

APPENDICES

Appendix A

Transliteration

Transliteration	English translation	Indonesian Translation
Man salaka thoriqon yaltamisu fihi I'lman sahhallahu bihi thoriqon ilal jannah	“whoever walks in search of knowlwdge, Allah will make easy for him the way to heaven.”	“barang siapa yang berjalan untuk mencari ilmu, Allah akan memudahkan dirinya jalan menuju surga.”
Qoyyidul ‘ilma bil kitab	“Tie knowledge with books”	“Ikatlah ilmu dengan kitab”

Appendix B

Guidelines of the Research-Interview and Narrative Frame

1. Guide interview

A. **Type:**

1. (cognitive) When you face obstacles while preparing your thesis, do you become easily offended, feel inadequate, inferior, depressed, and sad?
2. (cognitive) Do you have trouble concentrating and making decisions while writing your thesis?
3. (somantic) Do you have physical issues like headaches, stiff neck muscles, diarrhea, or frequent urination?
4. (somantic) Did you have insomnia, nightmares, or other sleep disturbances while working on your thesis?
5. (avoidance) Did you do something you wanted to do before working on your thesis proposal?
6. (avoidance) Do you write at least one sentence per day for your thesis proposal?

B. **Cause:**

1. Do you make plans in advance or establish goals when composing a thesis proposal?
2. How challenging do you find it to seek or find information on your thesis proposal?

3. Do your parents or teachers put any pressure on you to finish your thesis proposal?
4. Do you find it challenging to paraphrase?
5. Aside from the thesis proposal, do you have any other assignments?
6. Do you frequently write?

C. Solution:

What solution did you take to deal with your anxiety?

2. Narrative frame

Narrative frame and narrative text are comparable. Narrative text and narrative frames can both be written. The past and current experiences of writing anxiety are also examined in this narrative frame. Additionally, this narrative frame offers a first phrase that links writing anxiety to blank boxes that participants must fill. The purpose of the opening statement is to make it easier for participants to write about their experiences. However, the purpose of the blank boxes is to encourage people to contribute more information at their discretion. Participants are allowed to write their narrative frames in Indonesian.

NARRATIVE FRAME

- (1) I am student of English education department. I started to write my draft of thesis proposal and the first anxious that I feel was.....
- (2) I got challenges, such as.....
- (3) When I tired of writing, I did.....

(4) I have activities outside of writing, such as.....

(5) I usually writing at.....

(6) To overcome those anxiety, I did.....

(7) However, when I did this solution, I experienced new anxiety, such

as.....

(8) To overcome that new anxiety, I did.....

Date : Tuesday, 7th March 2023

Time : 12.00. -12.30 WITA

Activity : Interview with student of English education department

Interviewee : Syahrin Rasid

Interviewer : Participant 1 (P1)

Location : UIN Antasri Banjarmasin

Type of anxiety

Interviewee:

“When you face obstacles while preparing your thesis, do you become easily offended, feel inadequate, inferior, depressed, and sad?”

Participant 1:

"While working on a thesis proposal, I often feel pressured, sad, and tired because of the pressure from the targets that must be achieved while compiling the thesis proposal and what must be done."

Interviewee:

” Do you have trouble concentrating and making decisions while writing your thesis?”

Participant 1:

“Having trouble concentrating or writing a thesis proposal because I personally am an indecisive person so things that make me confused always disturb my concentration (overthinking).”

Interviewee:

“Do you have physical issues like headaches, stiff neck muscles, diarrhea, or frequent urination?”

Participant 1:

“I only have a headache.”

Interviewee:

“Did you have insomnia, nightmares, or other sleep disturbances while working on your thesis?”

Participant 1:

“just a bad dream, if the insomnia has been a long time.”

Interviewee:

“Did you do something you wanted to do before working on your thesis proposal?”

Participant 1:

“Maybe it's more refreshing first, like drinking coffee or scrolling through social media.”

Interviewee:

“Do you write at least one sentence per day for your thesis proposal?”

Participant 1:

"At least the target per week is a few paragraphs, not per sentence."

Cause of anxiety**Interviewee:**

“Do you make plans in advance or establish goals when composing a thesis proposal?”

Participant 1:

“There is no plan, just flow. Maybe just following tips from ELT and academic writing lecturers.”

Interviewee:

“How challenging do you find it to seek or find information on your thesis proposal?”

Participant 1:

” I face challenges, such as the problem of managing time in doing work and consulting. Disruption of concentration in writing such as being sick, depressed and not focused because they are still actively using social media. Then it is difficult to determine the right methods and references that match the criteria that should be.”

Interviewee:

“Do your parents or teachers put any pressure on you to finish your thesis proposal?”

Participant 1:

“My parents often ask me when I have a proposal seminar.”

Interviewee:

“Do you find it challenging to paraphrase?”

Participant 1:

“I feel there is no problem in paraphrasing as long as I follow the tips from the lecturer and study it.”

Interviewee:

“Aside from the thesis proposal, do you have any other assignments?”

Participant 1:

“Currently none.”

Interviewee:

“Do you frequently write?”

Participant 1:

“In this month about 10-15 times opening files and typing thesis proposals. At least 1-2 sentences are typed in one time to type a thesis proposal.”

Solution to overcome anxiety**Interviewee:**

“What solution did you take to deal with your anxiety?”

Participant 1:

“First off from social media and focus on typing proposals, and often consult friends and lecturers.”

Date : Thursday, 9th March 2023

Time : 12.30.-13.00. WITA

Activity : Interview with student of English education department

Interviewee : Syahrin Rasid

Interviewer : Participant 1 (P1)

Location : UIN Antasri Banjarmasin

Type of anxiety

Interviewee:

“When you face obstacles while preparing your thesis, do you become easily offended, feel inadequate, inferior, depressed, and sad?”

Participant 2:

“When I was working on a thesis proposal, I felt something was missing. It feels like you are uninformed or don't know how to go about it. Need more research and information and because of this I also did not work on a thesis proposal.”

Interviewee:

” Do you have trouble concentrating and making decisions while writing your thesis?”

Participant 2:

“When I was working on a thesis proposal, I felt confused about how to do it, even when I checked the notes, I still felt confused and in the end, I didn't do it.”

Interviewee:

“Do you have physical issues like headaches, stiff neck muscles, diarrhea, or frequent urination?”

Participant 2:

“I just have a headache.”

Interviewee:

“Did you have insomnia, nightmares, or other sleep disturbances while working on your thesis?”

Participant 2:

“Not insomnia but short sleeper. Even if I'm disturbed while sleeping it's because of the new house”

Interviewee:

“Did you do something you wanted to do before working on your thesis proposal?”

Participant 2:

“There must be. Sometimes my parents told me to do one thing and another, so sometimes only one line or two lines were enough to work on a proposal.”

Interviewee:

“Do you write at least one sentence per day for your thesis proposal?”

Participant 2:

“No. So that my proposal remains coherent, at least per paragraph or per chapter in one sitting.”

Cause of anxiety**Interviewee:**

“Do you make plans in advance or establish goals when composing a thesis proposal?”

Participant 2:

“there must be a plan, but the details of the plan are lacking. I wanted to write this and that but there were no detailed steps that caused me to get confused myself.”

Interviewee:

“How challenging do you find it to seek or find information on your thesis proposal?”

Participant 2:

“Finding references is not difficult, but finding subjects or participants is difficult.”

Interviewee:

“Do your parents or teachers put any pressure on you to finish your thesis proposal?”

Participant 2:

“My parents only told me to hurry up so I wouldn't be too busy in the future and the lecturers also didn't put pressure on me. But the pressure came from the new regulation which required students to conduct a proposal seminar before participating in KKN.”

Interviewee:

“Do you find it challenging to paraphrase?”

Participant 2:

“I feel paraphrasing is quite easy to do, especially nowadays there are AI applications that help paraphrase.”

Interviewee:

“Aside from the thesis proposal, do you have any other assignments?”

Participant 2:

“There were many coursework that hindered me from working on a thesis proposal.”

Interviewee:

“Do you frequently write?”

Participant 2:

“I don't type thesis proposals too often because the laptop often has problems, such as when booting it takes 30 minutes.”

Solution to overcome anxiety**Interviewee:**

“What solution did you take to deal with your anxiety?”

Participant 2:

“the solution I did was to give enough free time to rest.”

NARRATIVE FRAME PARTICIPANT 1

I am student of English education department. I started to write my draft of thesis proposal and the first anxious that I feel was **(1)results that are not in accordance with the expectations of the supervisor so that they have to repeat again in writing a thesis proposal. Then I need quite a lot of time so that my thesis proposal meets the expectations of the supervisor.**

I got challenges, such as **(2) problems managing time in working on the thesis proposal and consulting the supervisor. Disruption of concentration in writing such as being sick, depressed and not focused because they are still actively using social media. Then it is difficult to determine the right methods and references that match the criteria that should be.** When I tired of writing, I did **(3)entertainment such as going out, drinking coffee and looking for a new atmosphere such as studying at a cafe or library.** I have activities outside of writing, such as **(4)preparing practice questions for comprehensive document requirements such as the TOEFL test with a target score of 500, learning general religious knowledge and others to prepare for taking a comprehensive exam.** I usually writing at **(5)my room is quiet and conducive at certain times such as evening, dawn and night.**

To overcome those anxiety, I did **(6)return consultations to friends or lecturers who are in charge of academic thesis writing courses. Move to a new place that is quieter and provides a pause for temporary rest.** However, when I

did this solution, I experienced new anxiety, such as **(7)not much time to finish my writing because I'm worried about using more rest time.** To overcome that new anxiety, I did **(8)setting an alarm to limit me to taking too long a break or tutoring some of my friends in working on or consulting a thesis proposal together at the time we have scheduled.**

NARRATIVE FRAME PARTICIPANT 2

I am student of English education department. I started to write my draft of thesis proposal and the first anxious that I feel was **(1)write my thesis proposal properly and correctly in order to meet the supervisor's expectations because my thesis proposal was rejected once.**

I got challenges, such as **(2) difficulties in finding references for my thesis proposal and the trouble in understanding the concepts of writing and terms in scientific writing.** When I tired of writing, I did **(3)take a short break while watching youtube videos and reading manga.** I have activities outside of writing, such as **(4)cooking, sweeping, and other household activities.** I usually writing **(5)at home on a laptop using Microsoft office.**

To overcome those anxiety, I did **(6)reviewed the terms again and did another search.** However, when I did this solution, I experienced new anxiety, such as **(7)search title and problem that I will research because I'm too focused.** To overcome that new anxiety, I did **(8)pre-observation to various places until I get the title of the problem for my thesis proposal.**

Appendix C




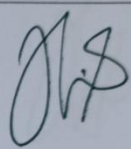
CONSULTATION NOTE



ADVISOR OF CONTENTS AND RESEARCH

METHODS NAME OF ADVISOR

Hidayah Nor, M.Pd

Date	Notes	SIGNATURE
Desember 13 th 2022	Perombakan Background of study; mengganti kalimat dan kata yang kurang tepat dan tambahan teori pada definition of key term.	
	Penambahan teori tentang thesis versi English education department pada bab 2.	

	Perbaikan pada format penulisan.	
	Question interview guide diletakkan pada lampiran	
Desember 27 th 2022	Perbaikan kalimat pada research question	
	Perbaikan kalimat pada objective of study	
	Menambahkan teori tentang definition of thesis proposal	
	Menambahkan penjelasan pada poin-poin tentang thesis versi English education department	
	Menambahkan technique of data collection narrative frame	
	Perbaikan kata dan kalimat yang kurang tepat.	
	Penggantian teknik analisis menjadi narrative inquiry.	

januari 10 th 2023	Perbaiki kalimat pada research question	
	Perbaiki pada narrative frame	
	Perbaiki untuk mengurangi persentase plagiasi	
Mei 25 th 2023	Ubah research question	
	Finding dijadikan per poin	
	Discussion dijadikan per poin	
	Conclusion dijadikan per poin	
	Tambahkan approval, appendix dll	

Appendix D

Official Letters



KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI ANTASARI
FAKULTAS TARBIYAH DAN KEGURUAN
PRODI TADRIS BAHASA INGGRIS
 Jalan Jenderal Ahmad Yani KM. 4,5 Banjarmasin Telepon (0511) 3253939 Faksimile (0511) 3274492
 Web: www.fk.iain-antasari.ac.id

SURAT KETERANGAN
 Nomor: B-138/Un.14/III.1.f/PP.00.9/02/2023

Yang bertanda tangan di bawah ini, menerangkan bahwa:

Nama : Syahrian Rasid
 N I M : 170102031022
 Jurusan/Prodi : Tadris Bahasa Inggris
 Alamat : Pemakuan Darat.

adalah benar telah melaksanakan Seminar Desain Operasional Skripsi yang berjudul:

**“ANXIETY FACED BY ENGLISH EDUCATION DEPARTMENT IN FINISHING
 DRAFT OF THESIS PROPOSAL”**

Pada Hari/Tanggal : Kamis, 01 Desember 2022
 Tempat : Ruang SAC

Demikian surat keterangan ini dibuat, untuk dipergunakan sebagaimana mestinya.

Banjarmasin, 24 Februari 2023
 Ketua,




Afifah Linda Sari



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS TARBIYAH DAN KEGURUAN**

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235
Telepon: (0511) 3262426; (0511) 6783136
E-mail: ftk@uin-antasari.ac.id Website: ftk.uin-antasari.ac.id

Nomor : B-~~CAI~~ /Un.14/III.1/PP.00.9/02/2023 28 Februari 2023
Sifat : Penting
Lampiran : 1 (Satu) Berkas
Hal : Mohon Izin Riset

Yth. Ketua Prodi Bahasa Inggris
Kota Banjarmasin

Assalamu'alaikum Wr.Wb

Sehubungan rencana penelitian yang akan dilaksanakan oleh mahasiswa (i) dalam rangka penyusunan skripsi, maka dengan ini kami mohon izin serta bantuan Bapak/Ibu agar kiranya berkenan memberikan informasi/data yang diperlukan oleh :

Nama : Syahrian Rasid
NIM : 170102031022
Program Studi : Tadris Bahasa Inggris
Fakultas : Tarbiyah dan Keguruan
Alamat : Jalan Martapura Lama, RT006/RW. Km 10, Gudang Hirang,
Kecamatan Sungai Tabuk, Kabupaten Banjar, Kalimantan Selatan
70653
No HP : 0815 21982753

Demikian surat keterangan ini kami sampaikan, atas perhatian dan perkenan Bapak/Ibu serta kerjasamanya yang baik kami ucapkan terimakasih.
Wassalamu'alaikum Wr.Wb

Wakil Dekan Bidang Akademik dan
Kelembagaan,

Ahmad Muradi

Tembusan :
Dekan Fakultas Tarbiyah dan Keguruan



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS TARBİYAH DAN KEGURUAN**

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235
Telepon: (0511) 3262426; (0511) 6783136
E-mail: ftk@uin-antasari.ac.id Website: ftk.uin-antasari.ac.id

SURAT RISET

Nomor : B-~~64~~4/Un.14/III.1/PP.00.9/02/2023

Yang bertanda tangan tangan Wakil Dekan Bidang Akademik dan Kelembagaan Fakultas Tarbiyah dan Keguruan UIN Antasari, dengan ini menugaskan kepada :

Nama : Syahrian Rasid
NIM : 170102031022
Semester : XII

Alamat : Jalan Martapura Lama, RT006/RW. Km 10, Gudang Hirang,
Kecamatan Sungai Tabuk, Kabupaten Banjar, Kalimantan Selatan
70653

Tugas : Melakukan Riset / Penelitian Ilmiah dalam rangka pengumpulan
data untuk penyusunan Skripsi sarjana dengan Judul :

**ANXIETY FACED BY ENGLISH EDUCATION DEPARTMENT IN FINISHING DRAFT OF
THESIS PROPOSAL**

Tempat Penelitian : UIN Antasari Banjarmasin
Lamanya Riset : 2 (Dua) Bulan
Dari Tanggal : 24 Februari 2023
Sampai Tanggal : 24 April 2023

Demikian surat Riset diberikan kepada ybs, agar pihak-pihak yang berkepentingan dapat memberikan bantuan seperlunya.

Banjarmasin, 28 Februari 2023

Wakil Dekan Bidang Akademik dan
Kelembagaan,

DR. Ahmad Muradi, M.Ag &
NIP 197808082005011006

Mahasiswa yang bersangkutan,

Syahrian Rasid
170102031022



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS TARBİYAH DAN KEGURUAN**

Jalan Jenderal Ahmad Yani Km. 4.5 Banjarmasin 70235
Telepon: (0511) 3262426; (0511) 6783136
E-mail: ftk@uin-antasari.ac.id Website: ftk.uin-antasari.ac.id

Nomor : B-644 /Un.14/III.1/PP.00.9/02/2023
Sifat : Penting
Lampiran : 1 (Satu) Berkas
Hal : Mohon Izin Riset

28 Februari 2023

Yth.
.....
.....

Assalamu'alaikum Wr.Wb

Sehubungan rencana penelitian yang akan dilaksanakan oleh mahasiswa (i) dalam rangka penyusunan skripsi, maka dengan ini kami mohon izin serta bantuan Bapak/Ibu agar kiranya berkenan memberikan informasi/data yang diperlukan oleh :

Nama : Syahrian Rasid
NIM : 170102031022
Program Studi : Tadris Bahasa Inggris
Fakultas : Tarbiyah dan Keguruan
Alamat : Jalan Martapura Lama, RT006/RW. Km 10, Gudang Hiran,
Kecamatan Sungai Tabuk, Kabupaten Banjar, Kalimantan Selatan
70653
No HP : 0815 21982753

Demikian surat keterangan ini kami sampaikan, atas perhatian dan perkenan Bapak/Ibu serta kerjasamanya yang baik kami ucapkan terimakasih.

Wassalamu'alaikum Wr.Wb



Wakil Dekan Bidang Akademik dan
Kelembagaan,

Ahmad Muradi
Ahmad Muradi

Tembusan :
Dekan Fakultas Tarbiyah dan Keguruan



**KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI ANTASARI
FAKULTAS TARBIYAH DAN KEGURUAN
PRODI TADRIS BAHASA INGGRIS**

Jalan Jenderal Ahmad Yani KM. 4,5 Banjarmasin Telepon (0511) 3253939 Faksimile (0511) 3274492
Web: www.ftk.iain-antasari.ac.id

SURAT KETERANGAN SELESAI RISET

Nomor: B-456/Un.14/III.1.f/PP.00.9/06/2023

Yang bertanda tangan di bawah ini, Ketua Jurusan Tadris Bahasa Inggris Fakultas Tarbiyah dan Keguruan UIN Antasari Banjarmasin menerangkan bahwa:

N a m a : Syahrin Rasid
NIM : 170102031022
Fakultas : Tarbiyah dan Keguruan
Jurusan : Tadris Bahasa Inggris

adalah benar yang bersangkutan telah selesai melakukan penelitian/riset penyusunan skripsi pada Jurusan TBI sejak (24 Februari 2023 – 24 April 2023) dengan judul:

**“WIRING ANXIETY FACED BY ENGLISH EDUCATION DEPARTMENT IN
FINISHING DRAFT OF THESIS PROPOSAL”**

Demikian agar diketahui dan dapat dipergunakan sebagaimana mestinya.

Banjarmasin, 08 Juni 2023
Ketua Prodi,



Afifah Linda Sari

CURRICULUM VITAE

I. Personal Details

Name : Syahrian Rasid
Place and Date of Birth : Handil Buluan, November 11th 1998
Gender : Male
Marital Status : Single
Religion : Islam
Nationality : Indonesia
Parents : Taufik Birhasani and Normidawati
Siblings : Sya'dah Hariani

II. Formal Educational Background

2004 : Kasih Ibu kindergarten
2005 : State Elementary School 3 Gudang Hirang
2011 : State Junior high school 2 Sungai Tabuk
2014 : State Islamic Senior High School 1 Sungai Tabuk
2017 - 2023 : English Education Department of Antasari State
Islamic University Banjarmasin

III. Organization Experience

2017– 2020 : Member of Antasari Cendikia