

**TEACHER STRATEGIES IN DEVELOPING STUDENTS'
EMOTIONAL COMPETENCE IN ENGLISH LANGUAGE
LEARNING: A NARRATIVE INQUIRY STUDY**

**By
NURUL JANNAH**



**ANTASARI STATE ISLAMIC UNIVERSITY
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**TEACHER STRATEGIES IN DEVELOPING STUDENTS'
EMOTIONAL COMPETENCE IN ENGLISH LANGUAGE
LEARNING: A NARRATIVE INQUIRY STUDY**

Undergraduate Thesis

Presented to Faculty of Tarbiyah and Teacher Training
in partial fulfillment of the requirements for the degree of
Sarjana Pendidikan

By

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Banjarmasin, 14 May 2025

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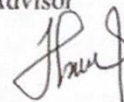
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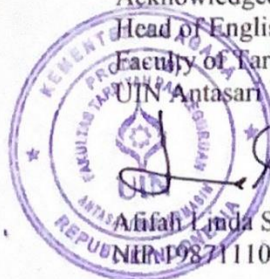
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ABSTRACT

Nurul Jannah. 210101030055. Teacher Strategies in Developing Students' Emotional Competence in English Language Learning: A Narrative Inquiry Study Thesis. English Language Education Study Program, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisor: Hj. Nani Hizriani, S. Pd, MA. 2025.

Keywords: Emotional Competence; Teacher Strategies; English Language Learning

Learning English is difficult, particularly for non-native speakers who have to become proficient in not just grammar and vocabulary but also emotional competency to convey clearly. Language acquisition is significantly influenced by emotional competence, which is the capacity to identify, comprehend, and regulate one's own and others' emotions. This study is to look at the ways English language teachers use to help their students become emotionally competent.

This study gathers interview data using a narrative inquiry technique to expose the lived experiences and perspectives of English teachers. The study of the data emphasizes trends and narratives showing how emotional competency is included into English instruction methods.

The results show that teachers successfully enhance students' emotional competency by using contextual textbooks, presentations, English songs, observational assessments, and honest evaluations among other approaches. This study adds to the body of knowledge on emotional intelligence in the classroom and has application for curriculum creation and teacher preparation programs.

This study aims to explore teachers' strategies in developing students' emotional competence and their impact on the success of English language learning through a narrative inquiry approach. The findings offer practical insights for improving teacher training and curriculum development in order to support a balanced integration of students' emotional and academic development.

ABSTRAK

Nurul Jannah. 21010103005. Teacher Strategies in Developing Students' Emotional Competence in English Language Learning: A Narrative Inquiry Study Skripsi. Program Studi Tadris Bahasa Inggris., Fakultas Tarbiyah dan Keguruan, UIN Antasari Banjarmasin. Dosen Pembimbing: Hj. Nani Hizriani, S. Pd, MA. 2025.

Kata kunci: Kompetensi Emosional; Strategi Guru; Pembelajaran Bahasa Inggris

Belajar bahasa Inggris itu sulit, terutama bagi penutur asli yang harus mahir tidak hanya dalam tata bahasa dan kosakata, tetapi juga kompetensi emosional untuk menyampaikannya dengan jelas. Kemampuan berbahasa sangat dipengaruhi oleh kompetensi emosional, yaitu kemampuan untuk mengidentifikasi, memahami, dan mengatur emosi diri sendiri dan orang lain. Penelitian ini bertujuan untuk melihat cara-cara yang digunakan oleh guru bahasa Inggris untuk membantu siswa mereka menjadi kompeten secara emosional.

Penelitian ini mengumpulkan data wawancara dengan menggunakan teknik wawancara naratif untuk mengungkap pengalaman hidup dan perspektif para pengajar bahasa Inggris. Studi data menekankan pada tren dan narasi yang menunjukkan bagaimana kompetensi emosional dimasukkan ke dalam metode pengajaran bahasa Inggris.

Hasil penelitian menunjukkan bahwa para guru berhasil meningkatkan kompetensi emosional siswa dengan menggunakan buku teks kontekstual, presentasi, lagu-lagu berbahasa Inggris, penilaian observasi, dan evaluasi yang jujur di antara pendekatan-pendekatan lainnya. Penelitian ini menambah pengetahuan tentang kecerdasan emosional di kelas dan memiliki aplikasi untuk pembuatan kurikulum dan program persiapan guru.

Penelitian ini bertujuan mengungkap strategi guru dalam mengembangkan kompetensi emosional siswa dan dampaknya terhadap keberhasilan pembelajaran bahasa Inggris, melalui studi naratif. Hasilnya memberikan pemahaman praktis untuk meningkatkan pelatihan guru dan pengembangan kurikulum demi mendukung keseimbangan aspek emosional dan akademik siswa.

DEDICATION

"Indeed, with hardship comes ease." (Q.S. Al-Insyirah: 6)

And yes, that's absolutely true. After all the late-night typing, the stress, the coffee-fueled overthinking, and the emotional rollercoaster—this thesis is finally done. Alhamdulillah, all praise belongs to Allah, the best planner and the best source of strength (especially when the deadline was dangerously close).

This little work of mine is lovingly dedicated to the most important people in my life:

1. To my beloved parents, H.M. Salahuddin and Hj. Noorhasanah

Thank you for your endless love, constant prayers, and for always saying, "Be patient, it will all be worth it." Without you both, I probably would've turned into a mess of tears and deadlines.

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Thank you for being the source of laughter, chaos, and unexpected inspiration. You've made home feel warm, even when things felt cold.

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Thank you for listening to the same rants over and over again, reminding me of my worth when I forgot, and cheering me on even when I was one sentence away from giving up. You've been a walking reminder to keep going.

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5. To my big family

Thank you for all the prayers, warm words, and for the classic question at every family gathering: "So... when are you graduating?" Well, here's your answer!

And finally,

6. To myself, Nurul Jannah

Thank you for not giving up. For showing up even on days when motivation was missing. For pushing through the exhaustion, frustration, and endless drafts. I'm proud of you.

Dear Allah, please accept this small effort of mine. Let this knowledge be a blessing—not just for me, but for others as well. Guide me to remain humble, to keep learning, and to always strive to bring goodness wherever I go. Aamiin. Let this thesis be not the end of the journey, but the beginning of a new and meaningful chapter

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Finally, the writer hopes that this research will be useful for the next researchers. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Dzulqaidah, 16th 1446 A.H
May, 14th, 2025 A.D

Writer

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