

**Research Article**

# Prenatal Education of Personal Human Development in Covid-19 Pandemic

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## ABSTRACT

The impression of pre-birth training of moms who have kids who retain the Qur'an is that the pre-birth instruction program is expected with the goal that youngsters become memorizers of the Qur'an, even the likely arrangements wanted for kids have all been done since the kid in the belly. Since, when the kid is in the belly when the soul has been blown, he had the option to be animated both as favors, perusing stanzas of the Qur'an, being watched, frequently tuned in to murattal of the Qur'an, and others. Other than all that, there are two infant nourishments in the belly, to be specific physical food and profound food. Physical food is halal and nutritious food which is eaten by the mother. While the youngster's otherworldly food is the act of love of a mother. The premise of pre-birth instruction and all strategies applied at the hafiz's house is that it begins the premise of the idea that the kid has a heavenly nature that Allah has made for him. The success of teaching and learning theory if it is associated with schools in education, several different formulations are known between one school and another school. According to nativism that a participant cannot be influenced by the environment, while according to the empiricism that the environment influences the learner. Furthermore, according to convergence that between the environment and the talents of students carried from birth influence each other.

**Keywords:** prenatal education, human development, learning, teaching, school

## INTRODUCTION

Most importantly training sought after by kids is in the family. The family, which comprises of the two guardians and different family members, will decide the phase of development and advancement of youngsters towards the fate of the great beyond. It is additionally in the family condition that youngsters are taught by the idea of parental comprehension. Whenever instructed exclusively with the material, at that point the kid will be quieted by the material. So whenever instructed with strict qualities and insight, and satisfactory materials support, at that point the instructive results of kids will be as per what yearned family, network and nation [1].

Therapists who prevailing with regards to planning the phases of improvement and development of kids through a few phases to adulthood that have been applied in numerous world social orders. In any case, the phases of improvement and development of the offspring of their discoveries both won't function admirably if

as guardians don't focus on instruction since in the mother's belly. This is prove by the gathering of other kid training specialists where the chance to actualize and get ready for good youngsters' instruction isn't after the kid is conceived, yet some time before birth in any event, during the quest for a mate who is guided in religion [2].

In pre-birth training to a great extent decides the example of youngster improvement. One investigation directed by present day researchers, that guardians who like music, at that point influence the aftereffects of the child they are conveying. Be that as it may, the consequences of the exploration went out to music is a strategy for teaching kids in the belly to animate the kid's mind, with the goal that youngsters become more clever. Be that as it may, not all guardians comprehend pre-birth instruction for their kids as per the way of life in the public arena. Actually, on the off chance that guardians think about instruction from the belly, at that point not a couple of guardians will overlook it, on the

grounds that pre-birth training is essential instruction and on the off chance that it will advance the phases of improvement of human kids entering the following stage [3].

Pre-birth instruction is training to show youngsters by implication that is still in the belly about insight, enthusiastic, otherworldly, and Immunity and the conduct of good guardians. The consequences of logical discoveries that guardians are not really having a high educated and sound, their kids will be destined to acquire whatever exists in guardians despite the fact that numerous hereditary speculations that state that the hereditary variables of guardians are exceptionally definitive of the nature and insight of youngsters later [4].

Along these lines, the phase of advancement and insight of a youngster can be begun from the embryo. Alluding to a few investigations, where the outcomes uncover that since the child in the belly would already be able to feel whatever the mother feels. Guardians who frequently do early incitement exercises, at that point the kid will have insight with the measure of 15% - 30%. At that point, guardians who have a propensity for steadily perusing or tuning in to the Qur'an will impact the insight of newborn children, both scholarly, passionate and otherworldly knowledge. The consequences of past examination on pre-birth training by giving positive qualities, it will influence the scholarly of youngsters when they are conceived. Scientists need to create research about the effect of kids' training given when the youngster is still in the belly by perusing and tuning in to the Qur'an. In any case, this exploration isn't just restricted to the effect of the propensities for guardians who like to peruse the Koran that influences the knowledge of youngsters, yet this investigation is to take a gander at guardians' methodologies in teaching kids from the belly so their kids become memorizer of the Koran [5].

Kids from various guardians in One of the regions have kids as memorizers of the Koran which are fruitful to such an extent that they have become a motivation for some guardians in different areas of Indonesia. It is accepted that the advancement of the quantity of early memorizers is firmly identified with the technique and specialized preparing of the hafiz family. Kids who can retain the Qur'an upwards of 144 Surah are kids who have phenomenal knowledge. Along these lines, analysts feel tested to look profoundly into the tips and procedures of guardians who have effective kids who are prepared to retain the Qur'an. Analysts additionally need to see more about the job of the guardians' model in instructing kids both from

the time of matching, marriage, pregnancy, after birth until they become huge memorizers of the Koran that gloat families and different Muslims [6].

### Stage of Personal Human Development

Sigmund Freud stressed that human personal life is basically a libido of sexuality. A person's personal formation occurs from birth to the age of 20 years. Freud argued for the six stages of human physiological development, which are as follows.

1. Oral stage (age of 0 to about 1 years old)  
In this stage, the baby's mouth is the main area of dynamic activity in human.
2. Anal phase (between ages of 1 to 3 years old).  
In this stage, individual impulses and movement activities focus more on the function of excretion.
3. Phallic stage (between ages of 3 to 5 years old)  
At this stage, the genital is an important area of interest in driving activities.
4. Latent stage (between the ages of 5 to 12-13 years old).  
In this stage, the drive for activity and growth tends to persist and rest meaning not increasing the speed of growth.
5. Puberty stage (between ages of 12-13 to 20 years old).  
In this stage, the active impulse returns, the endocrine gland grows rapidly and function to accelerate growth toward maturity.
6. Genital stage (after the ages of 20 and so on).  
At this stage, genital growth is an important impulse for someone's behavior.

Freud as a whole does not explain much about growth and development physiology, but in individual development, it leads more to the point of view of sexuality. Gesel and Amtruda state the sequential stages of human physiological development from the beginning of prenatal to the age of 5 years old as follows.

1. The conception stage (1 week after fertilization). In this stage, sperm enter the ovum and in the process of growth there is also the organization of germ cells.
2. Embryonic stage (between 1 week to 8 weeks). After the ovum is entered by the nerve of the mother, a nervous system growth occurs and the formation of preneural function occurs.
3. Fetal stage (2 months to 2,5 months). The formation of information and communication function with oral sensitivity occurs.

4. Fetal expansion stage (2,5 months to 3,5 months). In this stage, there is an expansion of the formation of vital function with the development of the nervous system and brain tissue.
5. The stage of reflexes development (3,5 months to 4 months), the reflex function begins to develop.
6. The stage of respiratory system development (4 months to 4,5 months), in this stage, the development of respiratory function in prenatal infant occurs.
7. The stage of hand function development (4,5 months to 5 months), the baby's hands and fingers begin to move.
8. The stage of neck function development (5 months to 6 months), in this stage, there is an acceleration of movement and reflexes in the neck.
9. The stage of autonomic function development (6 months until the baby is born). With the complete growth of baby's body material, in this stage the autonomy function develops with physiochemical control.
10. Birth stage (age 0 to 1 month), in this stage, the development of vegetative functions becomes very rapid.
11. The stage of vision function development (age of 1 month), the baby can begin to see objects in the natural surroundings, and this continues until the age of 4 months.
12. The head balance stage (between the ages of 4 months to 7 months), in this stage the head movement becomes more balanced.
13. The stage of hand function development (between the ages of 7 months to 10 months), in this stage the baby's hand movement is increasingly directed and stronger, so the baby can hold and catch something with the baby's hands.
14. The stage of muscle and limb function development (ages of 10 months to 1 year old), in this stage the child experiences gradual development in sitting and crawling.
15. The stage of foot function development (age of 1 to 1,5 years old), children begin to be able to stand and walk.
16. The stage of verbal function development (between ages of 1,5 to 2 years old), children begin to be able to imitate and say words and short statements.
17. The toilet development stage (between the ages of 2 to 3 years old), children begin to learn and defecate without the help of others.
18. The stage of speech function development (between the ages of 3 to 4 years old), children begin to speak clearly and meaningfully. Sentences spoken by children are getting better.
19. The mathematical learning stage (between the ages of 4 and 5 years old), children begin to learn simple mathematics such as mentioning numbers, counting sequences of numbers, and mastery of small numbers of objects.
20. Sociality stage (between ages of 5 to 7 years old)  
Children begin to learn to get along with their peers. In this age, children begin to follow kindergarten education.
21. Intellectual stage (between ages of 7 and 12 years old), in this stage, the children's memory, imagination and mind functions begin to develop. Children begin to be able to know something objectively. Children also begin to think critically.
22. The stage of puberty (between the ages of 12 and 17 years old), in this stage, the growth and development of endocrine gland function, especially the germ cell gland, greatly influences the development of human behavior.
23. The stage of physiological maturation (between the ages of 17 to 20 years old), in this stage the children's physical growth goes towards their physiological maturity. All physical functions develop into balance. The balance of physiological function allows the human personality to develop positively so humans are increasingly able to behave in accordance with social, moral, and intellectual demands.  
According to Jean Jacques Rousseau the development of the function and capacity of the human

**psyche takes place in five stages as follows.**

1. The stage of infancy development (from birth - 2 years old), in this stage, personal development is dominated by feeling [7]. Pleasure or unpleasant feelings over the baby, so every development of the baby's personal function and behavior is strongly influenced by his the baby's feeling. This feeling does not grow by itself, but develops as a result of the baby's reaction to environmental stimuli.
2. The stage of childhood development (2 to 12 years old), in this stage, the children's personal development begins with the development of the children's sensory function to make observation [8]. The development of this function strengthens the development of the observation function in children, it can even be said that the development of every

aspect of the children's psychology at this time is very dominated by their observation.

3. The stage of development during the preadolescent period (12 to 15 years old), in this stage, the development of intellectual reasoning function in children is very dominant. With the growth of the nervous system and the function of the mind, children begin to be critical in responding to an idea or knowledge from others. Intellectual strength is strong. The physical energy is strong, while the will is less hard, with the mind developing, children begin to learn to find goal and desire that are considered appropriate to get happiness.
4. The development during the period of adolescence (15-20 years old), in this development stage, the quality of human life is characterized by strong sexual urge. This situation makes people start to be attracted to other people of different sex. In addition, people begin to develop a definition of the life reality and begin to think about moral value behavior pattern. People also begin to learn to think about social interest and personal interest [9]. Due to the development of the dominant desire and emotion inside of the person at this time, people in this period often experience shock and tension in the soul.
5. Maturation period (after the age of 20 years old), in this stage, the development of the function of the will begins to be dominant. People began to be able to distinguish between three types of personal life goals, namely the satisfaction of personal desire, the satisfaction of group desire, and the satisfaction of people's desire. All of this will be realized by the individual by learning to rely on his/her will power. With people's will, people train themselves to choose desire to be realized in their action. The realization of each wish uses the reasoning function, so people in this developmental period begin to be able to carry out self-direction and self-control [10].

With this capability, humans grow to maturity to live independently and responsibly. At that time, humans began to be able to do self-control and self-direction.

According to Oswald Kroch, in general, there are two shocks during personal development, namely during the child's development:

1. At the ages of 3 or 4 years old, where the child starts to find "he or she";
2. Puberty age, where male starts at 12 or 13 years old, while female starts earlier than male, exactly at 10 or 11 years old.

The period of shock was called Trotzperiods by Oswald Kroch. The main stages of psychological

**personal development are as follows.**

1. Early childhood period, namely the development from birth until the first trotz.
2. School period, which is a period of development since after the second trotz period.
3. Maturity period which is after the second trotz until the end of adolescence.

From a number of opinions including those describing the physiological growth / development of the prenatal period, it can be stated that the stages of personal development are somewhat broader which include the stages:

1. Prenatal maturity (between 2,5 months - 9 months prenatal);
2. Vital development (from birth - 2 years old);
3. Stage of memory development (ages of 2-3 years old);
4. The stage of strength and imagination development (from the ages of 3-4 years old);
5. Stage of observation development (ages of 4-6 years old);
6. The stage of intellectual development (between the ages of 6/7 years old - 12/13 years old), this period of intellectual development includes the period of school preparation, and the period of children attending school (ages of 7 - 12 years old). Some personal characteristics of today's children are as follows: a) Critical and realistic; b) Are very curious and like learning; c) There is attention to things that are practical and concrete in everyday life; d) The interest has arisen in certain fields of study; e) Until the ages of 11 years old, children like to ask for help from adult in completing learning task; f) Crave a high number in report card without thinking about the level of learning achievement; g) After the ages of 11 years old, children begin to want to work alone in completing their learning task; h) Children like to form group and choose peers in play and learning; i) Pre-puberty (ages of 11/12 years old). Some personal characteristics of the child of the pre-puberty period include having a strong self-esteem, wanting to rule and become a champion, the behavior is often oriented to others, likes to compete, likes to be stylish but timid, and likes to play a big figure.
7. Preadolescent development stage (ages of 13-16 years old), the differences in the female nature and the male nature are as

follows. The negative female nature during preadolescence includes: easily anxious and confused, less like to work, easily irritated and angry, moody, less happy, limiting themselves from public relation, and aggressive towards others. Negative male natures during preadolescence include easily exhaust, laziness in moving / working, like sleeping and relaxing, having pessimism and low self-esteem, and feelings of being easily changed, happy, sad, confident and restless.

8. Stage of adolescent development (between the ages of 16-20 years old). In this stage, between male and female, there are striking and even conflicting differences. Some of the different characteristics are active and like to give, like to give active protection to imitate their idol, be attracted to things that are abstract and intellectual; and try to show themselves capable and prestigious.

Female adolescent has passive and receptive natures, like to get protection, passive but admire their idol, are attracted to things that are concrete and emotional, and try to obey and please others.

#### Seven Types of Teenagers

1. Intellectual type. They can control themselves, responsible, and have high awareness.
2. Calm type. They can control themselves, responsible, and have low awareness.
3. Contemplation type. They can be controlled, less responsible, and high awareness.
4. Devotee type. They difficult to be controlled, responsible, and low awareness.
5. Hesitation type. They can be controlled, less responsible, and low awareness.
6. Type of pedant. They difficult to be controlled, responsible, and low awareness.
7. Sensitive type. They difficult to control.

#### Prenatal Treatment and Family Role Models

Beginning from the direction of perfect partner choice, families who pine for hafiz imminent youngsters, at that point they have experienced a progression of conditions to pick a planned companion dependent on strict direction. Prerequisites incorporate, for instance, forthcoming companions being sought after who have high conventional instruction, for example, graduates, aces, and even some who have moved on from specialists, with the goal that it will consequently influence the tertiary training which will goodly affect their kids later. The good examples of guardians in setting up the hafiz age models and planning techniques. Their gathering additionally engaged, among others, on the phases of teaching youngsters to become fruitful members beginning from an arranged marriage

arranging, which is a push to pick a forthcoming taught accomplice who is adjusted among world and world after instruction. So the discoveries of this examination regarding finding a match are in accordance with some past investigations [11].

In like manner, pre-birth instruction gave by guardians because of examinations from the groups of hafiz youngsters. On normal they are not kidding guardians by cooperating with the Koran beginning with perusing, tuning in to readings from chronicles, and reciting hafiz in the mosque when the supplication time in assemblage. As a rule, guardians are more keen on reciting refrains of the Koran than different sounds during pregnancy for their planned hafiz infants while keeping up a solid way of life including keeping up a decent eating routine and obviously halal food and drink both the item and the manner in which the guardians get it in a way legitimate (al-'Azîz, n.d.) For this issue, safeguarding and halal food has additionally been clarified in the Koran surah Al-Mâidah/6: 88, so as to eat halal and great food (halal thayyiban) [12].

For exceptionally instructed guardians, taking a gander at pre-birth training is significant training as a major aspect of the underlying groundwork for the kid towards a vocation of remembering the quran. As indicated by them, youngsters who get a pre-birth instruction with strict reciting, after the kid is conceived, at that point the kid will look sound and passionate parity. The scientists accept this is a positive effect of the pre-birth instruction gave already. Nonetheless, not all guardians know this, so in the period of brilliant age kids, unseasoned parents give more consideration to their youngsters' instruction [13].

One significant component that the creators get from the groups of the hafiz that we have experienced is the everyday experience of guardians more dad figures for the continuation of good example training for planned family hafiz. They describe the job of guardians for instance the dedication, obligation and poise of fathers towards whatever they face in the family unit. Another good example they show is the manner in which fathers and moms make youngsters' learning arrangements including remembrance at home. The job of the dad in imparting the kid's trust in whatever is the assignment and exertion of learning and mingling the kid. Different ways that guardians show for instance the job of fathers in instructing youngsters to be dependable and fair individuals [14].

Alluding to the aftereffects of studies in the field of family instruction, an examination for instance, demonstrated that every family has an alternate

technique for training for the readiness of the youngsters' future instruction. Albeit every one of them has diverse future objectives for their youngsters, the good example of guardians is still significant. For instance, guardians center more around the good example factor for family achievement, being certain about the significance of the nearness of the good example that will be trailed by all relatives. Albeit every family's program is diverse to get kids until they are more established, everyone has contrasts. There are the individuals who need their kids to be effective in the fields of business, government employees and different occupations, without considering kids to prevail in this world and the great beyond, aside from just to a limited extent. This worldview is diverse as experienced by Fatimah Zahra and Saidah, who need their kids to retain the Qur'an. To accomplish its targets, different strategies are done by Fatimah Zahra and Saidah.

Run of the mill answers by guardians about retention strategies that they have applied are that there are a few models by each parent. In any case, in plot, it tends to be summed up, for instance, before beginning to retain, kids are acclimated with supplication and implore so their well meaning goals are simple for them. live it [15]. At the point when youngsters ask, they are guided by the petition of persistence in retention. At that point guardians regularly don't get exhausted of revising every repetition remembrance. Counting the utilization of musaf and techniques that are favored by youngsters just as most extreme remembrance targets. At long last, supplicate that you are in every case near God and do no off-base or sin.

There are a few different ways to turn into a fruitful hafiz, among others, through living as per strict guidelines in which there are numerous limitations that must be obeyed by hafiz families so their honorable goals are accomplished, for example, consistence with these disallowances so the heart and brain remember the Quran can be firm and not effortlessly disheartened when confronting difficulties.

From all the appropriate responses acquired while examining with hafiz family, the utilization of remuneration factor isn't ugly to imminent hafiz understudies. The experience of the guardians there is that regardless of how little their youngsters' learning results are constantly given endowments in numerous structures. Prize isn't just as material prize yet it tends to be a commendation and great words on each achievement of their kids. This is the thing that they have executed insofar as guardians sit their youngsters into hafiz and have been effective in

many race occasions both in the locales and in different regions [16].

The effect of retaining the Koran on understudies' scholarly accomplishment and giving awards from home and school organizations. They found an exceptionally enormous connection of remuneration endeavors to hafiz accomplishments and greatness in understudies' scholarly fields. So there is no uncertainty that the effect of remunerations made by hafiz guardians has been demonstrated by a few past examinations.

The instructors consistency factor exceptionally accommodating for hafiz understudies in doing their hafiz learning. Their gathering was very little not quite the same as the stunts and techniques for the hafiz guardians where this examination was completed. Consistency factors have had an exceptionally positive effect on youngsters' day by day hafiz realizing where when the learning procedure is tested and occupied by different issues during the learning battle to turn into a hafiz of the Koran.

## CONCLUSION

Educational theory according to convergence, it is said that convergence means meeting. The pioneer is William Stern, a German psychologist. This theory says that a person is born with good traits and bad traits. Talent and traits that are brought will not develop properly without an environment that is in accordance with the development of talent and traits. Thus, the understanding of this theory combines the inborn nature and environment that causes children to gain experience. William Stern explained his understanding of the importance of disposition, talent and environment with a parable of two lines leading to a meeting point. Therefore, the theory is known as convergence (centering one point). Mother is a compartment that can shading the kid's commonality. In the event that the mother is a devout lady, at that point she will shading the kid with a decent shading. Like her mom Imam Shafi'e from the belly has been playing the Koran to him. So Imam Shafi'e remembered the Qur'an 30 juz when he was 9 years of age.

Types of pre-birth instruction and different systems gave by moms who have youngsters who retain the Qur'an are recounting supplications when going to a couple, planning whenever given a kid serving for religion, eating halal food and thayyib, continually taking care of ask on schedule, don't miss qabliyah ba'diyah, tahajud petition, hajat supplication, duha petition, increase perusing Al-Qur'an, ask, don't get together to prattle/talk about vain things, don't

watch what isn't valuable, limit the longing not to ask the spouse when pregnant, attempt to be satisfied with the circumstance, request quality from God not to think contrarily, attempt to do different exercises, be tolerant when pregnant expectation with persistence the kid turns into an effective kid, and teach kids cheerfully heart.

The convergence comes from the word convergent, meaning it is going to a meeting point. This thought holds that individual development, both basic (talent, heredity) and environment, both play important roles. Talent as a possibility or disposition already exists in each individual, which then due to the influence of the environment in accordance with the needs for its development, then the possibility then becomes a reality. However, if talent without environmental influences is in accordance with the developmental needs, it is not enough, for example every normal human child has the talent to stand on his two feet, but this talent as a possibility will not become a reality, if the child does not live in human society environment.

The pioneer of the convergence is William Stern (1871-1939), a German education expert who believes that a child is born in the world with both good and bad traits. The children talent is not developing well without the support of an appropriate environment for the development of that talent. So, a child who has an intelligent brain which is not supported by educators who direct it, then the child's intelligence does not develop. This means that in the learning process, students still need the educator to get success in learning.

When the schools of education, namely nativism, empiricism and convergence, are associated with the theory of teaching and learning, it appears that (nativism-empiricism) have weaknesses. The weaknesses are that they are exclusive with extreme biased characteristics. The last (convergence) is generally widely accepted as an appropriate view in understanding the growth and development of a learner in his learning activities. However, there are variations in opinions about which factors are most important in determining the growth.

Al-Qur'an as a basic reference of Islamic education in explaining the theory of teaching and learning has provided concepts that there is a nativism, empiricism, and convergence school. In this case, the Qur'an emphasizes that the nature of a child (student) from birth is called fitrah, and this fitrah is the religious basis that everyone has. Fitrah according to the Qur'an in addition to being able to accept influences from within (heredity), it can also accept influences from outside (the environment). To develop this

nature, education is very important, the position of education in the family, school, and community is very important.

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