

**WRITING ANXIETY FACED BY ENGLISH EDUCATION
DEPARTMENT IN FINISHING DRAFT OF THESIS
PROPOSAL**

THESIS

**By
SYAHRIAN RASID**



**ANTASARI STATE ISLAMIC UNIVERSITY
BANJARMASIN
2023 A.D/1444 A.H**

**WRITING ANXIETY FACED BY ENGLISH EDUCATION
DEPARTMENT IN FINISHING DRAFT OF THESIS PROPOSAL**

An Undergraduate Thesis

Presented to Faculty of Tarbiyah and Teacher Training
In partial fulfilment of requirements for the degree of
Sarjana Pendidikan

By
Syahrian Rasid
SRN. 170102031022

**ANTASARI STATE ISLAMIC UNIVERSITY
FACULTY OF TARBIYAH AND TEACHER TRAINING
ENGLISH EDUCATION STUDY PROGRAM
BANJARMASIN
2023 A.D/1444 A.H**

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The Writer,



Syahrian Rasid



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FAKULTAS TARBIYAH DAN KEGURUAN
PRODI TADRIS BAHASA INGGRIS**

Jalan Jenderal Ahmad Yani KM. 4,5 Banjarmasin Telepon (0511) 3253939 Faksimile (0511) 3274492
Web: www.ftk.iain-antasari.ac.id

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Nama : Syahrin Rasid
NIM : 170102031022
Program : S-1
Program Studi : Tadris Bahasa Inggris

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Title : Writing Anxiety Faced by English Education
Department in Finishing Draft of Thesis Proposal

Name : Syahrian Rasid

SRN : 170102031022

Faculty : Tarbiyah and Teacher Training

Program : Undergraduate Study (S-1)

Department : English Education Department

Academic Year : 2022/2023

Place/Date of Birth : Handil Buluan, 11 November 1998

Address : Jalan Martapura Lama, Kec. Sungai Tabuk, Kab. Banjar

After being checked and revised, the thesis has been approved to be examined in front of the board of Examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

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Advisor,

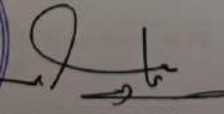


Hidayah Nor, M.Pd

NUP. 201701017

Acknowledged by
Head of English Education Department
Faculty of Tarbiyah and Teacher Training
UIN Antasari Banjarmasin,




Arief Linda Sari, S.S., M.Pd
NIP. 198711102015032004

VALIDATION

Title: Writing Anxiety Faced by English Education Department in Finishing Draft of Thesis Proposal.

Name: Syahrian Rasid. SRN: 170102031022 has been examined by the board of thesis examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

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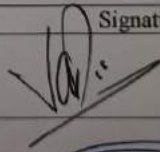

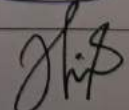
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Dean Faculty of Tarbiyah and Teacher Training
UIN Antasari Banjarmasin



Dr. H. Hamdan, M.Pd
NIP. 196604051993031005

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ABSTRACT

Syahrian Rasid. 170102031022. *Writing Anxiety Faced by English Education Department in Finishing Draft of Thesis Proposal.* Thesis. English Education Study Program, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University.
Advisors: Hidayah Nor, M.Pd

Keywords: Anxiety, Solution, Thesis Proposal

Before students write a thesis, they must first write a thesis proposal. Unlike the thesis which consists of five chapters, the thesis proposal only consists of three chapters, namely research background, theory, and methodology. But in the process of writing a thesis proposal, students sometimes experience problems such as anxiety. There are various possible reasons why anxiety can occur in students who are writing a thesis proposal.

This study aims to analyze the anxiety experienced by participants in the English Education Department. The aims of this study were (1) to explore the types of writing anxiety faced by students in completing draft thesis proposals, (2) to describe the causes of writing anxiety faced by students in completing draft thesis proposals, (3) to find out possible solutions that students did in complete the draft thesis proposal. Researchers use Narrative Inquiry as a research design. Researchers collect data by interviews and narrative framework. The collected data were analyzed using narrative analysis.

The results showed that the participants experienced two types of anxiety, namely cognitive anxiety and somantic anxiety. various causes of anxiety experienced by participants such as lack of experience or insufficient writing practice, lack of topical knowledge, pressure for perfect work, time pressure, high frequency of assignments, insufficient writing technique, and low self confidence. Various solutions were also carried out by the participants to reduce the anxiety they experienced such as preparation, relaxation, peer-seeking and take a pause.

ABSTRAK

Syahrian Rasid. 170102031022. *Writing Anxiety Faced by English Education Department in Finishing Draft of Thesis Proposal*. Skripsi. Program Study Tadris Bahasa Inggris Fakultas Tarbiyah dan Keguruan UIN Antasari Banjarmasin.
Pembimbing: Hidayah Nor, M.Pd

Kata Kunci: kecemasan, solusi, proposal skripsi

Sebelum mahasiswa menulis skripsi, mereka harus menulis proposal skripsi terlebih dahulu. Berbeda dengan skripsi yang terdiri dari lima bab, proposal skripsi hanya terdiri dari tiga bab, yaitu latar belakang penelitian, teori, dan metodologi. Namun dalam proses penulisan proposal skripsi, mahasiswa terkadang mengalami masalah seperti kecemasan. Ada berbagai kemungkinan alasan mengapa kecemasan bisa terjadi pada mahasiswa yang sedang menulis proposal skripsi.

Penelitian ini bertujuan untuk menganalisa kecemasan yang dialami oleh partisipan di English Education Department. Tujuan dari penelitian ini adalah (1) menggali jenis-jenis kecemasan menulis yang dihadapi mahasiswa dalam menyelesaikan draf proposal skripsi, (2) mendeskripsikan penyebab kecemasan menulis yang dihadapi mahasiswa dalam menyelesaikan draf proposal skripsi, (3) untuk mengetahui kemungkinan solusi yang dilakukan mahasiswa dalam menyelesaikan draf proposal skripsi. Peneliti menggunakan *Narrative Inquiry* sebagai desain penelitian. Peneliti mengumpulkan data dengan wawancara dan *narrative frame*. Data yang terkumpul di analisis dengan menggunakan analisis naratif.

Hasilnya menunjukkan bahwa partisipan mengalami dua tipe kecemasan, yaitu *cognitive anxiety* dan *somatic anxiety*. Berbagai penyebab kecemasan dialami oleh partisipan seperti *Lack of experience or insufficient writing practice*, *Lack of topical knowledge*, *Pressure for perfect work*, *Time pressure*, *High frequency of assignments*, *Insufficient writing technique*, and *Low self confidence*. Berbagai solusi juga dilakukan oleh partisipan untuk mengurangi anxiety yang mereka alami seperti *preparation*, *relaxation*, *peer-seeking* and *take a pause*.

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Finally, the writer hopes that this research will be useful for the next researchers. The researcher admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

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Syahrian Rasid

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