CHAPTER V

CLOSURE

The fifth section of this chapter discusses point relating to result after conducting the research. And there were the final findings which deals with conclusion and suggestion.

A. Conclusion

Based on the result of quantitative descriptive research by questionnaire and interview conducted at University Islam Negeri Antasari Banjarmasin about self regulation strategies in reading comprehension for third semester students, it can be concluded that:

Self-regulation strategies that are using by third-semester students in English education study program at Antasari State Islamic University are 29% students using self reward strategy, 37% students using time management, 29% students using peer learning, 29% students using seeking information, 37% students using self evaluation, and 35% students using self efficacy strategy, 31% students using elaboration, 27% students using rehearsal, 19% students using environment control, 14% students using self performance strategy, 30% students using motivational environment control of self-regulation in reading comprehension. And The level of students' using of self regulation in reading comprehension is moderate.

B. Suggestion

Based on the findings of this research, the researcher would like to make some recommendations to help English students improve their selfregulation skills and achieve better academic results.

- 1. The researcher recommends that English students become more aware of and learn more about self-regulation. Students should understand the importance of self-regulation in improving the quality of their work and their overall academic performance. By learning more about self-regulation, students can develop effective strategies for managing their time, setting goals, and monitoring their progress. By recognizing the importance of self-regulation and taking proactive steps to develop effective strategies, students can enhance the quality of their work and achieve their academic goals. These skills can help them stay motivated and focused on their studies.
- 2. The researcher acknowledges that this research has certain limitations and weaknesses due to the writer's limited skills. It is important to recognize that research is an ongoing process, and this study is just a starting point. Future researchers should consider conducting studies from different points of view, such as listening, speaking, or writing. This would provide a more comprehensive understanding of self-regulation strategies and how they can be applied to different areas of language learning.