

## CHAPTER V

### CLOSURE

#### A. Conclusion

In the results of research on “Sa’īd Ḥawwā’s Interpretation in *al-Asās fī al-Tafsīr*” which has been developed in the previous chapters, the author find several conclusions to be written in this chapter as follows:

1. In connection with the results of Sa’īd Ḥawwā’s interpretation, several things can be concluded:
  - a. Regarding the meaning of *tazkiyat al-nafs*, there are two dimensions of interpretation, namely *tazkiyah* in the sense of purifying oneself from polytheism (*shirk*), disbelief (*kufṛ*) and the defilement of faith (as in Q.S.62: 2) and *tazkiyah* in the meaning of guidance, namely purifying oneself from disgraceful deeds, such as arrogance, *riyā’*, *‘ujub* and other mental illnesses (Q.S.2: 151), then realize that holiness by perfecting sharia, namely righteous deeds in order to obey Allah SWT (Q.S.91: 7 -10).
  - b. Regarding the means of *tazkiyat al-nafs*, Sa’īd Ḥawwā’s interpretation is focused on verses related to main worship and things that can be done daily. The main purpose of implementing the means is to purify oneself from the disease of faith, and despicable qualities that tarnish the sanctity of the soul.
  - c. Regarding the *tazkiyat al-nafs* process, the interpretation of Sa’īd Ḥawwā is based on three processes, namely *taṭahhur*, *taḥaqquq* and *takhalluq*. First, *taṭahhur* (purification), aims to cleanse the soul first so that it can easily carry out the next process, namely coaching. Based on what Sa’īd Ḥawwā wrote,

mental illness is divided into ailments in terms of faith (*'aqīdah*) and psychological illness. Second, *tahāquq*, this section begins with monotheism (*tawhīd*) and is followed by its realization. The monotheism is a basic matter that must be passed in the process of soul purification (Q.S.4: 36). The peak of *tazkiyat al-nafs* is the achievement of piety (*taqwā*) in every situation, namely fear of Allah which results in obedience. Third, *takhalluq*, which means having morals with the morals of Allah according to its limits through the guidance of the Prophet Muḥammad P.B.U.H as role model (Q.S.33: 21).

2. In connection with the actualization of the values taken from Sa'īd Ḥawwā's interpretation regarding the *tazkiyat al-nafs* verses, it can be linked to various aspects related to the problem of moral degradation in Indonesia. The values that the author can find are:
  - a. Purification of the soul from dirty faith and disgraceful deeds
  - b. Monotheism (*Tawhīd*) and its realization
  - c. Purification of the soul towards piety (*taqwā*)
  - d. Increasing Work Ethic and Being Polite (*Adab*) in Various Relationships

Meanwhile, the actualization of these values is:

- a. The existence of a character education curriculum based on *imtaq* (*īmān* and *taqwā*)
- b. The existence of a national movement of mental revolution

So, based on Sa'īd Ḥawwā's interpretation of the *tazkiyat al-nafs* verses, purification of the soul is not only limited to saying *shahada* (*tawhīd*), but how to make it happen by implementing the means of soul healing and referring to what

was exemplified by Rasulullah P.B.U.H.. In addition, the fruit of a holy soul will be actualized in actions that reflect the cleanliness of the heart and high morals in the life of religion, nation and state.

## **B. Recommendation**

Some recommendations from the authors regarding this research are as follows:

1. This research is expected to practically add to the treasure trove of knowledge and help make people aware of the importance of soul purification and the steps that must be taken. When the actualization is obvious and is supported by the current government, the task of the community is to start with themselves, then teach it to others. Also, to restore the values of the Qur'an into people's lives, which have been buried in the middle of the swift flow of globalization.
2. This research is not final. The author is aware of the shortcomings that exist due to limited references and time. Therefore, this study can still be continued based on existing results, be it with different methods, figures, books or research directions. In fact, the points in this research can be used as a new study in its application to certain institutions.