

**OPTIMIZING ACADEMIC COMPETENCE: EXPLORATION OF
STUDENT EXPERIENCES AND OUTCOMES OF THE ENGLISH
EXTRA TUTORING PROGRAM**

THESIS

**By
ILMA TIARA**



**ANTASARI STATE ISLAMIC UNIVERSITY
BANJARMASIN
2026 A.D / 1448 A.H**

**OPTIMIZING ACADEMIC COMPETENCE: EXPLORATION OF
STUDENT EXPERIENCES AND OUTCOMES OF THE ENGLISH
EXTRA TUTORING PROGRAM**

Undergraduate Thesis

Presented to Faculty of Tarbiyah and Teacher Training
in partial fulfillment of the requirements for the degree of
Sarjana Pendidikan

By

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BANJARMASIN
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I, the undersigned, Ilma Tiara, declare that this undergraduate thesis is my original work, gathered and utilized specially to fulfil the purposes and objectives of this study, and has not been previously submitted to any other university for any degree or other purposes. I also declare that the publications cited in this work have been properly acknowledged. If someday, it is proven otherwise, I understand that my degree will be revoked.

Banjarmasin, 17 June 2026

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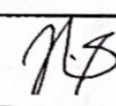
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ABSTRACT

Ilma Tiara. 220101030325: *“Optimizing Academic Competence: Exploration of Student Experiences and Outcomes of the English Extra Tutoring Program”*. Thesis. English Language Education Study Program, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisor: Prof. Dr. Hj. Nida Mufidah, M.Pd, 2026.

Keywords: Academic Competence, Student Experiences, Learning Outcomes, English Extra Tutoring Program, Phenomenological Study.

This study explores students' experiences and learning outcomes after participating in an English private tutoring program under the auspices of Education Guidance. The study aims to understand how students experience private tutoring and how these experiences influence their learning outcomes. This study employed a qualitative approach using Interpretative Phenomenological Analysis (IPA). Five students participating in the English private tutoring program and four tutors were involved as participants. Data were collected through in-depth interviews, classroom observations during tutoring sessions, and documentation.

The findings reveal that students perceive private tutoring as a more comfortable, flexible, and personalized learning environment than regular school classes. Although most students initially joined the program due to parental encouragement, their motivation gradually became intrinsic as they experienced academic and personal benefits. Despite encountering several learning challenges, they were able to overcome them with the support of their tutors and appropriate learning strategies. The study also found positive learning outcomes, including improved academic performance, greater enthusiasm for learning English, increased confidence, and positive recognition from both parents and teachers. In conclusion, English private tutoring provides meaningful learning experiences that contribute to students' motivation and improved learning outcomes, making it an effective form of educational support beyond the classroom.

ABSTRAK

Ilma Tiara. 220101030325: *“Optimizing Academic Competence: Exploration of Student Experiences and Outcomes of the English Extra Tutoring Program”*. Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Tarbiyah dan Keguruan, Universitas Islam Negeri Antasari. Pembimbing: Prof. Dr. Hj. Nida Mufidah, M.Pd, 2026.

Kata kunci: Kompetensi Akademik, Pengalaman Siswa, Hasil Belajar, Program Les Tambahan, Studi Fenomenologi

Penelitian ini mengeksplorasi pengalaman dan hasil belajar siswa setelah mengikuti program les privat bahasa Inggris di bawah naungan Bimbingan Belajar Education Guidance. Penelitian ini bertujuan untuk memahami pengalaman siswa selama mengikuti les privat serta bagaimana pengalaman tersebut berkaitan dengan hasil belajar mereka. Penelitian ini menggunakan pendekatan kualitatif dengan metode Interpretative Phenomenological Analysis (IPA). Partisipan penelitian terdiri atas lima siswa yang mengikuti program les privat bahasa Inggris dan empat tutor. Data dikumpulkan melalui wawancara mendalam, observasi selama proses pembelajaran, serta dokumentasi.

Hasil penelitian menunjukkan bahwa siswa memandang les privat sebagai lingkungan belajar yang lebih nyaman, fleksibel, dan sesuai dengan kebutuhan mereka dibandingkan pembelajaran di sekolah. Meskipun pada awalnya sebagian besar siswa mengikuti les atas dorongan orang tua, motivasi mereka berkembang menjadi motivasi intrinsik setelah merasakan manfaat dari program tersebut. Berbagai tantangan yang dihadapi selama proses pembelajaran dapat diatasi melalui dukungan tutor dan penerapan strategi pembelajaran yang sesuai. Penelitian ini juga menunjukkan adanya hasil belajar yang positif, seperti peningkatan prestasi akademik, antusiasme dalam belajar bahasa Inggris, kepercayaan diri, serta apresiasi dari orang tua dan guru. Berdasarkan temuan tersebut, dapat disimpulkan bahwa les privat bahasa Inggris memberikan pengalaman belajar yang bermakna dan berkaitan dengan peningkatan hasil belajar siswa, sehingga dapat menjadi salah satu bentuk dukungan pembelajaran yang efektif di luar lingkungan sekolah.

ACKNOWLEDGEMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ . الصَّلَاةُ وَالسَّلَامُ عَلَى أَشْرَفِ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ. اما بعد.

Praise to Allah the Almighty who has been giving me guidance till the researcher finished this thesis entitled “Optimizing Academic Competence: Exploration Of Student Experiences And Outcomes Of The English Extra Tutoring Program”. Peace and salutation always be upon Prophet Muhammad P.B.U.H and all his friends who struggle for Allah. The researcher like to express appreciation and gratitude to:

1. Dr. H. Hamdan, M.Pd as the Dean of Faculty of Tarbiyah and Teacher Training of Antasari State Islamic University and all his staff for their help in the Administrative matters.
2. Afifah Linda Sari, S.S, M.Pd, as the Head of English Language Education Study Program for the assistance and motivation.
3. My academic advisor, Hidayah Nor, S.Pd, M.Pd, for the guidance and encouragement.
4. My thesis advisor, Prof. Dr. Hj. Nida Mufidah, M.Pd as the advisor of content and research methods for the advice, helps, suggestion and correction.
5. All lecturers and assistants in Faculty of Tarbiyah and Teacher Training for the priceless knowledge.

6. To the researcher's parents, H. Ilham and Hj. Ernawati, the researcher would like to express his deepest gratitude for your motivation, prayers, and support. The completion of the researcher's studies and the attainment of this degree serve as proof of the immense role you played in shaping the researcher's life, leading me to where I am today. It is the researcher's sincere hope that you will always be proud of me, continue to support me, and pray for me wherever the researcher's may be. Once again, thank you for all the support you have provided, both moral and financial.
7. To the researcher's sisters Rika Amalia and Mutia, thank you for being the researcher's source of motivation to always stay enthusiastic, for your unceasing prayers and support, and for bringing color to the researcher's writing life with all the ups and downs of our sisterly bond. May we all continue to love one another until we're old and gray.
8. To those who have always been there for the researcher's, offering support, motivation, and care. The researcher's friends who have been by the researcher's side from the very beginning until now, Arya, Juita, Amel, Anis, Syifa, Lala, Dedew, Nanda, Difa, Zidan, Imus, and other friends whom the researcher's cannot name one by one. the researcher's would like to express the researcher's deepest gratitude for bringing the researcher's joy, offering support, showing care, and giving advice. It is the researcher's sincere hope that we will always be together until we grow old.

9. To the researcher's fellow students who have helped one another, reminded one another, cared for one another, and offered support—Fatiyah, Neli, Nona, Rufi, and the other members of the TBI Class of 22 whom the researcher's cannot name here, may we all find success in our respective life paths, stay motivated, and keep striving for a bright future.
10. Last but not least, to the researcher's thank you so much, and proud to have made it this far. the researcher's have faced everything with calmness, and now a much brighter future awaits. Keep up the spirit, think positively, and always celebrate yourself.

Finally, the researcher hopes that this research will be useful for the next researchers. The researcher admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Muharam, 1st 1448 A.H

June, 17th, 2026 A.D



Researcher

TRANSLITERATION

Surah/Verse	Translation	
	Indonesia	English
<i>Al-Mujadalah verses 11</i>	“.....Apabila dikatakan berdirilah (kamu), berdirilah. Niscaya Allah akan mengangkat derajat orang-orang yang beriman diantaramu dan orang-orang yang diberi ilmu....”	“.....And when it said, Arise, then raise; Allah will raise those who have believed among you and those who were given knowledge, by degrees.....”

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