

APPENDICES

Appendix 1: Translations of Qur'an

Holy Qur'an Surah *Ar-Rahman* verses 3 and 4

خَلَقَ الْإِنْسَانَ ۙ عَلَّمَهُ الْبَيَانَ ۚ ٤

“God Created man (3) Taught him to speak (4)”

“Dia Menciptakan Manusia (3) Mengajarnya pandai berbicara (4)”

Holy Qur'an Surah *Taha* verses 27 and 28

وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي ۚ ٢٧ ۖ يَفْقَهُوا قَوْلِي ۚ ٢٨

“Then remove the stiffness from my tongue,” (27) so that they may understand my words.” (28)

“Dan lepaskanlah kekakuan dari lidahku,” (27) agar mereka mengerti perkataanku” (28)

Appendix 2: Research Instruments

Interview Guideline for RQ 1: 1st Respondent

Interview Guidelines	Participants Response
<p>1. Feelings During Storytelling.</p> <p>a. How do you feel when you are asked to tell a story in English in front of the class?</p>	<p>First, it so difficult for me because it so hurt to be a confident and I never telling story in front of the class, but because I enter the Special English Class (SEC) and the teacher always instructs me and motivating me I always study how to be confident when storytelling in front the class. However, I still nervous when my friends or there are senior of class and my teacher look at me so seriously.</p>
<p>b. What makes you most nervous during storytelling activities?</p>	<p>The audience, because the audience makes me feel nervous when they are look at me like judging, actually I am overthinking because they are is better than me. sometimes I feel I can not to follow them, so also with the teacher, if the teacher watching me so seriously and I am sure I will feel more nervous when my performance is evaluated.</p>
<p>2. Internal Factors</p> <p>a. Do you ever feel that you are not good enough at English when storytelling?</p>	<p>Yes, because sometimes I forgot my lines or what I want to tell in the front of others, and sometimes I forgot the vocabulary that makes my story is unclear and broken, it was because I am very nervous, so I feel my English is so bad at the time.</p>
<p>b. Do you feel nervous because you are afraid of making mistakes or forgetting your lines?</p>	<p>Yes of course, I feel more nervous when I forgetting my lines of story, that is my big challenges, because when I feel very nervous of course I forgot what I want to tell before.</p>
<p>3. External Factors</p> <p>a. Do you feel more anxious when your classmates or teacher are watching you closely?</p>	<p>Yes, because I am not confident with myself, however I have studied at the night, especially after I saw my friends had a better performance, and when I was in front of the class, I felt a lot of anxiety because all of my friends and my teacher were watching me.</p>
<p>b. Does the classroom environment affect your confidence?</p>	<p>Yes, because they sometimes support me and sometimes no, I feel the classroom environment affects my confidence, however encouragement from one of my best friends motivated me to continue practicing telling the story.</p>
<p>4. Past Experiences</p> <p>a. Have you had any negative</p>	<p>Yes, when I made a short story from vocabularies or short expressions, I forgot and leave some</p>

Interview Guidelines	Participants Response
experiences during storytelling before?	words that make me feel nervous and I feel my performance or my story is un good and the I feel very shy.
b. How do these experiences affect your confidence now?	That experience makes me feel shy in front of my friends because of that I always talk in front of the mirror, I always practice my story before I perform in front of my class. I studied hard to memorize the story and my best friends always support me for to be better.
5. Closing a. Is there anything else you would like to share about your experience in storytelling?	In my first storytelling experience that while I am 7 th grade student, the teacher instructs me to retell the story , not in front of the class but in my chair, and I be the first storyteller from all my friends, and at the time because me and my friends still have not good relation, they look at me like judging me and I am not comfortable with that, and also o feel that my English is still not good and I don't know many vocabularies , and finally I feel that is my bad experience because I can't show the best.

Interview Guideline for RQ 2: 1st Respondent

Interview Guidelines	Participants Response
1. Immediate Reactions a. What do you usually do when you started to feel nervous during storytelling?	Usually, I will touch that what I can touch, like touch my pen, blouse or my veil to reduce my anxiety when storytelling activities.
b. Do you try to hide your anxiety? How?	Yes, usually I can up my voice or shaking my hands with any gestures to hide my anxiety, so avoided eye contact with my friends so I can handle it.
2. Coping Strategies a. Do you have any personal strategies to calm yourself before during storytelling (e.g. breathing, rehearsing, using notes)?	Before telling story or come forward to front of the class I will drink much water, because if I telling story in front of the audience or many people, I feel my voice is easy to lost at the middle of the performance.
b. Do you prefer to practice with friends, alone, or with your teacher?	Yes, I will practice alone for the first in front of my mirror, so I will come to my friends to examine my trust, and the I came to my teacher for evaluating me.
3. Support Seeking a. Do you ask your friends or teacher for help when you're anxious?	Yes of course, usually my friend will hold my hand and help me to make me enjoy.
b. How do they usually respond?	Their respond is so good, and their assistance make me comfortable, supported, and enjoy.
4. Behavioral Adjustments a. Do you change how you deliver your story (speak faster, same content) when you feel anxious?	Usually when I feel anxious, I will repeat my words until I remember what I want to say, like I am thinking what I want to tell again.
b. Do you try to avoid storytelling activities? Why or why not?	I don't think so to avoid storytelling activities, because that examine my confidence and I feel more self-confidence now because I often telling a story in front of the class or in front of my teacher.

Interview Guideline for RQ 1: 2nd Respondent

Interview Guidelines	Participants Response
<p>1. Feelings During Storytelling.</p> <p>a. How do you feel when you are asked to tell a story in English in front of the class?</p>	<p>First, it so difficult for me because I never talk in front of the class, especially telling story in English, and suddenly I am afraid my classmates look at me like their judge me, so that make me feel more anxiety and I am afraid of making mistakes because my English is still un good.</p>
<p>b. What makes you most nervous during storytelling activities?</p>	<p>Usually, the audience is so seriously to looking at me and sometimes they look at me like their judge me, actually they don't judge me but I am really nervous, so I think if they like that, however they just want to see me.</p>
<p>2. Internal Factors</p> <p>a. Do you ever feel that you are not good enough at English when storytelling?</p>	<p>Yes, because nobody is perfect and I still try struggle to be better especially in storytelling.</p>
<p>b. Do you feel nervous because you are afraid of making mistakes or forgetting your lines?</p>	<p>Yes, because sometimes when I made mistakes in pronunciation or grammar they seemed to be mocking me as if it was funny to them, and sometimes I forgot what I wanted to say in front of the class because I was so nervous.</p>
<p>3. External Factors</p> <p>a. Do you feel more anxious when your classmates or teacher are watching you closely?</p>	<p>Yes, maybe I feel it when my classmates and my friend look at me so serious so I will more nervous rather than my teacher. Because I think when my friends are look at me when I am making mistakes or something wrong they will laugh at the time, maybe that is funny for them, but I don't know well.</p>
<p>b. Does the classroom environment affect your confidence?</p>	<p>Yes, because they always support me to be better in storytelling, and also my teacher she always instructs me to tell story about myself, daily activity or about the lesson, so I think my classroom very support me to be more confident person, and it so make me happy have a lot of friends that always supporting me.</p>
<p>4. Past Experiences</p> <p>a. Have you had any negative experiences during storytelling before?</p>	<p>Yes, when I made a short story from vocabularies or short expressions, I forgot and leave some words that make me feel nervous and I feel my performance or my story is un good and the I feel very shy.</p>
<p>b. How do these experiences affect your confidence</p>	<p>Yes, I ever, sometime when I telling story to them maybe they will judge me or telling my</p>

Interview Guidelines	Participants Response
now?	story is un good. I feel their English is better than me. I feel there where also some who whispered as if I had some something wrong, and that made me feel more anxious because I was afraid of being laughed at, criticized or compared, but I will take it and receive it for getting me a better person.
<p>5. Closing</p> <p>a. Is there anything else you would like to share about your experience in storytelling?</p>	I would like to share my experience in storytelling when I 10 th grade student I have followed the activity of Ramadhan storytelling competition, that experience so fun for me because that the first time I come forward in front of more audience than before, there is a senior of class, my teacher, the judges and the boys, so there I feel very nervous but I believe with myself if I can do it, and that is my best experience in my life.

Interview Guideline for RQ 2: 2nd Respondent

Interview Guidelines	Participants Response
1. Immediate Reactions a. What do you usually do when you started to feel nervous during storytelling?	I could touch my hand, or thinks in my body like my blouse, my veil, or the thinks that I can touch, at least I am not really nervous.
b. Do you try to hide your anxiety? How?	I try to take a long breath, calm and thinking the word I have studied, and I don't tell to anyone if I am anxiety now.
2. Coping Strategies a. Do you have any personal strategies to calm yourself before during storytelling (e.g. breathing, rehearsing, using notes)?	Usually, I drink a mineral water or eat something before I came forward to the front of class to reduce my anxiety.
b. Do you prefer to practice with friends, alone, or with your teacher?	Yes, at first I will practice it with my self so come to my friend and the last with my teacher who I believed because she will listen me carefully and give a good suggestion for me to be better.
3. Support Seeking a. Do you ask your friends or teacher for help when you're anxious?	While at the time I will ask my friend to reduce my anxiety like help the word I have forgotten or the wrong grammar or even forgetting my story lines.
b. How do they usually respond?	Their respond is so very good, when I ask help when I feel nervous, because they know I very nervous when I know that teacher would be assessed and evaluated at the time, and the best story teller will receive a price from the teacher that make me more anxiety, so my friend give the best to reduce my anxiety.
4. Behavioral Adjustments a. Do you change how you deliver your story (speak faster, same content) when you feel anxious?	Yes, because when I feel nervous or anxious I will speak faster and of course my friends are not understand what I said, so I try to speak slowly with a clear pronunciation because in want they understand with my story.
b. Do you try to avoid storytelling activities? Why or why not?	No, because storytelling is a good habit for me, and I think some factors that make me anxious is the challenges for me to be a confident person, because I think when I get out from this boarding school, I will interact with many people that requires courage and self-confidence.

Interview Guideline for RQ 1: 3rd Respondent

Interview Guidelines	Participants Response
<p>1. Feelings During Storytelling.</p> <p>a. How do you feel when you are asked to tell a story in English in front of the class?</p>	<p>When the teacher asks me of course I feel so nervous because telling story in front of my friends have a good English especially in storytelling activities, actually I know the story, but I don't know how to say it in English because I am so nervous.</p>
<p>b. What makes you most nervous during storytelling activities?</p>	<p>About the audience however I have studied before, when I look at all of my friends of course I feel so nervous, I am afraid I will forget some parts of the story.</p>
<p>2. Internal Factors</p> <p>a. Do you ever feel that you are not good enough at English when storytelling?</p>	<p>Yes, every time when I talk in English or when storytelling activities, I often ask to my friend how about my speaking last time, because I think I am not good enough in English, but my friends always support me.</p>
<p>b. Do you feel nervous because you are afraid of making mistakes or forgetting your lines?</p>	<p>Yes of course, usually I feel nervous if I am forgetting some vocabulary or some parts of the story, and when I do some mistakes I will very shy and more nervous especially when I have grammatical errors in storytelling activities.</p>
<p>3. External Factors</p> <p>a. Do you feel more anxious when your classmates or teacher are watching you closely?</p>	<p>Yes of course, because I have told before, if my friends are watching me closely I will more nervous, because I think they look at me like judging me and if I do some mistakes of course they will laugh at me, however that just kidding for them, but for me that makes me feel un good in storytelling and after that I feel very shy.</p>
<p>b. Does the classroom environment affect your confidence?</p>	<p>Sometimes no and sometimes yes, because when I am telling story in special English class they were very support me after I am making some mistakes, so when I followed storytelling competition they were very supportive and stand at the front of for watching me, so I think that very affect my confidence.</p>
<p>4. Past Experiences</p> <p>a. Have you had any negative experiences during storytelling before?</p>	<p>Yes I have, when I am be SEC member, so I followed the storytelling competition I am forgot some parts of the story and I am very shy at the time.</p>
<p>b. How do these experiences affect your confidence now?</p>	<p>Now these experiences make me more confident now, and I will always study how to reduce my anxiety in storytelling, because when I try to</p>

Interview Guidelines	Participants Response
	calm down I can be a good storyteller as my teacher said, and of course I feel more confident when the audience give me the applause.
<p>5. Closing</p> <p>a. Is there anything else you would like to share about your experience in storytelling?</p>	<p>Yesterday when LP3 (Lomba Perkemahan Penggalang Dan Penegak) in boys, I followed the storytelling competition and there is boys participants and many audience that makes me feel more nervous because I think they are very good in English especially in storytelling, and of course when I do something wrong they were judge me, but because my teacher always support me I can be second winner of storytelling activities which is against male and female contestant.</p>

Interview Guideline for RQ 2: 3rd Respondent

Interview Guidelines	Participants Response
<p>1. Immediate Reactions</p> <p>a. What do you usually do when you started to feel nervous during storytelling?</p>	<p>Actually, when I feel nervous I will touch something like shaking my pen or touch my blouse, because from my teacher if we feel more nervous in storytelling activities we can touch our blouse, or veil, or something that can touch.</p>
<p>b. Do you try to hide your anxiety? How?</p>	<p>I will study more about storytelling because I very like ton telling a story, like my daily activity or even about the lesson, and study is one strategy to hide my anxiety before I tell the story in front of my friends.</p>
<p>2. Coping Strategies</p> <p>a. Do you have any personal strategies to calm yourself before during storytelling (e.g. breathing, rehearsing, using notes)?</p>	<p>Actually, before I tell the story in front of my teacher and my friends of course I will read the story more and more until I believe with myself If I have memorize it and then I will brush up before the lesson.</p>
<p>b. Do you prefer to practice with friends, alone, or with your teacher?</p>	<p>Yes, at first I will practice it with myself so come to my friend and the last with my teacher who I believed because she will listen me carefully and give a good suggestion for me to be better.</p>
<p>3. Support Seeking</p> <p>a. Do you ask your friends or teacher for help when you're anxious?</p>	<p>While at the time I will ask my friend to reduce my anxiety like help the word I have forgotten or the wrong grammar or even forgetting my story lines.</p>
<p>b. How do they usually respond?</p>	<p>Their respond is so very good, when I ask help when I feel nervous, because they know I very nervous when I know that teacher would be assessed and evaluated at the time, and the best story teller will receive a price from the teacher that make me more anxiety, so my friend give the best to reduce my anxiety.</p>
<p>4. Behavioral Adjustments</p> <p>a. Do you change how you deliver your story (speak faster, same content) when you feel anxious?</p>	<p>Yes, because when I feel nervous or anxious I will speak faster and of course my friends are not understand what I said, so I try to speak slowly with a clear pronunciation because in want they understand with my story.</p>
<p>b. Do you try to avoid storytelling activities? Why or why not?</p>	<p>No, because storytelling is a good habit for me, and I think some factors that make me anxious is the challenges for me to be a confident person, because I think when I get out from this boarding school, I will interact with many people that</p>

	requires courage and self-confidence.
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Interview Guideline for RQ 1: 4th Respondent

Interview Guidelines	Participants Response
1. Feelings During Storytelling. a. How do you feel when you are asked to tell a story in English in front of the class?	I am really nervous because I feel my friends is more better than me, however I usually prefer before telling story, like talking in front of the mirror, but sometimes I still feel like I am not ready.
b. What makes you most nervous during storytelling activities?	From the people look at me so seriously especially the audience that I don't know before, so when I look at them I feel very nervous, I am afraid of making mistakes, and when I look at my friends to her performance is very good of course I will more nervous.
2. Internal Factors a. Do you ever feel that you are not good enough at English when storytelling?	Yes of course, when I told the story to front of my friends I feel they don't understand what I said, because I think my language is bad, so after I told the story in front of my friends I always said to myself what I said before, why I talk like that, and why I can not give the best performance.
b. Do you feel nervous because you are afraid of making mistakes or forgetting your lines?	Yes of course, when I am forgetting the parts of the story, I will overthinking about myself, and of course because I feel very nervous the words what I said is unclear and my pronunciation is errors.
3. External Factors a. Do you feel more anxious when your classmates or teacher are watching you closely?	If my friends of class or my teacher is watching me I like jus so-so, but if other people of course I will very nervous, because I don't know them and they don't know me, so if I am getting wrong of course they will judge me and I will very shy about it.
b. Does the classroom environment affect your confidence?	Yes, they support each other and they always support me to be confident and telling "let's go you can do it" and I should be confident to them so that make me feel more confidence because my classmates always support, however they know if I am difficult to learn something in English, especially memorize the story.

Interview Guidelines	Participants Response
<p>4. Past Experiences</p> <p>a. Have you had any negative experiences during storytelling before?</p>	<p>Yes, I have, when I come forward to telling a story, and I am very nervous so I forgot one paragraph of the story.</p>
<p>b. How do these experiences affect your confidence now?</p>	<p>Because that experience, when the teacher give me the feedback from my presentation, now I am more confident and my teacher always instructs me to telling a story in front of my friends so it is become a habit of mine and because of that I believed that storytelling could be enjoyable when I well prepared however I still doubt my readiness despite practicing beforehand.</p>
<p>5. Closing</p> <p>a. Is there anything else you would like to share about your experience in storytelling?</p>	<p>Yes. While I am 8th grade students I feel very nervous when the audiences are looking at me, I feel all attention was directed to me, so I get more scared and nervous, in addition I am thinking they expect my perform is well.</p>

Interview Guideline for RQ 2: 4th Respondent

Interview Guidelines	Participants Response
1. Immediate Reactions a. What do you usually do when you started to feel nervous during storytelling?	The first is inhale and drink much water if I am very nervous, so I will read more and more to reduce my anxiety and I will ask help to my friends for holding my hand, because that I can perform well.
b. Do you try to hide your anxiety? How?	Firstly, I will ask my friends to keep me reading the story before I perform, so I will ask my teacher for giving me support and the is hide my anxiety.
2. Coping Strategies a. Do you have any personal strategies to calm yourself before during storytelling (e.g. breathing, rehearsing, using notes)?	The first I will study many vocabularies and the pronunciation, then I should practice before, because limited preparation were significant make me more anxiety.
b. Do you prefer to practice with friends, alone, or with your teacher?	Of course, first I will practice by myself and then I ask to my friend for keeping me and correct me if I am wrong, because if I just practice by myself I will still very nervous when I am perform in front of the class.
3. Support Seeking a. Do you ask your friends or teacher for help when you're anxious?	Yes, because if I don't ask my friends or my teacher to keep my wrong or even motivated me, I feel alone in this boarding school, so I can not, actually we need one friend or teacher for giving us support and happiness.
b. How do they usually respond?	Their respond is so very good, when I tell story to them, they will respect to me and listen to me carefully, and because they respect to me, I will respect too to them.
4. Behavioral Adjustments a. Do you change how you deliver your story (speak faster, same content) when you feel anxious?	Yes, because when I am very nervous, I will shaking my hand, so I will talk very faster to make my friend's attention is not looking at me, or even I will talk some word to remember the line that I have forgotten.
b. Do you try to avoid storytelling activities? Why or why not?	No, but actually I don't like to telling a story or even in the lesson because I would prefer my story in my note book.

Interview Guideline for RQ 1: 5th Respondent

Interview Guidelines	Participants Response
<p>1. Feelings During Storytelling.</p> <p>a. How do you feel when you are asked to tell a story in English in front of the class?</p>	<p>First of course I will feel nervous because I never talk English in long words especially telling a story, so the teacher instructs us to memorize one story, but the first I am felling shy to stand up in front of my friends and I felt uncomfortable when the attention of others was focused on me, that feeling I have felt before.</p>
<p>b. What makes you most nervous during storytelling activities?</p>	<p>Something that makes me more nervous is the audience, because have big insecurity with myself. I feel scared and more nervous because everyone is staring at me and every I look at their respond I will think many negatives thinks in my mind.</p>
<p>2. Internal Factors</p> <p>a. Do you ever feel that you are not good enough at English when storytelling?</p>	<p>Yes, I ever it, when I entered to SEC class, I feel insecurity with my English because I saw my friends that she had a good English that more better than me so that make me reflects ongoing efforts to study more.</p>
<p>b. Do you feel nervous because you are afraid of making mistakes or forgetting your lines?</p>	<p>Yes, I feel nervous, if sometimes I am wrong in my vocabulary or pronunciation, so I will think a negatives word from my friend, however they don't talk in front of me.</p>
<p>3. External Factors</p> <p>a. Do you feel more anxious when your classmates or teacher are watching you closely?</p>	<p>Yes, I feel more anxious when the teacher or classmates are watching me because when I practice my English I feel I am still not good in English, I always get nervous when I have to speak in front of the class.</p>
<p>b. Does the classroom environment affect your confidence?</p>	<p>Yes, the classroom environment affect my confidence because in the classroom I can build my confidence, because in front of my parents or even in my home I can't still showed up to them, I am still nervous if they criticizing me.</p>
<p>4. Past Experiences</p> <p>a. Have you had any negative experiences during storytelling before?</p>	<p>Yes, I had negative experience during storytelling that is while I am being the participant of motivator competition, I forgot my lines and some words, so I directly see the audience I feel very shy and going to remember words by words but can't, so I try to make it in another word in the same meaning.</p>

Interview Guidelines	Participants Response
b. How do these experiences affect your confidence now?	Because that experience, I more study how to be confident in front of the people, because being observed increased my nervousness and every competition of course my teacher will expect to me for performing well and that make me pressure to study more, and my teacher said, “you should be confident of yourself, because the master of English should be confident, so just believe with yourself.”
5. Closing c. Is there anything else you would like to share about your experience in storytelling?	Yes. Every I want to tell story to my friends or others I can study some vocabulary or new words from them, however my English is still not good enough but because of them I study more to make my English is better than now.

Interview Guideline for RQ 2: 5th Respondent

Interview Guidelines	Participants Response
1. Immediate Reactions a. What do you usually do when you started to feel nervous during storytelling?	I will shaking my hand and I will tell it to my friends for reducing my anxiety, so the affirmation from my friend like “you can if you think you can” that make my nervous is decrease.
b. Do you try to hide your anxiety? How?	Every I want to hide my anxiety I will talk more connecting word like and, then, so or repeat the same word.
2. Coping Strategies a. Do you have any personal strategies to calm yourself before during storytelling (e.g. breathing, rehearsing, using notes)?	The first I will talk in front of the mirror, and then I smile so I talk to my self a good affirmation, so I will feel more calm and believe if I can do it.
b. Do you prefer to practice with friends, alone, or with your teacher?	I prefer practice with myself that is front of the mirror.
3. Support Seeking a. Do you ask your friends or teacher for help when you're anxious?	Yes, sometimes I will ask my friends to help me when I am getting anxious like give a good motivation, affirmation or something that make me calm, and sometimes I will ask too to my teacher if I feel my friend doesn't want to help me.
b. How do they usually respond?	Their respond is gladly accepted my help, every I ask my friends they always received it and that help reduce my anxiety.
4. Behavioral Adjustments a. Do you change how you deliver your story (speak faster, same content) when you feel anxious?	From myself that I feel when I am nervous I will repeat my words so I will talk more connecting word like and, then, or, I will remember the words that I have told before.
b. Do you try to avoid storytelling activities? Why or why not?	No, I always try to do my best, because as my teacher said, “you should to be confident and you should believe with yourself” so that motivated me if someone believe me its like pressure for me getting better and I will do my best.

Observation Guidelines for RQ 1

RQ 1: What are the internal and external factors that cause students speaking anxiety in storytelling activities?

Observation Focus		Observer Notes
1. Signs Of Anxiety During Storytelling. a. Do students show physical signs of anxiety (e.g., shaking hands, fidgeting, avoiding eye contact)	✓	Yes, they more touch something that they can touch, like pen, or they blouse, veil, or their friend hand.
b. Do students hesitate, pause, or forget their story lines?	✓	Yes, when storytelling activities some students forget her story lines, and she paused words by words, and she looked at her friends for help.
2. Reaction to the Audience. a. Do Students become more nervous when more classmates are watching?	✓	Yes, especially when their friend were cheering, some students becomes more nervous.
b. How do students react when receiving feedback from the teacher or peers?		When receiving feed back from their friend or teacher, their respond is so well, they also showed signs of nervousness, avoided eye contact with their friends and wrote down all the feedback from their teacher and their classmates to use for evaluation.
3. Patterns of Anxiety a. Are students more anxious when working alone compared the group storytelling?	✓	Yes, because when they tell a story on their own story in front of the class, they seem very nervous and afraid of making mistakes compared to when they all tell a story with their friend, when their friend is there, they can split the story's parts, which make it easier to remember, and if they forget, their friend knows it an d can help.
b. Are certain students consistently more anxious than others?	✓	Yes, especially when some students who are introverted and lack confidence , and their friends performing well in front of the class and being able to speak well.

Observation Guidelines for RQ 2

RQ 2: What do students do when they feel anxious when performing storytelling activities in class?

Observation Focus		Observer Notes
1. Anxiety Management Strategies. a. Do students appear to use preparation strategies before performing (e.g. reviewing notes, rehearsing)	✓	Yes, they often memorize the story to read over and over again before they perform in front of the class, then they ask their friend to watch and see how well they do before they come in front of the class.
b. Are there visible signs of self-regulation techniques (e.g. deep breathing, self-talks)?	✓	Yes, there are visible sign of regulation techniques like self-talks or practice before they come forward in front of the class.
2. Peer/Teacher Interaction. a. Do students seek reassurance or assistance from peers or teachers?	✓	Yes, their ask their friend assistance for helping when they are forgetting their lines or forget some vocabularies.
b. Do students feel more relaxed when supported?	✓	Yes, they seem to enjoy themselves more and feel calm when their friends support them when they forget some vocabulary.
3. Behavioral Indicators of Avoidance or Adaptations a. Do students try to shorten their storytelling or avoid eye contact to reduce anxiety?	✓	Yes, they often make eye contact with their friends to make themselves feel more comfortable in front of the class, and their friends also seem very supportive in helping them when they forget some vocabulary.
b. Are there students who attempt to exit or skip storytelling activities?	✗	No a single one.

Appendix 3: Research Permission Letter



Nomor : B- 398 /Un.14/III.1/PP.00.9/02/2026 12 Februari 2026
 Sifat : Penting
 Lampiran : 1 (Satu) Berkas
 Hal : Mohon Izin Riset

Yth. Kepala Pondok Pesantren Darul Istiqamah Putri Barabai
 Kabupaten Hulu Sungai Tengah, Kota Barabai, Provinsi Kalimantan Selatan

Assalamu'alaikum Wr.Wb

Sehubungan rencana penelitian yang akan dilaksanakan oleh mahasiswa (i) dalam rangka penyusunan skripsi, maka dengan ini kami mohon izin serta bantuan Bapak/Ibu agar kiranya berkenan memberikan informasi/data yang diperlukan oleh :

Nama : Alviona Azzahra
 NIM : 220101030345
 Program Studi : Tadris Bahasa Inggris
 Fakultas : Tarbiyah dan Keguruan
 Alamat : Jl. Pramuka Komplek DPRD, Blok 6 No. 102 RT 12 RW 01
 No HP : 081350400059

Kami sampaikan pula sebagai Satker berpredikat Zona Integritas Wilayah Bebas dari Korupsi (ZI-WBK) menuju Zona Integritas Wilayah Birokrasi Bersih Melayani (ZI-WBBM) UIN Antasari Banjarmasin berkomitmen terus menjaga integritas serta terus meningkatkan Kualitas kinerja dan Pelayanan.

Demikian surat keterangan ini kami sampaikan, atas perhatian dan perkenan Bapak/Ibu serta kerjasamanya yang baik kami ucapkan terimakasih.

Wassalamu'alaikum Wr.Wb

Banjarmasin, 12 Februari 2026

Wakil Dekan Bidang Akademik dan Kelembagaan,



Dr. Ahmad Salabi, S.Ag., M.Pd.
 NIP 197212112008011009

Tembusan :
 Dekan Fakultas Tarbiyah dan Keguruan



معهد دار الإيتام للذكية الإسلامية الحديثة
MADRASAH ALIYAH DARUL ISTIQAMAH

Jl. H. A. Syafani Murakata Barabai Kab. HST, Kal-Sel Website : www.darulistiqamah.ponpes.id
 Email : mandarulistiqamah@gmail.com NSM : 131263070001 NPSN : 30315540 Instagram : @darulistiqamahtv
 Status Akreditasi : "A"

Surat Keterangan Selesai Penelitian

Nomor : 175/MA.DI/PP.00.6/IV/2026

Yang bertanda tangan dibawah ini :

Nama : **MUHAMMAD RULIYADI, S.Pd. I**
 NIP : 197712312007101002
 Jabatan : Kepala Madrasah
 Unit Kerja : MAS Darul Istiqamah Barabai

Menerangkan dengan sebenarnya bahwa:

Nama : **ALVIONA AZZAHRA**
 NIM : 220101030345
 Perguruan Tinggi : UIN Antasari Banjarmasin
 Jurusan : Tadris Bahasa Inggris
 Fakultas : Tarbiyah dan Keguruan

Telah melakukan penelitian di MAS Darul Istiqamah Barabai mulai Februari sampai dengan Maret 2026 untuk memperoleh data guna penyusunan tugas akhir skripsi dengan judul "Exploring The Factors Causing Students Speaking Anxiety in Storytelling Activities".

Demikian surat keterangan ini dibuat untuk dapat dipergunakan sebagaimana mestinya.

Barabai, 25 April 2026
 Kepala Madrasah,




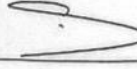







Muhammad Rulivadi, S. Pd. I
 NIP. 197712312007101002

Appendix 5: Photographs



Appendix 6: Consultation Letter

No	Date	Notes	Signature
1.	Selasa 6 - 5 - 2025	Konsultasi bab I-II	
2.	Kamis 15 - 5 - 2025	Konsultasi bab III	
3.	Selasa 17 - 02 - 2026	Konsultasi technique of Data Collection & ttd	
4.	Selasa 21 - 04 - 2026	Konsultasi Bab IV	
5.	Kamis 23 - 04 - 2026	Konsultasi Bab V	
6.	Sabtu 25 - 04 - 2026	Konsultasi Theory	
7.	Selasa 26 - 04 - 2026	Konsultasi Theory	
8.	Selasa 05 - 05 - 2026	Konsultasi Perbitan Bab IV & Bab V	
9.	Kamis 06 - 05 - 2026	ACC	

CURRICULUM VITAE

1. Full Name : Alviona Azzahra
 2. SRN : 220101030345
 3. Place and Date of Birth : Barabai, 29th of December 2003
 4. Nationality : Indonesia
 5. Address : Jl. Pramuka, Dharma Bakti VF No. 102,
Banjarmasin Timur.
 6. Phone Number : 081350400059
 7. Email : alvionabrb@gmail.com
 8. Organization :
 - a. Sekretaris Bidang Management Event & Musik Sanggar Musik Antasari (2023-2024)
 - b. Sekretaris Umum Sanggar Musik Antasari (2024-2025)
 - c. Anggota Public Relation and Entrepreneurship of ESA (2022-2023)
 - d. Anggota Bidang Pengkaderan of IKAMADI (2022-2023)
- Work experience :
- a. Internship Photographer in Simanis Studio Kandangan (2020)
 - b. Internship Wedding Organizer in Simanis Studio Kandangan (2021-2022)
 - c. Liaison Officier in Flow Wedding Organizer (2025- now)

9. Academic Achievement :

- a. As participant in the workshop of “Pre-service English Teachers’ development of AI-Driven Teaching Video Materials” (40 JP/ Credit) by co-Writers and TBI Department (June-September 2025)
- b. As Committee at academic Writing activity at UIN Antasari Banjarmasin (September 15 2023)
- c. Participants in TOEFL Preparation Class on 20-21 July 2023
- d. Participants of PPL 1 who have passed with a grade A (26 October-30 November)

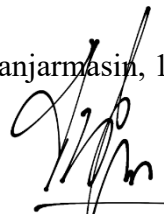
10. Non-Academic

Achievement :

- a. Master of Ceremony Soundfest 3rd of Sanggar Musik Antasari in Café Umbrella
- b. Master of Ceremony Soundfest 4th of Sanggar Musik Antasari in Balairung Sari Hall
- c. Master of Ceremony Celebrated New Year of Sanggar Musik Antasari 2023
- d. Master of Ceremony Anniversary Sanggar Musik Antasari in Wetland Square 2023
- e. Chief of Art Section in Boarding school (2021/2022)
- f. Master of Ceremony Panggung Gembira (Last of senior High School Performance) 2021/2022
- g. Chief of Architecture Panggung Gembira 6222

- h. 4th place in Kaligrafi Kontemporer Competition Ramadhan Activity 2020
 - i. 1st place Kolonel Competition at JAMRANA Girls and Boys Darul Istiqamah
 - j. 3rd place Kolonel Competition of Girls 2021
 - k. 3rd place Maket Competition JAMRANA Girls and Boys Darul Istiqamah
 - l. Best Bina Damping for girls at JAMRANA 2021/2022
 - m. 1st place Nasyid Competition for Girls and Boys in Ramadhan Activity
11. List of Scientific Works :
- a. UNEARTHING LIFE LESSON: An In-Depth Analysis of the Novels *Laskar Pelangi* by Andrea Hirata

Banjarmasin, 12 May 2026



Author