

**AN ANALYSIS OF STUDENTS' ANXIETY FACTORS
IN SPEAKING ENGLISH AT SMAN 1 ALALAK
KAB. BARITO KUALA**

**By
RAHMAN AHRIZAL**



**ANTASARI STATE ISLAMIC UNIVERSITY
BANJARMASIN
2022**

**AN ANALYSIS OF STUDENTS' ANXIETY FACTORS
IN SPEAKING ENGLISH AT SMAN 1 ALALAK
KAB. BARITO KUALA**

AN UNDERGRADUATE THESIS

Presented to
Faculty of Tarbiyah and Teacher Training
in partial fulfillment of requirements
for the degree of sarjana pendidikan in English Language Education

by
Rahman Ahrizal
170102030873

**ANTASARI STATE ISLAMIC UNIVERSITY
FACULTY OF TARBIYAH AND TEACHER TRAINING
ENGLISH EDUCATION DEPARTMENT
BANJARMASIN
2022**

APPROVAL

Title : An Analysis of Students' Anxiety Factors in Speaking
English at SMAN 1 Alalak Kab. Barito Kuala

Name : Rahman Ahrizal

SRN : 170102030873

Faculty : Tarbiyah and Teacher Training

Program : Undergraduate Study (S-1)

Department : English Education Department

Academic Year : 2020-2021

Place/ Date of Birth : Barabai, 21 March 1998

Address : Janah Harapan, Kel. Ampah Kota, RT 012, RW 004,
Kec. Dusun Tengah, Kab. Barito Timur, Kalimantan Tengah.

After being checked and revised, the thesis has been approved to be examined in front of the board of Examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

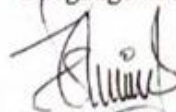
Banjarmasin, 26 December 2021

Advisor
Contents and Research Method



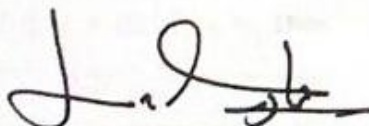
Dr. Hj. Nida Mufidah, M.Pd
NIP. 196512141992032002

Advisor
Language and Writing Techniques



Sovia-Rahmaniah, M.Pd
NUP. 201702017

Acknowledged by
Head of English Education Department
Tarbiyah and Teacher Training Faculty
UIN Antasari Banjarmasin




Afifah Linda Sari, S.S., M.Pd
NIP. 1987111002015032004

VALIDATION

Title: An Analysis of Students' Anxiety Factors in Speaking English at SMAN 1 Alalak Kab. Barito Kuala, Name: Rahman Ahrizal, SRN : 170102030873, has been examined by the board of thesis examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.


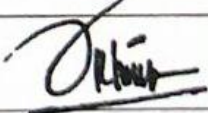

Day : Tuesday
Date : 11 January 2022
Stated : Passed
Score : 78.8 (B+)

Dean Faculty of Tarbiyah and Teacher Training
Antasari Banjarmasin



H. Hamdan, M. Pd
NIP.196604051993031005

THE BOARD OF EXAMINERS

Name	Signature
1. Dr. Hj. Nida Mufidah, M. Pd	
2. Dra. Andi Irlina, M. Hum	
3. Sovia Rahmaniah, M. Pd	

STATEMENT OF AUTHENTICITY

I, the undersigned, *Rahman Ahrizal*, declare that this undergraduate thesis is my original work, gathered and utilized especially to fulfil the purposes and objectives of this study, and has not been previously submitted to any other university for any degree or other purposes. I also declare that the publications cited in this work have been properly acknowledged. If someday, it is proven otherwise, I understand that my degree will be revoked.

Banjarmasin, 26 December 2021

The writer



Rahman Ahrizal

PERNYATAAN KEASLIAN TULISAN

Saya yang bertandatangan di bawah ini:

Nama : Rahman Ahrizal
NIM : 170102030873
Tempat, Tanggal Lahir : Barabai, 21 Maret 1998
Jurusan : TBI
Fakultas : Tarbiyah dan Keguruan
Nomor WA/Telp. : 0823-1117-1998

Dengan ini menyatakan kepada Fakultas Tarbiyah dan Keguruan, bahwa dokumen-dokumen kelengkapan persyaratan pendaftaran Sidang Skripsi yang saya kirim adalah **BENAR** dan sesuai dengan **ASLI**. Adapun apabila dikemudian hari diketemukan bahwa dokumen tersebut **PALSU**, maka **SAYA BERSEDIA MENANGGUNG SANKSI YANG AKAN DIBERIKAN ATAS TINDAKAN PEMALSUAN DOKUMEN SESUAI KETENTUAN HUKUM YANG BERLAKU**.

Demikian surat pernyataan ini saya tanda-tangani dalam keadaan sadar tanpa tekanan dari siapapun juga.

Banjarmasin, 26 Desember 2021

Yang membuat pernyataan,



Rahman Ahrizal

ABSTRACT

Rahman Ahrizal, 2021. An Analysis of Students' Anxiety Factors in Speaking English at SMAN 1 Alalak Kab. Barito Kuala. Thesis, English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisors: (I) Dr. Hj. Nida Mufidah, M.Pd (II) Sovia Rahmaniah, M.Pd

Keywords: Factors of Speaking Anxiety, Descriptive Qualitative Research, Speaking, Speaking Anxiety.

English is considered to be one of the most important language in the world. One of the reason is that English is spoken as the first language in many country. Every students has a different mental condition in speaking English, a few students can speak unhesitatingly in front of the class, and there are likewise students who can't communicate in English because they fell embarrassed and nervous.

This study aims to find out the kinds of student anxiety in speaking English and to identify the factors caused students' anxiety in speaking English at SMAN 1 Alalak Kab. Barito Kuala. The objectives of this study are able to help students' problem in speaking English and the teacher can find out the cause of students' anxiety in speaking English

This research used qualitative research method with case study approach. The researcher chose the twelfth grade in class MIA 1 at SMAN 1 Alalak which consists 28 students and the teacher. In collecting the data, the researcher used observation and interview. The observation was used to identify the students who have anxiety in speaking English. The interviews were conducted with the teacher and students.

From the data analysis, the researcher found some conclusion of students' anxiety factors in speaking English at SMAN 1 Alalak as follows: first, there were kinds of anxiety that students have in speaking English at the twelfth grade of SMAN 1 Alalak based on Elis theory, they are State Anxiety and Trait Anxiety. Second, there were three factors caused the students' anxiety in learning speaking English at the twelve grade in class XII MIA 1 at SMAN 1 Alalak based on Horwitz (2011) theory, they are: (1) communication apprehension, (2) test anxiety and (3) fear of negative evaluation.

ABSTRAK

Rahman Ahrizal, 2021. *Analisis Faktor Kecemasan Siswa dalam Berbicara Bahasa Inggris di SMAN 1 Alalak Kab. Barito Kuala*. Jurusan Pendidikan Bahasa Inggris, Fakultas Tarbiyah dan Keguruan, Universitas Islam Negeri Antasari Banjarmasin. Dosen Pembimbing: (I) Dr. Hj. Nida Mufidah, M.Pd (II) Sovie Rahmaniah, M.Pd.

Kata kunci: Faktor Kecemasan Berbicara, Penelitian Kualitatif Deskriptif, Berbicara, Kecemasan Berbicara

Bahasa Inggris dianggap sebagai salah satu bahasa terpenting di dunia. Salah satu alasannya adalah bahwa bahasa Inggris digunakan sebagai bahasa pertama di banyak negara. Setiap siswa memiliki kondisi mental yang berbeda dalam berbicara bahasa Inggris, beberapa siswa dapat berbicara tanpa ragu di depan kelas, dan ada juga siswa yang tidak dapat berkomunikasi dalam bahasa Inggris karena merasa malu dan gugup.

Penelitian ini bertujuan untuk mengetahui jenis-jenis kecemasan siswa dalam berbicara bahasa Inggris dan untuk mengidentifikasi faktor-faktor yang menyebabkan kecemasan siswa dalam berbicara bahasa Inggris di SMAN 1 Alalak Kab. Barito Kuala. Tujuan dari penelitian ini adalah dapat membantu masalah siswa dalam berbicara bahasa Inggris dan guru dapat mengetahui penyebab kecemasan siswa dalam berbicara bahasa Inggris.

Penelitian ini menggunakan metode penelitian kualitatif dengan pendekatan studi kasus. Peneliti memilih kelas XII di kelas MIA 1 SMAN 1 Alalak yang terdiri dari 28 siswa dan seorang guru. Dalam pengumpulan data, peneliti menggunakan observasi dan wawancara. Observasi digunakan untuk mengidentifikasi siswa yang memiliki kecemasan dalam berbicara bahasa Inggris. Wawancara dilakukan dengan guru dan siswa.

Dari analisis data, peneliti menemukan beberapa kesimpulan faktor kecemasan siswa dalam berbicara bahasa Inggris di SMAN 1 Alalak sebagai berikut: pertama, ada jenis kecemasan yang dimiliki siswa dalam berbicara bahasa Inggris di kelas dua belas SMAN 1 Alalak berdasarkan Elis teori, yaitu *State Anxiety* dan *Trait Anxiety*. Kedua, ada tiga faktor penyebab kecemasan siswa dalam pembelajaran berbicara bahasa Inggris di kelas XII MIA 1 di SMAN 1 Alalak berdasarkan teori Horwitz (2011), yaitu: (1) *communication apprehension*, (2) *test anxiety* dan (3) *fear of negative evaluation*.

MOTTO

“Life is a punishment for those who are not grateful”

(Rahman Ahrizal)

DEDICATION

Thanks to Allah SWT who has given me everything so that I can finish this thesis.

I proudly dedicated this thesis for:

1. My beloved parents, Drs. H. Sarkawi and Hj. Neti Budi Heriaty who always give me support in mentally, spiritually and materially during the time of study and the process of making this thesis.
2. My lovely sisters, Pusvita Sari, S.Pd and Siti Mahardika who always blessed for the laugh and happiness.
3. My beloved wife Nida'ul Hasanah, S.Sos who always supports me and comforts me in the joys and sorrows of doing thesis.
4. My beloved lecturers, Dr. Hj. Nida Mufidah, M.Pd and Sovia Rahmaniah, M.Pd, who has gided me to complete this thesis.
5. My best friends and my classmates, who have accompanied me in 4 years and still counting.
6. Fifth semester students of English Education Department who helped me for finishing my thesis as subject of this research
7. Another family in *Kelompok G-5 Squad, Midnight Squad, Three Brothers of Paman UIN*, and *WARKOP Brother Camp Family* for the *madness* and experiences that I have never done before in my life.
8. All my friends in UIN Antasari Banjarmasin who have supported me to complete my study.

ACKNOWLEDGMENT

بسم الله الرحمن الرحيم . الحمد لله رب العالمين . الصلاة والسلام على اشرف الأنبياء والمرسلين
سيدنا ومولانا محمد وعلى آله وصحبه أجمعين. اما بعد.

First of all, praise to Allah SWT the almighty who has been giving me guidance until the I finished this thesis entitled “An Analysis of Students’ Anxiety Factors in Speaking English at SMAN 1 Alalak Kab. Barito Kuala”. Secondly, peace and salutation always be upon to our beloved Prophet Muhammad P.B.U.H and all his friends who struggle for Allah SWT. The researcher proudly express the appreciation and gratitude to:

1. Dr. H. Hamdan, M.Pd, as the dean of Faculty of Tarbiyah and Teacher Training of Antasari State Islamic University and all her staffs for their help in the Administratives and matters.
2. Afifah Linda Sari, S.S., M.Pd, as the Head of English Education Department.
3. My academic advisor, Puji Sri Rahayu, MA, for the guidance and encouragement.
4. Dr. Hj. Nida Mufidah, M.Pd as the first advisor for the advices, helps, suggestions and corrections for my thesis.
5. Sovia Rahmaniah, M.Pd as the second advisor for the advices, helps, suggestions and correction for my thesis.
6. All lecturers and assistants in Tarbiyah and Teachers Training Faculty for the priceless knowledge.
7. All of my lecturers in English Department who help and share about methodology research and academic writing to finish this research.

Finally, the writer hopes that this research will be useful for the next researcher. The writer admits that this research is not perfect yet. Therefore, suggestions will be expected to make it better.

Banjarmasin, 26 December 2021



Rahman Ahrizal

CONTENTS

COVER	
TITLE PAGE	i
APPROVAL	ii
VALIDATION	iii
PERNYATAAN KEASLIAN TULISAN	v
STATEMENT OF AUTHENTICITY	iv
ABSTRACT	vi
ABSTRAK	vii
MOTTO	viii
DEDICATION	ix
ACKNOWLEDGEMENT	x
CONTENTS	xi
LIST OF FIGURE	xiii
LIST OF APPENDICES	xiv
CHAPTER I INTRODUCTION	1
A. Background of Study.....	1
B. Research Questions	6
C. Objective of Study.....	6
D. Significance of Study	6
E. Definition of Key Terms	7
CHAPTER II THEORETICAL REVIEW	9
A. Speaking	9
1. Definition of Speaking.....	9
2. The Purpose of Speaking.....	10
3. Teaching Speaking	12
B. Concept of Anxiety.....	14
1. Definition of Anxiety.....	14
2. Foreign Language Anxiety	16
3. Type of Anxiety.....	19
4. The Impact of Speaking Anxiety on Language Learning.....	20
5. Possible Factors Contributing to Anxiety in Speaking	21
C. Previous Study.....	24
CHAPTER III RESEARCH METHOD	27
A. Research Design	27
B. Research Setting	28

C. Participants	28
D. Data Collection Procedure.....	29
E. Data Analysis.....	31
CHAPTER IV FINDINGS AND DICUSSION	34
A. Findings.....	34
B. Discussion.....	42
CHAPTER V CLOSURE	49
A. Conclusion	49
B. Suggestion.....	50
REFERENCES	52
APPENDICES	54
CURRICULUM VITAE.....	76

LIST OF FIGURE

Figure 1 Illustration of possible factors contributing to anxiety24

LIST OF APPENDICES

Appendix I Research Instrument (Observation)	54
Appendix II Research Instrument (Interview for Students)	55
Appendix III Research Instrument (Interview for Teacher)	56
Appendix IV Observation Result	57
Appendix V Interview Result with Teacher	59
Appendix VI Interview Result with Students	60
Appendix VII Photos Documentation	63
Appendix VIII Official Letters	66
Appendix IX Research Letters	68
Appendix X Consultation Notes	74