### **CHAPTER IV**

# FINDINGS AND DISCUSSION

# A. Findings

In this study, the researcher attempt to submit the data as outcomes that held at Unit Pengembangan Bahasa Classes 6th group. There is a question that must be answered in this study: How is the students' self-confidence in speaking English in the classroom? The techniques used are observation and interview.

#### 1. Observation

The researcher observed the students self-confidence of 6th Group. The observation was conducted on April 2022. In the observation the researcher observed the classes during two meetings of 20 minutes. The researcher found the students' self-confidence in speaking English in the classroom. The following table shows the indicators self-confidence in speaking English in the classroom:

Table 1.1. indicators self-confidence in speaking English in the classroom

# **OBSERVATION CHECKLIST**

No	Indicators of Self confidence	YES	NO
1	Students Relaxed Body	- √	
2	Students belive in his competence		
3	Students confidence Body language		
4	Students Remain calm being critized	- √	
5	Students eyes blink more frequently		
6	Students speak unfluently and stuttered		
7	Students Hyperactivity		
8	Students assertiveness		$\checkmark$
9	Students attractive and open to others	√	
10	Students ambitious	√	

At the first meeting, the teacher entered the class and started learning with prayers. Then the teacher conveyed what he would teach today. The teacher said that today there would be a practice of speaking English. Then the teacher explained a little about present continuous tense and conjunction. After that the teacher then read the contents about present continuous tense and conjunction after it was followed by the students.

After doing this for 2 times, then the teacher asked some students about some of foreign students' vocabulary. There are those who know the meaning of the vocabulary asked by their teacher. Then the teacher explained the meaning of the vocabulary and some who did not know the meaning vocabulary asked by their teacher. And then the teacher explained about conjunction with examples sentences, after knowing the meaning about conjunction the students finally began to understand the contents of the conversation. After students understand and understand the contents of the conversation, then the teacher appoints 4 students to practice the contents of the conversation in front of the class. It was clear in my eyes as a researcher that some students were very enthusiastic in following the course of this speaking lesson, because they watched their friends come to the front of the class to have conversations that had been instructed by their teacher. As researcher see it, there were some of them who has begun to master the contents of the conversation and demonstrate their bodis according to what they were talking about. Students were so confidence to practice in front of the class and so appreciate the contents of the coversation. But there were some students who researchersaw are still shy and afraid to do a conversation in front of the class, but the researcher saw that the students were so

comfortable understanding and the flow of todays's coversation, what some of the students showed today was pretty and good espesially about the confidence to perform in front of the class. Students there some who were still hesitant and ashemed but the class shown that they are able to follow the course of the lesson well. As for the first meeting, academic self confidence greatly influences the course of learning because in the first meeting students listen more and understand about lesson they would learn. In this fisrt speaking lesson, academic self confidence is more dominant because the flow in this meeting is more understanding, but on other hand there was a direct practice which then correlates betweeen speaking and academic self confidence. At this meeting students were able to speak due to and are influenced by academic self confidence that made them understand the lesson and believe that what they understand can produce good speaking.

The second meeting was the last observation for the researcher to collect the data that the researcher wanted to find and wanted to discuss in my final projrct. In this second meeting the teachers prefers to see and witness students in the classroom. Here students are required to be more active in managing learning to be learned. They began to interact with each other using english because the lesson at second meeting was about english area, therefore students were also required to do everything related to learning to use english conversation. In this second meeting the researcher see the abilities of these students are divided into two categories including academic self confidence. the first category is characteristics of students with low confidence where the students who abilities in question are our own, having confidence suggest high level of self assurance and then The researcher took pointed out some characteristics of students with low self confidence which are : students do not enjoy learning english, lack of vocabulary, shyness, lack motivation and etch. The second categories is the charateristic of students with high confidence where the students who are inclined in factor in success educational as more students are facing bulllying and harasement, when the students a students loses students self esteem, they may lose motivation in learning,based on explanation before there are many factor of studentshigh self confidence but in that class not all students low confidence there are students with high self confidence which are use eye contact, enjoy the learning, ambitious, learned to communicate and etch.

Based on the observation, it can be that students confidence has increase with the holding of this course. There are students who are more likely to be friends with only one scope in speaking english, there are also students who are able to socialize using english, each of which has different lvel of belief. In achieving their desired goals.

#### 2. Interview

Interview is the second instrument that used by the researcher in conducting the data. There are 10 questions were asked to the students. The questions are done by interviewing directly to the students. This instrument is to support the observation data.

#### 1 Q: Do you enjoy at learning English?

A: There are 2 students answer they are always enjoy in learning English. 1 student said often enjoy in learning English. And 2 student said seldom enjoy in learning English.

# 2 Q: How prequenly do you speak English?

A: There are 1 students said always speaking English in classroom activities, 2 students often speaking in English, and 2 students seldom speaking in English.

# 3 Q: Do you use eye contact when speaking English?

A: When speaking English, there are 1 student said always use eye contact, 2 student often use eye contact, and 2 student often use eye contact.

#### 4 Q: Do you feel confident at speaking English?

**A:** There are 1 student said has always feel confidence at speaking English, 3 student seldom feel confidence, and 1 said never feel confidence when speaking English.

#### 5 Q: Do you feel afraid when speak in front of another students?

**A:** There are 1 students said seldom feel afraid, 1 student said often feel afraid, 2 students said always feel afraid, 1 student said never feel afraid.

# 6 **Q: Do you feel difficulty in speaking?**

**A:** There are 4 students said often feel difficulty when speaking English because lack of vocabulary. 1 students said never feel difficulty.

# 7 Q: Do you feel difficulty took some vocabulary in speaking English? A: There are 3 students feel difficulty took some vocabulary, 1 students said seldom, and 1 student said often feel difficulty took some vocabulary.

#### 8 Q: Do you afraid of making mistakes when speaking English?

**A:** There are 2 student said alyaws afraid in speaking English, 2 student said seldom, and 1 student said never because he often speak English.

# 9 Q: is lack of vocabulary a factor in lack of self-confidence in speaking English?

**A:** There are 4 students said the lack of vocabulary is the factor students' lack of confidence, 1 students said no because he always remember and write vocabulary in his notebook.

# 10 Q: is grammar a factor in lack of self-confidence in speaking English?A: There are 5 students said grammar is the factor why student feel difficulty in speaking English.

#### **B.** Discussion

1. The Characteristics of students with low self confidence

Craig (2007) stated that confidence is thus not simply a feeling that things will go well but also a judgement on our own or others's abilities. When the abilities in question are our own, having confidence suggest a high level of self assurance. Since confidence involves the belief that things will turn out well, confidence may sometimes be used interchangeably with optimism.

After collecting data from twenty students of Unit Pengembangan Bahasa 6 th group. The researcher took pointed out some characteristics of students with low self confidence which are :

1) Students do not enjoy learning english

The are two factors that make students do not enjoy in english learning the first factor comes from the english teacher and second factor comes from the students.

The factor comes from the teacher include the teacher delovering the material vocabulary used by the teacher is difficult to understand students and when teaching the mtehod used does not variation and tends to be monotonous teacher's closeness to students also affect the enjoyment of students in learning english. The factors that comes from students include the difficulty of studentspronouncing word by word english, according to some students said english is difficult language pronounce because the writing and pronounciation are very different unlike indonesian language when the pronounciation and the writing are same not only in pronounciation vocabulary also, one of factor comes from students not enjoy in english learning if students lack vocabulary it make students difficulty to understand the material explained by the english teacher and students also difficult to compuse sentences that they want to say and grammar become an important part of students learning english many of students always think about grammar before speaking english they are afraid the grammar they use are wrong.

2) Lack of vocabulary

Vocabulary is the basic that must be learn first by learners it will help the learner in learning english well, vocabulary is a stock of words which are at the disposal of sepaker writer, vocabulary also list or collection of words arranged in alphabetical order and explained a dictonary or lexion either of whole language, a single work or auther, a branch of science or wordbook and vocabulary is a core compenent of language profiency and provide much of basis for how well learners speak, listen, read and write, vocabulary refers to the words must understand to communicate effectively. Vocabulary has an important role. The more vocabulary we have it make easier for speaking english, understand other speak english or writing in english and the more easily can express our thoughts in english both verbally and in writing. Conversely, the less english vocabulary we have, the more difficult it will be for us to speak english, understand other people speech or writing in english and the more difficult it will be to express our thoughts in speaking english than vocabulary is one part in learning english speaking.

3) Lack of self confidence

Self confidence is the belief in one self and abilities, it describes an internal sate made up of what we think and feel about ourselves. This state is changeable according to the situation we are currently in and our responses to events going on around us, it is not unusual to feel quite confident in some circumstances and less confident in others, it is also influenced by past events and how remember recalling a former success has a very different outcome in terms of our confidence levels than thinking about an occasion when we failed.

Self confidence is a major issue in the field of learning a foreign language. Succesful students often have the quality confidence. Many factors that make students lack of self confidence as lack of vocabulary, fear of making mistakes and many others.

#### 4) The fear of making mistakes

From the research that has been done by researcher, the students fears make mistakes that students various kinds are afraid bad pronounciation, some students afraid of being wrong in terms of the grammar and there are some students who are afraid making mistakes in intonation when speaking english.

Students with low self confidence always thinking about what they say will be wrong such as from the pronounciation, use of grammar and lack of vocabulary is also a factor students fear of making mistakes in english speaking.

5) Shyness

The characteristics of children who have a shy attitude firstly students do not making eye contact when talking to another students, the students will try to avoid eye contact while speaking and usually the students will look a way and do not interact with eye contact.

Secondly, little and rarely speak usually shy students are more likely to be quite and rarely communicate or speak, usually when a students is answer a

questions they just answer yes or no if this shy sttitude is excessive then the students will only answer questions with a nod of his head or shake his head.

And the third the characters of students shyness is do not have a courageous attitude do not have courage to appear in public, students shyness will be akward and stage fright, what will happen to the students is could sweats, heart palpitations, trembling and nervous, so the students do not focus on what is done.

Shyness is one from the factors students with low self confidence when speaking in front of many other students shy students prefer to lower their eyes and not dare to use eye contact with another students in speaking english.

6) Lack of motivation

The term of motivation is usually related to human behavior motivation is such kind of internal drive that encourages somebody to do an action. If we purpose that is sufficiently attactive, will be strongly motivated to do whatever is neccessary to reach the goals.

The word "motive" is defined as efforts that encourage some one to do something. Motives can be said as a driver from within and in the subject to perform ceratin activities in order to achiev a goal. According to Tarigan (2008), motivation is the energy change in a person marked by the emergence of "feeling" and preceded with the response to their goal. Motivation is divided into two categories, they are intrinsic motivation and extrinsic motivation :

- Extrinsic motivation refers to a desire to get a reward and avoid a. punishment. It emphasizes external need to persuade the learner to take part in learning activity such as homework, grade, or doing something to please teachers. Both integrative and instrumental motivations are also grouped under the branch of the extrinsic motivation harmer. As extrinsic motivation is based on external outcomes such as rewards and ounishment. This motivation could bring a negative impact to the students because with extrinsic motivation students do not learn with their strong intention or will but they study it because they are pushed by the interest in the rewards or the punishment. When a students is learning because he is promised rewards or because he get rewards, he will highly motivated to come to classes and learn and achieve the goals that is set for him. But when these rewards are taken away or sometimes even if they do not see any punishment, the student will not be interest in coming to class and learn the language any longer.
- b. Intrinsic motivation refers to learning it self having its own reward.
   It means the learners are willingly and voluntarily not compulsorily try to learn what they think it is worth or important for them. When students have intrinsic motivation, they have

internal desir to learn and they do not have the need for external outcomes. In addition, intrinsic motivation pushes the students to learn without rewards, because the need is innate or come from inside or depends on their own will.

#### 2. The Characteristics of students with high self confidence

Students confidence is an important factor in succes educational as more students are facing bullying and harassment, confidence n school can suffer and when this occurs,grades often suffer building self confidence in students is one of the most impoortant steps educators and parents can take to ensure an athmosphere for learning, if a students is suffering from bulying,immediate steps must be taken to correct the situation and rebuild students self confidence, when a students lose student self esteem, they may lose motivation in learning,many self confidence activities for students can be use including those that are used in an individual as well as clasroom setting.

Based on explanation before there are many factor of students high self confidence but in that class not all students low confidence there are students with high self confidence wwhich are :

a. There are enjoy in learning and speak english

Students with high confidence usually they like english subject and the english teacher always teach students by variations methode they know how important english lesson and language learning cannot only rely on material but must be practiced using english.

#### b. Use eye contact

Usually making eye contact is difficult for some students buut for students with high confidence it is very easy because it is usual,this usually can be caused by availety of factors because of nervousness,do not dare look at other students when speaking.

Use eye contact is the most important way in even the most primitive communication, use eye contact it can make others find out the emotions that occur, understand not just to hear but also to listen students with high self confidence in speaking they always use eye contact when speaking they feel confidence and never feel nervous.

c. They are ambitious

Abitious is important because their determination is what will shape the future of students, ambition builds students and equips them to because extraordinary human beings because without the desire to succeed, it is absolutely imposible apart form parent, teacher, friends students do not have snyone to force them to do what they need maybe some students have thousands that they spend as motivation to get good grades there are some who have desire to live better that what was raised whatever may be the driving factor behind student ambition, all roads lead to one end and that is success. Students with high confidence they have high ambitious never give up and did not afraid to making mistakes in speaking english even thought they do not understand english grammar well and they always looking for vocabulary in the dictionary before speaking

d. They have learned commun

They know well how to be have intelligently how to ask,how to heed advice and so on. They want to be effective and they listen more they speak. Indeed students who have high confidence are more successful then others with students with low self confidence it is the responsibility of the teacher to help students who are low confidence to overcome their problems in order to they becom effective and successful students.