

CHAPTER V

CLOSURE

A. Conclusion

This study aims to identify the barriers faced by university students in expressing their ideas in speaking English and the strategies they use to overcome these challenges. The results show that university students generally experience psychological barriers, such as anxiety, fear, and lack of confidence, as well as linguistic barriers, including vocabulary limitations, grammar difficulties, and pronunciation challenges. These barriers make it difficult for students to communicate effectively in English. To overcome these problems, the students adopted strategies such as practicing regularly, seeking opportunities to engage in conversations with others, and utilizing helpful learning resources. Regular practice improved their speaking ability, interaction provided valuable real-world experiences, and effective resources further supported the development of their English language skills.

B. Suggestions

1. Teachers

To improve students' English speaking skills, teachers should create a supportive learning environment where students feel comfortable practicing speaking without fear of judgment. Providing constructive feedback can

significantly boost students' confidence. Regular speaking practice should be encouraged by incorporating activities like group discussions, role plays, and presentations, allowing students to use English in real-life contexts. Teachers should also focus on pronunciation and vocabulary by offering specific exercises that target these areas, such as pronunciation drills and vocabulary games, to help students overcome linguistic barriers. Furthermore, addressing psychological barriers is essential. Teachers should be mindful of students' anxiety and fear of making mistakes, and employing relaxation techniques while fostering an inclusive classroom culture can help alleviate these challenges.

2. Students

Students should practice speaking regularly, even outside of class, to build fluency and confidence. Activities like speaking in front of a mirror, recording their speech, or engaging in language exchanges can be especially helpful. Additionally, students can take advantage of technology by using language learning apps, online resources, and social media to practice speaking and expand their vocabulary. Actively seeking out speaking opportunities, such as engaging in conversations with peers, teachers, or even native speakers, is also important, as regular interaction plays a crucial role in improving speaking skills.

3. Other researchers

This study employed qualitative research methods with data collection through interviews. Future researchers could use quantitative or mixed methods to obtain more accurate and comprehensive results. While this study focused on university students from similar backgrounds, it would be valuable for other researchers to investigate the barriers faced by students from diverse backgrounds, such as international students, students from remote areas, or students with special needs. Furthermore, this research primarily addressed the barriers students face in speaking English, without focusing on the development of English speaking ability. Future studies could explore the development of English speaking skills and create effective learning strategies to improve speaking proficiency.