

## ABSTRACT

**ARHAM. 220211010002:** The Effect of Tasawwuf Learning on the Quality and Happiness of Marriage in Banjarmasin City. Advisors: (I) Dr. Hj. Halimatus Sakdiah, M. Si and (II) Dr. Muhammad Rusydi, M.Ag, Postgraduate Tasawuf Studies Program of UIN Antasari Banjarmasin. 2024

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Marriage is an interesting issue because it combines two individuals with different backgrounds, characteristics, and traits, which is challenging. Every individual wants happiness and quality in their marriage, yet couples are faced with various complex challenges in the dynamics of modern marriage. Household conflicts, both internal and external, can lead to divorce, domestic violence, and child abuse. The teachings of Sufism are thought to provide relevant solutions to help couples overcome these challenges and create a healthy marriage bond. Sufism considers marriage as a means to create a harmonious, peaceful, and happy home environment, with mutual understanding and collaboration between spouses the key, so that the values of Sufism can help couples overcome challenges in marriage and gain inner peace.

This study aims to determine the effect of Sufism learning on the quality and happiness of marriage in Banjarmasin City. This research uses a quantitative approach with field methods and uses simple linear regression analysis assisted by IBM SPSS 25. This research was conducted at several Sufism assemblies in various locations in Banjarmasin City. The study population consisted of worshipers who participated in the study of Sufism, and the sample was taken using purposive sampling technique, resulting in a sample of 100 respondents.

The results of this study indicate that the level of marriage quality for pilgrims who do not attend Sufism learning is still relatively low, while the level of marital happiness is in the medium category. The presence of Sufism learning can increase the quality of marriage by 0.180 and marital happiness by 0.198 every one meeting. This indicates that Sufism learning has a significant effect on the quality and happiness of marriage. The contribution of Sufism learning to the quality of marriage is 26.5%, while its contribution to marital happiness is 17.9%. The results of this study strengthen the hypothesis that Sufism learning has a positive and direct influence on the quality and happiness of marriage without the intermediary of other factors.