

**UNIVERSITY STUDENTS' VIEWPOINTS ON THE USE OF
SELF-DIRECTED LEARNING TO DEVELOP SPEAKING
SKILL**

**By
LINDA PUTRI**



**ANTASARI STATE ISLAMIC UNIVERSITY
BANJARMASIN
2025 AD/1447 AH**

**UNIVERSITY STUDENTS' VIEWPOINTS ON THE USE OF
SELF-DIRECTED LEARNING TO DEVELOP SPEAKING
SKILL**

Undergraduate Thesis

Presented to Faculty of Tarbiyah and Teacher Training
in partial fulfillment of the requirements for the degree of
Sarjana Pendidikan

**By
Linda Putri
210101030049**

**ANTASARI STATE ISLAMIC UNIVERSITY
FACULTY OF TARBIYAH AND TEACHER TRAINING
ENGLISH LANGUAGE EDUCATION STUDY PROGRAM
BANJARMASIN
2025 AD/1447 AH**

STATEMENT OF AUTHENTICITY

I, the undersigned, Linda Putri, declare that this undergraduate thesis is my original work, gathered and utilized specially to fulfil the purposes and objectives of this study, and has not been previously submitted to any other university for any degree or other purposes. I also declare that the publications cited in this work have been properly acknowledged. If someday, it is proven otherwise, I understand that my degree will be revoked.

Banjarmasin, 28 May 2025

The writer,



Linda Putri



**KEMENTERIAN AGAMA
UNIVERSITAS ISLAM NEGERI ANTASARI
FAKULTAS TARBIYAH DAN KEGURUAN
PRODI TADRIS BAHASA INGGRIS**

Jalan Jenderal Ahmad Yani KM. 4,5 Banjarmasin Telepon (0511) 3253939 Faksimile (0511) 3274492
Web: www.fbk.iain-antasari.ac.id

SURAT BUKTI BEBAS PLAGIASI

Nomor: B-256/Un.14/III.1.f/PP.00.9/06/2025

Ketua Program Studi Tadris Bahasa Inggris menerangkan bahwa mahasiswa dengan identitas berikut:

Nama	: Linda Putri
NIM	: 210101030049
Program	: S-1
Program Studi	: Tadris Bahasa Inggris

Judul Skripsi:

University Students' Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill

Hasil Uji Plagiasi : 10 %

Berdasarkan hasil uji plagiasi dengan menggunakan www.turnitin.com bahwa naskah skripsi ini dinyatakan memenuhi syarat batas maksimal plagiasi 25%.

“Kami sampaikan pula sebagai Satker berpredikat Zona Integritas Wilayah Bebas dari Korupsi (ZI-WBK) menuju Zona Integritas Wilayah Birokrasi Bersih Melayani (ZI-WBBM) UIN Antasari Banjarmasin berkomitmen terus menjaga integritas serta terus meningkatkan Kualitas Kinerja dan Pelayanan dengan melayani lebih baik, lebih baik melayani”

Demikian surat keterangan ini dibuat untuk dipergunakan sebagaimana mestinya.

Banjarmasin, 11 Juni 2025

Ketua Program Studi

Tadris Bahasa Inggris



Afifah Linda Sari

Melayani Lebih Baik, Lebih Baik Melayani

APPROVAL

Title : University Students' Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill

Name : Linda Putri

SRN : 210101030049

Faculty : Tarbiyah and Teacher Training

Program : Undergraduate Study (S-1)

Department : English Language Education

Academic Year : 2024/2025

Place/Date of Birth : Buntok, 3 Juni 2003

Address : Jl. Veteran, Sungai Gardu, Banjarmasin

After being checked and revised, the thesis has been approved to be examined in front of the board of Examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

Banjarmasin, 27 Mei 2025

Advisor



Dr. Ridha Fadillah, S. Pd, M.Ed
NIP. 197411082005011006

Acknowledged by
Head of English Language Education Study Program
Faculty of Tarbiyah and Teacher Training
UIN Antasari Banjarmasin,



Linda Sari, M.Pd
NIP. 198711102015032004

VALIDATION

Title: University Students' Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill.

Name Linda Putri. SRN 210101030049 has been examined by the board of thesis examiners of Faculty of Tarbiyah and Teacher Training UIN Antasari Banjarmasin.

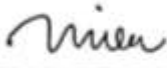
Day : Friday
Date : June 20th 2025
Score : 87,55 (A)

Faculty of Tarbiyah and Teacher Training
UIN Antasari Banjarmasin



Handan, M.Pd
NIP. 196604051993031005

THE BOARD OF EXAMINERS:

No.	Name	Signature
1.	Dr. Ridha Fadillah, S.Pd, M.Ed (Chairperson)	
2.	Dr. Rahmila Murtiana, SS, MA (Member)	
3.	Nor Izzatil Hasanah, M.Pd (Member)	

ABSTRACT

Linda Putri. 2025. *University Students' Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill*. Thesis. English Language Education Study Program, Faculty of Tarbiyah and Teacher Training, Antasari State Islamic University. Advisor: Dr. Ridha Fadillah, S.Pd, M.Ed

Keywords: Self-Directed Learning, Speaking Skills, Students Viewpoints, Learning Strategies, Motivation

Many university students struggle to improve their English speaking skills due to limited classroom practice, lack of confidence, and fear of making mistakes. These issues often hinder their ability to express themselves fluently and comfortably in English. To overcome these limitations, some students turn to self-directed learning (SDL) as an alternative approach. This research explores university students' viewpoints on the use of SDL to develop English speaking skills, as well as the challenges they face during the process. The study employed a qualitative narrative inquiry approach to gain deeper insights into students' personal learning experiences. Data were collected through in-depth, semi-structured interviews with four active students of Antasari State Islamic University Banjarmasin, selected using purposive sampling. Each participant actively engaged in SDL through various strategies such as using the ELSA Speak app, TikTok role-play videos, speaking journals, and English-speaking communities. The findings indicate that students view SDL positively, as it provides flexibility, autonomy, and helps build confidence in speaking. However, they also encountered challenges such as low motivation, laziness, and difficulty managing time. To address these challenges, they used strategies like setting small goals, using reminders, joining peer communities, and maintaining consistent routines. Overall, SDL is considered an effective and practical method for improving English speaking skills when supported by strong motivation, discipline, and environmental support.

ABSTRAK

Linda Putri. 2025. *University Students' Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill*. Program Studi Tadris Bahasa Inggris., Fakultas Tarbiyah dan Keguruan, UIN Antasari Banjarmasin. Dosen Pembimbing: Dr. Ridha Fadillah, S.Pd, M.Ed

Kata kunci: Pembelajaran Mandiri, Keterampilan Berbicara, Pandangan Mahasiswa, Strategi Belajar, Motivasi.

Banyak mahasiswa mengalami kesulitan dalam meningkatkan kemampuan berbicara bahasa Inggris karena terbatasnya latihan di kelas, kurangnya kepercayaan diri, dan rasa takut melakukan kesalahan. Masalah-masalah ini sering menghambat kemampuan mereka untuk mengekspresikan diri dengan lancar dan nyaman dalam bahasa Inggris. Untuk mengatasi keterbatasan tersebut, sebagian mahasiswa memilih pembelajaran mandiri (Self-Directed Learning/SDL) sebagai pendekatan alternatif. Penelitian ini bertujuan untuk mengeksplorasi pandangan mahasiswa terhadap penggunaan SDL dalam mengembangkan keterampilan berbicara bahasa Inggris serta tantangan yang mereka hadapi selama proses tersebut. Penelitian ini menggunakan pendekatan kualitatif dengan desain narrative inquiry untuk menggali pengalaman belajar mahasiswa secara mendalam. Data dikumpulkan melalui wawancara mendalam semi-terstruktur terhadap empat mahasiswa aktif Universitas Islam Negeri Antasari Banjarmasin yang dipilih secara purposive. Setiap partisipan aktif menggunakan SDL melalui berbagai strategi, seperti aplikasi ELSA Speak, video role-play di TikTok, jurnal berbicara, dan komunitas berbahasa Inggris. Hasil penelitian menunjukkan bahwa mahasiswa memiliki pandangan positif terhadap SDL karena memberikan fleksibilitas, kemandirian, dan membantu membangun kepercayaan diri dalam berbicara. Namun, mereka juga menghadapi tantangan seperti kurangnya motivasi, rasa malas, dan kesulitan mengatur waktu. Untuk mengatasinya, mereka menerapkan strategi seperti menetapkan tujuan kecil, menggunakan pengingat, bergabung dengan komunitas belajar, dan menjaga rutinitas yang konsisten. Secara keseluruhan, SDL dianggap sebagai metode yang efektif dan praktis untuk meningkatkan keterampilan berbicara bahasa Inggris apabila didukung oleh motivasi yang kuat, disiplin, dan lingkungan yang mendukung.

ACKNOWLEDGEMENT

بسم الله الرحمن الرحيم.
الحمد لله رب العالمين الصلاة والسلام على أشرف الأنبياء والمرسلين سيدنا ومولانا محمد وعلى
آله وصحبه أجمعين. أما بعد.

Praise to Allah the Almighty who has been giving me guidance till the writer finished this thesis entitled “University Students’ Viewpoints on the Use of Self-Directed Learning to Develop Speaking Skill”. Peace and salutation always be upon Prophet Muhammad P.B.U.H and all his friends who struggle for Allah. The writer like to express appreciation and gratitude to:

1. Dr. H. Hamdan, M.Pd as the Dean of Faculty of Tarbiyah and Teacher Training of Antasari State Islamic University and all his staff for their help in the Administrative matters.
2. Afifah Linda Sari, S.S, M.Pd, as the Head of English Language Education Study Program for the assistance and motivation.
3. Hidayah Nor, S.Pd, M.Pd, as the secretary of English Education Department for the assistance and motivation.
4. Nor Faizah Hayati, S.Pd, as the staff of English Education Department for the assistance and motivation.
5. Dr. Ridha Fadillah, S.Pd, M.Ed, as the academic advisor for the guidance and encouragement.
6. Dr. Ridha Fadillah, S.Pd, M.Ed, as the thesis advisor of content and research method and also the advisor of language and writing techniques for the advice, helps, suggestion and correction.
7. All lecturers and assistants in Faculty of Tarbiyah and Teacher Training for the priceless knowledge.
8. To the writer’s beloved parents and siblings—Mr. Nufi Riyadi, Mrs. Hilda, Raisya Fitri, Muhammad Sholeh Zain, and Ahmad Mishary Rasyid—and to my entire extended family, thank you for your endless support, encouragement, motivation, and heartfelt prayers. Your unwavering love has been the writer’s greatest strength throughout this journey.

9. To Muhammad Iqbal and his family, who have become a second home to the writer—thank you for being a source of comfort, a trusted confidant, and for offering such meaningful and unwavering support. Your presence has brought warmth and strength to the writer’s journey.
10. The writer's closest cousins, Musa, Ridha, Fadil, Caca and Nadia, who always provide support and encouragement and always listen to stories when sad and always help the writer when in trouble.
11. To my best friend who’s like a sister, Nauratun Nisrina—thank you for always being there to listen, for your unwavering support, and for a friendship that means the world to me. Your presence is truly a gift I deeply cherish.
12. To my beloved friends from the Department of English Education—Nada, Dede, Firda, Kharisma, Magfirah, Echa, and Erlessa—thank you for being my pillars during the ups and downs of university life. Your presence has turned stressful days into bearable ones, and ordinary moments into cherished memories. I am deeply thankful for the bond we’ve built and the warmth you've given me throughout this journey.
13. To my precious best friends since junior high school—Nadia, Aziza, Nadira, Ririn, Naili, Syaidilla, Nazwa, and Najla—thank you for being my constants over the years. Our friendship is one of the most beautiful gifts I’ve ever received. We’ve grown together through every phase of life, and I’m so grateful for the love, laughter, and strength you’ve shared with me.
14. To my long-distance friends—Faroh, Nina, Auril, Ica, and Erda—though miles may separate us, your unwavering support has never felt far. You’ve been there to listen, to encourage, and to remind me that I am never alone, even in the most difficult moments. Thank you for always making time, even from afar.
15. To my favorite content creators, Adipara family—thank you, Mama Ranie and Papa Panji, for sharing the wonderful and adorable videos of Zoey, Aron, Renggo. Watching your sweet family has brought joy and inspiration to the writer during moments of tiredness while working on the final project. I hope to have a kind and loving family like the Adipara family in the future.

16. To all the interviewees who kindly took the time to be asked for their opinions, and shared their experiences with the writer.
17. All of the people whom cannot the researcher mention one by one who have the role on finishing this thesis.
18. Lastly, the author would like to sincerely thank herself, *Linda Putri*, for her persistence, patience, and strong will throughout the process of writing this thesis. Despite feeling tired, uncertain, and facing many challenges, she managed to stay strong and keep moving forward with confidence. Thank you for believing in yourself, for pushing through the hard times, and for never giving up until this moment. May this achievement be the start of many more wonderful successes in the future.

Finally, the writer hopes that this research will be useful for the next researchers. The writer admits that this research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Muharram, 6th 1446 A.H
July, 1st 2025 A.D

A handwritten signature in black ink, appearing to read 'Linda Putri' in a stylized, cursive script.

Linda Putri

CONTENTS

COVER PAGE	i
STATEMENT OF AUTHENTICITY	ii
PLAGIARISM CERTIFICATE	iii
APPROVAL	iv
VALIDATION	v
ABSTRACT	vi
ABSTRAK	vii
ACKNOWLEDGEMENT	viii
CONTENTS	xi
LIST OF TABLE	xii
LIST OF APPENDICES	xiii
CHAPTER I INTRODUCTION	1
A. Background of Study	1
B. Definition of Key Terms	4
C. Research Questions	5
D. Objectives of Study	6
E. Significance of Study	6
CHAPTER II THEORETICAL REVIEW	7
A. Topic	7
B. Previous Study	19
CHAPTER III RESEARCH METHOD	22
A. Research Design	22
B. Research Setting	26
C. Participants	26
D. Data	26
E. Technique of Data Collection	27
F. Research Instrument	28
G. Data Analysis	29
CHAPTER IV FINDINGS AND DISCUSSION	31
A. Findings	31
B. Discussion	41
CHAPTER V CLOSURE	48
A. Conclusion	48
B. Suggestions	49
REFERENCES	52
APPENDICES	59
CURRICULUM VITAE	64

LIST OF TABLE

Table 3.1 Participants.....	26
-----------------------------	----

LIST OF APPENDICES

Appendix 1 Translations of Qur'an	59
Appendix 2 Interview Guideline.....	60
Appendix 3 Research Permission Letter	62
Appendix 4 Consultation Letter	63