

ABSTRACT

Muhammad Husaini, NIM 170311010111. *Development of an Integrated Counseling Service of Islamic Values to Improve Healthy Personal for Junior High School / MTs Students*, under the guidance of I: Prof. Dr. H. Kamrani Buseri, M.A. and guidance II: Dr. H. Hidayat Ma'ruf, M.Pd. at the Postgraduate Program of UIN Antasari Banjarmasin, 2024

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Counseling services are an integral and integrated part of all educational and learning activities that have the aim of realizing students who have a Healthy Personality. It's just that there is still a low Personal Understanding and Healthy behavior for SMP/MTs students. Therefore, it is the duty of BK counselors/teachers to improve students' understanding and healthy personal behavior. One of them is through efforts to integrate counseling services with Islamic values.

This study aims to design and to produce the development (formation) of an integrated counseling service of Islamic values to improve Healthy Personal for SMP/MTs students, and to find out the effectiveness of an integrated counseling service model of Islamic values to improve Healthy Personal for SMP/MTs students.

Research using research and development (R&D) methods with procedures namely: Pre survey and needs analysis (preliminary study), model development, and model validation. Qualitative data were analyzed with the Miles and Huberman model, namely: data reduction, data presentation and data verification. The quantitative data with analysis, namely: (1) measuring instruments of understanding and healthy personal behavior with CVR or *Content Validity Ratio*, validity of measuring instruments with *product moment correlation*, and reliability of measuring instruments with Alpha formula; (2) Analysis of expert test data on model design using CVR; (3) Analysis of model validation with parametric statistical test *t-Test, paired t-test and N-Gain score* through MS program i.e. *Excel for windows*.

The findings of research and development are: *First*, the results of the evaluation of the understanding and behavior of SMP/MTs students are known to be still low. This is because the current model of counseling service both regarding objectives, design, implementation processes, and evaluation of learning has not led specifically to increased understanding and healthy personal behavior. *Second*, the final product of the integrated counseling service model of Islamic values was obtained, namely: a) The idea of the counseling service developed is an integrated counseling service of Islamic values (LKTNI) to improve understanding and healthy personal behavior for SMP/MTs students; b) LKTNI design consists of objectives, materials, types of services, methods/techniques, approaches, and evaluations; c) Implementation of the LKTNI: group counseling services include introduction, transition, core/work, and closing activities, and individual counseling services include beginning/problem definition, middle/work

and end/student action activities. d) The evaluation results show that the LKTNI is appropriate to be used as one of the counseling service models. *Third*, this counseling service integrated with Islamic values is based on the validation results from experts (expert judgment) and practitioners/counselors, categorized as highly feasible. *Fourth*, the counseling service integrated with Islamic values, developed based on the results of limited field tests, has proven effective in enhancing understanding and changing behavior towards personal health for middle school students (SMP/MTs).

