

## **CHAPTER I**

### **INTRODUCTION**

#### **A. Background of Study**

As someone who uses English as a Foreign Language (EFL) and lives in Indonesia, English is not common in EFL countries. Unlike countries where English as a second language (ESL) is easy to speak. People need self-assessment to move forward in the language learning process. Still, learning another language for students, even ESL students, requires reevaluation of themselves and can cause anxiety.

The first step in creating a thesis is to develop a thesis proposal. The introduction section ought to come first in the document. The introduction, which is the first section, is crucial because it contains all the specifications that specify what a researcher will perform during research and what she or he will generate (Harahap, 2022).

Before students can start writing a research paper or dissertation, they must first prepare a research or dissertation proposal. According to Nasution (2009), the purpose of research and paper proposals is to determine the efficiency of time, money and effort. Otherwise, the thesis proposal will literally be rejected. Students conducting research activities are required to create a research design prior to conducting research activities in order to facilitate research (Nasution, 2009).

Many students experience anxiety when writing their thesis proposals because they feel misinformed, under deadline pressure, and with teachers placing extra emphasis on the quality of their work. Students also felt pressure from their parent that want to clear thesis proposal as fast as possible. It is important for students to understand and learn how to develop a strong thesis proposal since it will help them do research effectively and with fewer errors (hanh, 2020).

What the author (student or researcher) wants to do in the research and how they plan to do it are the two things that at the very least the researcher must explain to the readers in the thesis proposal. Readers must be able to trust the thesis proposal and it must be written properly. The writer (students or researcher) must be able to do his or her research in addition to the readers being confident in the validity of the author's claims (Karjono, 2020).

Writing a thesis proposal is a difficult procedure that involves many different components in an academic or educational setting. Also before student write thesis proposal, they have to pre-observation first to identify the problem. Therefore, in order to create a strong and credible thesis proposal through analysis, the researcher must learn about the complex aspects from the introduction to the data analysis sections trustworthy journal articles (Arifani, 2016).

Writing is a crucial ability for academic or educational achievement. Because writing is significant, English education department students are

required to present their theses. Before enrolling in the following class, which is writing proposal class, students must pass prerequisite writing classes. However, students had unwittingly gained expertise with thesis proposal writing in various writing classes from the previous semester, such as academic writing and paragraph writing. The students must enroll in the proposal writing course since, after six semesters, they must learn more about writing a thesis proposal. However, this does not imply that they are proficient in proposal writing.

According to my preliminary observations of the English education department, many students are anxious about writing their thesis proposals. The concern stems from the fact that their project received a bad grade in an academic setting. Then student got confused to determine new thesis topic for their proposal.

Students who were learning about language were put in situations that tested their ability to talk in a foreign tongue. This activity raises anxiety levels in the students. The researcher is interested in learning more about how people manage unseen emotions like stress and worry.

As a result of the foregoing explanation, the researcher would attempt to research different challenges from the above study. This study sought to examine the stress that students experienced when preparing research proposals with a focus on their constituent parts. The researchers will then attempt to determine not only the causes of students' anxiety when submitting research proposals but also potential remedies for it.

This campus maintains Islamic values and insights from the study of Islamic studies that made it different from other institutions or universities in South Kalimantan. Students can conduct a lot of research anything related to the studied of Islam is likely to contribute some new progress, enlightenment, and the researcher chose UIN Antasari Banjarmasin because the students got a lot of experience and insight about the study of Islamic studies there. Students didn't have to go far from UIN Antasari Banjarmasin to study off-campus or conduct their research, saving them money. Second, the researcher herself believes that learning to write is challenging. Since the first semester, the researcher has felt that learning to write is still difficult. Third, many students who study English claimed to be still unsure of their objectives and the components that had to be present in their research proposal.

Prophet Muhammad SAW said in HR. Muslim, no.2699:

وَمَنْ سَلَكَ طَرِيقًا يَلْتَمِسُ فِيهِ عِلْمًا سَهَّلَ اللَّهُ لَهُ بِهِ طَرِيقًا إِلَى الْجَنَّةِ

We can infer from the aforementioned hadith that Muslims place a high importance on learning. Writing a thesis proposal is a part of the learning process. When we hunt for references, we also pick up new information from the references we find online or in books. Furthermore, we should not be hesitant to try new activities because Allah will ease our way if they result in goodness.

And based on the background described above, the researcher is interested in investigating this research entitled “Writing Anxiety Faced by English Education Department in Finishing Draft of Thesis Proposal”.

## B. Definition of key Term

### 1. Anxiety

According to Wahyuni and umam (2017), anxiety is a state of being excessively anxious and suspicious and is associated with linguistic abilities like speaking, listening, writing, and learning. In this study, anxiety is defined as a sensation of paranoia and excessive thinking when producing a thesis proposal draft, which slows down the writing process.

### 2. Solution

The solutions deal with issues that teachers and students have with online learning, including connection issues, software and hardware issues, and cost concerns. An act of anxiousness in producing a draft of the thesis proposal is the research's solution in order to finish it as soon as possible.

### 3. Thesis Proposal

A thesis proposal is a document that includes information about the thesis topic, including the background of the study, a definition of a key term, the research question, the objective of the study, its significance, a theoretical description, earlier research, the research design, the

research setting, the participants, the data, the method of data collection, and the method of data analysis.

C. Research Question

1. What types of anxiety faced by students in finishing draft of thesis proposal?
2. What causes of anxiety faced by students in finishing draft of thesis proposal?
3. What are the possible solutions that applied by students in writing thesis proposal draft?

D. Objective of Study

1. To explore types of writing anxiety faced by students in finishing draft of thesis proposal.
2. To describe the causes of writing anxiety faced by students in finishing draft of thesis proposal.
3. To find out possible solutions that students did in finishing draft of thesis proposal.

E. Significance of study

1. The researcher theorizes that this study will contribute to our understanding of how to deal with anxiety and write thesis proposals with ease. For students who are still having trouble with their thesis idea, this study is really helpful.

2. The researcher anticipates that other students who want to write thesis proposal will be able to use the information from this study practically. Future researchers who wish to conduct the same case study are anticipated to find this study beneficial as a source of further information and as a guide.