

STUDENTS' ANXIETY IN ENGLISH SPEAKING PERFORMANCE

By

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ANTASARI STATE ISLAMIC UNIVERSITY

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STUDENTS' ANXIETY IN ENGLISH SPEAKING PERFORMANCE

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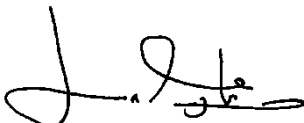
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STATEMENT OF AUTHENTICITY

I, the undersigned, Muhammad Imron Rosyadi, declare that this undergraduate thesis is my original work, gathered and utilized especially to fulfil the purposes and objectives of this study, and has not been previously submitted to any other university for any degree or other purposes. I also declare that publications cited in this work have been properly acknowledged. If someday, it is proven otherwise, I understand that my degree will be revoked.

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ABSTRACT

Muhammad Imron Rosyadi. 2021. *Students' Anxiety in English Speaking Performance.*

Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University.

Advisors: (I) Hj. Nur Laila Kadariyah, S.Ag., M.Pd (II) Sovia Rahmaniah, M.Pd

Keywords: Anxiety, speaking performance, strategy.

Speaking anxiety becomes a problem for all students, especially students majoring in English Education. Including psychological disorders, speaking anxiety can occur to anyone under certain conditions. Speech anxiety is often experienced by students when speaking in public or the classroom, especially when speaking in English. Students majoring in English who experience speaking anxiety are influenced by various factors, even though they have studied in speaking courses from the beginning of the lecture. Therefore, researchers are interested in knowing what causes student anxiety when speaking English and how student strategies to overcome speech anxiety.

This research applied quantitative descriptive methods. The population in this study was 131 of the seventh-semester students and the sample in this study was 33 students of the English Education Department in Antasari State Islamic University. The data were collected by using the questionnaires distributed to get data on the types of causes anxiety and how student strategies to overcome speech anxiety. In this study, researchers applied descriptive static analysis to analyze the results of the questionnaire that has been distributed.

The results of this study showed that as many as 54% of seventh-semester students majoring in English at Antasari Banjarmasin State Islamic University experienced speech anxiety caused by communication apprehension. The students who experience the type of anxiety from test anxiety as much as 52% and students also experience the type of anxiety fear of negative evaluation as much as 42%. This research also showed that to overcome anxiety when performing English speaking students who apply preparation strategy as much as 22.7%, relaxation 22.2%, positive thinking 22%, peer seeking 20.2%, and resignation 12.7%.

ABSTRAK

Muhammad Imron Rosyadi. 2021. *Students' Anxiety in English Speaking Performance*. Thesis. English Education Departement, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University.

Advisors: (I) Hj. Nur Laila Kadariyah, S.Ag., M.Pd (II) Sovia Rahmaniah, M.Pd

Keywords : Anxiety, speaking performance, strategy.

Kecemasan berbicara menjadi sebuah masalah bagi semua mahasiswa terutama pada mahasiswa jurusan bahasa Inggris. Termasuk kedalam gangguan psikologis kecemasan berbicara ini bisa terjadi kepada siapapun dalam kondisi tertentu. Kecemasan berbicara sering dialami mahasiswa ketika berbicara didepan umum atau di dalam kelas, terutama ketika sedang berbicara dalam bahasa Inggris. Para mahasiswa jurusan bahasa Inggris yang mengalami kecemasan berbicara dipengaruhi oleh berbagai faktor, walaupun sudah mempelajari pada mata kuliah speaking dari awal perkuliahan. Oleh karena itu, peneliti tertarik untuk mengetahui apa penyebab dari kecemasan mahasiswa saat berbicara bahasa Inggris dan bagaimana strategi mahasiswa mengatasi kecemasan berbicara.

Penelitian ini menggunakan metode deskriptif kuantitatif. Populasi dalam penelitian ini berjumlah 131 mahasiswa semester tujuh dan sampel dalam penelitian ini berjumlah 33 mahasiswa jurusan bahasa Inggris di Universitas Islam Negeri Antasari Banjarmasin. Data dikumpulkan dengan menggunakan angket yang disebar untuk mendapatkan data jenis penyebab kecemasan berbicara dan bagaimana strategi mahasiswa mengatasi kecemasan berbicara. dalam penelitian ini peneliti menerapkan deskriptif analisis statis untuk menganalisis hasil dari angket yang sudah di sebar.

Hasil dari penelitian menunjukkan bahwa sebanyak 54% mahasiswa semester ketujuh jurusan bahasa Inggris di Universitas Islam Negeri Antasari Banjarmasin mengalami kecemasan berbicara disebabkan oleh communication apprehension. Sedangkan untuk mahasiswa yang mengalami tipe kecemasan test anxiety sebanyak 52% dan sebanyak 42% mahasiswa juga mengalami jenis kecemasan fear of negative evaluation. Adapun Hasil dari penilitian ini juga menunjukkan bahwa mahasiswa yang menerapkan preparation strategy sebanyak 22,7%, relaxation 22,2%, positive thinking 22%, peer seeking 20,2%, dan resignation 12,7%.

MOTTO

“Think big, and act now”

“Life for tomorrow not yesterday”

“Sepiro gedening sengsoro yen tinompo amung dadi cobo”

DEDICATION

I dedicate this thesis for:

1. My God the Almighty who always besides me, listens to me and gives me the best thing ever.
2. My self, thank me for believing in me, thank me for doing all this hard work, thank me for having no days off, thank me for never quitting, thank me for always being a giver and trying to give more than I receive, thank me for trying to do more right than wrong, and i want to thank me for just being me all time.
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الحمد لله رب العلمين، والصلاة والسلام على أشرف الأنبياء والمرسلين سيدنا محمد وعاليه

وأصحابه أجمعين، اما بعد،

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Finally, the writer hopes that this research will be useful for the next researchers. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, 17 Juli 2021

M. Imron Rosyadi

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