliterary list .....**
- 2. Questionnaire Guideline For Nutrition Students .....**
- 3. Interview question list .....**
- 4. The approve letter.....**
- 5. The certificate after finishing seminar.....**
- 6. Thesis consultation notes.....**
- 7. The research letter .....**
- 8. Curriculum vitae.....**
- 9. Photo of Documentary.....**