

**SELF-REGULATED LEARNING FOR FIRST-YEAR  
ENGLISH STUDENTS AT ANTASARI STATE ISLAMIC  
UNIVERSITY BANJARMASIN**

**THESIS**

**By  
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**ANTASARI STATE ISLAMIC UNIVERSITY  
BANJARMASIN  
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**SELF-REGULATED LEARNING FOR FIRST-YEAR ENGLISH  
STUDENTS AT ANTASARI STATE ISLAMIC UNIVERSITY  
BANJARMASIN**

**Undergraduate Thesis**

Presented to Faculty of Tarbiyah and teacher Training  
In partial fulfillment of the requirements for the degree of  
*Sarjana Pendidikan*

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## ABSTRACT

**Zahratunia.** 190101030634. *Self-Regulated Learning for First-year English Students at Antasari State Islamic University Banjarmasin*, Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisor: Afifah Linda Sari, S.S., M.Pd. 2023

**Kata Kunci:** Self-Regulated Learning, First-year English Students

First-year are students who are transitioning from high school to college. Self-regulated learning is for students' active and constructive process in setting goals for their learning process and trying to monitor, regulate and control cognition, motivation and behavior, which are then all directed and driven by goals and prioritizing the environmental context. Self-regulated learning also plays a role as the proactive process helps improve learning goals and monitoring effectiveness by growing self-confidence in students.

Because it produces descriptive results, this research uses a descriptive method qualitative as a reserach method. Data was collectected by observation and interviews. For data analysis in this research uses the theory of Miles and Huberman three steps, namely data condensation, data display, drawing conclusion.

The results of the research show that: (1) Of the 11 SRL strategies, 5 only strategies are implemented by students in class, namely: set and change, searching for information, noting important things, repeating and remembering, checking or repeating notes or tests, (2) Learning motivation in students is very important in SRL to improve academic achievement.

## ABSTRAK

**Zahratunia.** 190101030634. *Pembelajaran Mandiri pada Mahasiswa Bahasa Inggris Tahun Pertama di Universitas Islam Negeri Antasari Banjarmasin.*, Skripsi. Jurusan Tadris Bahasa Inggris, Fakultas Tarbiyah dan Keguruan, Universitas Islam Negeri Antasari Banjarmasin.

Pembimbing: Afifah Linda Sari, S.S, M.Pd

Kata Kunci: Pembelajaran Mandiri, Mahasiswa Bahasa Inggris Tahun Pertama

Mahasiswa tahun pertama adalah mahasiswa yang sedang dalam masa transisi dari sekolah menengah ke perguruan tinggi. Pembelajaran mandiri adalah proses aktif dan konstruktif siswa dalam menetapkan tujuan proses belajarnya serta berusaha memantau, mengatur dan mengendalikan kognisi, motivasi dan perilaku, yang kemudian semuanya diarahkan dan didorong oleh tujuan dan mengumutakan konteks lingkungan. Pembelajaran mandiri juga berperan sebagai proses proaktif yang membantu meningkatkan hasil belajar dengan menetapkan tujuan pembelajaran dan memantau efektivitas dengan menumbuhkan rasa percaya diri pada siswa.

Karena menghasilkan hasil secara deskriptif, maka penelitian ini menggunakan metode deskriptif kualitatif sebagai metode penelitian. Pengumpulan data dilakukan dengan observasi dan wawancara. Data tersebut kemudian diperiksa dengan menggunakan teori Miles, Huberman, dan Saldana yang meliputi kondensasi data, penyajian data, dan penarikan kesimpulan.

Hasil penelitian menunjukkan bahwa (1) Penggunaan pembelajaran mandiri dari 11 strategi, ada 5 strategi yang dipakai mahasiswa di kelas, yaitu *set and change, searching for information, noting important things, repeating and remembering, checking or repeating after test*, (2) Motivasi belajar pada mahasiswa sangat penting dalam pembelajaran mandiri guna meningkatkan prestasi akademik.



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Praise to Allah, god calls all the worlds. May peace and blessings be upon the Prophet Muhammad, who has revealed humanily the path to salvation in both this world and in the here after.

The author is well aware that the completion of this through thesis is impossible without the assistance of all parties involved. This assistance come in the form of support, guidance and motivation, which are necessary for the thesis be finished.

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Banjarmasin, 13 Jumadil Akhir 1445 A.H

December, 26 2023 A.D

Zahratunia

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