

LAMPIRAN

Kuisiner Penelitian

Assalamualaikum ibu-ibu, bapa-bapa, dkk semuanya, semoga dibulan ramadhan ini kita semua dalam keadaan sehat wal afiat untuk beribadah yang lebih baik lagi, karena itu saya Istiana Yuliarny meminta tolong kepada semuanya dapat mengisi

form kuisisioner untuk penelitian skripsi saya, yang berjudul pengaruh Dakwah Zaidul Akbar di Media Sosial terhadap Perilaku Sehat Pengikutnya 🧑. Dengan ini saya mohon kesediaan anda untuk mengisi kuisisioner yang digunakan sebagai data penelitian. dalam kuisisioner ini tidak ada jawaban benar atau salah, sehingga saya harap anda dapat menjawab pernyataan yang benar-benar sesuai dengan kondisi dan menggambarkan keadaan responden saat ini. Jawaban yang anda berikan hanya untuk kepentingan penelitian, sehingga dijamin kerahasiaannya. Atas bantuan dan partisipasi anda, saya ucapkan Terimakasih.

Wassalamualaikum Wr. Wb

Dengan kriteria Responden:

1. Mengetahui dengan konten Zaidul Akbar
2. Mengikuti Salah satu akun Media Sosial Zaidul Akbar
3. Pernah Mengakses Media Sosial Zaidul Akbar minimal 2x

A. Data Responden

Nama :

Usia :

Jenis Kelamin : Laki-laki
 Perempuan

A. Petunjuk Pengisian

Kuisisioner yang akan diisi berbentuk skala likert, terdapat empat alternatif jawaban dari setiap pernyataan, yaitu :

SS = Sangat Setuju

S = Setuju

TS = Tidak Setuju

STS = Sangat Tidak Setuju

Berilah tanda checklist (✓) sesuai jawaban yang anda pilih.

B. Pernyataan Terpaan Media

| NO. | PERNYATAAN | SS | S | TS | STS |
|------------------|---|----|---|----|-----|
| FREKUENSI | | | | | |
| 1. | Saya mengakses akun media sosial Zaidul Akbar minimal 1 kali seminggu. | | | | |
| 2. | Saya melihat postingan @zaidulakbar saat muncul di beranda saja. | | | | |
| 3. | Saya mengakses akun media sosial Zaidul Akbar minimal 3 kali seminggu. | | | | |
| 4. | Saya sering melewatkan postingan @zaidulakbar jika terlalu banyak. | | | | |
| 5. | Saya mengakses akun media sosial Zaidul Akbar setiap hari. | | | | |
| DURASI | | | | | |
| 6. | Saya menghabiskan waktu kurang dari 10 detik saat mengakses akun media sosial @zaidulakbar. | | | | |
| 7. | Saya menghabiskan waktu 10-30 detik saat mengakses akun media sosial @zaidulakbar. | | | | |
| 8. | Saya menghabiskan waktu 30-60 detik saat mengakses akun media sosial @zaidulakbar. | | | | |
| 9. | Saya menghabiskan waktu lebih dari 1 menit | | | | |

| | | | | | |
|---------------|---|--|--|--|--|
| | saat mengakses akun media sosial @zaidulakbar. | | | | |
| ATENSI | | | | | |
| 10. | Saya menyimak foto, video dan caption (keterangan) konten @zaidulakbar dengan baik. | | | | |
| 11. | Saya hanya melihat foto postingan @zaidulakbar tanpa membaca caption. | | | | |
| 12. | Saya melihat captionnya saja setiap postingan @zaidulakbar. | | | | |
| 13. | Saya membaca komentarnya saja di postingan @zaidulakbar. | | | | |

C. Pernyataan Perilaku Sehat

| NO. | PERNYATAAN | SS | S | TS | STS |
|--------------------|--|----|---|----|-----|
| PENGETAHUAN | | | | | |
| 1. | Melalui instagram @zaidulakbar, saya mengetahui kesehatan rohani berhubungan dengan kesehatan jasmani | | | | |
| 2. | Saya mengetahui dengan badan yang sehat maka gerakan sholat lebih sempurna | | | | |
| 3. | Saya mengetahui makanan halal dan thayyiban adalah makanan yang paling baik untuk kesehatan setelah membaca postingan @zaidulakbar | | | | |
| 4. | Setelah membaca postingan @zaidulakbar, saya mengetahui bahwa emosi bisa memengaruhi kesehatan fisik | | | | |

| | | | | | |
|-----------------|---|--|--|--|--|
| 5. | Saya mengetahui puasa bermanfaat untuk detoks tubuh dari penjelasan @zaidulakbar | | | | |
| SIKAP | | | | | |
| 6. | Saya menyukai Zaidul Akbar menyampaikan dakwah kesehatan sesuai yang islam ajarkan | | | | |
| 7. | Saya menyukai konten Zaidul Akbar sangat bermanfaat bagi banyak orang | | | | |
| 8. | Saya merasa tidak perlu melakukan pola hidup sehat seperti yang disampaikan Zaidul Akbar. | | | | |
| TINDAKAN | | | | | |
| 9. | Saya mengonsumsi makanan dan minuman yang halal dan thayyib seperti yang @zaidulakbar sampaikan | | | | |
| 10. | Saya minum air putih, makan buah, dan sayur sesuai kebutuhan tubuh setelah membaca postingan @zaidulakbar | | | | |
| 11. | Saya sering melakukan puasa sunnah sesuai anjuran @zaidulakbar | | | | |
| 12. | Setelah membaca postingan @zaidulakbar, Saya masih sering makan makanan cepat saji dan minuman bersoda | | | | |

HASIL PENGOLAHAN DATA DENGAN SPSS 23

| No. | Nama | Jenis Kelamin | Usia | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | P14 | P15 | P16 | P17 | P18 | P19 | P20 | P21 | P22 | P23 | P24 | P25 | | | | | | |
|-----|----------------------|---------------|------|----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|--|--|--|
| 1 | bita | perempuan | 26 | 4 | 3 | 3 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 42 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 2 | 2 | 40 | | | | | |
| 2 | vina | Perempuan | 30 | 2 | 2 | 4 | 3 | 2 | 1 | 2 | 2 | 4 | 3 | 2 | 2 | 2 | 31 | 4 | 2 | 1 | 4 | 3 | 1 | 4 | 3 | 3 | 2 | 4 | 35 | | | | | |
| 3 | jery | Perempuan | 22 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 3 | 3 | 3 | 2 | 2 | 41 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 1 | 32 | | | | | |
| 4 | bima | Laki-laki | 50 | 1 | 4 | 3 | 3 | 4 | 1 | 4 | 2 | 4 | 4 | 4 | 3 | 4 | 41 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 2 | 43 | | | | |
| 5 | ricky | Laki-laki | 25 | 4 | 2 | 3 | 3 | 4 | 1 | 4 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 36 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 32 | | | | |
| 6 | jellia | Perempuan | 39 | 2 | 2 | 3 | 1 | 4 | 3 | 2 | 3 | 4 | 2 | 2 | 2 | 3 | 35 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 48 | | | |
| 7 | trna | Perempuan | 30 | 1 | 4 | 1 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 2 | 4 | 4 | 40 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 2 | 4 | 45 | | | | |
| 8 | crista | Perempuan | 29 | 4 | 2 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 2 | 42 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 3 | 43 | | | | |
| 9 | saidah | Perempuan | 56 | 4 | 2 | 3 | 4 | 3 | 1 | 1 | 1 | 4 | 1 | 3 | 2 | 2 | 31 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 46 | | | | |
| 10 | lyan | Laki-laki | 64 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 46 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 48 | | | | |
| 11 | Junainah | Perempuan | 56 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 47 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 48 | | | | |
| 12 | zhafir | Laki-laki | 37 | 4 | 2 | 3 | 4 | 2 | 1 | 1 | 4 | 1 | 2 | 1 | 1 | 1 | 27 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 45 | | | | |
| 13 | Ricky | Laki-laki | 33 | 3 | 2 | 3 | 2 | 2 | 1 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 31 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 47 | | | | |
| 14 | femi | Perempuan | 30 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 4 | 1 | 4 | 1 | 1 | 1 | 20 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 48 | | | | |
| 15 | berdi | Laki-laki | 49 | 1 | 4 | 4 | 3 | 4 | 1 | 1 | 3 | 4 | 4 | 1 | 1 | 1 | 32 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 47 | | | | |
| 16 | Amarullah | Laki-laki | 67 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 45 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 45 | | | | |
| 17 | Nani | Perempuan | 59 | 1 | 4 | 3 | 3 | 4 | 1 | 1 | 4 | 4 | 4 | 3 | 2 | 2 | 36 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 45 | | | |
| 18 | tika | Perempuan | 49 | 1 | 1 | 2 | 2 | 3 | 1 | 2 | 2 | 4 | 4 | 2 | 2 | 2 | 28 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 2 | 45 | | | | |
| 19 | irus | Perempuan | 55 | 4 | 1 | 4 | 3 | 1 | 1 | 2 | 4 | 1 | 2 | 3 | 2 | 2 | 30 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 45 | | | | |
| 20 | ojah | Perempuan | 35 | 1 | 1 | 4 | 3 | 4 | 1 | 4 | 2 | 2 | 1 | 4 | 1 | 1 | 29 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 3 | 45 | | | | |
| 21 | affah | Perempuan | 60 | 4 | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 4 | 4 | 4 | 1 | 1 | 27 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 44 | | | |
| 22 | siti khid | Perempuan | 53 | 1 | 1 | 3 | 3 | 4 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 2 | 27 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 44 | | | |
| 23 | lino | Laki-laki | 57 | 1 | 1 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 43 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 2 | 44 | | | |
| 24 | yulia | Perempuan | 49 | 3 | 3 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 4 | 3 | 4 | 2 | 44 | 1 | 3 | 2 | 1 | 3 | 3 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 35 | | | |
| 25 | sarah | Perempuan | 34 | 4 | 2 | 4 | 2 | 3 | 1 | 1 | 3 | 4 | 3 | 2 | 2 | 2 | 33 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 2 | 44 | | | | |
| 26 | Muliana Salsabila | Perempuan | 21 | 2 | 2 | 1 | 3 | 2 | 2 | 4 | 4 | 4 | 4 | 3 | 1 | 1 | 33 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 45 | | | |
| 27 | Sabila Diri Kholisoh | Perempuan | 21 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 13 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 12 | | | | |
| 28 | adinda salsabila | Perempuan | 38 | 4 | 3 | 2 | 3 | 2 | 2 | 3 | 3 | 4 | 4 | 2 | 2 | 2 | 36 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 48 | | | |
| 29 | husrna cartik | Perempuan | 40 | 2 | 2 | 4 | 3 | 4 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 34 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 43 | | | | |
| 30 | Kamprut | Laki-laki | 50 | 2 | 3 | 1 | 3 | 4 | 1 | 4 | 4 | 4 | 3 | 3 | 2 | 2 | 36 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 43 | | | | |
| 31 | salma | perempuan | 37 | 1 | 1 | 1 | 3 | 2 | 2 | 3 | 1 | 1 | 2 | 4 | 3 | 1 | 25 | 3 | 2 | 3 | 1 | 4 | 1 | 2 | 2 | 2 | 2 | 4 | 4 | 30 | | | | |
| 32 | nesti | perempuan | 39 | 2 | 1 | 1 | 2 | 1 | 3 | 1 | 1 | 3 | 1 | 1 | 1 | 1 | 19 | 2 | 3 | 2 | 1 | 4 | 2 | 3 | 1 | 3 | 3 | 4 | 2 | 30 | | | | |
| 33 | miko | laki-laki | 35 | 4 | 4 | 1 | 2 | 3 | 3 | 1 | 4 | 2 | 4 | 3 | 4 | 1 | 36 | 1 | 1 | 4 | 2 | 2 | 3 | 1 | 2 | 1 | 1 | 4 | 3 | 25 | | | | |
| 34 | talmas nuri | Laki-laki | 60 | 3 | 1 | 2 | 1 | 2 | 2 | 1 | 1 | 3 | 1 | 1 | 2 | 3 | 23 | 1 | 2 | 2 | 2 | 3 | 1 | 2 | 3 | 2 | 4 | 4 | 1 | 27 | | | | |
| 35 | kholis | Laki-laki | 40 | 2 | 1 | 3 | 2 | 1 | 1 | 4 | 2 | 4 | 2 | 3 | 3 | 3 | 33 | 3 | 4 | 3 | 2 | 1 | 2 | 2 | 4 | 3 | 1 | 3 | 2 | 30 | | | | |
| 36 | faron | Laki-laki | 39 | 3 | 1 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 4 | 35 | 3 | 2 | 4 | 1 | 2 | 2 | 3 | 2 | 4 | 1 | 2 | 2 | 28 | | | | |
| 37 | rina | perempuan | 35 | 2 | 2 | 1 | 3 | 3 | 2 | 2 | 3 | 2 | 4 | 4 | 2 | 2 | 32 | 2 | 3 | 4 | 1 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 1 | 29 | | | | |
| 38 | mafi | perempuan | 40 | 1 | 2 | 1 | 2 | 4 | 1 | 3 | 4 | 2 | 1 | 2 | 2 | 4 | 29 | 4 | 3 | 4 | 1 | 1 | 1 | 3 | 1 | 2 | 4 | 3 | 1 | 28 | | | | |
| 39 | raihanah | perempuan | 47 | 4 | 1 | 2 | 3 | 1 | 2 | 3 | 2 | 3 | 2 | 4 | 1 | 2 | 30 | 1 | 3 | 4 | 1 | 2 | 1 | 4 | 1 | 3 | 2 | 3 | 1 | 26 | | | | |
| 40 | amelia nursida | perempuan | 53 | 2 | 2 | 4 | 1 | 2 | 2 | 1 | 1 | 1 | 4 | 1 | 2 | 4 | 27 | 2 | 4 | 4 | 2 | 1 | 2 | 4 | 2 | 4 | 3 | 2 | 1 | 31 | | | | |
| 41 | andrian | Laki-laki | 34 | 2 | 3 | 2 | 1 | 3 | 4 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 35 | 3 | 4 | 1 | 3 | 3 | 3 | 4 | 3 | 1 | 1 | 1 | 2 | 29 | | | | |
| 42 | teguh | Laki-laki | 37 | 3 | 3 | 4 | 1 | 4 | 4 | 1 | 3 | 4 | 2 | 4 | 3 | 4 | 40 | 1 | 4 | 2 | 3 | 3 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 33 | | | | |
| 43 | irvina | perempuan | 47 | 1 | 4 | 2 | 3 | 1 | 4 | 2 | 2 | 3 | 2 | 2 | 3 | 1 | 30 | 2 | 4 | 3 | 3 | 4 | 2 | 2 | 4 | 3 | 2 | 4 | 4 | 36 | | | | |
| 44 | helda | perempuan | 50 | 4 | 3 | 2 | 2 | 2 | 4 | 4 | 4 | 3 | 4 | 3 | 3 | 3 | 43 | 3 | 2 | 4 | 4 | 2 | 4 | 2 | 4 | 3 | 4 | 2 | 2 | 36 | | | | |
| 45 | lisnawati | perempuan | 52 | 1 | 3 | 2 | 3 | 3 | 3 | 3 | 1 | 3 | 3 | 2 | 4 | 4 | 35 | 4 | 1 | 4 | 4 | 3 | 3 | 2 | 3 | 1 | 2 | 3 | 3 | 33 | | | | |
| 46 | jurix | Laki-laki | 47 | 1 | 2 | 4 | 3 | 4 | 1 | 1 | 1 | 4 | 1 | 1 | 2 | 2 | 27 | 1 | 3 | 2 | 2 | 4 | 2 | 3 | 2 | 1 | 3 | 4 | 4 | 31 | | | | |
| 47 | darsana | Laki-laki | 48 | 3 | 3 | 2 | 1 | 1 | 3 | 2 | 3 | 2 | 1 | 4 | 2 | 3 | 30 | 2 | 2 | 2 | 4 | 2 | 1 | 4 | 1 | 3 | 4 | 4 | 2 | 31 | | | | |
| 48 | sarno | Laki-laki | 50 | 3 | 2 | 4 | 2 | 2 | 2 | 4 | 3 | 3 | 2 | 2 | 1 | 4 | 34 | 3 | 2 | 2 | 3 | 3 | 4 | 1 | 1 | 4 | 2 | 4 | 3 | 32 | | | | |
| 49 | cantika | perempuan | 40 | 4 | 2 | 1 | 2 | 3 | 1 | 1 | 4 | 4 | 4 | 2 | 4 | 2 | 34 | 4 | 2 | 2 | 3 | 1 | 2 | 2 | 2 | 2 | 3 | 3 | 1 | 27 | | | | |
| 50 | rinta | perempuan | 36 | 4 | 1 | 3 | 1 | 4 | 2 | 3 | 3 | 3 | 3 | 4 | 2 | 3 | 36 | 2 | 3 | 1 | 4 | 1 | 1 | 3 | 3 | 3 | 4 | 2 | 2 | 29 | | | | |
| 51 | gueti agung | Laki-laki | 45 | 4 | 3 | 1 | 3 | 4 | 3 | 2 | 3 | 1 | 1 | 3 | 4 | 3 | 35 | 3 | 1 | 1 | 2 | 1 | 3 | 3 | 4 | 4 | 1 | 1 | 3 | 27 | | | | |
| 52 | putria | perempuan | 48 | 3 | 3 | 1 | 1 | 4 | 2 | 1 | 2 | 2 | 2 | 1 | 2 | 1 | 28 | 1 | 2 | 3 | 1 | 4 | 4 | 3 | 2 | 1 | 2 | 2 | 4 | 29 | | | | |
| 53 | husrna | perempuan | 55 | 2 | 2 | 3 | 2 | 2 | 1 | 3 | 4 | 1 | 3 | 1 | 4 | 2 | 30 | 2 | 4 | 3 | 3 | 2 | 3 | 4 | 3 | 2 | 3 | 2 | 2 | 33 | | | | |
| 54 | jarno | Laki-laki | 51 | 2 | 1 | 2 | 4 | 3 | 1 | 2 | 1 | 2 | 4 | 2 | 1 | 2 | 27 | 3 | 2 | 3 | 1 | 3 | 2 | 2 | 1 | 3 | 4 | 1 | 3 | 28 | | | | |
| 55 | siddiq | Laki-laki | 32 | 4 | 4 | 4 | 1 | 1 | 2 | 2 | 3 | 1 | 1 | 4 | 3 | 4 | 34 | 4 | 3 | 4 | 1 | 4 | 2 | 3 | 2 | 4 | 2 | 1 | 4 | 34 | | | | |
| 56 | berliana | perempuan | 47 | 1 | 2 | 2 | 1 | 2 | 3 | 4 | 2 | 1 | 2 | 4 | 3 | 1 | 28 | 1 | 1 | 2 | 2 | 4 | 3 | 1 | 3 | 1 | 3 | 1 | 2 | 24 | | | | |
| 57 | jaene elquta | perempuan | 49 | 3 | 3 | 3 | 2 | 3 | 3 | 1 | 2 | 2 | 2 | 2 | 2 | 3 | 31 | 2 | 2 | 3 | 4 | 2 | 3 | 1 | 4 | 2 | 4 | 1 | 3 | 31 | | | | |
| 58 | gempita | perempua | 31 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

HASIL VALIDITAS VARIABLE TERPAAN MEDIA

| | | Correlations | | | | | | | | | | | | | |
|-----|---------------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| | | P1 | P2 | P3 | P4 | P5 | P6 | P7 | P8 | P9 | P10 | P11 | P12 | P13 | V18 |
| P1 | Pearson Correlation | 1 | ,150 | ,142 | ,196 | -,032 | ,060 | -,033 | ,118 | ,108 | ,095 | ,134 | ,001 | ,115 | ,384* |
| | Sig. (2-tailed) | | ,135 | ,159 | ,051 | ,751 | ,553 | ,745 | ,242 | ,284 | ,345 | ,183 | ,992 | ,254 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P2 | Pearson Correlation | ,150 | 1 | ,205 | ,034 | ,110 | ,119 | ,050 | ,137 | ,080 | ,092 | ,031 | ,194 | ,284* | ,451** |
| | Sig. (2-tailed) | ,135 | | ,041 | ,740 | ,274 | ,236 | ,621 | ,174 | ,429 | ,364 | ,762 | ,053 | ,004 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P3 | Pearson Correlation | ,142 | ,205 | 1 | ,107 | ,129 | ,039 | ,081 | -,024 | ,205 | ,143 | ,078 | ,012 | ,291** | ,447** |
| | Sig. (2-tailed) | ,159 | ,041 | | ,292 | ,200 | ,700 | ,423 | ,813 | ,040 | ,155 | ,438 | ,903 | ,003 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P4 | Pearson Correlation | ,196 | ,034 | ,107 | 1 | ,149 | -,044 | ,150 | ,002 | ,207 | ,117 | ,107 | -,005 | ,047 | ,373* |
| | Sig. (2-tailed) | ,051 | ,740 | ,292 | | ,139 | ,661 | ,137 | ,987 | ,039 | ,245 | ,290 | ,959 | ,640 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P5 | Pearson Correlation | -,032 | ,110 | ,129 | ,149 | 1 | -,022 | ,060 | ,023 | ,391** | ,149 | ,296** | ,140 | ,111 | ,466** |
| | Sig. (2-tailed) | ,751 | ,274 | ,200 | ,139 | ,828 | ,556 | ,824 | ,000 | ,139 | ,139 | ,003 | ,165 | ,270 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P6 | Pearson Correlation | ,060 | ,119 | ,039 | -,044 | -,022 | 1 | ,057 | -,059 | ,008 | -,041 | ,034 | ,382** | ,222 | ,321* |
| | Sig. (2-tailed) | ,553 | ,236 | ,700 | ,661 | ,828 | | ,575 | ,557 | ,936 | ,687 | ,736 | ,000 | ,026 | ,001 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P7 | Pearson Correlation | -,033 | ,050 | ,081 | ,150 | ,060 | ,057 | 1 | ,231 | ,024 | ,155 | ,112 | ,044 | ,160 | ,389* |
| | Sig. (2-tailed) | ,745 | ,621 | ,423 | ,137 | ,556 | ,575 | | ,021 | ,813 | ,123 | ,268 | ,667 | ,111 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P8 | Pearson Correlation | ,118 | ,137 | -,024 | ,002 | ,023 | -,059 | ,231* | 1 | -,008 | ,267** | ,060 | ,213* | -,066 | ,348* |
| | Sig. (2-tailed) | ,242 | ,174 | ,813 | ,987 | ,824 | ,557 | ,021 | | ,934 | ,007 | ,550 | ,034 | ,511 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P9 | Pearson Correlation | ,108 | ,080 | ,205 | ,207 | ,391** | ,008 | ,024 | -,008 | 1 | ,290** | ,172 | ,045 | ,053 | ,482* |
| | Sig. (2-tailed) | ,284 | ,429 | ,040 | ,039 | ,000 | ,936 | ,813 | ,934 | | ,003 | ,088 | ,658 | ,600 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P10 | Pearson Correlation | ,095 | ,092 | ,143 | ,117 | ,149 | -,041 | ,155 | ,267** | ,290** | 1 | ,100 | ,050 | ,006 | ,447** |
| | Sig. (2-tailed) | ,345 | ,364 | ,155 | ,245 | ,139 | ,687 | ,123 | ,007 | ,003 | | ,323 | ,619 | ,955 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P11 | Pearson Correlation | ,134 | ,031 | ,078 | ,107 | ,296** | ,034 | ,112 | ,060 | ,172 | ,100 | 1 | ,213* | -,010 | ,436* |
| | Sig. (2-tailed) | ,183 | ,762 | ,438 | ,290 | ,003 | ,736 | ,268 | ,550 | ,088 | ,323 | | ,033 | ,918 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P12 | Pearson Correlation | ,001 | ,194 | ,012 | -,005 | ,140 | ,382** | ,044 | ,213* | ,045 | ,050 | ,213* | 1 | ,228* | ,453* |
| | Sig. (2-tailed) | ,992 | ,053 | ,903 | ,959 | ,165 | ,000 | ,667 | ,034 | ,658 | ,619 | ,033 | | ,023 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P13 | Pearson Correlation | ,115 | ,284* | ,291** | ,047 | ,111 | ,222 | ,160 | -,066 | ,053 | ,006 | -,010 | ,228* | 1 | ,436* |
| | Sig. (2-tailed) | ,254 | ,004 | ,003 | ,640 | ,270 | ,026 | ,111 | ,511 | ,600 | ,955 | ,918 | ,023 | | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| V18 | Pearson Correlation | ,384* | ,451** | ,447** | ,373** | ,466** | ,321* | ,389** | ,348** | ,482** | ,447** | ,436** | ,453** | ,436** | 1 |
| | Sig. (2-tailed) | ,000 | ,000 | ,000 | ,000 | ,000 | ,001 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

HASIL VALIDITAS VARIABLE PERILAKU SEHAT

Correlations

| | | P14 | P15 | P16 | P17 | P18 | P19 | P20 | P21 | P22 | P23 | P24 | P25 | V32 |
|-----|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| P14 | Pearson Correlation | 1 | ,490** | ,369* | ,373* | ,345* | ,241 | ,356** | ,297* | ,393* | ,252 | ,179 | ,092 | ,644** |
| | Sig. (2-tailed) | | ,000 | ,000 | ,000 | ,000 | ,016 | ,000 | ,003 | ,000 | ,011 | ,075 | ,364 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P15 | Pearson Correlation | ,490** | 1 | ,407* | ,338* | ,226 | ,247 | ,425** | ,334** | ,430** | ,274** | ,159 | ,024 | ,635** |
| | Sig. (2-tailed) | ,000 | | ,000 | ,001 | ,024 | ,013 | ,000 | ,001 | ,000 | ,006 | ,113 | ,815 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P16 | Pearson Correlation | ,369** | ,407** | 1 | ,210* | ,361** | ,294** | ,298** | ,164 | ,230* | ,301** | ,213* | ,169 | ,584** |
| | Sig. (2-tailed) | ,000 | ,000 | | ,036 | ,000 | ,003 | ,003 | ,103 | ,021 | ,002 | ,033 | ,093 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P17 | Pearson Correlation | ,373** | ,338** | ,210* | 1 | ,235** | ,310** | ,394** | ,491** | ,139 | ,331** | ,119 | ,097 | ,595** |
| | Sig. (2-tailed) | ,000 | ,001 | ,036 | | ,019 | ,002 | ,000 | ,000 | ,168 | ,001 | ,237 | ,338 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P18 | Pearson Correlation | ,345** | ,226 | ,361** | ,235** | 1 | ,426** | ,386** | ,343** | ,319** | ,303** | ,303** | ,449** | ,688** |
| | Sig. (2-tailed) | ,000 | ,024 | ,000 | ,019 | | ,000 | ,000 | ,000 | ,001 | ,002 | ,002 | ,000 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P19 | Pearson Correlation | ,241 | ,247 | ,294** | ,310** | ,426** | 1 | ,221* | ,487** | ,296** | ,168 | ,098 | ,143 | ,578** |
| | Sig. (2-tailed) | ,016 | ,013 | ,003 | ,002 | ,000 | | ,027 | ,000 | ,003 | ,094 | ,334 | ,155 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P20 | Pearson Correlation | ,356** | ,425** | ,298** | ,394** | ,386** | ,221* | 1 | ,255** | ,309** | ,234* | ,257** | ,235** | ,639** |
| | Sig. (2-tailed) | ,000 | ,000 | ,003 | ,000 | ,000 | ,027 | | ,010 | ,002 | ,019 | ,010 | ,019 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P21 | Pearson Correlation | ,297** | ,334** | ,164 | ,491** | ,343** | ,487** | ,255** | 1 | ,247* | ,218* | ,037 | ,130 | ,588** |
| | Sig. (2-tailed) | ,003 | ,001 | ,103 | ,000 | ,000 | ,000 | ,010 | | ,013 | ,029 | ,713 | ,197 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P22 | Pearson Correlation | ,393** | ,430** | ,230* | ,139 | ,319** | ,296** | ,309** | ,247* | 1 | ,096 | ,230* | ,216* | ,568** |
| | Sig. (2-tailed) | ,000 | ,000 | ,021 | ,168 | ,001 | ,003 | ,002 | ,013 | | ,343 | ,021 | ,031 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P23 | Pearson Correlation | ,252 | ,274** | ,301** | ,331** | ,303** | ,168 | ,234* | ,218* | ,096 | 1 | ,142 | ,187 | ,505** |
| | Sig. (2-tailed) | ,011 | ,006 | ,002 | ,001 | ,002 | ,094 | ,019 | ,029 | ,343 | | ,158 | ,063 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P24 | Pearson Correlation | ,179 | ,159 | ,213* | ,119 | ,303** | ,098 | ,257** | ,037 | ,230* | ,142 | 1 | ,145 | ,414** |
| | Sig. (2-tailed) | ,075 | ,113 | ,033 | ,237 | ,002 | ,334 | ,010 | ,713 | ,021 | ,158 | | ,151 | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| P25 | Pearson Correlation | ,092 | ,024 | ,169 | ,097 | ,449** | ,143 | ,235* | ,130 | ,216* | ,187 | ,145 | 1 | ,416** |
| | Sig. (2-tailed) | ,364 | ,815 | ,093 | ,338 | ,000 | ,155 | ,019 | ,197 | ,031 | ,063 | ,151 | | ,000 |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
| V32 | Pearson Correlation | ,644** | ,635** | ,584** | ,595** | ,688** | ,578** | ,639** | ,588** | ,568** | ,505** | ,414** | ,416** | 1 |
| | Sig. (2-tailed) | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | ,000 | |
| | N | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

OUTPUT UJI REABELITAS

Case Processing Summary

| N | | % | |
|-------|-----------------------|-----|-------|
| Cases | Valid | 100 | 100.0 |
| | Excluded ^a | 0 | .0 |
| | Total | 100 | 100.0 |

Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| ,774 | 25 |

Hasil Uji Normalitas

One-Sample Kolmogorov-Smirnov Test

| | | Unstandardized Residual |
|----------------------------------|----------------|-------------------------|
| N | | 100 |
| Normal Parameters ^{a,b} | Mean | ,0000000 |
| | Std. Deviation | 4,53829404 |
| Most Extreme Differences | Absolute | ,083 |
| | Positive | ,083 |
| | Negative | -,078 |
| Test Statistic | | ,083 |
| Asymp. Sig. (2-tailed) | | ,084 ^c |

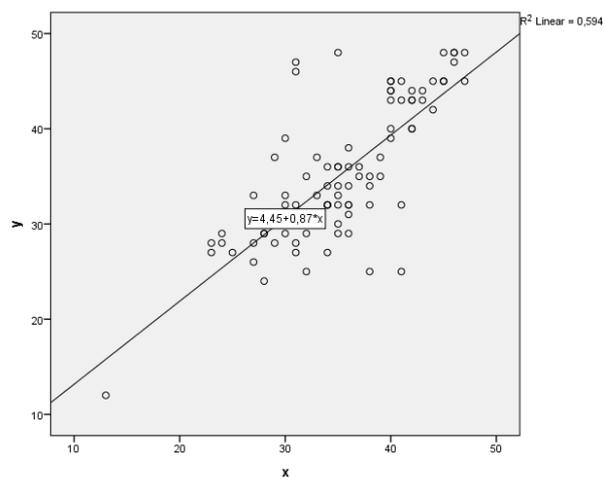
a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

Hasil Uji Linearitas

| | | | Sum of Squares | df | Mean Square | F | Sig. |
|---------------------|-------------------|--------------------------------|-------------------|----|----------------|--------|------|
| Perilaku Sehat * | Between Groups | (Combined) | 11224.24 | 19 | 590.750 | 4.817 | .000 |
| | | | 4 | | | | |
| Terpaan Media | | Linearity | 8830.673 | 1 | 8830.673 | 72.011 | .000 |
| | | Deviation From Linearity | 2393.571 | 18 | 132.976 | 1.084 | .128 |
| Within Groups | | | 9810.396 | 80 | 122.630 | | |
| Total | | | 21034.64 | 99 | | | |
| | | | 0 | | | | |



Hasil Uji Homogenitas

Test of Homogeneity of Variances

V32

| Levene Statistic | df1 | df2 | Sig. |
|------------------|-----|-----|------|
| 1,289 | 19 | 73 | ,217 |

Hasil Uji Korelasi

| | | X | y |
|---|---------------------|--------|--------|
| x | Pearson Correlation | 1 | ,771** |
| | Sig. (2-tailed) | | ,000 |
| | N | 100 | 100 |
| y | Pearson Correlation | ,771** | 1 |
| | Sig. (2-tailed) | ,000 | |
| | N | 100 | 100 |

** . Correlation is significant at the 0.01 level (2-tailed).

Hasil Uji Koefisien Determinasi

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1 | ,771 ^a | ,594 | ,590 | 4,561 |

a. Predictors: (Constant), terpaan media

Uji Regresi Linear Sederhana

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|---------------|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | 4,446 | 2,582 | | 1,722 | ,088 |
| | terpaan media | ,872 | ,073 | ,771 | 11,981 | ,000 |

a. Dependent Variable: perilaku sehat pengikutnya

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 - b. SDN Sungai Miai 11
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 - d. SMAN 2 Banjarmasin
 - e. UIN Antasari Banjarmasin

10. Orang Tua

Ayah

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- Pekerjaan : Purnawirawan TNI-AD
- Alamat : Jl. Perdagangan Komplek HKSAN Permai Blok
5a NO.168

Ibu

- Nama : Siti Ildah , S. Pd
- Pekerjaan : Pensiunan PNS

Alamat : Jl. Perdagangan KOMPLEK HKSAN Permai
Blok 5a No.168

11. Jumlah Saudara : 3 Bersaudara

12. Pengalaman Organisasi/Kerja

- a. Kepengurusan Karang Taruna Provinsi Kal-Sel
- b. Kepengurusan Karang Taruna Kota Banjarmasin
- c. UKM O UIN ANTASARI
- d. LO Pra-POPNAS 2022
- e. LO Pra-PON 2023
- f. LO POMNAS 2023