

DAFTAR PUSTAKA

- Asfiyah, Eka Yulia. Hubungan Antara Resiliensi Dengan Work Engagement Pada Guru Di SLB Putra Jaya Malang. Universitas Islam Negeri Maulana Malik Ibrahim., 2014.
- Ayu, Diah Restu, Syamsul Maarif, and Anggraini Sukmawati. Pengaruh Job Demands, Job Resources Dan Personal Resources Terhadap Work Engagement. *Jurnal Aplikasi Bisnis dan Manajemen* 1, no. 1 (2015): 12–22.
- Azwar, Saifudin. *Dasar-Dasar Psikometri*. Ed II. Yogyakarta: Pustaka Belajar, 2015.
- . *Reliabilitas Dan Validitas*. IV. Yogyakarta, 2019.
- Bakker, Arnold B., and Evangelia Demerouti. Towards a Model of Work Engagement. *Career Development International* 13, no. 3 (2008): 209–223.
- Bakker, Arnold B., and Michael P. Leiter. *Work Engagement: A Handbook of Essential Theory and Research. Conference Proceedings - IPEMC 2004: 4th International Power Electronics and Motion Control Conference*. 1st ed. Vol. 3. New York: Psychology Press, 2010.
- Bakker, Arnold B. The Measurement of Work Engagement With a Short Questionnaire A Cross-National Study. *Educational and Psychological Measurement* 66 (2006): 701–716.
- Bakker, Arnold B, and Evangelina Demerouti. Job Demands-Resources Theory: Taking Stock and Looking Forward. *Journal of Occupational Health Psychology* 22 3 (2017): 273–285.
- Bunyamin, Andi. Mengelola Stres Dengan Pendekatan Islami Dan Psikologis. *Idarah: Jurnal Manajemen Pendidikan* 5, no. 1 (2021): 145.
- Cook, Sarah. *The Essential Guide to Employee Engagement*. London: Kogan Page, 2008.
- Cut Idawani, Said Musnadi, Mahdani Ibrahim. Pengaruh Kompetensi, Beban Kerja Dan Stres Kerja Terhadap Work Engagement Dan Implikasinya Pada Kinerja Dinas Pekerjaan Umum Dan Penataan Ruang Aceh. *Jurnal Magister Manajemen* 2, no. 3 (2018): 264–271.
- Donsu, Jenita Doli Tine. Psikologi Keperawatan : Aspek-Aspek Psikologi, Konsep Dasar Psikologi, Teori Perilaku Manusia| Perpustakaan Universitas Negeri Makassar. 280. Cet. 1. Yogyakarta : Pustaka Baru Press, 2017.
- Fiabane, Elena, Ines Giorgi, Cinzia Sguazzin, and Piergiorgio Argentero. “Work Engagement and Occupational Stress in Nurses and Other Healthcare Workers: The Role of Organisational and Personal Factors.” *Journal of*

- Clinical Nursing* 22, no. 17–18 (2013): 2614–2624.
- Ganster, Daniel C., and Christopher C. Rosen. *Work Stress and Employee Health: A Multidisciplinary Review. Journal of Management*. Vol. 39, 2013.
- Ghozali, Imam. *Aplikasi Analisis Multivariate Dengan Program SPSS*. Ed 7. Semarang: Badan Penerbit Universitas Diponegoro, 2013.
- Green, Pengaruh, Marketing Dan, Brand Image, Studi Kasus, Pada Followers, and Account Twitter. Pengaruh Green Marketing Dan Brand Image Terhadap Keputusan Pembelian Produk The Body Shop Indonesia (Studi Kasus Pada Followers Account Twitter @TheBodyShopIndo). *Jurnal Ilmiah M-Progress* 10, no. 1 (2020): 1–9.
- Guridno, Eddy, Sugitoefendi. The Effect of Organizational Climate, Work Stress, and Conflict on Motivation and Its Impact on the Performance of Labor Inspectors at the Directorate General of Labor Inspection. *American Journal of Humanities and Social Sciences Research*, no. 5 (2021): 189–201.
- Hafifa, Salsabila Zahra. “Hubungan Beban Kerja Dengan Stres Kerja Pada Tenaga Kesehatan Di Puskesmas Dewantara Aceh Utara Pada Masa Pandemi Covid-19, Universitas Islam Negeri Ar-Raniry, 2022.
- Hakanen, Jari J., Arnold B. Bakker, and Wilmar B. Schaufeli. Burnout and Work Engagement among Teachers. *Journal of School Psychology* 43, no. 6 (2006): 495–513.
- Hasibuan, Malayu S.P. *Manajemen Sumber Daya Manusia*. Jakarta: PT. Bumi Aksara, 2009.
- Ilham, Rifkayani Nabila, and Arif Partono Prasetio. Pengaruh Stres Kerja Terhadap Kinerja Karyawan Pada PT Telkomsel Area 3. *Jurnal Penelitian Ipteks* 7, no. 2 (2022): 97.
- Imam Ghozali. *Aplikasi Analisis Multivariate Dengan Program SPSS*. Semarang: Badan Penerbit Undip, 2005.
- Intanasari, Viki, and Sandi Eka Suprajang. Analisis Stres Kerja Terhadap Loyalitas Karyawan Pada CV Investa Motor Blitar Melalui Kinerja Sebagai Variabel Intervening. *Jurnal Penelitian Manajemen Terapan* 1, no. 1 (2016): 65–77.
- Irfani, Nabilla, Dwi Sridani Afriza, and Hardjito S Darmojo. “Hubungan Work Engagement Dengan Stres Kerja Guru Studi Pada Guru Sekolah Khusus Di Kota Tangerang.” *Jurnal Empire* 2, no. 1 (2022): 21–27.
- J Jari, Hakanen, and Gideon P Roodt. *Using the Job Demands-Resources Model to Predict Engagement: Analysing a Conceptual Model, Dalam Work Engagement: A Handbook of Essential Theory and Research*. Edited by Arnold B Bakker and Michael P Laiter. New York: Psychology Press, 2010.

- J Young, Kim, and Lee H Soo. The Dual Effects of Job Stress on Work Engagement in Laboratory Settings. *Journal of Applied Psychology* (2024).
- Kahn, William A. Psychological Condition Of Personal Engagement and Disengagement at Work. *Academy of Management Journal* 33, no. 14 (1990): 692–724.
- Lazarus, Richard S, and Susan Folkman. Stress, Appraisal, and Coping. *New York: Springer* (19884).
- Looker, Terry, Olga Gregson, and Haris Setiawati. *Managing Stress: Mengatasi Stres Secara Mandiri; Alih Bahasa, Haris Setiawati*. Cet.1. Yogyakarta: Yogyakarta BACA, 2005.
- M Robert, Yerkes, and Dodson D John. The Relation of Strength of Stimulus to Rapidity of Habit-Formation. *Journal of Comparative Neurology and Psychology* 18 (1908): 459–482.
- Makkira, M.Syakir, Sandi Kurniawan, Amar Sani, and Ali Murdhani Ngando. Pengaruh Stres Kerja, Komunikasi Kerja Dan Kepuasan Kerja Terhadap Prestasi Kerja Karyawan Pada PT. Prima Karya Manunggal Kabupaten Pangkep. *Amkop Management Accounting Review AMARO* 2, no. 1 (2022): 20–27.
- Manzoni, Gian Mauro, Francesco Pagnini, Gianluca Castelnuovo, and Enrico Molinari. Relaxation Training for Anxiety: A Ten-Years Systematic Review with Meta-Analysis. *BMC Psychiatry* 8 (2008).
- Muchtadin, and Zelvy Emmelya Sundry. Hubungan Antara Motivasi Kerja Dan Stres Kerja Dengan Work Engagement Pada Karyawan Bakti Timah Medika. *Psikologi Teori dan Terapan* 14, no. 2 (2023): 161–173.
- Naharini, Sintani. Manajemen Stres Kerja Dalam Meningkatkan Kualitas Kinerja Karyawan. *MABRUR: Academic Journal of Hajj and Umra* 1, no. September (2022): 125–136.
- Newbold, Paul, William L. Carlson, and Betty M. Thorne. *Statistics for Business and Economics*. Ed 5. Upper Saddle River, N.J. : Prentice Hall, 2003.
- Nunnaly, Jum, and Ira Bernstein. *Psychometric Theory*. Ed 3. New York: McGraw-Hill, 1994.
- Patel, Sanjay, and Cary L. Cooper. Occupational Stress in the Laboratory: A Study on the Impact of Time Pressure and Accuracy Demands. *Journal of Occupational Health Psychology* (2023).
- Pranitasari, Diah, and Chondro Rini Kusumawardani. Pengaruh Stress Kerja Dan Lingkungan Kerja. *Media Manajemen Jasa* 9, no. 1 (2021): 49–69. doi: <https://doi.org/10.52447/mmj.v9i1.4970>.

- Putri Pratami, Rengganis. "Pengaruh Kepuasan Kerja Dan Stress Kerja Terhadap Work Engagement Karyawan Di Masa Pandemi Covid 19." *Nusantara: Jurnal Ilmu Pengetahuan Sosial* 8, no. 6 (2021): 1735–1743.
- Rahmayani, Willi Erika, and Tri Wikaningrum. Analisis Perceived Organizational Support, Dukungan Atasan Dan Work Engagement Terhadap Kinerja Karyawan Selama Masa Pandemi Covid-19. *Jurnal Ekonomi dan Bisnis* 23, no. 2 (2022): 71.
- Ramadhani, Mutiara, and Widia Sri Ardias. Efektivitas Pelatihan Manajemen Stres Dalam Penurunan Stres Kerja Pada Anggota Badan Search and Rescue Nasional (Basarnas) Kota Padang. *PSYCHE: Jurnal Psikologi* 2, no. 1 (2020): 28–39.
- Robbins, Stephen P., and Timothy A. Judge. *Perilaku Organisasi*. Edited by Resthi Widyaningrum. 12th ed. Jakarta: Salemba Empat, 2008.
- Robbins, Stephen P., and Mary Coulter. *Management*. Ed. 13. Person, 2015.
- Roosyiana, Arum Hidayah. Distress Pada Mahasiswa Penyusun Skripsi. *Jurnal Pendidikan dan Konseling* 4, no. 2014 (2022): 1349–1358.
- Sakundari, Kania Indhudewi, and Hesti Yunitiara Rizqi. Pembelajaran Statistika Menggunakan Software SPSS Untuk Uji Validitas Dan Reliabilitas. *Jurnal Basicedu* 8, no. 1 (2024): 601–614.
- Salam, Abdus, Mahadevan R., Rahman A.A., Abdullah N., Harith A.A.A., and Shan C.P. Stress among First and Third Year Medical Students at University Kebangsaan Malaysia. *Pakistan Journal of Medical Sciences* 31, no. 1 (2015): 169–173.
- Sari, Deasy Lastya, Helen Storyna, Ribka Putri Intan Sinaga, Fergyanto E, Gunawan, Muhammad Asrol, and A.A.N Perwira Redi. The Relationship Between Job Stress and Employee Performance in Manufacturing Industry in Indonesia. *JARES (Journal of Academic Research and Sciences)* 6, no. 2 (2021): 26–38. <https://ejournal.unisbablitar.ac.id/index.php/jares>.
- Schaufeli, Wilmar B, Marisa Salanova, Vicente González-Romá, and Arnold Bakker B. "The Measurement of Engagement and Burnout: A Two Sample Confirmatory Factor Analytic Approach." *Journal of Happiness Studies* 3 (2002): 71–92.
- Schaufeli, Wilmar B., and Arnold B. Bakker. Job Demands, Job Resources, and Their Relationship with Burnout and Engagement: A Multi-Sample Study. *Journal of Organizational Behavior* 25, no. 3 (2004): 293–315.
- Schaufeli, Wilmar B., Arnold B. Bakker, and Marisa Salanova. The Measurement of Work Engagement with a Short Questionnaire: A Cross-National Study. *Educational and Psychological Measurement* 66, no. 4 (2006): 701–716.

- Shafira, Nadia, and Fenty Zahara Nasution. Peran Stres Kerja Positif (Eustress) Terhadap Stres Kerja Pada Karyawan: The Role Of Positive Work Stress (Eustress) On Employee Stress. *Psikologi Prima* 5, no. 2 (2022): 60–67.
- Srimulyani, Veronika Agustini. Talent Management Dan Konsekuensinya Terhadap Employee Engagement Dan Employee Retention. *INOBISS: Jurnal Inovasi Bisnis dan Manajemen Indonesia* 3, no. 4 (2020): 538–552.
- Sugiono. *Metodologi Penelitian Pendidikan Pendekatan Kuantitatif, Kualitatif, Dan R&D*. Bandung: Alfabeta, 2010.
- Sugiyono. *Metode Penelitian Kuantitatif, Kualitatif, Dan R & D*, 2016.
- . *Metode Penelitian Kuantitatif*. Bandung: Alfabeta, 2022.
- . *Statistik Untuk Pendidikan*. Bandung: Alfabeta, 2010.
- Suharsaputra, Uhar. *Metode Penelitian: Kuantitatif, Kualitatif, Dan Tindakan*. Bandung: Refika Aditama, 2012.
- Suharyadi, and Purwanto. *Statistika Untuk Ekonomi Dan Keuangan Modern*. Buku 1. Jakarta: Salemba Empat, 2007.
- Susiawan, Susilo, and Abdul Muhid. Kepemimpinan Transformasional, Kepuasan Kerja Dan Komitmen Organisasi. *Persona: Jurnal Psikologi Indonesia* 4, no. 03 (2015): 304–313.
- Susilo Martoyo. *Manajemen Sumber Daya Manusia*. Yogyakarta: BPFE-Yogyakarta, 2000.
- Syakir, and Ahmad S. *Mukhtashar Tafsir Ibnu Kasir*. Jakarta: Darus Sunnah Press, 2016.
- Taylor, Shelley E. *Health Psychology*. 10th ed. New York: McGraw-Hill Education, 2018.
- Thein, Imelda, Berno Benigno Mitang, and Yunita Exalensi Putri Bere. Pengaruh Lingkungan Kerja Dan Komitmen Terhadap Disiplin Kerja Pegawai Pada Kantor Dinas Pariwisata Kabupaten Malaka. *Inspirasi Ekonomi: Jurnal Ekonomi Manajemen* 3, no. 3 (2021): 28–36.
- Thomack, Bill. Time Management for Today's Workplace Demands. *Workplace Health & Safety* 60, no. 5 (2012): 201–203.
- Tyas, Ari Anggarani Winadi Prasetyoning, and Ine Limusni Rizki. Dampak Work Engagement Melalui Motivasi Kerja. *Forum Ilmiah* 18, no. January (2022): 85–93.
- Umar, Husain. *Research Methods In Finance And Banking*. Jakarta: Gramedia Pustaka Utama, 2002.

- W, B, Schaufeli, Bakker A, B, and Salanova M. The Measurement of Work Engagement with a Short Questionnaire: A Cross-National Study. *Educational and Psychological Measurement* 4, no. 66 (2006): 701–716.
- Widasti, Rizkinta, and Ali Mursid. Pengaruh Pembelajaran Organisasi Dan Kepemimpinan Transformasional Terhadap Perilaku Kerja Inovatif Pegawai Dengan Work Engagement Sebagai Variabel Mediasi (Studi Pada Dinas Perhubungan Kabupaten Tegal). *Magisma* 10, no. 1 (2022): 107–123.
- Widodo, Gipta Galih, and Puji Purwaningsih. Menderita Hipertensi Di Unit Rehabilitasi Sosial Wening Wardoyo Ungaran Kabupaten Semarang. 112 *Jurnal Keperawatan Medikal Bedah* 1, no.2 (2018): 111–118.
- Widyastuti, Palupi. *Manajemen Stres*. EGC, 2003.
- X, Zhao, and Et Al. The Role of Organizational Support in the Relationship Between Job Demands and Work Engagement. *Industrial Health* 60 (2022): 123–134.
- Zamralita, Zamralita, and Anastasia Putri Leleng Wilis. Workplace Well-Being Untuk Meningkatkan Work Engagement Karyawan. *Jurnal Muara Ilmu Ekonomi dan Bisnis* 7, no. 2 (2023): 413–422.
- Zenoff, David B. *The Soul of the Organization: How to Ignite Employee Engagement and Productivity*. 1st ed. San Fransisco: Apress, 2012.