

APPENDICES

Appendix 1: Transliteration Qur'an Verse

Name of the Surah	Transliterations	
Al-Mujadalah verse 11	English	Indonesia
<p>يَا أَيُّهَا الَّذِينَ آمَنُوا إِذَا قِيلَ لَكُمْ تَفَسَّحُوا فِي الْمَجَالِسِ فَأَفْسَحُوا يَفْسَحَ اللَّهُ لَكُمْ وَإِذَا قِيلَ انشُرُوا فَاَنْشُرُوا يَرْفَعِ اللَّهُ الَّذِينَ آمَنُوا مِنْكُمْ وَالَّذِينَ أُوتُوا الْعِلْمَ دَرَجَاتٍ وَاللَّهُ بِمَا تَعْمَلُونَ خَبِيرٌ</p>	<p>“O you believe! When it is said to you, “give space in the assemblies, then make room, surely Allah give you space”</p>	<p>“Wahai orang-orang yang beriman! Apabila dikatakan kepadamu, “Berilah kelapangan di dalam majelis- majelis, maka lapangkanlah, niscaya Allah akan memberi kelapangan untukmu”</p>

Appendix 2: Observation Sheet

No	Strategy	Yes	No	Note
1.	Self-evaluation			
2.	Set and Change	✓		Before learning in class, students first prepare the material that will be presented
3.	Setting Goals and Planning		✓	
4.	Searching for Information	✓		Students look for information that they feel they don't understand via the internet or discussion with classmates
5.	Noting Important Things	✓		Students note down important things, either before learning begins or after
6.	Self-monitoring Progress		✓	

7.	Self the Learning Environmental		✓	
8.	Self-consequences After Doing the Task		✓	
9.	Repeating and Remembering	✓		Students repeat and remember previous lessons or lessons they will learn through the material provided by the lecturer before the class is held
10.	Seeking Social Support		✓	
11.	Checking or Repeating Notes or Tests	✓		Students also check the notes that have been written into notes and repeat the notes that have been summarized

Appendix 3: Interview Sheet

1. Do you implement a learning regulation system?
2. What was the reason you decided to learn self-regulation?
3. Do you apply learning regulations individually or in groups? Why?
4. How do you implement it?
5. What strategy do you use?
6. What is your reason for using that strategy?
7. Does this strategy help your learning process?
8. What are your obstacles when implementing this strategy?
9. How do you overcome these obstacles?
10. After you implement the self-regulation learning system, what do you think about learning self-regulation? What positive things did you get when implementing this self-regulation learning system?

Appendix 4: Research Letter



**KEMENTERIAN AGAMA REPUBLIK INDONESIA
UNIVERSITAS ISLAM NEGERI ANTASARI BANJARMASIN
FAKULTAS TARBİYAH DAN KEGURUAN**

Jalan Jenderal Ahmad Yani Km. 4,5 Banjarmasin 70235
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E-mail: ftk@uin-antasari.ac.id Website: ftk.uin-antasari.ac.id

Nomor : B- 1266 /Un.14/III.1/PP.00.9/10/2023 18 Oktober 2023
Sifat : Penting
Lampiran : 1 (Satu) Berkas
Hal : Mohon Izin Riset

Yth.Rektor UIN Antasari Banjarmasin
Kota Banjarmasin, Provinsi Kalimantan Selatan

Assalamu'alaikum Wr.Wb

Sehubungan rencana penelitian yang akan dilaksanakan oleh mahasiswa (i) dalam rangka penyusunan skripsi, maka dengan ini kami mohon izin serta bantuan Bapak/Ibu agar kiranya berkenan memberikan informasi/data yang diperlukan oleh :

Nama : Zahratunia
NIM : 190101030634
Program Studi : Tadris Bahasa Inggris
Fakultas : Tarbiyah dan Keguruan
Alamat : Jalan Komplek Melati Indah
No HP : 085820764320

Demikian surat keterangan ini kami sampaikan, atas perhatian dan perkenan Bapak/Ibu serta kerjasamanya yang baik kami ucapkan terimakasih.
Wassalamu'alaikum Wr.Wb



Wakil Dekan Bidang Akademik dan Kelembagaan,

Ahmad Muradi

Tembusan :
Dekan Fakultas Tarbiyah dan Keguruan

Appendix 5: Certificate of Seminar Proposal



**KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI ANTASARI
FAKULTAS TARBIYAH DAN KEGURUAN
PRODI TADRIS BAHASA INGGRIS**

Jalan Jenderal Ahmad Yani KM. 4,5 Banjarmasin Telepon (0511) 3253939 Faksimile (0511) 3274492
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SURAT KETERANGAN

Nomor: B-669/Un.14/III.1.f/PP.00.9/08/2023

Yang bertanda tangan di bawah ini, menerangkan bahwa:

Nama : Zahratunia
N I M : 190101030634
Jurusan/Prodi : Tadris Bahasa Inggris
Alamat : Jl. Pramuka

adalah benar telah melaksanakan Seminar Desain Operasional Skripsi yang berjudul:

**“SELF-REGULATED LEARNING FOR FIRST-YEAR AT ANTASARI STATE
ISLAMIC UNIVERSITY BANJARMASIN”**

Pada Hari/Tanggal : Rabu/ 23 Agustus 2023
Tempat : Google Meet (Online/Daring)

Demikian surat keterangan ini dibuat, untuk dipergunakan sebagaimana mestinya.

Banjarmasin, 24 Agustus 2023

Ketua,



Afifah Linda Sari

Appendix 6: Consultation Notes

CONSULTATION NOTES

ADVISOR OF CONTENTS AND RESEARCH METHODS

NAME OF ADVISOR: Afifah Linda Sari, M.P.d

No.	Tanggal	Catatan Konsultasi	Tanda Tangan
1.	27 September 2023	- Konsultasi Setelah Seminar Proposal - Membahas Mengenai Revisi Bab 1-3	
2.	12 Oktober 2023	- Konsultasi Mengenai Revisi Bab 1-3 - Konsultasi Sebelum Melaksanakan Penelitian	
3.	16 Oktober 2023	- Meminta Tanda Tangan Untuk Surat Izin Penelitian	
4.	27 November 2023	- Konsultasi Setelah Melakukan Penelitian - Membahas Untuk Penyusunan Bab 4 dan 5	
5.	4 Desember 2023	- Diskusi Mengenai Hasil Dari Penelitian Untuk Bab 4 dan 5 - Meminta Tanda Tangan Untuk Lembar Surat Izin Sudah Bimbingan (Approval)	
6.	11 Desember 2023	- Diskusi Untuk Revisi Bab 4 dan 5 - Meminta Tanda Tangan Untuk Catatan Selesai Bimbingan Skripsi	

CURRICULUM VITAE

I. Personal Details

Name : Zahratunia
Place an Date of Birth : Tabalong, February 7, 2001
Gender : Female
Mental Status : Single
Religion : Islam
Parents : Abdul Rahman Wahid and Mardiah
Siblings : Mariam Heriyanti, Maya Humaira, and
Mehrunisa Az-zahra

II. Formal Educational Background

2006-2007 : Pertiwi Kindergarten (TK Pertiwi)
2007-213 : State Elementary School 1 Nawin Hilir (SDN 1 Nawin Hilir)
2013-2016 : State Junior High School Tabalong (MTsN Tabalong)
2016-2019 : State Senior High School 4 Tabalong (MAN 4 Tabalong)
2019-2023 : English Education Departement Antasari of State Islamic
University Banjarmasin (UIN Antasari Banjarmasin)