## ABSTRACT

## **Ibrahim Idrus;** *INNER PEACE ( UMA'N NAH) GROUP OF ZIKIR NASHEED FROM BANI ISMAIL ASSEMBLY BANJARMASIN* below guidance I: Dr. Ahmad Suriadi, MA. dan II Dr. Saifuddin, M. Ag., pada Pascasarjana UIN Antasari Banjarmasin, (2020).

## Kata kunci: Zikir, syair, inner peace (*uma'n nah*), Psychotherapy of zikir

The Majlis Bani Ismail a.k.a BAIS Banjarmasin, it is like an oasis for moslems, who want to feel inner peace that impact positively everyday life. Through the activities of zikir nasheed are guided by K.H. Syaifuddin Zuhri (Abah Guru Banjar Indah), the purpose for build spiritual attendees. Zikir Nasheed is part of event *tahlilan*, in Congregation is mention of zikir, accompanied by poetry-poetry (nasheed) and at the time mention zikir certainly, people doing zikir moving they bodies. The problem is researched, i.e.: (1) How does the inner peace (*uma'n nah*) group of zikir nasheed from Bani Ismail Assembly Banjarmasin (BAIS)?(2) How does the impact of inner peace (*uma'n nah*) against the life group of zikir nasheed from Bani Ismail Assembly Banjarmasin (BAIS)?

The type of research is the research field and qualitative methods. The approach of psychology; concerns about how the state of the human heart in daily manifesting in religious behavior. Respondents are group of zikir nasheed Assembly BAIS. The data is the blurb descriptions in the form of words, actions that are writed or recorded, taking photos or videos about inner peace (*thuma'ninah*) group of zikir nasheed Assembly BAIS. Photo and video documentation of them in the form of a text or texts of zikir nasheed, photo and video implementation zikir nasheed at Assembly BAIS. The technique of triangulation, observation, interviews, document analysis. Observational research instrument is the sense of researchers, an instrument in the form of sheets of interview guidelines for interviews and photo documentation of analysis instruments photo and video recording plus voice recording applications. This research has three stages, namely the data analysis stage description, focus, and selection. Triangulation is divided into two; Tirangulasi sources and triangulation techniques.

The results of the interviews described each of the respondents (the Group of zikir nasheed BAIS) admitted feeling the inner peace when practised zikir nasheed, even some of them still feel inner peace after tahlil zikir nasheed completed. Well as the poet and/or person doing zikir, or simply accompany person doing zikir together people, also felt an inner peace in accordance with the conditions and the situation of each. Zikir nasheed worship provide implication that make mind and heart become comfortable.

Advice to the Assembly of the BAIS in order to maintain existence of this worship and consistent (istiqomah) held an event tahlil zikir nasheed annually.