

## DAFTAR PUSTAKA

- Aimah, Ummul. “Pengaruh Supportive Work Environment Terhadap Work Engagement Pada Karyawan PT Panen Embun Kemakmuran Nusa Indah Kecamatan Bati-Bati.” Uin Antasari Banjarmasin, 2023.
- Allen, Tammy D., David E. L. Herst, Carly S. Bruck, and Martha Sutton. “Consequences Associated with Work-to-Family Conflict: A Review and Agenda for Future Research.” *Journal of Occupational Health Psychology* 5, no. 2 (2000): 278–308. <https://doi.org/10.1037/1076-8998.5.2.278>.
- Amruddin, Roni Priyanda, Tri Siwi Agustina, Nyoman Sri Ariantini, Dwi Astarani Aslindar, Kori Puspita Ningsih, Siska Wulandari, et al. *Metodologi Penelitian Kuantitatif*. Edited by Fatma Sukmawati. *Pradina Pustaka*. Vol. 11. Sukoharjo: Pradina Pustaka, 2022.
- Anwar, Choerul. “Manajemen Konflik Untuk Menciptakan Komunikasi Yang Efektif (Studi Kasus Di Departemen Purchasing PT. Sumi Rubber Indonesia).” *Interaksi: Jurnal Ilmu Komunikasi* 4, no. 2 (2015): 148–57.
- Arditya Afrizal Mahardika, Tri Ingarianti, and Uun Zulfiana. “Work-Life Balance Pada Karyawan Generasi Z.” *Collabryzk Journal for Scientific Studies* 1, no. 1 (2022): 1–16. <https://doi.org/10.58959/cjss.v1i1.8>.
- Azwar, Saifuddin. *Penyusunan Skala Psikologi Yogyakarta*. Pustaka Pelajar, 2016.
- Banjar, Koran. “Profile Singkat Kantor Imigrasi Kelas I TPI Banjarmasin; Melayani Dengan Tulus.” Banjar Koran, 2021. <https://koranbanjar.net/profile-singkat-kantor-imigrasi-kelas-i-tpi-banjarmasin-melayani-dengan-tulus/>.
- Darma, Budi. *Statistika Penelitian Menggunakan SPSS (Uji Validitas, Uji Reliabilitas, Regresi Linier Sederhana, Regresi Linier Berganda, Uji t, Uji F, R<sup>2</sup>)*. Guepedia, 2021.
- Dharmanegara, Ida B. A., Ni W. Sitiari, and I D. G. N. Wirayudha. “Job Competency and Work Environment: The Effect on Job Satisfaction and Job Performance among SMEs Worker.” *IOSR Journal of Business and Management* 18, no. 1 (2016): 19–26. <https://doi.org/10.9790/487X-18121926>.
- Dwi Hartono, Bambang, Sarji Sarji, and Anggita Windiana Sari. “Pengaruh Work Life Balance Dan Lingkungan Kerja Terhadap Kepuasan Kerja Karyawan Generasi Milenial Di Pt Telkom Indonesia Pada Unit Digital Operation and Assurance Dengan Pengembangan Karir Dalam Perspektif Ilmu Islam.” *Ar Rasyiid: Journal of Islamic Studies* 2, no. 1 (2024): 21–28. <https://doi.org/10.70367/arrasyiid.v2i1.16>.

- Esteriyanah, Nia. “Pengaruh Support Terhadap Work Life Balance Dengan Satisfaction Sebagai Pemediasi Dan Proactive Personality Sebagai Pemoderasi,” 2022, 1–93.
- Fisher, Gwenith G., Carrie A. Bulger, and Carlla S. Smith. “Beyond Work and Family: A Measure of Work/Nonwork Interference and Enhancement.” *Journal of Occupational Health Psychology* 14, no. 4 (October 2009): 441–56. <https://doi.org/10.1037/a0016737>.
- Gilbert, Tony. “Mixed Methods and Mixed Methodologies: The Practical, the Technical and the Political.” *Journal of Research in Nursing* 11, no. 3 (2006): 205–17. <https://doi.org/10.1177/1744987106064634>.
- Gunawan, Gianti. “Reliabilitas Dan Validitas Konstruk Work Life Balance Di Indonesia.” *JPPP - Jurnal Penelitian Dan Pengukuran Psikologi* 8, no. 2 (October 30, 2019): 88–94. <https://doi.org/10.21009/JPPP.082.05>.
- Haar, Jarrod M., Marcello Russo, Albert Suñe, and Ariane Ollier-Malaterre. “Outcomes of Work–Life Balance on Job Satisfaction, Life Satisfaction and Mental Health: A Study across Seven Cultures.” *Journal of Vocational Behavior* 85, no. 3 (December 2014): 361–73. <https://doi.org/10.1016/j.jvb.2014.08.010>.
- Hamdan, H., Muhammad Zainal Abidin, Noor Hasanah, Mujiburohman, Halimatus Sakdiah, Ahmad Muradi, Hj. Rabiatul Adawiah, Zaki Mubarak, Musyarrifah, and Sitti Rahmasari. *Pedoman Karya Ilmiah*. Banjarmasin: Universitas Islam Negeri Antasari Banjarmasin, 2021.
- Hardani, Helmina Andriani, Jumari Ustiawaty, Evi Fatmi Utami, Ria Rahmatul Istiqomah, Roushandy Asri Fardani, Dhika Juliana Sukmana, Nur Hikmatul Auliya. *Buku Metode Penelitian Kualitatif. Revista Brasileira de Linguística Aplicada*. Vol. 5, 2020.
- Janti, Suhar. “Analisis Validitas Dan Reliabilitas Dengan Skala Likert Terhadap Pengembangan SI/TI Dalam Penentuan Pengambilan Keputusan Penerapan Strategic Planning Pada Industri Garmen.” *Prosiding Seminar Nasional Aplikasi Sains & Teknologi (Snast)* ISSN: 1979, no. November (2014): 211–16.
- Koech, Peris M, and GS Namusonge. “The Effect of Leadership Styles on Organizational Performance at State Corporations in Kenya.” *International Journal of Business and Commerce* 2, no. 1 (2012): 1–12. [www.ijbcnet.com](http://www.ijbcnet.com).
- Komalasari, Shanty, Segar Handoyo, and Nuri Herachwati. “Adapting the Supportive Work Environment Measurement Tool: Assessing Organizational Support in Generation Z.” *RSF Conference Series: Business, Management and Social Sciences* 3, no. 3 (September 2, 2023): 280–88.

<https://doi.org/10.31098/bmss.v3i3.673>.

- Kumarasamy, Mokana Muthu, Faizuniah Pangil, and Mohd Faizal Mohd Isa. "The Effect of Emotional Intelligence on Police Officers' Work–Life Balance." *International Journal of Police Science & Management* 18, no. 3 (September 2016): 184–94. <https://doi.org/10.1177/1461355716647745>.
- Kundu, Subhash C., and Kusum Lata. "Effects of Supportive Work Environment on Employee Retention." *International Journal of Organizational Analysis* 25, no. 4 (September 4, 2017): 703–22. <https://doi.org/10.1108/IJOA-12-2016-1100>.
- Kurniawan, Nia. "Sejarah Singkat Kantor Imigrasi Kelas I TPI Banjarmasin Di Kota Banjarbaru Provinsi Kalsel." *Banjarmasin Tribunnews*, 2019. <https://banjarmasin.tribunnews.com/2019/03/12/kalselpedia-sejarah-singkat-kantor-imigrasi-kelas-i-banjarmasin-di-kota-banjarbaru-provinsi-kalsel>.
- Laela, Chofitnah Rohmatul, and Amri Hana Muhammad. "Pengaruh Relation-Oriented Leadership Behavior Terhadap Work-Life Balance Pada Wanita Pekerja." *INTUISI: Jurnal Ilmiah Psikologi* 8, no. 2 (2016): 147–55.
- Lusiana Nurwidia, Nur Anisa, Ahmad Gunawan. "Penerapan Work Life Balance Dalam Meningkatkan Produktivitas Kerja Dan Kesejahteraan Karyawan." *Jurnal Analitika Data Bisnis Dan Manajemen* 15, no. 1 (2024): 72–86. <https://doi.org/10.25130/sc.24.1.6>.
- Maharsiwi, Nabilla Nur. "Pengaruh Work Life Balance Dalam Perspektif Islam Terhadap Intention Ro Remain Pada Generasi Milenial: Mediasi Psychological Well-Being (Studi Kasus PT Pos Indonesia KCU Surakarta)." *Nucl. Phys.*, 2023.
- Marbun, Robert. "Uji Regresi Dengan Aplikasi SPSS," n.d.
- Mayasari, Diah. "Pengaruh Etika Kerja, Motivasi Kerja Islam Dan Lingkungan Kerja Islam Terhadap Kinerja Karyawan (Studi Kasus Pada Karyawan Bank BRI Syariah Kantor Cabang Jakarta BSD)." *Jurnal Akuntansi* 11 (2017).
- Muafi, Muafi. "Investigating the Dimensionality of Work Life Balance in Islamic Perspective (Wlbip): An Insight from Indonesia." *Journal of Islamic Business and Management (JIBM)* 11, no. 01 (2021): 198–216. <https://doi.org/10.26501/jibm/2021.1101-013>.
- Mureşan, Jianu Daniel. "Economic Insights-Trends and Challenges Sales Productivity Reported To Occupational Stress in the Retail Banking Field." *Economic Insights – Trends and Challenges* 4, no. 3 (2015): 133–42.
- Naz, Shumaila, Cai Li, Qasim Ali Nisar, Muhammad Aamir Shafique Khan, Naveed Ahmad, and Farooq Anwar. "A Study in the Relationship Between

- Supportive Work Environment and Employee Retention: Role of Organizational Commitment and Person–Organization Fit as Mediators.” *SAGE Open* 10, no. 2 (April 26, 2020): 215824402092469. <https://doi.org/10.1177/2158244020924694>.
- Noah, Yusuf, and Metiboba Steve. “Work Environment and Job Attitude among Employees in a Nigerian Work Organization.” *Journal of Sustainable Society* 1, no. 2 (2012): 36–43.
- Nurhabiba, Mahda. “Social Support Terhadap Work-Life Balance Pada Karyawan.” *Cognicia* 8, no. 2 (2020): 277–95. <https://doi.org/10.22219/cognicia.v8i2.13532>.
- Poulose, Shobitha, and Sudarsan N. “Work-Life Balance: A Literature Review.” *Strategic Journal of Business & Change Management* 7, no. 2 (2020): 1–17. <https://doi.org/10.61426/sjbcm.v7i2.1624>.
- Purwati, Putrie Dwi. “Pengaruh Keseimbangan Kehidupan Kerja (Work-Life Balance) Terhadap Beban Kerja (Work Load) Divisi Penjualan Di Pt. Ulam Tiba Halim (Marimas) Cabang Sidoarjo,” 2016.
- Ratna Sari, Andreani, and Alimatus Sahrah. “Keterikatan Kerja Dengan Work Life Balance.” *Jurnal Psikologi* 19, no. 1 (2023): 32–39.
- Rio Laqid Arga Cahyana. “Hubungan Antara Supportive Work Environment Dengan Work Life Balance Pada Karyawan Di PT Pelindo Daya Sejahtera Regional Jawa Tengah.” Universitas Sebelas Maret, 2021.
- Rhoades, L., & Eisenberger, R. (2002). Perceived organizational support: A review of the literature. *Journal of Applied Psychology*, 87(4), 698–714
- Saputra, Nanda. *Metodologi Penelitian Kuantitatif*, n.d.
- Sonnetag, Sabine, and Fred R. H. Zijlstra. “Job Characteristics and Off-Job Activities as Predictors of Need for Recovery, Well-Being, and Fatigue.” *Journal of Applied Psychology* 91, no. 2 (March 2006): 330–50. <https://doi.org/10.1037/0021-9010.91.2.330>.
- Virick, Meghna, Juliana D. Lilly, and Wendy J. Casper. “Doing More with Less.” *Career Development International* 12, no. 5 (August 7, 2007): 463–80. <https://doi.org/10.1108/13620430710773772>.
- Winata, Ardelia, and Fanny Martdianty. “Effects of Supportive Work Environment, Person- Organization Fit and Organizational Engagement on Digital Industry’s Employees Turnover Intention.” In *Proceedings of the 4th International Conference on Economics, Business and Economic Education Science, ICE-BEES 2021, 27-28 July 2021, Semarang, Indonesia*. EAI, 2022. <https://doi.org/10.4108/eai.27-7-2021.2316816>.

Wulansari, Oktufiani Dwi. “Studi Literatur: Faktor-Faktor Yang Mempengaruhi Work-Life Balance.” *Psychopreneur Journal* 7, no. 1 (2023): 15–28. <https://doi.org/10.37715/psy.v7i1.3404>.

