

**TEACHER'S STRATEGIES IN IMPROVING THE AUTONOMOUS  
LEARNERS IN LEARNING ENGLISH**

By  
**DESI JAYANTI**



**ANTASARI STATE ISLAMIC UNIVERSITY  
BANJARMASIN  
2020**

**TEACHER'S STRATEGIES IN IMPROVING THE AUTONOMOUS  
LEARNERS IN LEARNING ENGLISH**

**AN UNDERGRADUATE THESIS**

**Presented to  
Faculty of Tarbiyah and Teacher Training  
in partial fulfillment of the requirements  
for the degree of *Sarjana Pendidikan* in English Language Education**

**by**

**DESI JAYANTI**

**1601240702**

**ANTASARI STATE ISLAMIC UNIVERSITY  
FACULTY OF TARBIYAH AND TEACHER TRAINING  
ENGLISH EDUCATION DEPARTMENT  
BANJARMASIN  
2020**

## APPROVAL

Tittle : Teacher's Strategies in Improving the Autonomous Learners in Learning English  
Name : Desi Jayanti  
SRN : 1601240702  
Faculty : Tarbiyah and Teacher Training  
Program : Undergraduate Study (S-1)  
Department : English Education Department  
Academic Year : 2020/2021  
Place/Date of Birth : Kotabaru, 22 Desember 1998  
Address : Jln. Merbabu no.78 rt.023 rw.005 Kelurahan Kemuning, Kecamatan Banjarbaru Selatan, Kota Banjarbaru

After being checked and revised, the thesis has been approved to be examined in front of the board of Examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

Advisor

Contents and Research Methods  
Techniques



Dra. Andi Irlina, M.Hum  
NIP. 196901122003122004

Banjarmasin, 3<sup>rd</sup> December 2020

Advisor

Language and Writing



Fajrianor, S.Pd, M.Pd  
NIP. 201704070

Acknowledged by  
Head of English Education Department  
Faculty of Tarbiyah and Teacher Training  
UIN Antasari Banjarmasin,  
---



Nani Hizriani, S.Pd, M.A  
NIP. 197711272003122002

## **VALIDATION**

Title : Teacher's Strategies in Improving the Autonomous Learners in Learning English.

Desi Jayanti 1601240702 has been examined by the board of thesis examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

Day : Monday  
Date : 11<sup>st</sup> January 2021  
Stated : Accepted  
Score : 85 (A)

Dean Faculty of Tarbiyah and Teacher  
Training  
UIN Antasari Banjarmasin

Prof. Dr.H.Juairiah, M.Pd  
NIP. 196001061986032004

### **THE BOARD OD EXAMINERS:**

Name	Signature
1. Nani Hizriani, S.Pd, M.A  (Chairperson)	
2. Dra. Andi Irlina, M.Hum  (Member)	
3. Fajrianor, S.Pd, M.Pd  (Member)	

## STATEMENT OF AUTHENTICITY

### STATEMENT OF AUTHENTICITY

I, the undersigned, Desi Jayanti, declare that this undergraduate thesis is my original work, gathered and utilized specially to fulfil the purposes and objectives of this study, and has not been previously submitted to any other university for any degree or other purposes. I also declare that the publications cited in this work have been properly acknowledged. If someday, it is proven otherwise, I understand that my degree will be revoked.

Banjarbaru, 10 December 2020



## ABSTRACT

**Desi Jayanti.** 2020. Teacher's Strategies in Improving the Autonomous Learners in Learning English. Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisors: (I) Dra. Andi Irlina, M.Hum, (II) Fajrianor, S.Pd, M.Pd.

**Keywords:** Teacher, Strategy, Learners' autonomy

This research is aimed to find out the strategies done by the teachers in improving their learner autonomy in learning English and to describe how the teachers implement the strategies in teaching-learning process. The researcher conducted research at Mts Muhammadiyah 1 Banjarmasin because the researcher realized that the student's autonomy at the school still lacked in learning English.

The type of this research is descriptive qualitative research. The subject of this research are two English teachers, and the object of this research are the teachers' strategies in improving the autonomous learners in learning English. In conducting the research, to collect the data the researcher interviewed the English teachers and use the teachers' lesson plan for documentary. The collected data were analyzed using descriptive qualitative analysis method.

The results of this research show that there are some strategies done by the teachers in increasing their student's autonomy in learning English, namely; study group, answer the questions on the blackboard, doing tasks, and doing persuasive communication. But, in this research the researcher also found that there are some strategies above can't apply by the teachers in this phase (during corona pandemic), so the researcher divided the result of this research into two phases. The first phase is before the corona pandemic, the researcher found that the teachers use and apply all of the strategies above. The second phase is during corona pandemic, in this phase the teachers only can apply two strategies, there are; doing tasks and doing persuasive communication.

## ***ABSTRAK***

**Desi Jayanti.** 2020. Teacher's Strategies in Improving the Autonomous Learners in Learning English. Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisors: (I) Dra. Andi Irlina, M.Hum, (II) Fajrianor, S.Pd, M.Pd.

**Kata kunci:** Guru, Strategi, Kemandirian Pelajar

Penelitian ini bertujuan untuk menemukan apa saja strategi yang digunakan oleh guru untuk meningkatkan kemandirian siswa dalam belajar Bahasa Inggris dan untuk menjelaskan bagaimana guru menerapkan strategi-strategi tersebut dalam proses belajar-mengajar. Peneliti melakukan penelitian di Mts Muhammadiyah 1 Banjarmasin karena menyadari bahwa kemandirian siswa di sana dalam belajar Bahasa Inggris masih kurang.

Jenis penelitian ini adalah penelitian deskriptif kualitatif. Subjek penelitian ini adalah dua orang guru Bahasa Inggris, dan objek penelitiannya adalah strategi-strategi guru dalam meningkatkan kemandirian siswa dalam belajar Bahasa Inggris. Dalam melakukan penelitian, untuk mengumpulkan data peneliti mewawancara guru Bahasa Inggris, dan menggunakan rencana pelajaran guru sebagai dokumenter. Data yang dikumpulkan di analisis menggunakan metode analisis deskriptif kualitatif,

Hasil penelitian ini menunjukkan bahwa ada beberapa strategi yang digunakan oleh guru untuk meningkatkan kemandirian siswa dalam belajar Bahasa Inggris yaitu kelompok belajar, mengerjakan tugas di papan tulis, mengerjakan tugas, dan melakukan komunikasi persuasif. Tapi, dalam penelitian ini peneliti menemukan bahwa ada beberapa strategi di atas yang tidak bisa diterapkan oleh guru dalam fase ini (selama pandemi corona), jadi peneliti membagi hasil penelitian ini menjadi dua fase. Fase pertama adalah fase sebelum pandemi corona, peneliti menemukan bahwa guru menggunakan dan menerapkan semua strategi yang sudah disebutkan di atas. Fase kedua adalah fase selama pandemi corona, dalam fase ini guru hanya bisa menerapkan dua strategi yaitu mengerjakan tugas dan komunikasi persuasif.

## **MOTTO**

*“Every man’s in his own hands, with a little help from his brothers.” – Janet Morris*

## **DEDICATION**

I dedicate this thesis for:

1. *My beloved parents, Adam Wijaya and Jumiati who always be my side to supporting and praying me.*
2. *My young sister, Laila Fusha Rasidah who always supporting me.*
3. *My big family that supported for my education.*
4. *All of my friends in UIN Antasari Banjarmasin, thank you for all the happiness and the memories.*

## ACKNOWLEDGEMENT

بسم الله الرحمن الرحيم. الحمد لله رب العالمين. الصلاة والسلام على أشرف الأنبياء والمرسلين سيدنا  
وموئلنا محمد وعليه وصحبه أجمعين. أما بعد.

Praise to Allah the Almighty who has been giving me guidance till the writer finished this thesis entitled “Teacher’s Strategies in Improving the Autonomous Learners in Learning English”. Peace and salutation always be upon Prophet Muhammad P.B.U.H and all his friends who struggle for Allah. The writer like to express appreciation and gratitude to:

1. Prof.Dr.H.Juairiah, M.Pd as the Dean of Faculty of Tarbiyah and Teacher Training of Antasari State Islamic University and all his staff for their help in the Administrative matters.
2. Nani Hizriani, M.A, as the Head of English Education Department for the assistance and motivation.
3. My academic advisor, Siti Muflichah, M.Ag, M.Pd, Ph.D, for the guidance and encouragement.
4. My thesis advisors, Dra. Andi Irlina, M.Hum, as the advisor of content and research methods for the advice, helps, suggestion and correction.
5. Fajrianor, S.Pd, M.Pd., as the advisor of language and writing techniques for the advice, helps, suggestion and correction.
6. All lecturers and assistants in Faculty of Tarbiyah and Teacher Training for the priceless knowledge.

Finally, the writer hopes that all the help from them get reward in the form of multiple rewards from Allah SWT and also the writer hopes that this research will

be useful for the next researchers. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarbaru, Rabi Al-Akhar, 15<sup>th</sup> 1442 A.H  
December, 1<sup>st</sup> 2020 A.D

A handwritten signature in black ink, appearing to be a stylized form of the Arabic name "Banjarbaru".

Writer

## CONTENTS

TITLE PAGE .....	ii
APPROVAL.....	iii
VALIDATION .....	iv
STATEMENT OF AUTHENTICITY .....	v
ABSTRACT .....	vi
<i>ABSTRAK</i> .....	vii
MOTTO .....	viii
DEDICATION .....	ix
ACKNOWLEDGEMENT .....	x
CONTENTS .....	xii
CHAPTER I .....	1
INTRODUCTION .....	1
A. Background of Study .....	1
B. Research Questions .....	5
C. Objectives of Study .....	5
D. Significance of Study .....	5
E. Definition of Key Terms .....	6
1. Teacher's Strategy .....	6
2. Learners' autonomy.....	7
3. Learning.....	8
CHAPTER II.....	
THEORETICAL REVIEW.....	9
A. English Language Teaching and Learning.....	9
1. Change in Behavior .....	11
2. Relatively Permanent Retention .....	11
3. Result of Instruction .....	12
B. Autonomy.....	13
1. Definition.....	13
2. Learners' autonomy.....	14

3. Forming Autonomous Learners.....	15
a. Freedom .....	15
b. Initiative.....	15
c. Confidence.....	16
d. Responsibility .....	16
e. Assertiveness .....	16
f. Self-Control .....	16
C. Factors Influence Learners' autonomy .....	17
1. The Role of Learners Themselves.....	17
2. The Roles of Teacher .....	18
3. Type of Tasks .....	19
4. The Role of Environment .....	19
D. Teacher's Strategies in Improving Learners' autonomy.....	20
1. Doing Task .....	20
2. Study Group .....	20
3. Answer the Questions on The Board.....	21
1. Self-Reports.....	21
2. Diaries and Evaluation Sheets .....	21
3. Persuasive Communication as a Means of Altering Learner Belief and Attitudes.....	22
E. Review of Previous Study .....	24
<b>CHAPTER III .....</b>	<b>26</b>
<b>RESEARCH METHOD.....</b>	<b>26</b>
A. Research Design.....	26
B. Research Setting.....	27
C. Subject and Object .....	27
D. Data .....	28
1. Data .....	28
2. Source of the Data .....	28
E. Technique of Data Collection .....	29
1. Interview.....	29

2. Documentary .....	30
F. Data Analysis .....	31
1. Data Reduction .....	31
2. Data Display .....	32
3. Conclusion.....	32
CHAPTER IV .....	
FINDINGS AND DISCUSSION.....	33
A. Findings.....	33
1. What Are Strategies Done by the Teacher to Improve the Autonomous Learners in Learning English?.....	33
a. Study Group.....	34
b. Answer The Questions on The Blackboard.....	34
c. Tasks .....	34
d. Persuasive Communicative.....	35
a. Doing tasks .....	36
b. Persuasive communication. ....	36
2. How Do The Teachers Implement The Strategies in Improving The Autonomous Learners in Learning English? .....	37
a. Before The Corona Pandemic Occurred.....	37
b. During Corona Pandemic .....	40
B. Discussion .....	41
CHAPTER V.....	46
CLOSURE .....	46
A. Conclusion .....	46
B. Suggestions .....	47
REFERENCES.....	49
APPENDICES .....	51
(Appendix I : Transliteration) .....	51
(Appendix II : Gate Keeper Letter).....	52
(Appendix III : The Letter) .....	55
(Appendix IV : Transcript of Interview).....	56

(Appendix V : Lesson Plans) .....	64
(Appendix VI : Documentation) .....	99
(Appendix VII : The Consultation Notes).....	104
CURRICULUM VITAE .....	116