

**THE EFFECTIVENESS OF USING VIDEOTAPE IN REDUCING ENGLISH  
SPEAKING ANXIETY OF THE FIRST SEMESTER STUDENTS AT THE  
LANGUAGE DEVELOPMENT CENTER (PPB) OF UIN ANTASARI  
BANJARMASIN**

Thesis

**By :**

**SURIANTI ALFISYAH**



**ANTASARI STATE ISLAMIC UNIVERSITY**

**BANJARMASIN**

**2018 A.D/1439**

**THE EFFECTIVENESS OF USING VIDEOTAPE IN REDUCING ENGLISH  
SPEAKING ANXIETY OF THE FIRST SEMESTER STUDENTS AT THE  
LANGUAGE DEVELOPMENT CENTER (PPB) OF UIN ANTASARI  
BANJARMASIN**

**THESIS**

Presented to

Antasari State Islamic University Banjarmasin

in partial fulfillment of the requirements

For the Degree of Sarjana in English Language Education

By

Surianti Alfisyah

1301240862

**ANTASARI STATE ISLAMIC UNIVERSITY**

**BANJARMASIN**

**FACULTY OF TARBIYAH AND TEACHERS TRAINING**

**ENGLISH EDUCATION DEPARTMENT**

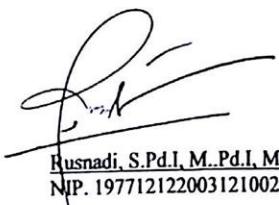
**JANUARY, 2018 A.D/1439 H**

## APPROVAL

This is to certify that the *sarjana's* thesis of SURIANTI ALFISYAH Students Reg. 1301240862 with the title THE EFFECTIVENESS OF USING VIDEOTAPE IN REDUCING ENGLISH SPEAKING ANXIETY OF THE FIRST SEMESTER STUDENTS AT THE LANGUAGE DEVELOPMENT CENTER (PPB) OF UIN ANTASARI BANJARMASIN has been approved by the thesis advisors for further approval by the board of examiners.

Banjarmasin, 26 January 2018

Advisor I



Rusnadi, S.Pd.I, M.Pd.I, M.A.  
NIP. 197712122003121002

Advisor II



Nur Alfa Rahmah, M.Pd  
NIP. 19880729015032005

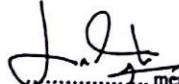
Acknowledged by  
Head of English Education Department



## VALIDATION

This is to certify that the *sarjana*'s thesis of Surianti Alfisyah the Title  
THE EFFECTIVENESS OF USING VIDEOTAPE IN REDUCING ENGLISH  
SPEAKING ANXIETY OF THE FIRST SEMESTER STUDENTS AT THE  
LANGUAGE DEVELOPMENT CENTER (PPB) OF UIN ANTASARI  
BANJARMASIN has been approved by the board of examiners as the requirements  
for the degree of *sarjana* in English Language Education.

  
....., Chairmen  
Drs. Sa'adillah, M.Pd  
NIP. 196405201992031006

  
....., member  
Afifah Linda Sari, M.Pd  
NIP. 198711102015032004

  
....., member  
Nur Alfa Rahmah, M.Pd  
NIP. 19880729015032005

Approved by  
Dean Faculty of Tarbiyah and Teacher Training

Prof. Dr. H. Juairiah, M.Pd  
NIP. 196001061986032004

### **STATEMENT OF AUTHENTICITY**

By signing this form, I

Name : Surianti Alisyah

SRN : 1301240862

Department : English Department

Faculty : Tarbiyah and Teachers Training

Certify that the work in this thesis is, to the best of my knowledge and belief, original, except as acknowledged in the text, and has not been submitted, either in whole or in part, for degree at this university or any other university. If someday, it is proven as duplication, imitation, plagiarism or made by others partly or entirely, I understand that my thesis and academic title will be cancelled due to the law.

Banjarmasin, January 11, 2018

The writer,



Surianti Alisyah

## ABSTRACT

**Alfisyah, Surianti.** 2018. The Effectiveness of Using Videotape in Reducing English Speaking Anxiety of the First Semester Students at the Language Development Center (PPB) of UIN Antasari Banjarmasin. Thesis, English Education Department, Faculty of Tarbiyah and Teachers Training. Advisors : (I) Rusnadi,S.Pd.I,M.Pd.I, MA and (II) Nur Alfa Rahmah .,M.Pd.

**Keywords :** Effectiveness, Videotape, Reducing , Speaking, Anxiety.

This thesis describes the effectiveness of using videotape in reducing English speaking anxiety of the first semester students at the Language Development Center (PPB) of UIN Antasari Banjarmasin and also describes first semester students' anxiety level. The research question of this study are (1) How is the effectiveness of using videotape in reducing English speaking anxiety of the first semester students at the Language Development Center (PPB) of UIN Antasari Banjarmasin, (2) How is first semester students English speaking anxiety level at language Development Center (PPB) of UIN Antasari Banjarmasin.

The subject of this research is 26 students of fourteenth group English class at Language Development Center in UIN Antasari Banjarmasin. The object of the research are the effectiveness of using videotape in reducing English speaking anxiety of the first semester students at Language Development Center (PPB) of UIN Antasari Banjarmasin and the first semester students English speaking anxiety level.

To collect the data, the writer uses some techniques such as observation, test, and questionnaire .The method of this study is pre-experimental design which consists of one-group pretest-posttest design; and to find the result of students' anxiety, this research uses FLCAS questionnaire. Then, all data are analyzed quantitatively and descriptive qualitatively.

The result of this study state that videotape technique is effective in reducing new students speaking anxiety, and improving their speaking ability, the calculating mean of pretest result is 79.97. The calculating mean of students speaking ability after the treatment is 83.15. The data analysis, the writer uses paired U test by SPSS 22. The result is there is significance difference in students' speaking ability before and after using videotape technique of the first semester students at the Language Development Center (PPB) of UIN Antasari Banjarmasin. The anxiety level of first semester students in mildly anxious.

## **ABSTRAK**

**Alfisyah, Surianti.** 2018. Keefektifan dari Penggunaan Videotape dalam Mengurangi Kecemasan Berbicara Bahasa Inggris Mahasiswa Semester Pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari Banjarmasin. Skripsi, Pendidikan Bahasa Inggris Fakultas Tarbiyah dan Keguruan. Pembimbing: (I) Rusnadi,S.Pd.I,M.Pd.I, MA and (II) Nur Alfa Rahmah ,M.Pd.

**Keywords :** Keefektifan, Videotape, mengurangi , berbicara , Kecemasan

Skripsi ini mendiskripsikan keefektifan penggunaan videotape dalam mengurangi kecemasan berbicara bahasa Inggris mahasiswa semester pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari Banjarmasin dan juga mendiskripsikan tingkat kecemasan mahasiswa baru semester pertama. Rumusan masalah pada penelitian ini yaitu (1) bagaimana keefektifan penggunaan videotape dalam mengurangi kecemasan berbicara bahasa Inggris mahasiswa semester pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari Banjarmasin. (2) bagaimana tingkat kecemasan berbicara bahasa Inggris mahasiswa semester pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari Banjarmasin.

Subjek penelitian dalam penelitian ini adalah 26 mahasiswa kelas bahasa inggris grup 14 pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari. Objek penelitian dari penelitian ini adalah keefektifan penggunaan videotape dalam mengurangi kecemasan berbicara bahasa Inggris mahasiswa baru semester pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari dan tingkat kecemasan berbicara bahasa Inggris mahasiswa baru semester pertama.

Untuk memperoleh data, penulis menggunakan beberapa teknik yaitu observasi, tes, dan angket. Metode penelitian dari penelitian ini yaitu of this study is Pre-experimental design menggunakan desain One-group pretest-posttest dan untuk mendapatkan hasil tingkat kecemasan berbicara bahasa inggris menggunakan angket FLCAS. Kemudian, semua data dianalisis secara kuantitatif dan diskriptif kualitatif.

Hasil penelitian dari penelitian ini menyatakan bahwa terdapat keefektifan dari teknik videotape dalam mengurangi kecemasan berbicara bahasa inggris mahasiswa semester pertama dan meningkatkan kemampuan berbicara. Rata-rata perhitungan Pretes adalah 79,97. Rata-rata perhitungan Pretes adalah Rata-rata perhitungan Postes adalah 83,15. Dan data dianalisi menggunakan uji U dengan SPSS 22. Hasilnya terdapat perbedaan yang signifikan pada kemampuan berbicara bahasa Inggris mahasiswa semester pertama pada Pusat Pengembangan Bahasa (PPB) di UIN Antasari Banjarmasin sebelum dan sesudah menggunakan videotape teknik. Tingkat kecemasan berbicara bahasa inggris dari mahasiswa semester pertama berada tingkat sedikit cemas.

# **MOTTO**

Nothing is impossible. Try step by step to be better.

Dream will come true if we try to realize it.

## **DEDICATION**

This thesis is dedicated to:

My strongest women: Mama and my sisters

My beloved late Abah

Who always pray and give me the best thing in my life, You cannot be changed by  
others.

## **ACKNOWLEDGEMENT**

**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ**

**الحمد لله رب العالمين. الصلاة و السلام علي اشرف الانبياء و المرسلين سيدينا و  
مولانا محمد و علي اله و صحبه اجمعين**

Praise be to Allah the almighty who has been giving the writer guidance till the writer finished the thesis entitle “THE EFFECTIVENESS OF USING VIDEOTAPE IN REDUCING ENGLISH SPEAKING ANXIETY OF THE FIRST SEMESTER STUDENTS AT THE LANGUAGE DEVELOPMENT CENTER (PPB) OF UIN ANTASARI BANJARMASIN .Peace and salutation always be upon Prophet Muhammad P. B. U. H and all his companions who struggle for Allah as well as his followers until the end of the day.

To complete this research the writer has got much support, direction, and motivation from many people. The writer thinks that they are unforgettable and usefulness. The writer expressed her grade gratitude to those who have given the writer support, advise, guidance and idea, the writer would like to express appreciation and gratitude to:

1. Prof. Dr. H. Juairiah, M.Pd, as the Dean of Tarbiyah Faculty and Teachers Training of UIN Antasari and all his staffs for their help in the Administrative matters.

2. Nani Hizriani, M.A, as the Head of English Language Education for the assistance, motivation.
3. The writer's thesis advisors, Rusnadi, S.Pd.I, M.Pd.I, MA as the first advisor and Nur Alfa Rahmah, M.Pd, as the second advisor for advices, suggestions, and corrections.
4. The writer's academic advisor, Rusnadi, S.Pd.I, M.Pd.I, MA for the guidance and encouragement.
5. All lectures of English Education of Tarbiyah and Teachers Training Faculty of UIN Antasari Banjarmasin who helped and motivated the writer to finish this research.
6. Laila Rahmawati, S.Ag, Ss, M.Hum as the head of Central Library UIN Antasari and Dr. Syauqi as the former head of Tarbiyah and Teacher Training Library, as well the librarian who have helped and facilitated writer in obtaining all the needed literatures.
7. Khairunnisa, S.Pd as the English lecturer of PBB Bahasa Inggris UIN Antasari Banjarmasin Group 14 and all lecturers for your kindness to help the writer finish this research.
8. All of the PBB group 14 who have been as the samples this research.
9. Also all my friends who have directly and indirectly supported the writer to complete this study.

Finally, the writer hopes that this research will be useful for the next researcher. The researcher admits that thesis research paper is not perfect yet. Therefore, suggestion will be expected to make it better.

Banjarmasin, Jumadil Awal 1439 A.H  
January,2018AD

Writer

## CONTENTS

	<b>page</b>
COVER PAGE	
TITLE PAGE .....	i
APPROVAL.....	ii
VALIDATION .....	iii
STATEMET OF AUTHENTCITY .....	iv
ABSTRACT.....	v
ABSTRAK.....	vi
MOTTO .....	vii
DEDICATION .....	viii
ACKNOWLEDGEMENT .....	ix
CONTENTS .....	xii
LIST OF TABLES .....	xv
LIST OF APPENDICES .....	xvi
<b>CHAPTER I :INTRODUCTION .....</b>	<b>1</b>
A. Bacground of study.....	1
B. Research question .....	6
C. Objective of study.....	6
D. Significant of study.....	7
E. Hypothesis .....	7

F. Definition of key term .....	8
<b>CHAPTER II : THEORITICAL REVIEW .....</b>	<b>10</b>
A. Speaking .....	11
B. Anxiety .....	14
C. Language (learning) anxiety .....	15
D. Speaking Anxiety .....	19
E. Foreign langiuage classroom anxiety scale (FLCAS) .....	20
F. Videotape in The Classroom .....	22
G. Previous study.....	28
<b>CHAPTER III METHODOLOGY .....</b>	<b>30</b>
A. Research design .....	30
B. Research setting.....	31
C. Population and Sample .....	31
D. Data collection Procedure.....	32
E. Research instrument .....	34
F. Data analysis procedure.....	36
<b>CHAPTER IV. FINDINGS AND DISCUSSION .....</b>	<b>43</b>
A.. Findings .....	43

B. Discussion .....	55
<b>CHAPTER V CLOSURE .....</b>	<b>58</b>
A. Conclusion .....	58
B. Suggestion; .....	59
REFERENCES .....	60
APPENDICES .....	64
CURRICULUM VITAE .....	87

## LIST OF TABLES

NO	PAGE
2.1. FLCAS ANXIETY SCALE RANGE .....	21
3.1 TABLE LIKERT'S SCORING .....	34
3.2 TABLE OF FLCAS ANXIETY SCALE RANGE .....	34
4.1 THE STUDENTS' ACHIEVEMENT BEFORE USING VIDEOTAPE TECHNIQUE (PRETEST).....	44
4.2 THE PERCENTAGES OF STUDENT'S SPEAKING ABILITY BEFORE BEING TAUGHT USING VIDEOTAPE TECHNIQUE .....	45
4.3 THE SCORE'S CRITERIA OF THE STUDENTS BEFORE BEING TAUGHT USING VIDEOTAPE TECHNIQUE .....	45
4.4 THE STUDENTS' ACHIEVEMENT AFTER USING VIDEOTAPE TECHNIQUE (POST TEST).....	46
4.5 THE PERCENTAGES OF STUDENT'S SPEAKING ABILITY AFTER BEING TAUGHT USING VIDEOTAPE TECHNIQUE.....	47
4.6 THE SCORE'S CRITERIA OF THE STUDENTS AFTER BEING TAUGHT USING VIDEOTAPE TECHNIQUE .....	47
4.7 THE RESULT OF PRE-TEST AND POST-TEST OF ONE GROUP EXPERIMENTAL BY GAINED SCORE USING VIDEOTAPE TECHNIQUE .....	48
4.8.1.1 NORMALITY OF PRETEST AND POSTTEST OF EXPERIMENTAL CLASS .....	50
4.9 TEST OF HOMOGENEITY OF VARIANCES.....	51
4.10 TABLE U TEST .....	52
4.11 TABLE RESULT OF FLCAS QUESTIONER .....	53
4.21. TABLE FLCAS ANXIETY SCALE PERCENTAGE .....	54

## **LIST OF APPENDICES**

<b>NO</b>	<b>PAGE</b>
1. TRANSLATION LIST .....	64
2 DESCRIPTION OF THE RESEARCH LOCATION .....	65
3 FLCAS QUESTIONER IN INDONESIA .....	73
4 FLCAS QUESTIONER IN ENGLISH.....	75
5 INSTRUMENT TEST .....	77
6 STEPS OF DATA ANALYSIS .....	78
7 PRETEST SCORE.....	82
8 POSTTEST SCORE .....	84
9 STUDENT ANXIETY LEVEL .....	86