

DAFTAR PUSTAKA

- Aguayo, Raimundo, Gustavo R. Cañadas, Latifa Assbaa-Kaddouri, Guillermo A. Cañadas-De la Fuente, Lucía Ramírez-Baena, dan Elena Ortega-Campos. "A risk profile of sociodemographic factors in the onset of academic burnout syndrome in a sample of university students." *International journal of environmental research and public health* 16, no. 5 (2019): 707. <https://doi.org/10.3390/ijerph16050707>.
- Al-Qurthubi, Syaikh Imam. Tafsir Al-Qurthubi. Jakarta: Pustaka Azzam, 2009.
- Amelasasih, Prianggi, Surya Aditama, dan M. Rafli Wijaya. "Resiliensi akademik dan subjective well-being pada mahasiswa." In *Proceeding National Conference Psikologi UMG 2018*, vol. 1, no. 1, pp. 161-167. 2019. <http://journal.umg.ac.id/index.php/proceeding/article/view/917>.
- Annur, Fikri, dan Ach Maulidi. "Pembelajaran Tatap Muka di Tengah Pandemi Covid-19." *Maharot: Journal of Islamic Education* 5, no. 1 (2021): 19-42. <http://dx.doi.org/10.28944/maharot.v5i1.264>.
- Anshori, Muslich dan Sri Iswati, *Metodologi Penelitian Kuantitatif, Cet I*. Pusat penerbitan dan percetakan UNAIR (AUP), 2019.
- Arlinkasari, Fitri, dan Sari Zakiah Akmal. "Hubungan antara school engagement, academic self-efficacy dan academic burnout pada mahasiswa." *Humanitas (Jurnal Psikologi)* 1, no. 2 (2017): 81-102. <https://doi.org/10.28932/humanitas.v1i2.418>.
- Association, American Psychiatric. *Diagnostic and Statistical Manual of Mental Disorders Fourth Edition, DSM V*. American Psychiatric Association, 2013.
- Azwar, Saifuddin. *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar, 2017.
- Banjarmasin, UIN Antasari. "Pemberitahuan Pembelajaran Tatap Muka (PTM) Semester Genap 2021/2022" <https://pasca.uin-antasari.ac.id/2022/01/pemberitahuan-pembelajaran-tatap-muka-ptm-semester-genap-2021-2022/>. diakses pada 11-Mei-2022.
- Banjarmasin, UIN Antasari. "Sejarah Jurusan Psikologi Islam" pada web <https://pi.uin-antasari.ac.id/sejarah/>. diakses pada 21 September 2022.

- Bungin, Burhan. *Metode Penelitian Kuantitatif: Komunikasi, Ekonomi, dan Kebijakan Publik Serta Ilmu-Ilmu Sosial Lainnya*, 2011.
- Cassidy, Simon. "The Academic Resilience Scale (ARS-30): A new multidimensional construct measure." *Frontiers in psychology* 7 (2016): 1787. <https://doi.org/10.3389/fpsyg.2016.01787>.
- Cecil, Jo, Calum McHale, Jo Hart, dan Anita Laidlaw. "Behaviour and burnout in medical students." *Medical education online* 19, no. 1 (2014): 209. <https://doi.org/10.3402/meo.v19.25209>.
- Covid, Komisi Penanganan. "Situasi virus Covid-19 di Indonesia", <https://covid19.go.id/>, diakses pada 24-April-2022.
- David, Adonis. "Examining the relationship of personality and burnout in college students: The role of academic motivation." *Educational measurement and evaluation review* 1 (2010): 90-104. <https://ssrn.com/abstract=2509164>.
- Dayanti, Isma. "Pengaruh hardiness, dukungan sosial dan faktor demografi terhadap academic burnout pada mahasiswa Fakultas Kedokteran UIN Syarif Hidayatullah Jakarta." Bachelor's thesis, Fakultas Psikologi UIN Syarif Hidayatullah Jakarta, 2019.
- Dewi, Ni Luh Putu Thrisna, dan Ni Made Nopita Wati, *Penerapan Metode Gayatri Mantra dan Emotional Freedom Technique (GEFT) pada Aspek Psikologis*. Pasuruan: Penerbit Qiara Media, 2021.
- Duli, Nikolaus. *Metode Penelitian Kuantitatif: Beberapa Konsep Dasar untuk Penulisan Skripsi & Analisis Data dengan SPSS*, Cetakan Pertama. Yogyakarta: Deepublish, 2019.
- Eells, Gregory T. "Hyper-achievement, perfection, and college student resilience." *Journal of College and Character* 18, no. 2 (2017): 77-82. <https://doi.org/10.1080/2194587X.2017.1300096>.
- Fahmi, Abd Rohman, dan Widyastuti Widyastuti. "Hubungan Antara Hardiness Dengan Burnout Pada Santri Pondok Pesantren Persatuan Islam Putra Bangil." *Jurnal Psikologi Poseidon Jurnal Ilmiah Psikologi dan Psikologi Kemaritiman*, no.1 (2018): 66-73. <https://doi.org/10.30649/jpp.v1i1.26>.
- Freundenberger, Herbert. *Burnout: The High Cost of High Achievement*. Anchor Press, 1980.
- Genta, Tim Maestro. *Inti Materi IPS*. Sidoarjo: Genta Group Production, 2020.

- Gürel, Esra Burcu Bulgurcu, Funda Kıran, dan Özlem Çetinkaya Bozkurt. "The effect on perfectionism on burnout: An investigation on marble employees." *Business & Management Studies: An International Journal* 9, no. 1 (2021): 110-125. <https://doi.org/10.15295/bmij.v9i1.1734>.
- Hakim, Thrusan. *Belajar Secara Efektif*. Jakarta: Puspa Swara, 2018.
- Hambal, Ahmad bin. *Musnad Ahmad bin Hambal*. Dar Al-Fikr, Jilid II, 2010.
- Harahap, Ade Chita Putri, Samsul Rivai Harahap, dan Dinda Permata Sari Harahap. "Gambaran resiliensi akademik mahasiswa pada masa pandemi covid-19." *Al-Irsyad: Jurnal Pendidikan dan Konseling* 10, no. 2 (2020). <http://dx.doi.org/10.30829/al-irsyad.v10i2.854>.
- Henderson, Nan dan Mike M. Milstein, *Resiliency in Schools: Making It Happen for Students and Educators*. United States of America: Corwin. Press, 2003.
- Hendriani, Wiwin. *Resiliensi Psikologis*. Prenadamedia Group, 2018.
- Jacobs, Sheri R., dan David Dodd. "Student burnout as a function of personality, social support, and workload." *Journal of college student development* 44, no. 3 (2003): 291-303. <https://doi.org/10.1353/csd.2003.0028>.
- Järvinen, Miitta, Janne Roslöf, Joni Lämsä, Raija Hämäläinen, dan Lauri Kettunen. "Self-Efficacy and Study Burnout Among IT Students: Challenges and Potentials." In *Proceedings of the International CDIO Conference*. Reykjavik University, 2022.
- Khairani, Y., & Ifdil, I. (2015). Konsep Burnout pada Mahasiswa Bimbingan dan Konseling. *Konselor*, 4(4), 208-214. <https://doi.org/10.24036/02015446474-0-00>.
- Khairani, Yunita, dan Ifdil. "Konsep Burnout pada Mahasiswa Bimbingan dan Konseling." *Konselor* 4, no. 4 (2015): 208-214. <https://doi.org/10.24036/02015446474-0-00>.
- Kim, Boram, Sooin Jee, Joungwha Lee, Sunghee An, dan Sang Min Lee. "Relationships between social support and student burnout: A meta-analytic approach." *Stress and Health* 34, no. 1 (2018): 127-134. <https://doi.org/10.1002/smi.2771>.
- Kompas, Nasional. "Daftar Lengkap Wilayah PPKM Level 1-3 Seluruh Indonesia, Berlaku 10-23 Mei 2022",

<https://nasional.kompas.com/read/2022/05/10/09330451/daftar-lengkap-wilayah-ppkm-level-1-3-seluruh-indonesia-berlaku-10-23-mei?page=all>. diakses pada 11-Mei-2022.

- Kumalasari, Dewi, dan Sari Zakiah Akmal. "Resiliensi akademik dan kepuasan belajar daring di masa pandemi COVID-19: Peran mediasi kesiapan belajar daring." *Persona: Jurnal Psikologi Indonesia* 9, no. 2 (2020): 353-368. <http://doi.org/10.30996/persona.v9i2.4139>.
- Kumalasari, Dewi, Noor Azmi Luthfiyani, dan Novika Grasiawaty. "Analisis faktor adaptasi instrumen resiliensi akademik versi Indonesia: pendekatan eksploratori dan konfirmatori." *Jurnal Penelitian dan Pengukuran Psikologi: JPPP* 9, no. 2 (2020): 84-95. <https://doi.org/10.21009/JPPP.092.06>.
- Kurniawan, Robert dan Budi Yuniarto, Analisis Regresi: Dasar dan Penerapannya dengan R. Jakarta: Kencana, 2016.
- Kusano, Aaron S., Charles R. Thomas Jr, James A. Bonner, Theodore L. DeWeese, Silvia C. Formenti, Stephen M. Hahn, Theodore S. Lawrence, dan Bharat B. Mittal. "Burnout in United States academic chairs of radiation oncology programs." *International Journal of Radiation Oncology Biology Physics* 88, no. 2 (2014): 363-368. <https://doi.org/10.1016/j.ijrobp.2013.09.027>.
- Kusumiati, Ratriana Yuliasuti Endang, dan Arthur Huwae. "Neuroticism trait personality, social support, dan resiliensi akademik mahasiswa di masa pandemi COVID-19." *Jurnal Psikologi* 14, no. 1 (2021): 38-51. <http://dx.doi.org/10.35760/psi.2021.v14i1.3684>.
- Lee, Soo Jin, Young Jun Choi, dan Han Chae. "The effects of personality traits on academic burnout in Korean medical students." *Integrative medicine research* 6.2 (2017): 207-213. <https://doi.org/10.1016/j.imr.2017.03.005>.
- Lin, Shu-Hui, and Yun-Chen Huang. "Life stress and academic burnout." *Active Learning in Higher Education* 15, no. 1 (2014): 77-90. <https://doi.org/10.1177/146978741351465>.
- Lu, Jinky Leilanie. "Organizational role stress indices affecting burnout among nurses." *Journal of International Women's studies* 9, no. 3 (2008): 63-78. <https://vc.bridgew.edu/jiws/vol9/iss3/5>.
- M. Echols, John., dan Hassan Shadily. *Kamus Inggris-Indonesia*. PT. Gramedia Pustaka Utama, 2010.

- Marchand, A., M. E. Blanc, dan N. Beaugard. "Do age and gender contribute to workers' burnout symptoms?." *Occupational Medicine* 68, no. 6 (2018): 405-411. <https://doi.org/10.1093/occmed/kqy088>.
- Martínez, Cristina Pinel., dan Josefa Martínez Talavera, "Examining The Link Between Resilience, Burnout and Stress", *Journal Future Academy*, 2019, 583-591. <https://doi.org/10.15405/epsbs.2019.04.02.73>.
- Maslach, Christina., dan Susan E. Jackson. "The measurement of experienced burnout." *Journal of organizational behavior* 2, no. 2 (1981): 99-113. <https://doi.org/10.1002/job.4030020205>.
- Maylani, Pebri, dan Sulisworo Kusdiyati. "Pengaruh resiliensi terhadap academic burnout mahasiswa di masa pandemi COVID-19." *Prosiding Psikologi* (2021): 374-380. <http://dx.doi.org/10.29313/v0i0.28346>.
- Miitta Jarvinen *et al.* "Self-Efficacy and Study Burnout Among IT Students : Challenges and Potentials". *Proceedings of the International CDIO Conference*, Vol. 01, No. 1021 (2022), 727-738. <http://urn.fi/URN:NBN:fi:jyu-202210114836>.
- Naderi, Zeinab, Soheila Bakhtiari, Marzieh Momennasab, Maliheh Abootalebi, dan Tayebeh Mirzaei. "Prediction of academic burnout and academic performance based on the need for cognition and general self-efficacy: A cross-sectional analytical study." *Revista Latinoamericana de Hipertension* 13, no. 6 (2018): 584-591. <https://www.redalyc.org/journal/1702/170263777015/movil/>
- Nasution, Hamni Fadlilah. "Instrumen penelitian dan urgensinya dalam penelitian kuantitatif." *Al-Masharif: Jurnal Ilmu Ekonomi Dan Keislaman* 4, no. 1 (2016): 63-64. <https://doi.org/10.24952/masharif.v4i1.72>.
- Nuh, Sayyid Muhammad. *Penyebab Gagalnya Dakwah*. Jakarta: Gema Insani Press, 1993.
- Nuzuliya, Kurniani. "Pengaruh optimisme terhadap resiliensi akademik siswa selama masa pandemi covid-19 di SMAN 1 Trenggalek.", Universitas Islam Negeri Maulana Malik Ibrahim, 2021.
- Orpina, Septriyani, dan Sowanya Ardi Prahara. "Self-efficacy dan burnout akademik pada mahasiswa yang bekerja." *Indonesian Journal of Educational Counseling* 3.2 (2019): 119-130. <https://doi.org/10.30653/001.201932.93>.

- Pendidikan, Kementerian., Kebudayaan, Riset, dan Teknologi (Kemendikbudristek), “Surat Edaran (SE) Mendikbudristek Nomor 2 Tahun 2022 tentang Diskresi Pelaksanaan Keputusan Bersama Empat Menteri tentang Panduan Penyelenggaraan Pembelajaran di Masa Pandemi Covid-19.”, <https://www.kemdikbud.go.id/main/blog/2021/12/keputusan-bersama-4-menteri-tentang-panduan-penyelenggaraan-pembelajaran-di-masa-pandemi-covid19>, diakses pada 24-April-2022.
- Periantalo, Jelpa. *Penelitian Kuantitatif Untuk Psikologi*. Penerbit Pustaka Pelajar, 2019.
- Poerwanto, Agus, dan Wiwik J. Prihastiwi. "Analisis prediktor resiliensi akademik siswa sekolah menengah pertama di Kota Surabaya." *PSIKOSAINS: Jurnal Penelitian dan Pemikiran Psikologi* 12, no. 1 (2017): 45-56. <http://dx.doi.org/10.30587/psikosains.v12i1.140>.
- Qomusuddin, Ivan Fanani. *Statistik Pendidikan*, Cetakan Pertama. Deepublish, 2019.
- Raya, Berita Solo. “Masalah yang Dihadapi Ketika Anak Kembali Sekolah”, <https://prsoloraya.pikiran-rakyat.com/pendidikan/pr>, diakses pada 11-Mei-2022.
- Rifai, Ahmad, dan Triyono. "Profil Burnout Study Mahasiswa dalam Pembelajaran Daring di Era New Normal." *Jurnal Wahana Konseling* 4, no. 2 (2021): 137-148. <https://doi.org/10.31851/juang.v4i2.6400>.
- Rirkin, M., dan M. Hoopman. *Moving beyond Risk to Resiliency*. MN: Minneapolis Public School, 1991.
- Riyanto, Slamet dan Aglis Andhita Hatmawan, *Metode Riset Penelitian Kuantitatif Penelitian Di bidang Manajemen, Teknik, Pendidikan, dan Eksperimen*. Yogyakarta: Deepublish, 2020.
- Sarwono dan Hendra Nur Salim, *Prosedur-Prosedur Populer Statistik untuk Analisis Data Riset Skripsi*. Yogyakarta: Gava Media, 2017.
- Satuan Tugas Penanganan Covid-19. “Data Vaksin Covid-19 di Indonesia pada 24 April 2022”. <https://covid19.go.id/artikel/2022/01/24/data-vaksinasi-covid-19>, diakses pada 24-April-2022.
- Schaufeli, Wilmar B., Isabel M. Martinez, Alexandra Marques Pinto, Marisa Salanova, dan Arnold B. Bakker. "Burnout and engagement in university

students: A cross-national study." *Journal of cross-cultural psychology* 33, no. 5 (2002): 464-481. <https://doi.org/10.1177/0022022102033005003>.

Siyoto, Sandu dan M. Ali Sodik, *Dasar Metodologi Penelitian*. Literasi Media Publishing, 2015.

Sudaryo. *Metode Penelitian Pendidikan*. Jakarta: Kencana, 2016.

Sugiyono. *Metode Penelitian Kuantitatif, Kualitatif Dan R&D*. Bandung: Penerbit Alfabeta, 2018.

Sugiyono. *Statistika Untuk Penelitian*. Bandung: CV Alfabeta, 2013.

Sujarweni, V. Wiratna. *SPSS Untuk Penelitian*. Yogyakarta: Pustaka Baru Press, 2015.

Sulistyarini, Indah Ria. "Pengaruh Pelatihan Kebersyukuran Untuk Meningkatkan Resiliensi Pada Penyandang Cacat". *Jurnal Psikologi Intergratif*, no. 01 (2017): 231. <https://doi.org/10.20885/intervensipsikologi.vol12.iss1.art>.

Suryani, dan Hendryadi. *Metode Riset Kuantitatif: Teori dan Aplikasi Pada Penelitian Bidang Manajemen dan Ekonomi Islam*, Edisi pertama. Kencana, 2015.

Tambunan, Hardi. "Dampak pembelajaran online selama pandemi covid-19 terhadap resiliensi, literasi matematis dan prestasi matematika siswa." *Jurnal Pendidikan Matematika Indonesia* 6, no. 2 (2021): 70-76. <https://doi.org/10.26737/JPMI.V6I2.2490>.

Tokan, P. Ratu Ile. *Manajemen Penelitian Guru*. Jakarta: PT Grasindo, 2016.

Wahidah, Evita Yuliatul. "Resiliensi perspektif al Quran." *Jurnal Islam Nusantara* 2, no. 1 (2020): 105-120. <https://doi.org/10.33852/jurnal.in.v2i1.73>.

Wardah, Siti, *et al.* "Analisis Kesulitan Belajar pada Mata Pelajaran Matematika selama Pembelajaran Tatap Muka (PTM)." *Jurnal IBTIDA*. no. 1 (2022): 7-16. <https://doi.org/10.37850/ibtida>.

Waridah, Ernawati. *Kamus Bahasa Indonesia*. Penerbit Bmedia, 2018.

Wolin, Steven J. dan Sybil Wolin. *The Resilient Self: How Survivors of Troubled Families Rise Above Adversity*. New York: Villiard Books, 1993.

- Yulianti, Alma, Mudjiran Mudjiran, dan Herman Nirwana. "Implementasi Psikologi Pendidikan Menuju Resiliensi Akademik Pada Mahasiswa." *Psyche: Jurnal Psikologi* 3, no. 1 (2021): 75-82. <https://doi.org/10.36269/psyche.v3i1.323>.
- Yusuf, Muri. *Metode Penelitian: Kuantitatif, Kualitatif, Dan Penelitian Gabungan*. Kencana, 2014.
- Zhou, Ting, *et al.* "Burnout and well-being of healthcare workers in the post-pandemic period of COVID-19: a perspective from the job demands-resources model." *BMC Health Services Research* 22.1 (2022): 1-15. <https://doi.org/10.1186/s12913-022-07608-z>.