

**ANALYZING STUDENTS' GLOSSOPHOBIA IN ENGLISH  
DEBATE TRAINING**

**By  
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**ANTASARI STATE ISLAMIC UNIVERSITY  
BANJARMASIN  
2023 A.D/1444 A.H**

**ANALYZING STUDENTS' GLOSSOPHOBIA IN ENGLISH DEBATE  
TRAINING**

**Undergraduate Thesis**

Presented to Faculty of Tarbiyah and Teacher Training  
in partial fulfillment of the requirements for the degree of  
*Sarjana Pendidikan*

by  
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Banjarmasin, June 19<sup>th</sup> 2023

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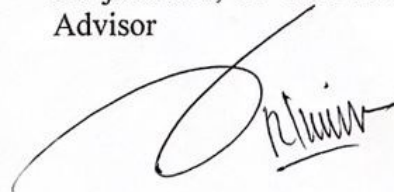
  
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## ABSTRACT

**Ria Aditya Mayangsari.** 2023. Analyzing Students' Glossophobia in English Debate Training. Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisor: Dra. Andi Irlina, M. Hum

**Keywords:** Qualitative, Students' Glossophobia, English Debate Training

In the process of English debate training, it is essential for students on mastering speaking skills in order to deliver their opinions. It means that when students join English conversation in the English debate training, they must be able to speak a second language. The English debate training at SMAN 1 Kelumpang Hilir is a new extracurricular activity so the students learn a lot in the process of English debate training so they have to struggle with glossophobia.

This is a case study research utilizing a qualitative approach. The collection of data was carried out by using observation and interview methods. There were 11 English debate training students at SMAN 1 Kelumpang Hilir that were sampled. The data were analyzed using Miles and Huberman's theory that consist with the three main steps are data display, data reduction, conclusion drawing and verification.

The research results showed that English debate students had physical and psychological symptoms of a glossophobic. The feelings of trembling, stuttering, heart rhythm increase, nervousness, sweating frequently, cool hands, dizziness, and nausea are the physical symptoms that students experienced. Meanwhile, the psychological symptoms they experience are embarrassment, anxiety, and avoidance. In addition, traumatic and self-negative thinking such as the afraid of making mistakes and receiving negative responses from the audience while speaking English is a factor that caused students to have a glossophobia.

## ABSTRAK

**Ria Aditya Mayangsari.** 2023. Analisis Siswa Glossophobia pada Pelatihan Debat Bahasa Inggris. Skripsi. Pendidikan Bahasa Inggris, Fakultas Tarbiyah dan Keguruan. UIN Antasari Banjarmasin. Pembimbing: Dra. Andi Irlina, M. Hum  
**Kata Kunci:** Kualitatif, Siswa Glossophobia, Debat Bahasa Inggris

Dalam proses pelatihan debat bahasa Inggris, sangat penting bagi siswa untuk menguasai kemampuan berbicara agar dapat mengekspresikan pendapat mereka. Artinya, ketika siswa berpartisipasi dalam percakapan bahasa Inggris dalam pelatihan debat bahasa Inggris, mereka harus mampu berbicara dalam bahasa kedua. Pelatihan debat bahasa Inggris di SMAN 1 Kelumpang Hilir merupakan kegiatan ekstrakurikuler yang baru sehingga para siswa belajar banyak dalam proses pelatihan debat bahasa Inggris sehingga mereka harus berjuang melawan glossophobia.

Penelitian ini merupakan penelitian studi kasus dengan menggunakan pendekatan kualitatif. Pengumpulan data dilakukan dengan menggunakan metode observasi dan wawancara. Terdapat 11 siswa yang mengikuti pelatihan debat bahasa Inggris di SMAN 1 Kelumpang Hilir yang dijadikan sampel. Data dianalisis menggunakan teori Miles dan Huberman yang terdiri dari tiga langkah utama yaitu display data, reduksi data, penarikan kesimpulan dan verifikasi.

Hasil penelitian menunjukkan bahwa mahasiswa debat bahasa Inggris memiliki gejala fisik dan psikologis glossophobia. Perasaan gemetar, gagap, detak jantung meningkat, gugup, sering berkeringat, tangan terasa dingin, pusing, dan mual merupakan gejala fisik yang dialami para mahasiswa. Sementara itu, gejala psikologis yang mereka alami adalah rasa malu, cemas, dan menghindar. Selain itu, trauma dan pemikiran negatif terhadap diri sendiri seperti takut melakukan kesalahan dan menerima respon negatif dari audiens ketika berbicara bahasa Inggris menjadi faktor yang menyebabkan mahasiswa memiliki glossophobia.



## ACKNOWLEDGMENT

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، وَالصَّلَاةُ وَالسَّلَامُ أَشْرَفَ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَى آلِهِ  
وَأَصْحَابِهِ أَجْمَعِينَ. أَمَّا بَعْدُ

Praise to Allah the almighty praise to Allah the Almighty who has been giving me guidance till the writer finished this thesis entitle “Analyzing Students’ Glossophobia in English Debate Training”. Peace and salutation always be upon Prophet Muhammad P.B.U.H and all his friends who struggle for Allah. The writer likes to express appreciation and gratitude to:

1. Dr. H. Hamdan, M.Pd, as the Dean of Faculty Tarbiyah and Teacher Training of Antasari State Islamic University and all his staff for their help in the Administrative matters.
2. Afifah Linda Sari, M.Pd as the Head of English Education Department and Hidayah Nor, M.Pd, as the Secretary of English Education Department for the assistance and motivation.
3. My academic advisor, Nani Hizriani, M.A, for the guidance and encouragement.
4. My thesis advisor, Dra. Andi Irlina, M.Hum, for the advice, helps, suggestion, and correction.
5. All lecturers and assistants in Faculty of Tarbiyah and Teachers Training for the priceless knowledge.
6. English Department and Central library of Antasari State Islamic University for the supporting books I borrowed.

7. Sukeranadi, S.Pd, M.M, as the Headmaster of SMAN 1 Kelumpang Hilir, who has given permission to conduct research.
8. All participants who are willing to provide information and data in this study.

Finally, the writer hopes that this research will be useful for the next researchers. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Dzulqa'dah, 29 1444 A.H  
June, 19<sup>th</sup> 2023 A.D

Ria Aditya Mayangsari

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