

LAMPIRAN

1. Lampiran Kuesioner Penelitian (*Google form*)

Section 1 of 4

Kuesioner Penelitian Skripsi

B I U

Assalamu'alaikum Warahmatullahi Wabarakatuh,

Perkenalkan, saya Nadatus Sufia, mahasiswa Program Studi ST Psikologi Islam yang sedang melakukan penelitian dalam rangka penyusunan skripsi.

Penelitian ini bertujuan untuk mengetahui perbedaan antara tipe kepribadian extrovert dan introvert pada kecemasan sosial pada mahasiswa. Partisipasi Saudara/i dalam penelitian ini bersifat sukarela. Data yang diberikan akan dijaga kerahasiaannya dan hanya digunakan untuk kepentingan akademik. Tidak ada jawaban benar atau salah. Mohon menjawab setiap pernyataan dengan jujur sesuai dengan kondisi diri Anda.

Waktu pengisian kurang lebih 10-15 menit.

Adapun partisipan dalam penelitian ini adalah mahasiswa aktif Universitas Islam Negeri Antasari Banjarmasin Tahun Ajaran 2025/2026. Dengan melanjutkan pengisian kuesioner ini, Anda menyatakan bahwa:

1. Anda merupakan mahasiswa aktif Universitas Islam Negeri Antasari Banjarmasin.
2. Anda bersedia menjadi responden penelitian secara sukarela.
3. Anda akan mengisi seluruh pernyataan secara lengkap dan jujur.
4. Anda tidak sedang menjalani intervensi psikologis atau terapi yang berkaitan dengan kecemasan sosial pada saat pengambilan data.

Apabila Anda memenuhi kriteria tersebut dan bersedia berpartisipasi, silakan melanjutkan pengisian kuesioner ini.

Peneliti menjamin bahwa seluruh informasi dan identitas anda sekalian akan dijaga kerahasiaannya.

Terima kasih atas kesediaan dan partisipasi Anda.

Wassalamu'alaikum warahmatullahi wabarakatuh.

B I U

Apakah Anda memenuhi seluruh kriteria di atas dan bersedia menjadi responden penelitian?

☐ Saya memenuhi kriteria dan bersedia menjadi ...

Section 2 of 4

Data Diri Responden

Silakan isi dengan data diri Anda.

Nama/Inisial *

Short-answer text

Jenis Kelamin *

☐ Laki-laki

☐ Perempuan

Usia (ex: 20 Tahun) *

Short-answer text

Fakultas *

☐ FUH

☐ FDIK

☐ FTK

☐ FASYA

☐ FEBI

Prodi/Jurusan *

Short-answer text

Angkatan (ex: 2022) *

Short-answer text

After

Section 3 of 4

Skala Tipe Kepribadian

Berikut ini terdapat sejumlah karakteristik pribadi yang mungkin menunjukkan diri saudara. Saudara diminta untuk memberikan tanggapan terhadap karakter tersebut sesuai dengan keadaan diri saudara. Kami mohon saudara memberikan pendapat sejujur-jujurnya sesuai keadaan saudara. Tidak ada jawaban yang benar ataupun salah.

Dalam kuesioner ini disediakan kemungkinan jawaban, yaitu:

- 1 = Sangat Tidak Sesuai (STS)
- 2 = Tidak Sesuai (TS)
- 3 = Netral (N)
- 4 = Sesuai (S)
- 5 = Sangat Sesuai (SS)

B I U    

Section 4 of 4

LSAS

B I U  

Petunjuk Pengisian

Kuesioner ini bertujuan untuk mengetahui sejauh mana kecemasan sosial berperan dalam kehidupan Anda pada berbagai situasi.

Bacalah setiap situasi dengan seksama. Untuk setiap situasi, Anda diminta menjawab dua pertanyaan, yaitu:

1. Seberapa besar kecemasan yang Anda rasakan dalam situasi tersebut?
2. Seberapa sering Anda menghindari situasi tersebut?

Apabila terdapat situasi yang jarang atau tidak pernah Anda alami, bisa coba bayangkan seolah-olah Anda berada dalam situasi tersebut, kemudian nilai seberapa besar Anda akan merasa takut/cemas dan seberapa sering Anda cenderung menghindarinya.

Jawablah berdasarkan pengalaman Anda dalam satu minggu terakhir.

Tidak ada jawaban benar atau salah. Isilah sesuai dengan kondisi diri Anda yang sebenarnya.

Dalam kuesioner ini disediakan kemungkinan jawaban, yaitu:

Untuk pertanyaan (Seberapa besar kecemasan yang Anda rasakan dalam situasi tersebut?):

- 0 = Tidak ada
- 1 = Ringan
- 2 = Sedang
- 3 = Berat

Untuk Pertanyaan (Seberapa sering Anda menghindari situasi tersebut?):

- 0 = Tidak pernah
- 1 = Kadang-kadang
- 2 = Sering
- 3 = Selalu

2. Lampiran Skala Penelitian

a. Skala Tipe Kepribadian (EPQ-BV)

Instrumen Tipe Kepribadian EPQ-BV

Petunjuk Pengisian

Berikut ini terdapat sejumlah karakter pribadi yang mungkin menunjukkan diri saudara. Saudara diminta untuk memberikan tanggapan terhadap karakter tersebut sesuai dengan keadaan diri saudara. Kami mohon saudara memberikan pendapat sejujur-jujurnya sesuai keadaan saudara. Dalam kuesioner ini disediakan kemungkinan jawaban, yaitu:

STS : Sangat Tidak Sesuai

TS : Tidak Sesuai

N : Netral

S : Sesuai

SS : Sangat sesuai

Selanjutnya, saudara diminta untuk memberikan tanda checklist (✓) pada salah satu jawaban dari lima alternatif jawaban yang disediakan pada setiap pertanyaan. Silahkan saudara isi pernyataan di bawah ini dan kami mohon jangan sampai ada satupun yang terlewat.

No.	Pertanyaan	STS	TS	N	S	SS
1.	Apakah anda termasuk seseorang yang banyak bicara?					
2.	Apakah Anda merupakan orang yang bersemangat?					
3.	Apakah Anda senang bertemu dengan orang baru?					
4.	Apakah Anda membiarkan diri untuk datang dan menikmati acara yang meriah?					
5.	Apakah Anda berinisiatif untuk menjalin pertemanan baru?					
6.	Apakah Anda mudah tergairahkan dalam sebuah acara yang agak membosankan?					
7.	Apakah Anda cenderung pasif dalam sebuah situasi sosial?					
8.	Apakah Anda senang berbaur dengan orang lain?					
9.	Apakah Anda menyukai suasana yang ramai dan penuh kegembiraan di sekitar Anda?					
10.	Apakah Anda cenderung diam ketika sedang bersama orang lain?					
11.	Apakah orang lain menganggap bahwa Anda adalah orang yang bersemangat?					
12.	Apakah Anda menikmati suasana pesta?					

b. Skala Kecemasan Sosial (LSAS)

No.	Pernyataan	Seberapa besar kecemasan yang Anda rasakan dalam situasi tersebut?				Seberapa sering Anda menghindari situasi tersebut?			
		0 Tidak Ada	1 Ringan	2 Sedang	3 Berat	0 Tidak Pernah	1 Kadang-kadang	2 Sering	3 Selalu
1.	Menelpon di tempat umum								
2.	Berpartisipasi dalam suatu kegiatan kelompok kecil								
3.	Makan di tempat umum								
4.	Minum-minum Bersama orang lain di tempat umum (exp. kafe)								
5.	Berbicara dengan orang yang memiliki wewenang								
6.	Berakting, pentas, atau berbicara di hadapan banyak 'penonton'								
7.	Pergi ke pesta								
8.	Bekerja sambil diamati								
9.	Menulis sambil diamati								
10.	Menelpon orang yang tidak terlalu Anda kenal								
11.	Berbicara tatap muka dengan orang tidak terlalu Anda kenal								
12.	Bertemu dengan orang yang tidak terlalu Anda kenal								
13.	Buang air kecil di toilet umum								
14.	Memasuki ruangan ketika orang-orang sudah duduk di tempatnya								
15.	Menjadi pusat perhatian								
16.	Menyatakan pendapat dalam rapat								
17.	Menjalani tes mengenai kemampuan, keterampilan, atau pengetahuan Anda								
18.	Mengungkapkan ketidaksepahaman atau celaan terhadap seseorang yang tidak begitu Anda kenal								
19.	Menatap mata seseorang yang tidak begitu Anda kenal								
20.	Menyampaikan pidato yang sudah dipersiapkan kepada suatu kelompok								
21.	Mencoba berkenalan dengan seseorang dengan tujuan percintaan								
22.	Mengembalikan barang ke toko untuk mendapatkan pengembalian uang								
23.	Mengadakan pesta								
24.	Menolak seorang penjual yang gigih								

3. Lampiran Tabulasi Data

a. Tabulasi Data Responden Skala EPQ-BV

Responden	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	Total EPQ-BV
1	3	3	4	3	4	1	3	5	4	2	4	3	39
2	5	5	5	4	3	2	4	3	5	4	4	4	48
3	4	3	3	3	4	2	3	3	4	4	3	3	39
4	4	4	4	3	3	2	2	3	4	2	4	4	39
5	5	4	4	5	4	3	4	5	5	3	5	4	51
6	3	3	3	3	3	2	4	4	5	5	3	3	41
7	3	3	4	2	2	3	1	4	2	3	4	3	34
8	4	3	3	4	4	2	2	4	4	3	3	4	40
9	3	4	4	4	4	3	3	4	5	3	3	4	44
10	2	3	3	3	4	3	2	3	4	3	3	4	37
11	5	5	5	3	1	2	5	5	3	4	5	3	46
12	3	4	4	3	5	3	3	3	3	4	4	4	43
13	5	5	4	4	4	3	3	4	4	4	4	3	47
14	5	3	4	4	4	3	4	5	5	4	3	4	48
15	5	5	5	5	5	4	2	5	5	2	5	5	53
16	2	3	3	2	3	2	2	3	3	2	3	2	30
17	4	4	3	4	3	2	3	4	3	3	4	4	41
18	3	3	3	3	2	3	2	2	3	2	2	2	30
19	4	5	3	4	2	5	2	4	4	4	4	3	44
20	4	4	2	5	3	3	4	5	5	4	3	5	47
21	3	4	3	3	3	2	3	3	4	3	4	4	39
22	5	4	3	4	4	4	3	3	4	2	4	4	44
23	2	4	3	1	3	1	2	3	3	2	3	1	28
24	4	3	2	3	2	2	3	3	3	4	4	4	37
25	3	3	4	3	3	3	2	3	4	3	4	3	38
26	4	3	3	3	3	3	3	3	3	3	3	3	37
27	5	5	3	3	4	3	3	3	3	3	3	3	41
28	3	3	3	2	3	2	2	3	2	2	3	2	30
29	3	3	3	3	3	2	4	3	3	3	3	3	36
30	1	1	2	2	4	2	2	1	1	1	1	1	19
31	3	3	3	3	3	3	3	3	3	3	3	3	36
32	3	4	3	4	3	3	3	5	3	4	3	2	40
33	3	3	3	4	5	4	2	3	5	3	3	3	41
34	3	3	3	1	4	1	3	3	3	4	4	3	35
35	3	4	5	4	5	3	4	5	5	2	4	4	48
36	4	3	3	3	4	2	3	3	4	4	4	3	40
37	3	4	3	4	3	2	3	3	4	3	3	3	38
38	4	4	5	5	5	3	4	5	4	3	3	4	49

Responden	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	Total EPQ- BV
39	3	3	2	2	2	3	2	2	2	2	3	3	29
40	5	4	3	4	3	2	2	3	4	3	3	3	39
41	2	3	4	4	2	1	1	4	3	3	2	3	32
42	3	2	3	3	3	2	3	3	3	3	3	3	34
43	5	2	4	1	3	3	2	3	1	1	3	1	29
44	5	3	3	2	4	2	2	3	2	4	4	2	36
45	3	3	3	3	3	2	2	3	4	3	3	3	35
46	3	4	3	3	4	3	4	4	4	4	3	4	43
47	3	4	4	3	3	3	3	4	3	3	3	3	39
48	3	3	2	1	3	2	2	3	2	3	3	2	29
49	4	5	5	5	5	4	4	5	5	4	5	4	55
50	4	4	2	2	5	1	5	4	5	1	5	5	43
51	5	3	3	5	4	2	3	3	4	3	5	5	45
52	2	3	3	2	3	2	4	3	3	3	3	4	35
53	2	3	2	2	4	2	2	3	4	2	2	3	31
54	3	4	4	3	5	2	1	4	4	4	3	2	39
55	3	3	3	2	4	2	3	3	4	3	2	3	35
56	2	3	3	2	3	1	2	2	2	3	3	3	29
57	5	5	4	4	4	4	3	4	4	4	5	4	50
58	3	3	4	3	3	2	2	3	3	4	3	3	36
59	4	4	2	3	3	2	2	3	3	3	4	3	36
60	3	3	3	2	4	2	2	3	2	3	2	2	31
61	4	5	4	4	5	5	1	4	5	2	4	4	47
62	4	4	4	4	4	2	4	4	4	4	4	4	46
63	3	3	4	4	4	3	2	3	4	3	4	4	41
64	3	3	3	2	3	2	2	3	3	3	3	3	33
65	3	3	3	4	3	2	3	4	3	2	3	3	36
66	2	4	2	4	2	2	4	2	4	3	4	5	38
67	3	3	3	3	3	2	3	4	3	2	3	3	35
68	4	3	3	5	3	3	3	4	5	3	3	3	42
69	3	3	3	2	3	2	2	3	3	2	4	3	33
70	3	3	3	3	3	2	3	4	4	3	3	3	37
71	3	4	3	4	4	3	2	2	4	2	3	2	36
72	4	5	4	2	2	2	4	4	4	4	3	3	41
73	4	4	4	4	4	2	2	4	4	3	4	3	42
74	3	3	4	3	3	3	2	4	5	3	3	3	39
75	5	3	1	3	2	2	4	2	3	3	4	3	35
76	3	3	4	4	4	2	3	4	4	4	3	4	42
77	3	4	4	4	4	3	3	4	4	3	3	4	43
78	4	4	5	3	5	3	4	5	5	5	4	3	50
79	3	3	4	3	3	2	4	3	2	3	3	3	36
80	3	4	5	5	4	3	3	3	3	3	4	5	45

Responden	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	Total EPQ- BV
81	5	5	3	4	4	3	3	4	5	3	4	5	48
82	3	2	1	2	2	1	3	2	3	3	4	3	29
83	4	4	3	2	3	1	4	4	2	4	4	1	36
84	3	4	3	3	3	3	3	4	3	3	4	3	39
85	3	2	4	4	4	2	3	3	2	2	2	3	34
86	4	4	4	3	5	3	3	4	3	4	4	3	44
87	3	4	4	3	4	3	4	4	3	3	4	3	42
88	4	4	3	3	3	2	3	3	3	3	5	3	39
89	3	4	3	3	4	3	3	4	4	3	4	3	41
90	5	4	4	5	5	3	3	4	4	4	5	4	50
91	4	4	4	4	4	4	4	5	5	4	5	5	52
92	3	4	3	2	4	2	2	3	3	4	4	3	37
93	3	4	5	3	5	2	3	4	3	3	2	3	40
94	3	4	4	3	4	3	3	4	3	3	4	3	41
95	3	3	4	4	4	3	3	4	4	3	3	4	42
96	3	4	3	4	3	2	3	3	4	3	4	4	40
97	3	4	4	4	4	3	4	4	4	4	4	4	46
98	3	3	3	3	4	4	3	3	4	3	4	4	41
99	4	4	3	3	5	4	2	5	5	4	5	2	46
100	3	3	3	3	4	3	3	4	4	4	4	3	41
101	4	4	3	4	2	2	5	4	3	3	3	3	40
102	4	5	5	4	5	3	3	5	4	4	3	3	48
103	3	4	3	3	4	2	3	3	3	2	3	2	35
104	5	3	4	4	5	2	5	5	4	4	3	4	48
105	2	5	3	3	3	4	3	3	3	3	4	3	39
106	4	4	2	3	3	2	4	3	3	4	3	4	39
107	4	4	4	4	4	3	3	4	4	3	4	4	45
108	4	4	3	3	5	2	3	4	3	3	3	3	40
109	3	4	3	3	3	3	3	4	3	3	3	3	38
110	3	5	3	3	5	3	3	3	2	3	4	3	40
111	3	4	4	3	4	2	3	3	4	3	4	2	39
112	4	3	4	4	4	3	4	4	4	4	4	4	46
113	3	4	3	4	3	3	3	4	4	3	3	4	41
114	3	3	4	4	4	3	3	3	4	3	3	3	40
115	5	3	3	2	3	2	3	3	2	3	2	3	34
116	3	3	4	3	5	3	3	3	4	2	3	3	39
117	2	4	3	4	3	1	1	1	2	3	5	1	30
118	3	3	3	3	3	3	3	3	3	3	3	3	36
119	2	3	3	4	4	1	2	3	4	2	2	4	34
120	3	3	5	3	4	2	2	4	4	4	3	4	41
121	3	3	3	3	4	2	4	4	2	1	5	3	37
122	4	4	3	3	3	3	4	4	4	4	5	3	44

Responden	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	Total EPQ- BV
123	3	4	3	3	3	3	3	3	3	3	3	3	37
124	3	3	5	3	3	3	3	5	5	2	2	4	41
125	3	3	3	3	3	2	2	4	5	3	3	3	37
126	3	3	3	2	3	3	2	2	1	1	3	3	29
127	3	3	3	3	4	2	4	5	4	4	3	5	43
128	3	3	4	4	4	3	2	3	4	2	4	4	40
129	1	2	3	2	3	1	1	2	2	1	2	1	21
130	3	4	4	4	4	4	2	4	3	3	3	4	42
131	3	3	3	3	3	2	2	3	4	2	3	4	35
132	2	3	3	4	3	1	3	3	2	2	2	3	31
133	3	2	3	3	3	2	2	3	2	3	1	3	30
134	2	3	3	4	3	3	3	3	2	3	2	3	34
135	2	3	3	4	4	4	3	3	4	4	3	3	40
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138	3	4	3	4	4	4	3	4	4	3	4	4	44
139	3	3	3	2	4	2	3	3	2	3	2	2	32
140	4	4	3	4	4	2	2	5	5	4	4	5	46
141	2	3	3	3	3	3	2	2	2	2	2	3	30
142	3	4	4	5	5	3	3	5	4	4	4	5	49
143	3	4	3	5	4	3	3	4	5	4	4	5	47
144	3	4	4	5	4	3	3	3	4	3	3	5	44
145	3	4	3	3	4	2	2	4	5	1	3	4	38
146	3	4	5	4	4	3	3	5	4	3	4	4	46
147	1	2	2	3	3	1	3	2	1	2	2	2	24
148	3	3	2	3	3	1	3	3	3	3	3	3	33
149	3	3	3	3	4	3	4	3	3	3	3	3	38
150	3	3	4	4	4	3	4	4	4	3	4	4	44
151	3	2	3	3	2	3	2	3	2	3	4	3	33
152	4	4	4	5	4	3	3	5	5	3	3	5	48
153	3	3	3	4	4	3	3	4	4	3	3	3	40
154	5	3	4	4	4	3	3	4	3	4	4	4	45
155	3	3	3	3	3	2	3	3	3	2	3	3	34
156	3	4	3	3	4	3	3	3	3	3	4	3	39
157	3	3	4	3	4	1	3	4	4	3	3	4	39
158	3	3	3	2	3	2	2	3	3	3	3	3	33
159	1	3	3	2	3	1	1	3	3	3	3	3	29
160	5	4	3	5	3	1	4	4	4	5	5	3	46
161	3	3	3	4	4	3	3	3	3	3	3	4	39
162	2	3	4	3	2	3	2	3	4	2	3	4	35
163	3	3	4	3	3	3	3	4	2	3	4	3	38
164	3	4	5	4	4	2	3	3	5	3	4	4	44

Responden	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10	E11	E12	Total EPQ- BV
165	3	4	4	2	5	1	5	4	4	3	5	4	44
166	3	4	3	4	4	2	3	4	4	3	4	4	42
167	4	3	3	3	3	2	2	3	3	3	4	2	35
168	3	3	3	3	2	3	4	2	3	1	1	3	31
169	2	3	3	2	3	3	2	3	3	2	3	3	32
170	3	3	3	3	4	3	2	4	4	3	5	4	41
171	1	4	2	2	3	2	2	2	3	2	2	2	27
172	3	3	4	3	4	2	3	3	3	4	2	3	37
173	4	4	4	4	4	4	4	4	4	4	4	4	48
174	1	5	3	1	1	1	1	2	1	2	3	1	22
175	3	3	4	3	5	3	4	4	3	3	5	4	44
176	3	4	4	4	4	3	3	3	3	3	3	4	41
177	3	3	2	2	4	1	3	2	3	3	1	4	31
178	3	3	3	2	2	3	3	3	3	3	3	3	34
179	3	2	2	1	4	1	1	4	1	3	2	1	25
180	3	3	3	3	3	2	2	3	3	3	4	3	35
181	2	5	3	3	2	5	3	4	4	1	1	3	36
182	3	3	3	3	3	3	3	3	4	3	3	3	37
183	2	2	3	2	2	2	2	3	3	2	2	3	28
184	3	4	2	2	3	3	2	3	4	2	3	3	34
185	5	3	3	2	2	1	2	2	3	3	2	3	31
186	3	4	3	4	5	2	3	3	4	3	3	3	40
187	4	3	2	3	3	3	2	3	4	1	2	3	33
188	3	3	4	3	4	3	3	4	4	3	3	3	40

b. Tabulasi Data LSAS Dimensi *Fear* (Item F1-F24)

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
1	1	1	0	0	0	3	1	1	1	0	0	1	0	1	0	0	0	1	1	0	3	1	0	1	17
2	0	2	0	1	1	3	1	3	0	2	1	0	0	0	2	3	3	2	2	1	3	3	3	0	36
3	1	0	0	0	2	3	0	2	2	3	1	2	0	1	2	1	1	2	1	0	3	1	2	1	31
4	1	2	1	1	1	1	2	1	1	1	0	1	0	2	1	1	0	1	0	0	0	1	1	1	21
5	1	2	1	0	2	2	1	2	2	3	2	2	1	1	1	2	1	1	2	2	2	3	3	2	41
6	0	1	0	0	1	2	1	2	1	2	1	1	1	2	1	1	1	2	2	2	1	2	1	1	29
7	2	1	1	2	3	2	1	2	2	2	2	1	1	1	2	2	1	2	1	2	2	1	3	2	41
8	1	1	0	0	2	1	1	2	0	1	0	1	0	1	2	1	1	2	0	1	0	1	1	1	21
9	2	2	1	0	2	3	2	2	1	1	2	2	0	1	2	1	2	2	1	2	1	3	2	2	39
10	3	1	0	1	2	3	1	3	3	2	2	1	0	0	1	2	2	3	1	2	2	3	1	0	39
11	0	0	0	1	2	0	1	2	2	0	0	1	1	2	0	0	0	0	0	0	1	2	1	0	16
12	1	1	0	0	2	2	1	1	0	1	1	0	1	1	2	1	1	1	1	1	2	1	1	0	23
13	0	1	0	0	2	1	1	2	2	1	1	1	1	1	1	1	2	1	1	1	0	1	0	1	23
14	0	1	0	0	2	2	1	2	1	1	1	1	0	0	0	0	0	2	0	0	0	0	0	2	16
15	2	0	0	0	1	1	0	1	2	1	1	0	0	1	1	1	0	2	0	0	3	0	1	1	19
16	1	2	0	1	3	3	3	0	0	3	2	2	1	2	1	3	1	1	1	1	2	0	1	1	35
17	0	0	0	0	0	1	0	1	0	0	0	0	1	1	2	0	1	2	0	2	1	0	0	2	14
18	1	1	0	1	2	2	1	1	1	2	1	2	1	1	2	2	1	2	1	2	3	1	1	1	33
19	1	0	0	0	2	1	2	3	1	2	1	1	0	3	3	2	0	0	2	2	3	3	2	2	36
20	0	0	0	0	1	1	0	1	1	1	1	0	1	0	1	0	0	2	1	1	3	0	2	1	18
21	0	0	0	0	1	1	0	1	1	1	1	1	0	1	0	0	0	0	1	0	2	0	0	0	11
22	2	2	1	0	0	0	1	1	0	0	1	1	1	1	1	1	1	0	2	2	1	3	1	1	24
23	1	2	0	1	2	3	2	2	0	3	3	2	0	2	3	1	2	3	2	3	3	3	1	2	46
24	1	2	1	3	2	2	0	1	1	3	3	3	1	1	1	1	2	2	2	2	2	3	2	1	42

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
25	1	2	2	2	2	1	2	2	1	1	1	1	2	2	2	1	1	2	1	1	1	2	2	3	38
26	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
27	1	1	0	1	2	3	2	1	1	0	1	0	0	0	1	1	1	3	1	1	1	0	0	1	23
28	0	2	2	2	3	2	2	3	3	1	2	2	2	3	2	2	0	3	3	1	1	2	0	2	45
29	0	0	0	0	2	2	1	3	2	1	1	2	1	2	2	1	0	1	1	2	2	2	1	0	29
30	3	0	2	3	3	3	3	3	3	3	3	3	0	2	3	3	3	3	3	3	3	3	3	3	64
31	1	2	2	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	27
32	0	0	0	0	1	1	0	0	0	0	0	0	0	0	1	0	0	0	1	1	2	0	0	0	7
33	2	1	0	0	0	0	0	0	0	1	2	1	2	1	2	1	1	1	1	2	1	2	2	2	25
34	3	1	1	1	3	1	2	3	2	3	2	2	1	3	3	3	2	2	2	3	2	2	2	2	51
35	2	0	1	1	0	1	1	2	2	3	1	1	2	1	1	1	0	1	1	0	0	0	1	3	26
36	1	1	1	0	2	2	1	2	1	1	1	2	0	2	1	1	1	2	1	1	2	1	2	2	31
37	2	2	1	0	3	3	0	2	2	0	2	1	2	2	2	3	1	0	0	2	0	0	1	0	31
38	1	1	0	0	2	1	0	2	2	2	1	0	1	2	1	1	3	1	1	2	3	1	1	2	31
39	2	2	1	1	1	2	2	2	1	2	2	2	2	1	2	2	1	2	2	1	3	1	2	0	39
40	0	2	1	2	2	3	2	1	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	45
41	0	2	0	0	2	3	2	1	0	2	1	1	2	2	3	3	0	2	3	2	2	1	3	3	40
42	1	2	1	1	2	3	1	1	2	1	1	1	0	1	2	2	1	2	1	1	2	1	1	1	32
43	0	1	0	0	2	3	3	1	0	0	1	0	0	2	3	3	1	1	3	3	3	3	3	3	39
44	2	2	2	2	3	3	2	3	2	2	3	3	3	3	3	2	2	2	3	2	2	1	2	1	55
45	2	2	1	1	3	2	1	2	1	3	1	1	2	2	3	2	2	2	2	2	3	2	2	1	45
46	0	0	1	0	0	2	0	1	1	1	0	0	0	1	2	2	0	1	0	1	1	0	0	1	15
47	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	0	2	2	2	46
48	1	1	0	1	2	3	2	3	0	2	1	1	0	2	3	1	1	1	0	2	1	2	1	1	32
49	0	0	0	0	2	2	0	0	0	0	0	0	0	2	1	1	1	1	0	1	0	1	0	0	12
50	0	0	0	0	2	2	0	2	1	3	1	2	0	1	2	1	2	0	1	2	3	1	0	0	26
51	2	2	1	3	3	1	1	2	2	3	2	1	3	0	2	3	0	2	2	2	3	3	1	2	46

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
52	0	0	0	0	0	1	0	1	1	0	0	0	0	0	1	1	0	0	0	1	2	0	1	0	9
53	1	1	2	2	3	3	2	2	2	3	2	1	1	2	2	2	3	2	2	3	2	2	2	1	48
54	0	1	2	0	2	3	3	3	3	3	2	2	1	2	2	2	3	3	3	3	3	3	3	2	54
55	0	1	1	1	2	2	2	1	1	1	1	2	1	1	1	2	1	2	1	2	1	1	1	1	30
56	1	1	0	1	3	3	2	2	1	2	2	1	1	2	3	3	2	1	1	1	3	2	2	2	42
57	0	0	0	0	1	1	0	1	0	0	0	0	1	1	0	1	0	1	0	0	1	1	0	1	10
58	1	1	1	0	2	3	1	1	1	2	1	1	0	2	2	2	0	1	0	1	1	0	0	0	24
59	2	2	0	1	3	3	1	2	1	3	2	2	0	2	2	3	2	3	2	1	3	2	1	1	44
60	0	0	0	0	2	2	0	2	0	1	0	0	0	1	1	1	1	1	0	0	3	2	0	0	17
61	2	2	2	2	2	2	2	2	3	3	3	2	3	2	2	2	2	2	3	3	3	2	3	3	57
62	1	1	0	1	1	2	1	2	1	1	1	1	1	2	2	1	1	1	1	1	3	0	1	2	29
63	0	1	0	0	2	1	0	2	1	1	1	1	1	0	1	1	1	1	2	1	0	1	1	1	21
64	1	0	2	1	2	2	2	2	3	2	2	2	3	2	2	2	2	1	3	2	3	2	2	2	47
65	1	1	0	1	2	2	2	2	2	3	2	3	1	3	1	3	2	2	3	1	2	2	1	2	44
66	0	0	0	1	3	1	0	3	3	1	1	1	0	2	2	1	0	3	1	0	2	0	1	2	28
67	0	1	0	0	0	2	0	0	0	1	1	0	1	0	1	0	1	0	1	0	1	0	0	1	11
68	0	0	0	3	2	1	0	3	2	3	1	2	3	3	1	1	1	1	0	0	1	0	1	0	29
69	1	1	0	2	2	3	1	1	1	2	1	0	0	1	2	1	2	0	0	1	2	0	0	0	24
70	2	0	0	0	1	2	1	1	1	2	2	1	1	2	2	1	2	2	1	1	2	2	2	1	32
71	2	1	0	1	0	3	1	1	1	2	1	1	2	2	3	2	2	1	1	1	1	2	1	1	33
72	2	2	2	1	2	2	1	2	1	3	2	2	2	2	1	2	1	2	2	2	2	3	2	2	45
73	1	3	1	1	2	3	1	2	2	1	1	1	1	2	2	3	2	1	1	3	2	2	2	2	42
74	0	2	2	2	2	1	1	1	1	1	0	1	1	0	1	1	1	1	1	0	1	0	0	0	21
75	1	1	0	0	3	3	2	2	2	3	2	1	2	2	2	0	2	1	2	1	1	2	1	1	37
76	1	0	0	1	0	3	2	2	0	0	0	0	0	2	3	3	0	1	0	3	1	2	0	0	24
77	0	1	0	0	2	2	0	2	1	3	2	0	0	0	0	2	1	3	0	1	3	3	2	0	28
78	0	2	1	0	2	3	1	2	2	2	1	1	1	2	3	2	2	3	1	3	1	2	3	2	42

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
79	2	1	0	2	3	3	2	2	2	2	2	2	3	3	3	0	2	0	1	1	0	1	0	1	38
80	3	2	0	0	1	0	0	0	0	0	0	0	1	1	1	1	0	0	1	0	1	1	1	0	14
81	2	2	2	1	3	2	2	3	3	3	3	3	3	3	3	2	1	3	3	3	3	3	3	3	62
82	1	2	0	0	1	3	1	3	2	2	2	2	1	1	3	1	2	2	1	3	3	2	1	2	41
83	2	0	1	2	2	3	1	2	2	3	1	1	2	2	2	0	2	2	1	2	2	1	2	2	40
84	1	1	0	1	1	2	0	1	1	0	1	1	0	1	2	1	2	1	1	1	2	2	1	2	26
85	1	1	0	0	3	3	0	0	0	2	1	1	0	1	2	2	0	2	0	1	3	2	1	1	27
86	1	2	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2	0	1	1	1	26
87	1	1	0	0	2	3	1	1	1	2	1	0	0	1	3	2	1	2	2	1	2	3	2	3	35
88	0	1	1	0	1	1	0	1	2	0	0	1	0	1	0	0	1	0	0	1	0	0	0	1	12
89	0	0	0	0	1	2	0	1	1	1	1	1	0	1	1	1	1	2	1	0	0	2	0	1	18
90	0	1	0	0	1	2	0	2	0	2	0	0	1	0	1	1	1	1	0	1	1	1	0	0	16
91	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1
92	0	1	0	0	2	3	1	2	1	1	1	1	0	1	3	1	1	2	0	1	2	0	1	1	26
93	2	1	0	0	0	2	1	2	1	1	1	2	0	0	3	2	0	2	0	0	3	3	0	0	26
94	0	2	0	0	1	3	2	2	2	1	1	1	1	1	2	2	2	2	1	1	1	2	3	1	34
95	1	1	1	1	2	2	1	2	1	1	1	2	1	2	2	1	1	2	1	1	1	2	1	2	33
96	1	2	1	1	3	3	1	1	1	2	1	0	1	1	3	2	2	3	2	1	3	2	1	1	39
97	2	0	0	0	2	2	0	2	0	1	1	1	0	1	2	2	0	1	1	2	1	1	0	1	23
98	0	1	0	0	1	2	1	1	1	1	1	1	0	1	2	1	1	1	1	1	1	1	1	1	22
99	0	0	0	3	2	3	2	1	0	2	0	2	0	0	0	1	3	2	2	0	3	3	2	0	31
100	1	0	0	0	0	2	1	2	2	1	1	1	1	2	1	1	1	1	1	2	1	1	0	1	24
101	1	2	1	1	2	2	2	2	0	3	1	2	1	3	2	1	2	1	0	2	3	2	2	1	39
102	0	0	0	0	2	3	0	2	0	1	1	1	0	1	2	0	0	2	0	0	3	0	1	1	20
103	2	1	0	2	2	1	1	2	1	2	1	1	0	1	2	2	0	3	1	2	1	2	1	1	32
104	1	0	0	1	0	0	0	1	0	1	2	2	1	0	0	1	1	1	0	0	1	0	1	1	15
105	1	0	1	1	2	2	1	1	0	1	1	1	1	1	2	0	0	1	1	0	3	0	1	1	23

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
106	1	2	0	0	2	3	1	3	2	2	1	1	2	1	1	2	2	2	2	2	2	2	2	2	40
107	0	1	1	0	2	2	1	2	2	2	1	1	1	1	1	0	0	3	1	2	3	3	1	2	33
108	1	1	0	0	3	3	0	3	1	1	2	0	2	2	3	2	1	1	3	3	1	2	0	0	35
109	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	25
110	2	1	3	1	3	1	0	2	1	2	1	1	2	2	3	3	0	0	2	1	3	1	2	1	38
111	1	1	0	1	2	3	2	2	2	0	1	1	1	2	2	3	2	2	0	3	2	1	2	2	38
112	2	1	0	0	1	3	1	1	1	3	0	1	3	2	3	2	1	1	1	0	2	1	0	2	32
113	0	0	1	1	2	3	0	1	1	1	1	0	0	1	2	0	1	2	1	0	2	3	0	2	25
114	1	1	0	0	2	3	1	1	0	0	0	1	0	1	3	3	3	1	0	2	0	1	1	1	26
115	3	3	3	3	3	3	3	3	2	3	3	3	2	3	3	3	3	3	3	3	3	3	3	0	67
116	1	2	2	0	3	3	2	1	2	2	2	2	0	1	3	3	2	1	2	3	3	3	1	2	46
117	2	1	2	1	2	3	3	1	1	3	1	0	2	3	3	2	0	3	1	1	1	3	3	3	45
118	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	1	2	0	2	3	3	1	2	2	2	3	3	1	2	3	2	3	3	3	2	3	3	3	3	55
120	1	2	0	0	3	2	1	2	1	3	2	3	0	2	3	3	1	3	3	3	3	0	3	2	46
121	0	0	0	0	1	2	1	1	1	2	2	2	0	1	1	2	2	1	2	1	1	2	2	0	27
122	2	1	1	1	2	2	2	2	2	2	2	2	1	1	2	1	2	1	2	1	3	2	2	1	40
123	0	1	0	0	1	2	1	1	1	1	0	1	1	1	1	1	1	1	1	2	0	0	1	1	20
124	0	1	0	0	1	2	0	1	0	0	1	1	0	1	2	1	0	0	1	1	0	1	0	0	14
125	1	2	2	2	3	1	2	1	2	2	2	2	1	2	2	2	2	2	2	1	1	1	1	1	40
126	0	1	2	0	2	3	3	2	1	2	2	2	0	3	3	2	2	1	1	2	1	2	2	1	40
127	1	1	0	0	1	3	1	2	3	1	1	1	0	1	2	1	0	0	1	1	0	0	1	0	22
128	0	0	0	0	1	3	0	2	1	0	0	0	0	1	1	0	0	2	1	1	0	0	0	1	14
129	0	1	0	0	2	1	1	1	1	1	0	1	0	0	2	2	1	1	0	2	2	1	1	0	21
130	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
131	1	1	0	0	2	3	1	1	1	1	1	1	2	2	3	2	1	2	1	2	2	3	3	3	39
132	0	1	0	0	2	3	1	0	0	1	1	1	0	1	2	2	0	1	0	0	3	0	1	1	21

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
133	1	1	0	0	1	2	1	1	1	1	0	0	1	1	1	1	1	1	3	1	3	2	1	1	26
134	1	0	0	1	2	1	1	1	1	1	1	0	0	1	2	1	1	2	1	1	2	1	2	1	25
135	1	0	0	0	1	2	0	1	1	1	1	0	0	1	2	1	0	1	1	1	1	1	1	1	19
136	0	2	0	0	1	2	2	1	1	1	0	1	0	2	2	2	2	1	1	2	2	0	2	1	28
137	0	2	0	0	1	2	0	1	0	0	0	0	0	0	0	1	0	2	1	2	0	0	0	0	12
138	0	0	0	0	1	1	1	1	1	0	1	1	0	2	2	2	0	2	1	1	3	2	1	2	25
139	1	2	1	1	2	3	2	3	3	3	3	2	0	2	3	2	2	2	2	3	2	2	2	1	49
140	0	2	0	0	2	2	0	2	1	2	1	1	1	2	3	2	0	2	0	0	1	0	0	2	26
141	0	2	1	1	3	3	1	3	2	2	2	2	1	1	3	2	1	2	2	2	2	2	2	1	43
142	0	0	0	0	1	0	0	1	0	1	1	2	0	1	2	1	2	1	1	1	2	2	1	0	20
143	2	1	1	1	2	2	0	2	0	1	1	1	0	2	2	1	1	1	0	2	3	2	0	2	30
144	2	2	1	1	3	3	1	3	3	1	1	1	1	2	3	3	1	3	1	2	2	3	1	2	46
145	2	1	1	0	1	3	2	2	1	2	1	1	0	1	3	2	1	2	2	2	2	2	1	1	36
146	1	2	0	1	0	3	1	2	2	1	1	1	0	1	2	2	0	2	0	2	3	1	2	2	32
147	2	1	2	1	3	3	2	2	2	3	3	3	3	3	3	3	2	3	3	3	3	3	3	3	62
148	2	1	1	1	3	3	1	2	2	2	2	2	1	2	3	3	1	3	2	3	2	2	1	2	47
149	0	0	1	1	2	2	3	2	1	1	2	2	0	2	3	2	0	2	1	2	1	1	3	1	35
150	1	1	0	0	1	3	1	2	3	1	1	1	0	2	3	1	0	2	2	3	3	3	1	2	37
151	0	1	1	1	2	3	0	1	1	2	1	1	1	0	2	2	2	0	0	2	1	3	1	1	29
152	2	2	0	3	2	3	0	1	1	2	1	1	2	2	1	1	1	1	1	2	2	3	0	2	36
153	0	1	0	0	1	2	0	1	1	1	1	1	1	1	1	1	1	1	1	2	0	0	0	1	19
154	1	1	0	1	2	2	0	3	1	3	1	1	0	2	2	1	1	1	2	0	2	2	0	2	31
155	1	2	2	1	2	3	1	1	1	1	1	1	0	2	2	1	1	1	3	2	2	1	0	2	34
156	1	1	0	0	2	3	0	2	2	1	1	1	1	0	2	3	1	3	1	3	3	1	0	2	34
157	0	0	0	0	1	2	0	1	1	0	0	0	0	0	1	0	0	0	0	0	2	0	0	0	8
158	1	1	0	0	2	3	2	3	3	1	2	2	0	2	3	2	0	3	1	2	1	2	2	2	40
159	0	1	0	0	2	3	1	2	2	3	2	1	0	2	3	2	1	1	0	1	1	2	2	1	33

Res pon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
160	1	0	2	2	1	1	0	2	2	0	1	1	3	1	1	1	0	2	1	0	0	0	0	2	24
161	3	3	2	3	3	3	2	3	2	3	3	3	3	3	3	3	2	1	1	3	0	1	3	3	59
162	0	0	0	0	0	0	0	0	0	0	0	1	0	1	2	2	0	0	0	0	0	0	0	0	6
163	0	1	0	0	1	3	0	2	1	2	0	1	1	3	2	3	0	2	2	2	3	2	2	3	36
164	3	2	2	2	2	3	1	3	3	3	0	0	1	2	3	3	2	3	1	1	2	3	2	2	49
165	0	0	0	0	0	2	0	1	1	0	0	0	0	2	2	2	0	2	1	2	0	0	0	0	15
166	2	2	1	2	3	2	1	3	2	2	1	1	1	2	3	3	1	1	0	2	2	1	1	1	40
167	1	1	1	2	1	2	2	2	2	2	2	2	1	1	2	2	1	3	2	1	1	2	3	1	40
168	2	2	1	1	3	3	1	3	3	2	2	2	0	3	1	1	2	1	3	3	3	1	0	0	43
169	2	2	2	2	3	3	2	3	3	2	2	3	1	2	3	3	1	2	2	3	3	1	2	3	55
170	2	1	2	1	1	2	2	1	1	1	0	1	0	1	2	1	1	1	1	1	1	1	1	1	27
171	0	1	1	2	1	3	3	3	0	2	1	1	1	2	3	3	0	0	1	2	3	3	1	1	38
172	1	0	0	0	1	2	1	3	3	2	1	2	0	1	2	0	2	1	1	1	1	1	1	1	28
173	0	0	0	0	1	1	0	1	1	1	0	1	0	1	1	0	0	1	0	1	1	2	1	0	14
174	3	2	1	1	2	3	2	2	0	3	2	2	1	3	3	3	3	1	3	3	3	1	3	1	51
175	0	0	0	0	1	1	0	1	1	1	1	0	1	1	2	2	1	1	0	1	1	0	0	1	17
176	0	0	1	0	2	0	1	2	0	0	1	1	0	0	0	1	0	0	0	0	2	0	0	0	11
177	0	1	1	1	1	2	1	0	0	1	1	2	1	1	2	0	1	0	0	1	2	0	0	0	19
178	1	0	0	0	2	1	1	2	1	2	1	2	0	3	1	3	1	3	2	0	1	2	1	0	30
179	0	1	0	3	3	3	3	3	3	3	3	3	0	2	3	0	1	1	3	1	3	0	1	0	43
180	1	2	2	0	2	3	1	1	1	2	1	2	2	3	3	2	3	2	1	3	3	2	2	2	46
181	3	1	0	3	0	1	2	3	1	1	3	3	0	1	3	3	3	3	3	1	3	0	3	3	47
182	0	0	0	0	1	1	0	1	1	0	1	1	1	0	1	1	2	1	0	1	1	1	2	0	17
183	0	0	0	1	1	2	1	2	0	0	0	0	0	2	0	0	0	1	0	1	0	0	1	0	12
184	1	1	2	1	0	2	1	1	0	1	0	1	0	0	1	1	0	0	0	1	0	0	1	0	15
185	0	1	0	0	1	2	1	1	0	1	1	1	0	0	1	1	0	0	0	1	0	0	1	0	13
186	1	0	0	0	1	3	0	0	0	2	2	2	0	0	2	0	1	2	3	0	1	0	0	1	21

Respon den	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15	F16	F17	F18	F19	F20	F21	F22	F23	F24	<i>Fear</i>
187	1	1	0	1	1	2	1	2	1	1	1	1	1	1	1	1	2	1	1	1	3	2	2	2	31
188	0	0	0	0	3	3	2	3	2	2	1	1	0	3	3	3	3	2	0	3	3	1	0	2	40

c. Tabulasi Data LSAS Dimensi *Avoidance* (Item A1-A24)

Respon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	<i>Avoid ance</i>
1	1	0	0	0	0	3	1	1	0	0	0	1	0	1	0	1	1	1	1	0	3	1	0	1	17
2	0	1	0	1	1	1	1	1	0	3	1	0	0	1	2	2	2	2	2	1	2	3	1	2	30
3	1	1	1	1	1	1	1	1	1	2	1	1	0	2	1	1	0	1	1	0	3	1	1	1	25
4	1	2	1	1	1	1	2	1	0	0	0	1	0	2	2	1	0	1	0	0	0	1	1	1	20
5	1	1	1	1	1	1	1	2	2	2	2	2	0	1	0	1	0	1	2	1	0	2	1	2	28
6	1	1	0	0	1	1	1	2	1	2	2	2	1	2	1	1	1	1	2	1	1	3	1	2	31
7	3	1	1	3	3	2	1	2	2	2	2	2	1	2	2	2	1	2	1	2	2	3	3	2	47
8	2	1	2	2	1	1	1	1	1	1	1	2	1	1	1	1	2	1	2	2	0	1	1	1	30
9	1	1	1	1	1	2	1	1	1	1	2	1	0	0	1	1	0	1	1	0	1	1	1	1	22
10	2	1	0	1	2	2	1	3	2	2	1	1	0	1	1	2	1	3	1	1	1	1	2	2	34
11	0	0	0	1	1	0	1	2	1	0	0	2	2	2	0	0	0	1	0	0	2	2	2	0	19
12	0	1	0	0	1	1	1	0	0	1	1	1	1	1	1	0	0	1	1	1	1	0	1	0	15
13	0	1	0	0	1	1	1	2	1	1	1	1	1	1	1	1	1	2	1	1	2	2	0	1	24
14	0	0	0	0	1	1	0	1	0	1	1	0	0	1	0	0	0	1	0	0	1	0	0	1	9
15	2	0	0	0	1	1	0	1	1	1	1	1	0	1	1	1	0	1	0	0	2	1	0	2	18
16	1	1	1	1	2	2	2	0	0	2	2	2	1	1	1	2	1	1	1	1	1	0	1	1	28
17	0	0	0	0	0	1	0	1	0	0	0	0	2	1	2	0	1	0	0	1	1	0	0	1	11
18	2	2	1	1	2	2	1	1	1	2	2	3	3	1	2	3	1	2	2	2	3	0	1	1	41
19	0	1	0	0	0	1	1	1	0	1	0	1	0	0	2	2	0	3	3	0	3	2	2	1	24

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
20	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1	2	0	1	0	0	1	6
21	0	0	0	0	0	1	0	1	1	0	0	0	0	1	1	0	0	0	1	0	1	1	0	1	9
22	1	1	1	0	0	0	1	0	0	1	1	1	1	0	1	0	0	0	2	1	2	1	2	1	18
23	1	2	0	1	1	3	1	1	0	3	3	1	0	0	3	1	0	3	1	0	1	0	1	1	28
24	1	2	0	3	1	1	0	1	1	2	2	2	1	1	1	1	1	2	2	1	3	3	2	1	35
25	2	2	2	2	1	3	1	2	1	1	1	2	2	2	2	1	2	2	2	1	0	2	2	3	41
26	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
27	1	1	0	1	1	3	1	1	0	0	1	1	2	1	1	1	1	1	3	0	3	0	1	1	26
28	0	1	1	2	1	1	2	3	3	0	1	1	1	3	2	2	0	2	2	1	1	2	0	2	34
29	1	0	0	0	1	1	1	2	1	1	1	1	1	1	1	1	0	1	1	1	2	2	0	0	21
30	2	0	2	2	3	2	3	3	2	3	3	2	0	1	3	3	3	3	2	3	3	3	3	3	57
31	2	2	2	1	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	29
32	0	0	0	1	1	2	2	0	0	0	0	0	0	0	2	0	0	0	1	1	2	0	2	0	14
33	2	1	0	0	0	0	0	0	2	3	2	1	1	2	1	1	1	1	1	2	1	1	1	2	26
34	1	2	1	1	1	3	1	3	2	3	1	1	1	3	3	3	1	2	1	3	1	3	2	1	44
35	3	0	2	1	0	0	1	2	2	3	1	1	2	3	2	1	0	1	1	0	0	0	1	0	27
36	1	1	1	1	1	1	2	2	2	1	1	1	0	2	1	1	1	2	1	1	1	1	2	2	30
37	1	1	0	0	2	1	0	0	1	0	1	1	1	1	1	2	1	1	0	1	0	0	1	0	17
38	1	0	0	0	1	0	1	1	1	1	1	0	1	2	0	0	0	1	1	0	2	1	0	0	15
39	2	2	1	1	1	2	2	1	1	2	2	2	1	2	2	2	1	2	2	1	3	1	2	0	38
40	0	1	0	1	1	3	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
41	1	1	1	0	1	3	2	1	0	3	1	1	3	1	1	3	0	2	3	3	2	1	3	3	40
42	1	1	1	1	1	2	2	2	2	0	1	1	1	2	2	1	1	1	1	1	2	0	1	2	30
43	1	2	0	0	1	3	3	1	0	0	0	0	0	1	2	3	1	0	3	1	3	3	3	1	32
44	2	2	1	1	1	3	1	3	2	2	3	3	3	3	3	2	1	1	3	1	2	1	2	1	47
45	1	1	2	1	1	1	1	1	2	2	1	1	2	1	2	1	1	1	1	1	3	2	1	2	33
46	1	0	1	0	0	2	1	2	0	0	0	0	0	0	1	2	0	0	0	0	2	0	0	1	13

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
47	1	1	1	1	1	1	1	2	2	1	1	1	1	1	1	1	1	1	1	1	2	1	1	1	27
48	1	1	0	1	2	3	2	3	0	3	1	0	0	1	3	1	1	0	0	2	1	2	2	1	31
49	1	1	0	0	1	1	0	0	0	1	0	1	1	2	1	1	1	1	0	1	0	0	0	1	15
50	0	0	0	0	1	2	1	3	1	3	1	2	0	1	1	1	2	0	1	1	3	1	0	0	25
51	1	1	0	0	1	1	0	1	1	3	2	2	1	0	1	3	0	1	1	2	1	1	2	0	26
52	0	0	0	0	1	0	1	0	0	0	0	0	0	0	3	0	0	0	0	0	0	2	3	0	10
53	2	1	2	2	2	3	2	2	2	3	2	1	1	0	2	2	1	3	3	3	2	2	3	1	47
54	2	0	2	0	1	3	2	3	3	3	2	1	1	1	1	2	1	1	2	3	3	3	3	2	45
55	0	1	1	1	1	2	2	1	1	1	1	1	2	1	1	1	1	1	1	1	1	2	1	2	28
56	1	1	0	1	2	3	2	1	1	3	1	1	1	1	3	2	1	1	1	3	2	0	1	1	34
57	1	0	0	0	1	1	0	1	0	1	1	0	1	1	1	1	0	1	0	1	1	1	0	1	15
58	2	1	1	0	1	1	1	1	1	2	1	1	0	2	1	1	0	2	1	1	1	0	0	0	22
59	1	1	0	1	2	2	1	1	0	2	1	1	0	1	2	2	1	1	1	1	2	1	1	1	27
60	0	1	0	1	1	2	2	2	2	2	1	2	2	1	2	1	1	1	0	1	2	1	2	1	31
61	2	3	3	3	2	2	2	3	2	3	3	2	2	1	1	2	2	2	2	3	2	2	3	2	54
62	1	1	0	1	1	2	1	2	1	2	1	1	1	2	2	1	0	1	1	1	2	0	1	2	28
63	1	1	0	0	1	1	0	1	1	1	1	1	1	1	1	1	1	1	3	1	0	1	1	1	22
64	1	1	1	1	1	1	1	1	3	1	1	1	1	1	1	1	1	1	1	1	0	1	1	1	25
65	1	1	0	2	1	1	1	1	2	2	2	2	1	2	1	2	2	2	2	1	1	2	1	1	34
66	0	0	0	1	2	1	1	3	3	1	1	1	0	2	2	1	0	2	1	0	0	3	1	3	29
67	2	0	0	0	0	1	0	0	0	2	1	1	1	0	1	0	0	1	0	0	0	1	0	2	13
68	0	0	0	3	1	0	0	3	1	3	1	1	2	3	2	1	1	1	0	0	1	0	1	0	25
69	1	1	0	1	1	2	1	0	0	3	2	1	0	3	2	1	1	1	1	1	2	0	0	3	28
70	1	0	1	0	1	2	1	1	1	2	1	1	1	2	1	1	1	1	1	1	2	2	1	1	27
71	2	1	1	1	0	2	1	1	0	2	1	1	2	2	3	1	1	1	3	1	1	0	1	1	30
72	1	1	1	1	1	1	0	1	2	2	1	2	1	1	1	1	2	1	2	2	2	2	2	3	34
73	0	1	1	1	2	2	1	2	2	1	1	2	2	2	2	2	1	2	1	2	1	0	0	2	33

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
74	0	1	1	2	1	1	0	1	1	1	1	1	1	1	1	1	0	0	1	1	1	0	1	1	20
75	1	2	0	1	3	2	2	1	2	3	2	1	1	1	1	0	1	1	1	2	1	1	2	1	33
76	1	2	0	0	0	2	1	0	0	0	0	0	0	2	2	3	0	1	0	2	1	1	0	2	20
77	0	0	0	0	1	1	0	2	1	3	1	0	0	0	0	1	1	3	0	1	3	3	2	0	23
78	0	1	0	0	1	2	1	1	2	2	1	1	0	3	3	1	1	3	1	0	1	0	3	1	29
79	0	1	1	1	0	3	0	1	1	2	2	1	3	3	1	1	2	0	1	2	1	1	0	1	29
80	1	0	1	1	0	1	0	1	0	1	0	1	0	2	1	0	0	1	0	0	1	1	0	0	13
81	1	1	1	1	2	1	1	3	3	3	3	3	3	3	3	3	0	3	3	3	1	3	3	1	52
82	1	1	0	0	0	1	2	2	1	2	2	2	1	1	2	1	1	2	1	1	2	1	1	1	29
83	1	1	1	1	2	1	3	1	1	3	1	1	1	1	1	1	1	1	1	1	1	1	2	2	31
84	0	0	0	1	1	1	0	1	1	0	0	0	0	1	1	1	2	1	1	1	2	1	1	2	19
85	2	0	0	0	2	2	1	1	0	2	1	1	1	1	1	1	0	2	1	2	2	1	0	1	25
86	1	1	2	1	1	1	1	1	1	2	1	1	1	1	1	1	1	2	1	1	0	1	2	1	27
87	1	1	0	0	1	2	1	2	1	1	1	1	1	2	2	2	1	2	2	1	2	2	2	2	33
88	0	1	0	0	0	0	0	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	4
89	0	0	0	0	0	1	0	0	0	1	1	1	0	0	1	1	0	1	0	0	0	1	0	1	9
90	1	0	0	0	0	1	0	2	1	2	1	1	2	1	1	1	1	2	0	2	1	1	0	2	23
91	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	0	1	0	1	0	1	5
92	0	0	0	0	1	2	1	2	0	2	1	1	1	0	2	2	1	2	1	1	0	1	0	1	22
93	2	1	0	0	1	1	1	2	1	1	1	2	0	0	1	0	0	2	0	0	3	3	0	0	22
94	1	2	0	0	1	1	1	2	2	1	1	1	0	2	2	1	0	3	1	1	3	1	3	2	32
95	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
96	1	1	1	1	1	2	1	1	1	2	1	1	0	1	2	2	1	2	2	1	3	1	1	1	31
97	2	0	0	0	1	1	0	2	0	1	1	1	0	0	2	2	0	1	2	1	1	1	0	1	20
98	1	1	1	1	1	1	1	0	0	0	2	2	0	1	2	1	2	2	2	1	2	2	1	1	28
99	1	1	0	2	1	3	2	0	0	2	1	2	1	0	0	1	1	0	2	0	3	3	2	0	28
100	1	0	0	0	0	2	0	2	0	0	1	0	1	1	0	0	0	0	2	0	1	1	0	0	12

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
101	0	0	1	1	0	0	1	0	0	2	0	1	1	0	1	1	0	1	0	0	2	2	0	2	16
102	0	0	0	0	0	2	0	0	0	2	0	1	0	0	1	0	0	1	0	0	2	0	1	2	12
103	2	1	0	3	1	1	2	2	1	2	1	1	0	1	1	1	0	3	2	1	1	2	1	2	32
104	0	1	0	0	0	0	0	1	1	2	1	1	0	0	0	0	1	2	0	0	1	0	0	2	13
105	1	0	1	1	1	1	1	1	1	3	1	1	2	1	1	0	0	1	1	0	3	0	0	1	23
106	1	1	0	0	1	3	1	3	2	2	1	1	2	1	2	2	2	2	2	2	2	2	2	2	39
107	0	1	1	0	2	1	1	1	2	1	1	1	1	1	1	0	0	3	1	1	2	2	0	2	26
108	1	0	0	0	1	1	2	2	1	2	1	1	2	1	2	1	1	1	2	1	2	1	2	1	29
109	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	23
110	2	1	1	1	2	0	0	1	0	1	0	0	1	1	1	2	0	0	0	0	1	0	0	1	16
111	1	1	0	1	1	3	2	2	1	1	1	1	1	1	2	2	2	2	1	2	1	1	2	1	33
112	1	1	0	0	0	3	1	1	3	3	0	0	3	1	3	1	1	2	2	0	1	3	0	3	33
113	1	0	1	1	1	2	0	1	1	1	0	0	0	2	1	0	1	2	1	0	2	2	0	1	21
114	0	1	0	0	2	2	1	0	0	1	1	1	1	0	3	3	0	1	1	1	2	0	1	1	23
115	3	3	3	3	2	3	3	3	2	3	3	3	2	3	3	1	1	1	1	2	0	1	1	0	50
116	1	1	1	0	2	1	1	1	0	1	0	1	0	0	2	2	0	0	1	0	2	0	1	1	19
117	1	1	2	0	2	3	3	0	1	3	3	0	3	3	1	1	0	2	0	2	3	3	3	3	43
118	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
119	2	1	0	2	3	3	1	1	3	3	3	3	0	1	3	2	3	3	3	1	3	3	2	1	50
120	0	0	0	1	1	1	1	3	0	3	1	1	0	2	1	3	0	3	3	2	3	0	3	2	34
121	0	0	0	0	0	0	1	0	0	1	2	2	1	0	0	1	1	2	2	1	0	1	0	0	15
122	1	0	1	1	1	1	1	1	1	1	1	1	2	1	1	2	1	2	1	1	3	2	2	1	30
123	2	0	0	0	1	2	0	1	1	1	1	1	1	1	1	1	1	1	1	0	1	1	1	1	21
124	0	0	0	0	0	2	0	1	0	1	1	1	0	0	1	1	0	0	1	1	0	1	0	1	12
125	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
126	0	0	1	3	1	3	2	1	1	2	2	2	0	2	3	2	1	1	1	1	0	1	1	1	32
127	2	1	0	0	0	2	0	3	2	1	1	3	0	2	3	1	0	0	1	2	1	0	1	2	28

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
128	0	1	0	0	1	3	1	1	1	2	1	1	2	2	1	0	0	2	1	1	1	0	1	0	23
129	1	1	1	0	2	1	1	3	1	2	1	1	0	1	3	2	1	1	1	1	1	0	1	1	28
130	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24
131	1	1	0	0	1	2	1	2	1	2	2	1	2	2	2	1	1	2	2	1	1	3	3	1	35
132	1	0	2	1	1	2	1	0	0	1	1	0	0	0	1	2	0	1	0	0	1	0	0	2	17
133	1	1	1	1	1	1	1	1	1	1	1	0	1	1	2	2	1	1	2	1	2	2	1	1	28
134	1	1	0	2	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	0	1	21
135	1	1	0	0	1	2	1	1	1	2	1	1	0	2	2	1	1	2	2	2	3	1	1	1	30
136	0	1	0	1	1	2	2	1	1	1	1	1	1	1	2	2	2	1	1	2	2	1	2	2	31
137	1	1	0	0	1	1	0	1	0	0	0	0	0	1	1	1	0	1	1	1	0	0	0	0	11
138	0	0	0	0	1	1	1	1	1	0	1	1	0	2	2	2	0	2	2	0	3	1	0	1	22
139	1	1	1	1	2	3	2	3	3	3	3	2	0	2	3	2	2	2	2	3	2	2	2	1	48
140	0	1	0	0	1	1	0	1	1	2	0	0	0	1	2	1	0	2	0	0	0	0	0	1	14
141	0	1	1	1	1	1	1	1	1	1	1	1	1	1	2	2	1	2	2	2	2	1	3	1	31
142	0	0	0	0	1	0	0	1	0	1	1	1	0	0	1	1	0	0	1	1	1	1	0	0	11
143	1	0	1	1	1	1	0	2	0	1	1	0	0	3	1	1	1	1	0	1	3	2	0	1	23
144	3	1	1	1	1	2	1	2	3	3	2	2	1	3	3	3	2	3	2	2	2	3	1	3	50
145	1	1	1	0	0	2	2	1	1	1	1	2	0	1	2	0	1	1	3	1	0	1	1	1	25
146	1	1	2	1	0	1	1	2	2	1	0	0	2	1	1	1	0	1	0	2	2	1	1	1	25
147	3	2	2	1	3	3	3	2	3	3	3	3	3	3	3	3	2	3	2	3	3	3	3	3	65
148	1	0	1	1	3	3	1	3	3	2	2	2	1	2	3	2	1	3	2	3	2	3	1	2	47
149	0	0	0	0	1	1	2	1	1	2	1	1	0	1	2	2	0	2	0	2	0	0	2	2	23
150	2	1	1	1	0	1	1	2	3	1	1	1	1	2	2	1	0	2	2	2	1	3	1	1	33
151	2	1	0	1	1	1	1	2	1	3	2	1	1	1	1	1	1	2	1	1	2	1	1	1	30
152	1	1	0	0	1	2	0	2	1	1	1	1	2	2	1	3	1	2	1	2	2	3	0	1	31
153	1	1	0	0	1	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	0	2	0	1	20
154	1	1	0	1	0	0	0	2	1	3	1	1	0	2	0	1	1	1	0	0	1	2	0	2	21

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	Avoid ance
155	1	1	3	1	2	3	1	1	3	1	1	1	1	3	1	2	1	1	3	2	1	1	0	1	36
156	1	1	0	0	1	3	0	2	2	1	1	1	1	0	2	3	1	3	1	3	3	1	0	0	31
157	0	0	0	0	0	1	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	3
158	1	1	0	0	1	2	2	2	2	2	1	1	2	1	2	1	0	1	1	1	0	2	2	1	29
159	0	1	0	0	1	1	1	0	1	2	1	1	0	1	2	2	0	1	0	1	1	2	2	1	22
160	1	0	1	1	0	0	1	1	1	2	1	2	2	3	0	0	0	1	1	0	2	2	1	0	23
161	2	0	2	2	1	1	1	1	1	2	2	2	2	2	2	2	1	1	3	1	2	1	2	0	36
162	0	0	0	0	0	0	0	0	0	0	1	0	0	1	2	2	0	0	0	0	0	0	0	0	6
163	1	1	0	2	1	3	1	1	1	1	0	3	0	2	2	2	1	1	2	1	3	0	2	1	32
164	3	1	2	2	1	1	1	2	2	1	0	0	2	3	1	1	1	3	0	0	1	1	0	1	30
165	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2	1	0	0	1	1	0	0	0	0	7
166	1	1	0	2	3	1	1	2	2	1	2	0	0	2	1	2	1	0	1	2	2	0	0	0	27
167	1	1	0	1	1	1	2	2	2	2	2	2	1	2	2	2	2	3	1	1	1	1	2	1	36
168	1	1	1	1	2	1	1	3	3	1	1	1	0	2	1	1	1	1	2	1	1	0	0	3	30
169	2	2	1	1	3	3	2	3	3	2	2	3	1	2	3	3	1	2	2	3	3	1	2	3	53
170	1	1	1	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	1	1	1	0	1	0	21
171	0	1	0	2	0	1	2	3	0	2	1	2	0	0	2	3	0	0	2	1	3	3	0	1	29
172	3	0	0	0	0	3	1	3	3	1	1	1	0	1	3	1	1	1	2	2	1	1	1	1	31
173	0	0	0	0	1	1	0	1	1	2	0	0	1	0	1	0	0	1	0	0	1	1	1	0	12
174	3	1	0	1	1	3	1	1	1	3	1	1	0	2	3	3	2	1	3	2	3	1	3	1	41
175	1	0	0	0	0	0	0	0	0	1	1	0	0	1	1	1	0	1	0	0	1	0	0	1	9
176	0	1	1	1	1	0	1	1	0	0	1	1	0	0	0	1	0	0	0	0	1	0	0	1	11
177	0	1	2	3	1	2	2	0	0	0	1	2	3	2	3	1	1	1	0	1	3	3	1	3	36
178	1	0	0	0	1	0	1	1	1	2	1	2	0	3	1	1	1	3	2	0	1	2	1	0	25
179	0	1	0	2	2	1	3	3	3	3	3	3	0	1	2	0	1	1	3	1	3	0	1	0	37
180	0	1	1	0	1	2	1	1	1	2	1	2	2	3	3	1	2	2	1	1	3	1	0	0	32
181	3	1	0	2	0	0	1	0	0	1	2	2	0	0	0	2	1	3	3	0	3	0	3	3	30

Res pon den	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	A12	A13	A14	A15	A16	A17	A18	A19	A20	A21	A22	A23	A24	<i>Avoid ance</i>
182	0	0	0	0	0	1	0	1	1	0	0	0	2	0	1	1	0	1	0	0	1	2	1	0	12
183	0	0	0	2	0	1	1	1	0	1	0	1	0	1	0	0	0	0	0	1	2	0	0	2	13
184	1	1	2	0	1	2	1	0	0	1	0	1	0	0	1	2	0	0	0	2	0	0	1	0	16
185	0	0	0	0	1	2	1	0	0	0	0	1	0	0	1	1	0	0	0	1	0	0	0	0	8
186	2	1	1	1	2	3	1	2	1	3	2	2	0	0	2	1	0	1	3	2	3	1	1	1	36
187	3	1	0	0	1	1	0	1	0	1	1	1	1	1	0	0	0	0	0	0	0	0	1	1	14
188	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0	1	1	1	1	0	0	1	21

d. Tabulasi Total Data Responden Skala LSAS

Res pon den	Total <i>Fear</i>	Total <i>Avoid</i>	Total LSAS
1	17	17	34
2	36	30	66
3	31	25	56
4	21	20	41
5	41	28	69
6	29	31	60
7	41	47	88
8	21	30	51
9	39	22	61
10	39	34	73
11	16	19	35
12	23	15	38
13	23	24	47
14	16	9	25
15	19	18	37
16	35	28	63
17	14	11	25
18	33	41	74
19	36	24	60
20	18	6	24
21	11	9	20
22	24	18	42
23	46	28	74
24	42	35	77
25	38	41	79
26	4	0	4
27	23	26	49
28	45	34	79
29	29	21	50
30	64	57	121
31	27	29	56
32	7	14	21
33	25	26	51
34	51	44	95
35	26	27	53
36	31	30	61
37	31	17	48
38	31	15	46
39	39	38	77
40	45	24	69
41	40	40	80
42	32	30	62
43	39	32	71

Res pon den	Total <i>Fear</i>	Total <i>Avoid</i>	Total LSAS
44	55	47	102
45	45	33	78
46	15	13	28
47	46	27	73
48	32	31	63
49	12	15	27
50	26	25	51
51	46	26	72
52	9	10	19
53	48	47	95
54	54	45	99
55	30	28	58
56	42	34	76
57	10	15	25
58	24	22	46
59	44	27	71
60	17	31	48
61	57	54	111
62	29	28	57
63	21	22	43
64	47	25	72
65	44	34	78
66	28	29	57
67	11	13	24
68	29	25	54
69	24	28	52
70	32	27	59
71	33	30	63
72	45	34	79
73	42	33	75
74	21	20	41
75	37	33	70
76	24	20	44
77	28	23	51
78	42	29	71
79	38	29	67
80	14	13	27
81	62	52	114
82	41	29	70
83	40	31	71
84	26	19	45
85	27	25	52
86	26	27	53

Res pon den	Total <i>Fear</i>	Total <i>Avoid</i>	Total LSAS
87	35	33	68
88	12	4	16
89	18	9	27
90	16	23	39
91	1	5	6
92	26	22	48
93	26	22	48
94	34	32	66
95	33	24	57
96	39	31	70
97	23	20	43
98	22	28	50
99	31	28	59
100	24	12	36
101	39	16	55
102	20	12	32
103	32	32	64
104	15	13	28
105	23	23	46
106	40	39	79
107	33	26	59
108	35	29	64
109	25	23	48
110	38	16	54
111	38	33	71
112	32	33	65
113	25	21	46
114	26	23	49
115	67	50	117
116	46	19	65
117	45	43	88
118	0	0	0
119	55	50	105
120	46	34	80
121	27	15	42
122	40	30	70
123	20	21	41
124	14	12	26
125	40	24	64
126	40	32	72
127	22	28	50
128	14	23	37
129	21	28	49

Res pon den	Total <i>Fear</i>	Total <i>Avoid</i>	Total LSAS
130	24	24	48
131	39	35	74
132	21	17	38
133	26	28	54
134	25	21	46
135	19	30	49
136	28	31	59
137	12	11	23
138	25	22	47
139	49	48	97
140	26	14	40
141	43	31	74
142	20	11	31
143	30	23	53
144	46	50	96
145	36	25	61
146	32	25	57
147	62	65	127
148	47	47	94
149	35	23	58
150	37	33	70
151	29	30	59
152	36	31	67
153	19	20	39
154	31	21	52
155	34	36	70
156	34	31	65
157	8	3	11
158	40	29	69
159	33	22	55
160	24	23	47
161	59	36	95
162	6	6	12
163	36	32	68
164	49	30	79
165	15	7	22
166	40	27	67
167	40	36	76
168	43	30	73
169	55	53	108
170	27	21	48
171	38	29	67
172	28	31	59
173	14	12	26
174	51	41	92
175	17	9	26

Res pon den	Total <i>Fear</i>	Total <i>Avoid</i>	Total LSAS
176	11	11	22
177	19	36	55
178	30	25	55
179	43	37	80
180	46	32	78
181	47	30	77
182	17	12	29
183	12	13	25
184	15	16	31
185	13	8	21
186	21	36	57
187	31	14	45
188	40	21	61

4. Lampiran Hasil Validitas

a. Skala EPQ-BV

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Item EPQ-BV 1	35.45	35.200	.490	.841
Item EPQ-BV 2	35.21	36.083	.511	.840
Item EPQ-BV 3	35.37	35.838	.497	.840
Item EPQ-BV 4	35.48	33.427	.640	.830
Item EPQ-BV 5	35.16	35.860	.441	.844
Item EPQ-BV 6	36.21	36.561	.385	.848
Item EPQ-BV 7	35.85	36.149	.420	.846
Item EPQ-BV 8	35.23	33.814	.679	.828
Item EPQ-BV 9	35.22	33.070	.641	.829
Item EPQ-BV 10	35.71	36.142	.441	.844
Item EPQ-BV 11	35.36	35.204	.488	.841
Item EPQ-BV 12	35.42	34.138	.603	.833

b. Skala LSAS

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Item LSAS Fear 1	56.14	521.086	.506	.950
Item LSAS Avoid 1	56.11	524.545	.445	.950
Item LSAS Fear 2	56.02	523.379	.497	.950
Item LSAS Avoid 2	56.29	526.741	.511	.950
Item LSAS Fear 3	56.49	525.449	.456	.950
Item LSAS Avoid 3	56.51	527.663	.416	.951
Item LSAS Fear 4	56.35	522.345	.478	.950
Item LSAS Avoid 4	56.32	524.637	.455	.950
Item LSAS Fear 5	55.37	516.501	.603	.950
Item LSAS Avoid 5	56.05	522.896	.552	.950
Item LSAS Fear 6	54.95	520.046	.510	.950
Item LSAS Avoid 6	55.59	521.100	.472	.950
Item LSAS Fear 7	56.02	517.336	.610	.950
Item LSAS Avoid 7	56.07	522.112	.558	.950
Item LSAS Fear 8	55.39	520.315	.544	.950
Item LSAS Avoid 8	55.74	520.472	.501	.950
Item LSAS Fear 9	55.85	519.350	.528	.950
Item LSAS Avoid 9	56.03	515.769	.608	.950
Item LSAS Fear 10	55.56	511.628	.666	.949
Item LSAS Avoid 10	55.57	516.086	.570	.950
Item LSAS Fear 11	55.88	515.740	.687	.949
Item LSAS Avoid 11	55.98	517.861	.674	.949
Item LSAS Fear 12	55.87	518.736	.595	.950
Item LSAS Avoid 12	55.96	521.624	.561	.950
Item LSAS Fear 13	56.29	524.441	.420	.951
Item LSAS Avoid 13	56.23	529.293	.302	.951
Item LSAS Fear 14	55.64	519.225	.553	.950
Item LSAS Avoid 14	55.83	523.939	.419	.951
Item LSAS Fear 15	55.20	516.301	.597	.950
Item LSAS Avoid 15	55.60	521.535	.496	.950
Item LSAS Fear 16	55.54	517.116	.560	.950
Item LSAS Avoid 16	55.80	519.349	.571	.950
Item LSAS Fear 17	55.96	520.122	.511	.950
Item LSAS Avoid 17	56.35	524.999	.524	.950
Item LSAS Fear 18	55.57	518.513	.548	.950
Item LSAS Avoid 18	55.75	520.648	.516	.950
Item LSAS Fear 19	55.89	513.362	.644	.949
Item LSAS Avoid 19	55.89	518.271	.549	.950
Item LSAS Fear 20	55.64	515.086	.600	.950
Item LSAS Avoid 20	56.02	518.657	.582	.950
Item LSAS Fear 21	55.34	520.686	.418	.951
Item LSAS Avoid 21	55.60	523.579	.380	.951
Item LSAS Fear 22	55.68	515.694	.530	.950
Item LSAS Avoid 22	55.91	522.292	.417	.951
Item LSAS Fear 23	55.86	513.610	.626	.949
Item LSAS Avoid 23	56.03	516.144	.572	.950
Item LSAS Fear 24	55.86	518.637	.544	.950
Item LSAS Avoid 24	55.93	527.684	.356	.951

5. Lampiran Hasil Reliabilitas

a. Skala EPQ-BV

Reliability Statistics

Cronbach's Alpha	N of Items
.850	12

b. Skala LSAS

Reliability Statistics

Cronbach's Alpha	N of Items
.951	48

6. Lampiran Surat Seminar Proposal



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA
PROGRAM STUDI PSIKOLOGI ISLAM**

Kampus II Jl. Pandarapan, Guntung Manggis, Banjarbaru, Kalimantan Selatan, Indonesia
Website: www.pi.uin-antasari.ac.id, E-mail: psikologi.islam@uin-antasari.ac.id

**BERITA ACARA SEMINAR PROPOSAL SKRIPSI
FAKULTAS USHULUDDIN DAN HUMANIORA UIN ANTASARI BANJARMASIN**

Telah dilaksanakan Seminar Desain Operasional Skripsi pada :

Hari/Tanggal : Selasa/26 Agustus 2025
Waktu : 09.15 – 10.00 WITA
Tempat : Ruang FUH 3 Kampus 1

Dipresentasikan oleh Mahasiswa Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin:

Nama : **Nadiatus Sufia**
NIM : **220103040117**
Prodi : **Psikologi Islam**
Judul : **Perbedaan Kecemasan Sosial pada Mahasiswa UIN Antasari Banjarmasin ditinjau dari Tipe Kepribadian Introvert dan Ekstrovert**

Catatan : Seminar berjalan dengan baik.

Banjarbaru, 26 Agustus 2025
Moderator,

Rifqa Amalia Azzyati, M.A. NIP.
199810252025052006

Pembimbing I,

Muftahul Aula Sa'adah, M.Psi., Psikolog
NIP. 198712042023212029

Pembimbing II,

Mahdia Fadhila, M.Psi., Psikolog
NIP. 198708022022032001

Mengetahui,
Ketua Prodi Psikologi Islam,

Dra. Mulyani, M.Ag
NIP. 196810101994032004



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA
PROGRAM STUDI PSIKOLOGI ISLAM**

Kampus II: Jl. Pandarapan, Guntung Manggis, Banjarbaru, Kalimantan Selatan, Indonesia
Website: www.pi.uin-antasari.ac.id; E-mail: psikologi.islam@uin-antasari.ac.id

Nomor : 1709/Un.14/III.3/PP.00.9/08/2025 25 Agustus 2025
Lamp. : -
Hal : Pelaksanaan Seminar Desain Operasional
a.n. Nadiatus Sufia

YTH. Bapak/Ibu

1. Miftahul Aula Sa'adah, M.Psi., Psikolog
2. Mahdia Fadhila, M.Psi., Psikolog
3. Rifqa Amalia Azzyati, M.A.

di Banjarmasin

Assalamualaikum Warahmatullahi Wabarakatuh

Dengan disetujui Proposal Skripsi mahasiswa :

Nama : **Nadiatus Sufia**
NIM : **220103040117**
Prodi : Psikologi Islam
Judul : **Perbedaan Kecemasan Sosial pada Mahasiswa UIN Antasari Banjarmasin ditinjau dari Tipe Kepribadian Introvert dan Ekstrovert**

Dengan ini, diberitahukan bahwa proposal tersebut setelah diubah menjadi desain operasional akan diseminarkan pada:

Hari/Tanggal : Selasa/26 Agustus 2025
Waktu : 09.15 – 10.00 WITA
Tempat : Ruang FUH 3 Kampus 1
Pembimbing I : Miftahul Aula Sa'adah, M.Psi., Psikolog
Pembimbing II : Mahdia Fadhila, M.Psi., Psikolog
Moderator : Rifqa Amalia Azzyati, M.A.

Demikian untuk dilaksanakan sebagaimana mestinya.

Wassalam,



Dr. Dzikri Nirwana, M.Ag
NIP. 1978122120031210022

7. Lampiran Kartu Konsultasi Skripsi



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UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
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Website: www.pi.uin-antasari.ac.id, E-mail: psikologi.islam@uin-antasari.ac.id

Kartu Konsultasi

Nama : Nadiatus Sufia
NIM : 220103040117
Prodi : Psikologi Islam

Dosen Pembimbing :

1. Miftahul Aula Sa'adah, M.Psi., Psikolog
2. Mahdia Fadhila, M.Psi., Psikolog

Judul : Perbedaan Kecemasan Sosial pada Mahasiswa UIN Antasari Banjarmasin ditinjau dari Tipe Kepribadian Introvert dan Ekstrovert

No.	Tanggal	Deskripsi Masalah yang Dikonsultasikan	Tanda Tangan
1	13/01 2026	Bab I & Bab 2 & skala.	
2	14/01 2026	Perbaikan bab 1 & 2, skala	
3	11/02 2026	Bimbingan Skala	
4	13/02 2026	Bimbingan Skala	
5	25/02 2026	Bimbingan Tryout Skala	
6	26/02 2026	Bimbingan Tryout Skala	
7	27/02 2026	Tryout Skala	
8	02/03 2026	Bimbingan hasil To f ambil data	
9	14/4 2026	Revisi Bab IV	
10	12/5 2026	Revisi Bab IV + Artikel sampul sampul	
11	18/5 2026	Revisi naskah	
12	3/6 2026	Acc Sidang.	
....			

Banjarbaru, 26 Agustus 2025
Ketua Program Studi Psikologi Islam,

Dra. Mulyani, M.Ag
NIP. 196810101994032004



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA
PROGRAM STUDI PSIKOLOGI ISLAM**

Kampus II, Jl. Pandarapan, Guntung Manggis, Banjarbaru, Kalimantan Selatan, Indonesia
Website: www.pi.uin-antasari.ac.id, E-mail: psikologi.islam@uin-antasari.ac.id

Kartu Konsultasi

Nama : Nadiatus Sulfa
NIM : 220103040117
Prodi : Psikologi Islam

Dosen Pembimbing :

1. Miftahul Aula Sa'adah, M.Psi., Psikolog
2. Mahdia Fadhila, M.Psi., Psikolog

Judul : Perbedaan Kecemasan Sosial pada Mahasiswa UIN Antasari Banjarmasin ditinjau dari Tipe Kepribadian Introvert dan Ekstrovert

No.	Tanggal	Deskripsi Masalah yang Dikonsultasikan	Tanda Tangan
1	24/08 2025	Perbaikan Proposal Skripsi	
2	10/01 2026	Instrumen / Skala Penelitian	
3	12/01 2026	Bab I, Bab II, & Bab III	
4	13/01 2026	Perbaikan Bab I, II & III	
5	21/01 2026	Perbaikan Bab III, Kepenulisan	
6	03/03 2026	Konsultasi hasil Tryout & Persiapan ambil data	
7	08/04 2026	Konsultasi Bab IV	
8	15/04 2026	Konsultasi Bab IV	
9	05/05 2024	Konsultasi Bab IV-V & Artikel Jurnal	
10	13/05/2026	Tambahkan Ayat di Pembahasan	
11	19/05/2026	ACC utk submisi jurnal	
12	21/05/2026	lengkap mla: cover sampai lampiran	
....			

Banjarbaru, 26 Agustus 2025
Ketua Program Studi Psikologi Islam,

Dra. Mulyani, M.Ag
NIP. 196810101994032004

8. Lampiran Surat Riset



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA**

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235
Telepon (0511) 3266593
Website: fuh.uin-antasari.ac.id; E-mail: fuh@uin-antasari.ac.id

SURAT RISET

Nomor: 442/Un.14/III.3/PP.00.9/03/2026

Dekan Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin dengan ini menugaskan :

Nama : Nadiatus Sufla
NIM : 220103040117
Semester : VIII (Delapan)
Jurusan : S1 Psikologi Islam
Alamat Sekarang : Jl. Kelayan A Kel murung Raya Gg. Warga 2 RT 01 RW 01, Kota Banjarmasin
Untuk : Melakukan riset / penelitian ilmiah dalam rangka pengumpulan data untuk penyusunan skripsi dengan judul:

**PERBEDAAN KECEMASAN SOSIAL PADA MAHASISWA AKTIF UIN ANTASARI
BANJARMASIN DITINJAU DARI TIPE KEPERIBADIAN INTROVERT DAN EKSTROVERT**

Tempat yang dituju : UIN Antasari Banjarmasin
Barang yang dibawa : Seperangkat Alat Penelitian
Lamanya Riset : 2 (Dua) Bulan
Dari Tanggal : 02 Maret 2026
Sampai Tanggal : 30 April 2026

Kami sampaikan pula sebagai Satker berpredikat Zona Integritas Wilayah Bebas Korupsi (ZI-WBK), menuju Zona Integritas Wilayah Birokrasi Bersih Melayani (ZI-WBBM) UIN Antasari Banjarmasin berkomitmen terus menjaga integritas serta meningkatkan Kualitas Kinerja dan Pelayanan.

Demikian surat riset ini diberikan kepada yang bersangkutan agar pihak-pihak terkait dapat memberikan bantuan sepenuhnya.



Banjarmasin, 05 Maret 2026

Dekan,

Akmalad Sagir



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI
ANTASARI BANJARMASIN**

Jalan Jenderal Ahmad Yani Km 4,5 Banjarmasin
Telepon (0511) 3252829; Fax (0511) 3254344
Website : www.uin-antasari.ac.id Email : mikwa@uin-antasari.ac.id

SURAT KETERANGAN

Nomor : B.38/Un.14/II.1/TL.00/05/2026

Rektor Universitas Islam Negeri Antasari Banjarmasin dengan ini menerangkan bahwa mahasiswa tersebut di bawah ini :

N a m a : Nadiatus Sufla
NIM : 220103040117
Fakultas : Ushuluddin dan Humaniora
Prodi : Psikologi Islam

telah selesai melaksanakan riset/penelitian dalam rangka penyusunan skripsi yang berjudul : **"Pebedaan Kecemasan Sosial Pada Mahasiswa Aktif UIN Antasari Banjarmasin Ditinjau Dari Tipe Kepribadian Introvert dan Ekstrovert"** terhitung mulai tanggal 8 Februari 2026 sampai dengan 8 April 2026. Keterangan ini dikeluarkan sesuai dengan izin yang diberikan kepada yang bersangkutan sebagaimana yang tertuang dalam surat Dekan Nomor: 442/Un.14/II.1/TL.00/03/2025 tanggal 5 Maret 2026.

Kami sampaikan pula sebagai Satker berpredikat Zona Integritas Wilayah Bebas Korupsi (ZI-WBK), menuju Zona Integritas Wilayah Birokrasi Bersih Melayani (ZI-WBBM) UIN Antasari berkomitmen terus menjaga integritas serta meningkatkan Kualitas Kinerja dan Pelayanan.

Demikian surat keterangan ini diberikan, untuk dipergunakan sebagaimana mestinya.

Banjarmasin, 22 Mei 2026

a.n. Rektor
Kepala Biro AAKK
u.b. Kabag Akademik dan
Kemahasiswaan



Dr. Haris Fadilah, S.Ag, M.Pd.I
NIP. 19760118 200003 1 001

9. Lampiran Surat Selesai Mata Kuliah



KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA
PROGRAM STUDI PSIKOLOGI ISLAM

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235 Telepon (0511) 3266593
 Website: www.pi.uin-antasari.ac.id; E-mail: psikologi.islam@uin-antasari.ac.id

SURAT KETERANGAN HABIS MATA KULIAH

Nomor: 969/Un.14/III.3/PP.00.9/06/2026

Ketua Program Studi Psikologi Islam Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin menerangkan bahwa:

Nama : Nadiatus Sufla
 NIM : 220103040117
 Semester : VIII (Delapan)
 Program Studi : S1 Psikologi Islam
 Tahun Akademik : 2025/2026

yang bersangkutan telah mengambil seluruh matakuliah yang ditetapkan program studi Psikologi Islam sesuai kurikulum tahun 2021.

Demikian surat keterangan ini diberikan untuk memperoleh transkrip nilai sementara.

Banjarmasin, 03 Juni 2026

Ketua Prodi Psikologi Islam,



M. Fadhila, M.Psi., Psikolog
 NIP 198708022022032001

10. Lampiran Sertifikat Ujian Komprehensif



KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI
ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA

Jalan A. Yani Km. 4,5 Banjarmasin 70235 Telepon (0511) 3266593
e-mail: fuh@uin-antasari.ac.id website: http://www.fuh.uin-antasari.ac.id

SERTIFIKAT

Nomor: 915/Un.14/III.3/PP.01.1/05/2026

Dekan Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin dengan ini memberikan sertifikat kepada :

N a m a : Nadiatus Suffa
N I M : 220103040117

Telah L U L U S dalam menempuh UJIAN KOMPREHENSIF pada Jurusan Psikologi Islam dengan nilai akhir 86,67 (A) bobot : 3,75

Demikian sertifikat ini diberikan kepada yang bersangkutan untuk dipergunakan sebagaimana mestinya.



Banjarmasin, 26 Mei 2026
Dekan,

Prof. Dr. H. Akhmad Sagir, M.Ag
NIP. 197112171996031001

11. Lampiran Surat Keterangan 50 SKK



KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA

Jalan Jenderal Ahmad Yani Km. 4,5 Banjarmasin 70235
 Telepon (0511) 3266593
 Website: fuh.uin-antasari.ac.id; E-mail: fuh@uin-antasari.ac.id

SURAT KETERANGAN

Nomor: 942/Un.14/III.3/PP.00.9/05/2026

Yang bertanda tangan di bawah ini Wakil Dekan Bidang Kemahasiswaan dan Kerjasama Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin dengan ini menerangkan bahwa :

Nama	: Nadiatus Sufla
NIM	: 220103040117
Tempat dan Tanggal Lahir	: Nagara, 11 Desember 2003
Semester	: VIII (Delapan)
Fakultas	: Ushuluddin dan Humaniora
Program Studi	: S1 Psikologi Islam
Tahun Akademik	: 2025/2026

adalah benar mahasiswa Fakultas Ushuluddin dan Humaniora UIN Antasari Banjarmasin yang telah memperoleh Satuan Kredit Kegiatan Ekstrakurikuler (SKK): 103 SKK

Surat Keterangan ini diberikan kepada yang bersangkutan untuk keperluan Persyaratan Sidang Skripsi

Kami sampaikan pula sebagai Satker berpredikat Zona Integritas Wilayah Bebas Korupsi (ZI-WBK), menuju Zona Integritas Wilayah Birokrasi Bersih Melayani (ZI-WBBM) UIN Antasari Banjarmasin berkomitmen terus menjaga integritas serta meningkatkan Kualitas Kinerja dan Pelayanan.

Demikian surat keterangan ini dibuat untuk digunakan sebagaimana mestinya.

Banjarmasin, 21 Mei 2026

Wakil Dekan Bidang
Kemahasiswaan dan Kerjasama,



12. Lampiran Surat Keterangan Submit Jurnal



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS USHULUDDIN DAN HUMANIORA
PROGRAM STUDI PSIKOLOGI ISLAM**

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235 Telepon (0511) 3266593
Website: www.pi.uin-antasari.ac.id; E-mail: psikologi.islam@uin-antasari.ac.id

SURAT KETERANGAN SUBMIT JURNAL

Nomor: 998/Un.14/III.3/PP.00.9/06/2026

Dengan ini menerangkan bahwa:

Judul Karya Ilmiah : Differences in Social Anxiety Among College Students as
Perspectived by Personality Type
Nama : Nadiatus Sufla
NIM : 220103040117
Program Studi : Psikologi Islam

Karya ilmiah tersebut telah disubmit untuk dipublikasikan di Jurnal PSIKOLOGIKA: Jurnal Pemikiran dan Penelitian Psikologi (<https://journal.uin.ac.id/Psikologika/index>) dan saat ini masih dalam proses evaluasi. Keputusan akhir mengenai publikasi sepenuhnya menjadi wewenang pihak jurnal.

Demikian surat keterangan ini disampaikan untuk dipergunakan sebagaimana mestinya.

Banjarmasin, 05 Juni 2026
a.n. Ketua Prodi Psikologi Islam
Sekretaris,



Muhammad, M.A
NIP 197903242023211012

13. Lampiran Jurnal Penelitian

Perbedaan Kecemasan Sosial Pada Mahasiswa Ditinjau Dari Tipe Kepribadian

Nadiatus Sufla

Islamic Psychology, Faculty of Islamic Studies and Humanities, Universitas Islam Negeri Antasari, Banjarmasin

Miftahul Aula Sa'adah

Islamic Psychology, Faculty of Islamic Studies and Humanities, Universitas Islam Negeri Antasari, Banjarmasin

Mahdia Fadhila

Islamic Psychology, Faculty of Islamic Studies and Humanities, Universitas Islam Negeri Antasari, Banjarmasin

Abstrak. Kecemasan sosial merupakan kondisi psikologis yang ditandai dengan rasa takut atau cemas berlebihan ketika individu berada dalam situasi sosial yang melibatkan interaksi maupun penilaian dari orang lain. Penelitian ini bertujuan untuk mengetahui perbedaan tingkat kecemasan sosial berdasarkan tipe kepribadian introvert dan ekstrovert pada mahasiswa. Penelitian ini menggunakan pendekatan kuantitatif dengan desain komparatif. Jumlah partisipan dalam penelitian ini sebanyak 188 mahasiswa Universitas Islam Negeri Antasari Banjarmasin. Instrumen yang digunakan adalah *Liebowitz Social Anxiety Scale* (LSAS) versi Indonesia dan *Eysenck Personality Questionnaire Brief Version* (EPQ-BV). Data dianalisis menggunakan uji *independent sample t-test*. Hasil penelitian menunjukkan bahwa terdapat perbedaan yang signifikan dalam tingkat kecemasan sosial antara mahasiswa introvert dan ekstrovert ($p < 0,05$). Mahasiswa introvert memiliki tingkat kecemasan sosial yang lebih tinggi ($M = 67,22$) dibandingkan mahasiswa ekstrovert ($M = 51,29$). Nilai *effect size* ($\eta^2 = 0,109$) menunjukkan bahwa tipe kepribadian memberikan kontribusi sedang terhadap variasi kecemasan sosial. Temuan ini mengindikasikan bahwa karakteristik kepribadian berperan dalam perbedaan respons mahasiswa terhadap situasi sosial, sehingga dapat menjadi pertimbangan dalam pengembangan dukungan psikologis dan kegiatan pengembangan diri di lingkungan perguruan tinggi.

Kata Kunci: Kecemasan Sosial, Tipe Kepribadian, Introvert, Ekstrovert, Mahasiswa

Differences in Social Anxiety Among College Students as Perspectived by Personality Type

Abstract. Social anxiety is a psychological condition characterized by excessive fear or anxiety when individuals are in social situations involving interaction with or evaluation by others. This study aims to determine differences in levels of social anxiety based on introverted and extroverted personality types among college students. This study employed a quantitative approach with a comparative design. The sample consisted of 188 students from the State Islamic University Antasari in

Banjarmasin. The instruments used were the Indonesian version of the Liebowitz Social Anxiety Scale (LSAS) and the Eysenck Personality Questionnaire Brief Version (EPQ-BV). Data were analyzed using an independent samples t-test. The results indicate a significant difference in social anxiety levels between introverted and extroverted students ($p < 0.05$). Introverted students exhibited higher social anxiety levels ($M = 67.22$) compared to extroverted students ($M = 51.29$). The effect size ($\eta^2 = 0.109$) indicates that personality type contributes moderately to the variation in social anxiety. These findings suggest that personality characteristics play a role in differences in students' responses to social situations, and thus should be considered in the development of psychological support and self-development activities in the university settings.

Keywords: social anxiety, personality type, introvert, extrovert, student

Correspondence: Nadiatus Sufla. Email: (nadiatussufla03@gmail.com)

As members of the academic community, students are expected to actively participate in various activities, both academic and non-academic. This participation includes engaging in class discussions, giving presentations, and participating in campus organizations. However, not all students feel comfortable in social situations that require interaction with and evaluation by others. Some students, in fact, experience anxiety, nervousness, and fear of negative judgment, leading them to tend to avoid active involvement in such activities.

In line with this trend, students, as the intellectual generation, are expected to be active in various social contexts, whether in class discussions, presentations, or participation in campus organizations (Syaiful, 2023). However, the reality on campus shows that not all students feel comfortable speaking in public or expressing their opinions. In fact, some students experience anxiety, nervousness, and fear of being judged negatively by others, leading them to remain silent or avoid certain social situations (Sarfika & Nio, 2025; Sugiyati & Indriani, 2021). This situation also indicates a fairly high level of social anxiety among students.

Research by Jefferies and Ungar (2020) shows that social anxiety is quite prevalent among young people, with approximately 36% of respondents meeting the criteria for social anxiety. In Indonesia, several studies have also shown that social anxiety is linked to academic situations, such as presentations and classroom interactions, and can affect students' self-confidence and academic achievement.

Social anxiety is defined as excessive fear or anxiety that arises when individuals feel they are being watched or judged in social situations (La Greca & Lopez, 1998). Individuals with social anxiety tend to avoid interactions, hesitate to express their opinions, and

overthink before speaking (Rakhmaniar, 2023). This condition not only impacts social functioning but can also hinder students' academic development and communication skills.

Social anxiety is influenced by various factors, both internal and external, one of which is personality type (Sigarlaki & Setiawati, 2023). According to Eysenck's personality theory, one of the main dimensions in personality structure is introversion–extraversion (Mcleod, 2024). Individuals with high scores on extraversion tend to be open, active in social interactions, and seek stimulation from the external environment, whereas individuals with high scores on introversion tend to be more reserved, calm, and avoid intense social stimulation. These differences in characteristics have implications for individuals' responses to social situations and the likelihood of experiencing anxiety in social interactions (Mcleod, 2024).

According to Eysenck (as cited in Papilaya, 2013), extroverts tend to enjoy activities that involve direct interaction with others. When facing anxiety, they typically seek out friends to share their stories or pour out their hearts, which helps them find solutions to the problems they face. Conversely, people with introverted personalities tend to reduce social contact and prefer to be alone when experiencing anxiety. These different response patterns can affect an individual's comfort level in social situations, potentially contributing to differences in the levels of social anxiety experienced.

Several studies have shown differences in levels of social anxiety based on personality type (Fitri & Novriewani, 2022; Sigarlaki & Setiawati, 2023). Students with introverted personality tendencies are reported to have higher levels of social anxiety compared to extroverted students. This is associated with introverts' tendency to be more sensitive and cautious when facing social situations. Nevertheless, the relationship between personality and social anxiety is still understood as a tendency, not an absolute cause-and-effect relationship.

Based on initial observations and interviews conducted at the Universitas Islam Negeri Antasari Banjarmasin, it was found that some students showed hesitation in actively participating, such as being reluctant to ask questions, hesitant to express their opinions, or choosing to remain silent during discussions. These initial findings suggest the presence of psychological barriers related to social anxiety in an academic setting.

Although various studies have examined anxiety and personality, most still focus on anxiety in general, and few have specifically highlighted social anxiety among college students. Furthermore, comparative studies that examine social anxiety based on

introverted and extroverted personality types in Indonesian college settings remain limited. Based on this background, this study aims to examine differences in social anxiety among active students at the Universitas Islam Negeri Antasari Banjarmasin, as viewed through the lens of introverted and extroverted personality types.

Method

This study employed a quantitative approach with a comparative design to examine differences in social anxiety based on personality type. The study sample consisted of 188 active students at the Universitas Islam Negeri Antasari. The researcher distributed questionnaires to respondents who met the predetermined criteria, namely being active students, willing to participate, and not currently undergoing psychological intervention related to social anxiety.

The instruments used in this study consisted of two scales. First, the social anxiety scale used the Indonesian version of the Liebowitz Social Anxiety Scale (LSAS), which consists of 24 situations assessed across two dimensions, fear and avoidance, for a total of 48 items. This scale uses a 4-point Likert scale (0–3) to measure the intensity of social anxiety experienced by respondents. Second, personality type was measured using the Eysenck Personality Questionnaire Brief Version (EPQ-BV) on the extraversion dimension, which consists of 12 items. This scale uses a 5-point Likert scale (1–5). Personality categories are determined based on a hypothetical mean cut-off value of 36. Respondents with a score of ≤ 36 are categorized as introverts, while those with a score > 36 are categorized as extroverts.

The reliability of the Indonesian version of the Liebowitz Social Anxiety Scale (LSAS) and the Eysenck Personality Questionnaire Brief Version (EPQ-BV) is as follows:

Table 1. Reliability of the Indonesian version of the Liebowitz Social Anxiety Scale (LSAS) and the Eysenck Personality Questionnaire Brief Version (EPQ-BV)

Variable	Reliability
Liebowitz Social Anxiety Scale (LSAS)	0.92
Eysenck Personality Questionnaire Brief Version (EPQ-BV)	0.87

Data collection was conducted online using Google Forms from March 3 to March 14, 2026. The data obtained were then analyzed using parametric statistical tests. A normality test was performed using the Shapiro-Wilk test, which indicated that the data in the introvert

group ($p = 0.247$) and the extrovert group ($p = 0.142$) were normally distributed. The homogeneity test using Levene's test showed a significance value of 0.220 ($p > 0.05$), so the variances of the two groups were declared homogeneous. Next, hypothesis testing was performed using an independent sample t-test to determine the difference in social anxiety between students with introverted and extroverted personality types.

Result

This study involved 188 active students at Antasari State Islamic University in Banjarmasin who met the research criteria. Based on the distribution of respondents, 120 students (64%) had an extroverted personality type, while 68 students (36%) fell into the introverted category. From this data, it can be seen that the number of extroverted respondents was greater than that of introverted respondents.

The results of the descriptive analysis indicate that students' levels of social anxiety fall into varying categories. The majority of respondents fell into the moderate category at 62.8% (118 people), followed by the low category at 31.4% (59 people), and the high category at 5.9% (11 people). These findings indicate that social anxiety is a fairly common phenomenon among students, although the majority still experience it at a moderate level.

When examined by personality type, there is a difference in the average social anxiety scores between the introvert and extrovert groups. Introverted students had an average social anxiety score of 67.22, which was higher than that of extroverted students, who had an average score of 51.29. This difference is also consistent across the dimensions of social anxiety, where the introvert group had a fear score of 35.79 and an avoidance score of 31.43, while the extrovert group had a fear score of 28.15 and an avoidance score of 23.14.

The results of the hypothesis test using an independent samples t-test showed a t-value of 4.761 with $p = 0.000$ ($p < 0.05$), indicating a significant difference in social anxiety levels between introverted and extroverted students. Furthermore, the effect size calculation using eta squared (η^2) of 0.109 indicates that personality type accounts for 10.9% of the variation in social anxiety, which falls into the moderate category.

Discussion

The results of the study indicate that the majority of students fall into the moderate social anxiety category. This suggests that students generally experience anxiety in certain social situations, such as when speaking in public or interacting in new environments, but

that this anxiety remains within manageable limits. These findings demonstrate that social anxiety is a fairly common phenomenon in the academic context, which is fraught with demands for performance and social interaction.

Conceptually, social anxiety is associated with fear of negative evaluation by others and concern about the possibility of being humiliated in social situations (Jefferson, 2001; Leigh & Clark, 2018). Among college students, this condition can manifest in various forms, such as anxiety during presentations, class discussions, or interactions with professors and peers. Therefore, the predominance of the moderate category in this study can be interpreted as indicating a fairly high level of social vigilance, though not yet at a level that significantly impairs functioning. Consistent with these findings, in her study, Aisyah (2023) found that social anxiety is a fairly significant issue among students in the emerging adulthood stage, as it is closely linked to the management of negative emotions. During the emerging adulthood phase, individuals are in a developmental period characterized by identity exploration, a need for social acceptance, and increased sensitivity to interpersonal relationships. These conditions make students more vulnerable to social anxiety, particularly when in situations involving social evaluation and academic performance demands. The higher the negative emotions an individual experiences, the higher the level of social anxiety they will experience.

When examined by personality type, the research findings indicate that introverted students have higher levels of social anxiety compared to extroverted students. This suggests that introverted individuals not only experience emotional anxiety but also tend to develop avoidance strategies when facing social situations. This finding can be explained by personality theory, which states that introverted individuals have a higher sensitivity to stimuli, making them more prone to experiencing overstimulation in social situations (Eysenck, 2006). Additionally, from a cognitive perspective, introverted individuals tend to focus more on internal experiences and have a tendency toward excessive self-monitoring, which can intensify concerns about negative judgments from others (Barlow, 2002). Conversely, extroverted individuals tend to be more oriented toward the external environment and have a need for social interaction, making them better able to adapt in stressful social situations.

The results of the hypothesis test, which indicate a significant difference between the two groups, reinforce the notion that personality type plays a role in influencing levels of social anxiety. However, an effect size of 10.9% indicates that personality type is not the sole factor influencing social anxiety. This means that other factors beyond personality also

contribute, such as social experiences, parenting styles, self-confidence, and emotional regulation skills.

The moderate effect size indicates that social anxiety is a multidimensional psychological phenomenon. In addition to personality type, there are various other factors that can influence the emergence of social anxiety in college students, such as negative social experiences, parenting styles, self-confidence levels, emotional regulation, social support, and previous experiences of social rejection. Therefore, social anxiety cannot be explained solely through a single personality factor but is the result of the interaction between individual characteristics and one's social experiences and environment.

These findings are consistent with previous studies showing that individuals with introverted personalities tend to have higher levels of social anxiety than extroverts. In addition, previous research has also shown that social anxiety among college students is associated with difficulties in socializing, low self-confidence, and a tendency to avoid social interactions.

Furthermore, an analysis based on dimensions revealed that the fear component contributed more significantly than the avoidance component, indicating that students tend to experience emotional responses more frequently than outright avoidance behaviors. However, in the introvert group, both dimensions emerged simultaneously, forming a pattern in which fear of negative evaluation drives the emergence of avoidance behavior as a strategy to reduce psychological pressure. Overall, the results of this study indicate that there are significant differences in the levels of social anxiety between introverted and extroverted students.

The dominance of the fear dimension over the avoidance dimension indicates that most students continue to strive to meet social and academic demands despite experiencing emotional distress in social situations. In other words, students do not completely avoid social situations but remain engaged in them while experiencing fear, nervousness, or anxiety regarding others' judgments. This condition may be influenced by the demands of the college environment, which require students to continue giving presentations, participating in discussions, and interacting with professors and peers. This suggests that social anxiety among students manifests more as internal emotional pressure than as total social avoidance.

Conclusions

The majority of students fall into the moderate category of social anxiety, indicating that social anxiety is a common condition but remains within adaptive limits. This study found significant differences between introverted and extroverted students, with the introverted group exhibiting higher levels of social anxiety, both in terms of total scores and in the aspects of fear and avoidance. The effect size ($\eta^2 = 0.109$) indicates that personality type contributes moderately to the variation in social anxiety, thus confirming that personality is an important factor, though not the sole determinant. These findings reinforce the role of personality characteristics in understanding the dynamics of social anxiety among students and emphasize the importance of considering individual factors in the development of psychological interventions in higher education settings.

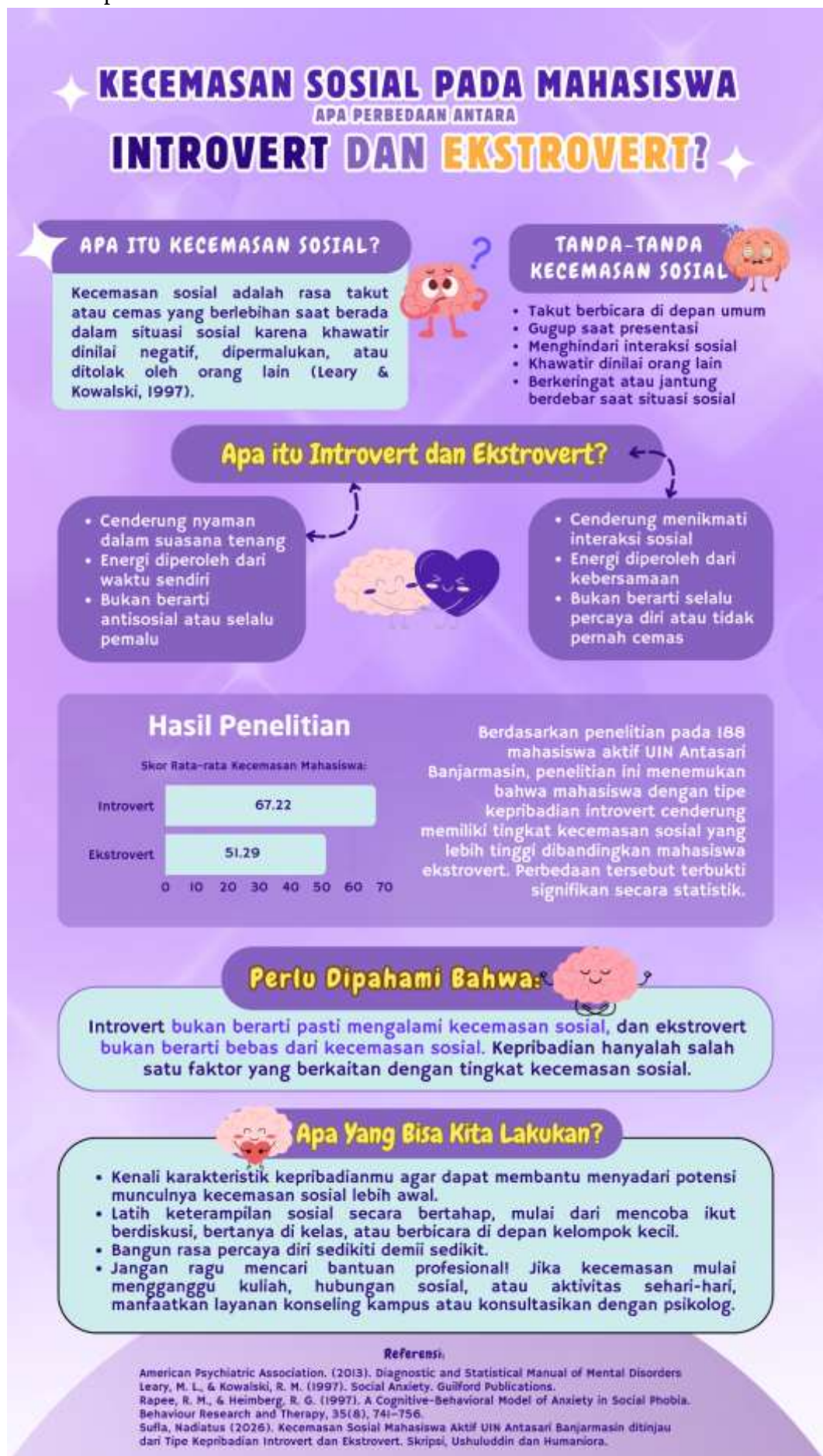
Suggestion

Based on the findings of this study, universities are encouraged to address students' social anxiety by developing counseling services, social skills training, and activities that help boost students' self-confidence in social situations. Furthermore, future research should examine other factors that influence social anxiety, such as social support, emotional regulation, and parenting styles, with a broader sample of respondents.

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14. Lampiran Poster



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 - a. Sekretaris Bidang Intelektual di Komunitas Mahasiswa Ushuluddin dan Humaniora (KAMUSH) 2023-2024
 - b. Sekretaris Bidang PSDM di Ikatan Mahasiswa Alumni Nurul Jannah (IMANUJA) 2023-2024
 - c. Anggota Bidang RPPI di Kelompok Studi Psikologi Islam (KSPI) 2023-2025
 - d. Anggota di Lembaga Pers Mahasiswa (LPM) Sukma 2024-2025
 - e. Anggota Bidang Edukasi di Teropong Community (TC) 2024-2026
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